



People Moving and Handling

Moving and handling is a regular task in health and social care. If it's not done safely, it can cause serious injury to service users and staff. In this course it will provide you with an introduction to the safe manual handling practices, so you know how to carry out an individual risk assessment and use equipment safely.

At the end of the training participants will be able to:

- State their obligations and that of their employers with regard to manual handling
- Understand the consequences of poor manual handling practice
- State the actions to be taken in the event of a manual handling manoeuvre being required at their place of work
- Identify the correct manoeuvre for use on a range of different manual handling situations.

