



MENU - WEEK 3

Breakfast – a selection of cereals, fresh fruit, wholemeal toast. Milk or water.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	A selection of fresh fruit, crackers & cheese, breadsticks & dips or vegetable sticks.				
LUNCH MAIN MEAL	Tuna Pasta Bake with salad 1, 4, 10	Sausages with homemade potatoe wedges and beans 1	Beef Chilli with Rice	Vegetable Lasagne with Salad & Garlic Bread	Creamy Chicken & Bacon Bake with New Potatoes & Vegetables 1, 10
VEGETARIAN OPTION	Pasta Bake with salad 1, 4, 10	Vegetarian Sausages with homemade potatoe wedges and beans 1	Bean Chilli with Rice	“ “	Quorn Chicken & Bacon Bake with New Potatoes & Vegetables 1, 10
PUDDING	Artic Roll 1, 10	Jelly	Ice Cream 10	Fruit	Homemade Cake 1, 9, 10
SNACK TEA	Pizza with a variety of toppings 1, 10	Sandwiches with a variety of fillings 1, 4, 10	Cheesy Pasta 1, 10	Crumpets 1	Chip Butty 1
PUDDING	Fruit	Yogurts 10	Homemade Cake 1, 9, 10	Whip 10	Yogurts 10

Dawn– Our Cook will liaise with parents/carers to cater for children with allergy/dietary needs. Allergen information – 1 Cereals containing Gluten, 2 Crustaceans, 3 Molluscs, 4 Fish, 5 Peanuts, 6 Lupin, 7 Nuts, 8 Soyabeans, 9 Eggs, 10 Milk, 11 Celery, 12 Mustard, 13 Sesame, 14 Sulphur dioxide