

## ALATEEN MEETINGS

ALATEEN Meetings on the Al-Anon APP:

**<https://al-anon.org/for-members/members-resources/mobile-app/>**

Get the App from Google Play or the APP Store.

*(Alateen is part of Al-Anon and, as such, all Alateen members are Al-Anon members, and welcome at all Al-Anon meetings. Where there is no Alateen meeting it is suggested that Alateens attend Al-Anon meetings. Helping professionals are welcome to make this suggestion)*

### MONDAY

7:00 Celebrate Alateen  
PM Held virtually on the Al-Anon App

11:00 WA Area Alateen  
PM Held virtually on the Al-Anon App

### WEDNESDAY

8:00 Together We Can Make It Alateen  
PM Held virtually on the Al-Anon App

10:30 Montana Alateen Chat  
PM Held virtually on the Al-Anon App

### THURSDAY

8:30 Alateen Chatters  
PM Held virtually on the Al-Anon App

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## Al-Anon and Alateen

Meeting list for  
Districts 11 and 7 – Halifax, Dartmouth  
Bridgewater, Sackville, Enfield, Elmsdale  
Musquodoboit Harbour

**(Meeting List is renewed every Feb & Oct)**

## FEBRUARY, 2023

Meetings and information for anyone who is,  
or has ever been, affected by someone else's  
drinking

**For more information, phone 902-466-7077**

Information? Group changes? ...please contact us at

Al-Anon Family Groups (A.F.G.)

(operated by volunteers - come, lend a hand)

AFG Information Service

c/o North Woodside Community Center

230 Pleasant Street, Dartmouth, N. S., B2Y 3R8

**AIS.HFX.NS.AREA91@GMAIL.COM**

**(902) 466-7077, local, and...**

where there is no information service office

Monday - Friday 8 - 6 p.m. Eastern Standard Time

1-888-4Al-Anon

(Toll free line for meeting listings in the U.S.A. and Canada)

Website URL [www.al-anon.org](http://www.al-anon.org)

E-mail address: [wso@al-anon.org](mailto:wso@al-anon.org)

**Al-Anon Maritimes website:**

**[www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca)**

**Al-Anon Maritimes website:**

**[www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca)**

**Alateen Information: [www.al-anon.org/alateen](http://www.al-anon.org/alateen)**

**TO SPEAK WITH A VOLUNTEER ABOUT  
AL-ANON, PLEASE CALL OUR VOLUNTEER  
OPERATED TELEPHONE LINE AT 466-7077 or  
Email us at [AIS.HFX.NS.AREA91@gmail.com](mailto:AIS.HFX.NS.AREA91@gmail.com)**

**Your anonymity (confidentiality) is assured.**

*It is suggested that a newcomer attend six Al-Anon meetings before deciding if it is for you, or not. Listing in this meeting list does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another*

*There is help and hope available in Al-Anon.*

## Friends

**Alateen & Al-Anon Meetings on the Al-Anon  
APP: <https://al-anon.org/for-members/members-resources/mobile-app/>**

Email us: **[AIS.HFX.NS.AREA91@gmail.com](mailto:AIS.HFX.NS.AREA91@gmail.com)**

**WC = Wheelchair access  
[www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca)**

**LIST SUBJECT TO CHANGE –PLEASE CALL  
THE OFFICE FOR CONFIRMATION**

## Serenity Prayer

God grant me the serenity  
To accept the things I cannot change,  
Courage to change the things I can,  
And wisdom to know the difference.

While it is a separate entity, Al-Anon cooperates with Alcoholics Anonymous (A. A). You may reach A.A. at: (902) 461-1119.

