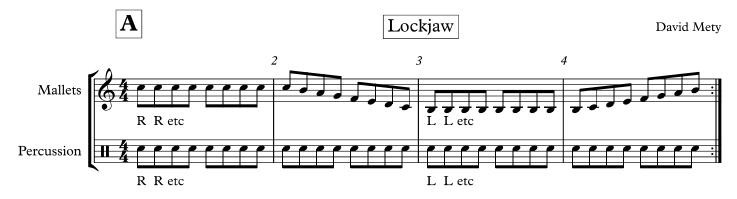
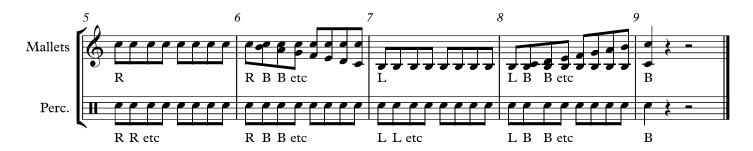
## Front Ensemble Exercises

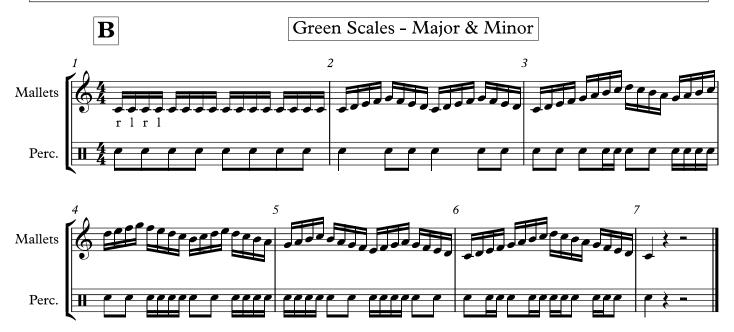
## L'Anse Creuse North Percussion

This exercise is designed to isolate and develop stroke technique and accuracy with both singles and double stops. Strive for smooth motions and a consistent sound. This exercise will be played in major and minor keys (melodic minor). We will also vary accent patterns and dynamics on this as well.





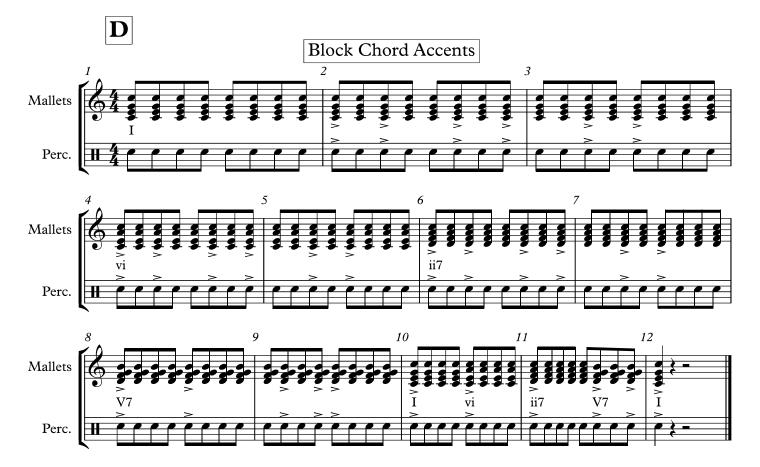
The first bar of this exercise is considered a check bar and should be used to check the consistency of sound between the hands. This is one of the main goals of the exercise! Position the mallet heads so they land in the center of the playing zone. As the tempo increases, move to the edge of the accidentals to decrease the path from note to note. Prepare this in all major and minor keys.



This exercise was written in 1993 for Star of Indiana's front ensemble. It's a great exercise to work on duple vs triple meter along with the changing of intervals. That's not a huge challenge in the 2 mallet version, but the intent of this exercise is to also play it with 4 mallets as well. In preparation for that, practice it with the RH only and then vice versa. Once that is comfortable, play the exercise with both hands together an octave apart.



This exercise is designed to work on block chords and accents with 4 mallets. Focus on playing the unaccented notes with a consistent sound. The accents should be "higher" strokes, not faster/harsher strokes. Make sure to play from the wrist, with relaxed elbows. Memorize this chord progression as well: I - vi - ii7 - V7 - I. We will plan on transposing the key signature once C major is comfortable.



This exercise is an excerpt from the Adam Hopper marimba solo titled "Ghost Garden". It is designed to work on a variety of roll types for marimba players and for the vibraphonists to work on pedaling. Prepare this using the following roll types: traditional (hand-to-hand) rolls, lateral/ripple rolls, and combination rolls (using a double stop in one hand and a lateral stroke in the other). Ensure all voices are heard evenly and be sure to check mallet placement on the bars throughout the exercise. This exercise will also be used to work on mallet permutations through the chord progression.

## Roll/Pedaling Exercise: Excerpt from "Ghost Garden"