**All meetings are for Families & Friends,  
unless designated "Observers Welcome"**

## MONDAY

10:00 - 11:30

AM *Our New Beginnings AFG*  
St. Andrews Presbyterian Church  
216 School St. Dartmouth  
Group meets in person. Contact group at  
ournewbeginningsafg@outlook.com

7:30 *Steps To Serenity AFG* WC  
PM St Bernard's Church, Back of church,  
center door ground level; AFG on the  
door of meeting room. 253 Highway #2,  
Enfield, NS

## TUESDAY

10:00 *Clayton Park Sunshine AFG*  
AM Halifax Christian Church  
51 Farnham Gate Road, Halifax  
(use door alongside driveway,  
go downstairs)

10:30 *New Hope AFG*  
AM Grace Lutheran Church WC  
40 Caldwell Rd Dartmouth  
(behind the Walmart store, Cole Harbour)  
This group does NOT meet on school storm  
days or if school buses do not run that day.

7:00 *Halifax Al-Anon AFG*  
PM **Meeting Virtually on Zoom**  
Contact AIS to receive Zoom link  
AIS.HFX.NS.AREA91@gmail.com  
Link is emailed to members weekly on  
the meeting day.

### Al-Anon Declaration

*Let It Begin With Me*

When anyone, anywhere , reaches out for help,  
let the hand of Al-Anon and Alateen  
always be there, and - *Let It Begin With Me.*

## WEDNESDAY

10:30 *Grateful AFG*  
AM St Joseph's Parish Hall  
115 Pleasant St, Bridgewater, NS  
(use back entrance, Free parking on Pleasant  
St in front. The church parking lot to the  
right of the church is free)

7:30 *Hope and Peace AFG* WC  
PM Bedford United Church  
Room 404, 1200 Bedford Highway  
Bedford (Back Parking Lot entrance)  
Hybrid Meeting in Person with Fongo  
Conference Call. Dial 902-932-1200,  
Enter Pass Code # 902-418-5969 #

7:30 *Serenity AFG*  
PM Anglican Church of the Apostles  
Corner Bayer's Rd. & Connaught Ave  
Halifax (Park on George Dauphine Drive,  
entrance from side walkway to basement door.)  
Hybrid Meeting in Person with Fongo  
Conference Call. Dial 902-932-1200,  
Enter Pass Code # 902-418-8594 #

7:45 *3G's AFG* WC  
PM Club 24, 3 Dundas Street, Dartmouth  
(Hosts Speaker meeting 3<sup>rd</sup> Wednesday  
Feb, June, Oct, **Observers Welcome**)

## THURSDAY

10:00 *The Morning Glory AFG*  
AM Fongo Conference Call.  
Dial 902-932-1200,  
Enter Pass Code # 902-444-5555 #

10:30 *New Hope AFG*  
AM Grace Lutheran Church WC  
40 Caldwell Rd. Dartmouth  
(behind the Walmart store, Cole Harbour)  
This group does NOT meet on school storm  
days or if school buses do not run that day.

7:00 *Sambro Loop Serenity AFG*  
PM **Meeting Virtually on Zoom**  
Contact AIS to receive Zoom link  
AIS.HFX.NS.AREA91@gmail.com  
Link is emailed to members weekly on  
the meeting day.

7:00 *St Margaret's Bay Serenity AFG*  
PM St Luke's United Church  
5374 St Margaret's Bay Rd  
Tantallon (use left side door, in basement)

7:30 *Eastern Passage AFG*  
PM **Meeting Virtually on Zoom**  
Contact group to receive Zoom link  
easternpassageafg@gmail.com

## FRIDAY

7:30 *Cornerstone AFG*  
PM Step and Tradition Study + Topics  
1<sup>st</sup> Sackville Presbyterian Church  
60 Beaverbank Rd., Sackville

8:00 *Friday Night AFG*  
PM North Woodside Community Centre WC  
230 Pleasant St., Dartmouth  
(Hosts Speaker meeting 3<sup>rd</sup> week every  
2<sup>nd</sup> month beginning January, **Observers  
Welcome**). Hybrid Meeting in Person with  
Fongo Conference Call. Dial 902-932-1200,  
Enter Pass Code # 902-932-8951 #

## SATURDAY

1:00 *Port Wallis AFG*  
PM **Meeting Virtually on Zoom**  
Contact group to receive Zoom link  
portwallisafg@gmail.com  
Link is emailed to members weekly on  
the meeting day.

(Revised February 2023)