

**FREE REGISTRATION WHEN YOU SIGN UP BEFORE APRIL 1st!**

JOIN US FOR ANOTHER  
**SUMMER OF  
DANCE**



**5 WEEK  
CLASSES BEGIN  
JUNE  
20**



## Week Camps

**Frozen Dance Camp Jun 27-28**  
Age 3-6 from 10:00am-Noon

**Summer Sampler Jul 11-13**  
Age 5-10 from 5:30-7:30pm - Age 11+ from 3:30-5:30pm

**Ballet Intensive Aug 1-3**  
Age 6-10 from 5:30-7:30pm - Age 11+ from 3:30-5:30pm

## Day Camps

**Ribbons, Pearls and Everything Girls**

Jul 11 Age 3-6 from 10:00am-Noon

**Dance with Me Camp**

Jul 11 Age 2-3 from 1:00-2:30pm

**Pom Camp**

Jul 18 Age 5-10 from 10:00am-Noon

**Descendants Camp**

Jul 18 Age 5-10 from 1:00-3:00pm

**Super Hero Camp**

Jul 25 Age 4-8 from 10:00am-Noon

**Acro Gymnastics Camp**

Jul 25 Age 5+ from 1:00-3:00pm

**Hip-Hop Isolation Camp**

Jul 26 Age 10+ from 1:00-3:00pm

**JoJo Siwa Camp**

Aug 8 Age 4-8 from 10:00am-Noon

**Encanto Camp**

Aug 8 Age 4-8 from 1:00-3:00pm



**OPEN  
HOUSE  
JUN 11  
11am-2pm**

  
**Sarah's**  
DANCE ACADEMY  
551 WI-32, Pulaski, WI 54162

**920.822.7400**  
**SARAHSDANCEACADEMY.COM**



551 Hwy 32 - Pulaski, Wisconsin 54162 - (920) 822-7400

Email: [SarahsDanceAcademy@yahoo.com](mailto:SarahsDanceAcademy@yahoo.com) Website: [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com)

*Sarah's Dance Academy* invites dancers and parents to join us for our 2022 Summer Dance Season. We are delighted to begin our Seventeenth Summer Dance Year. Dance Camps run through summer, beginning June 20 and running through August 8.

Please read the following information over carefully:

- [Calendar of Events](#)
- [Studio Policies and Procedures](#)
- [Summer Classes and Camps](#)
- [Tuition Chart](#)
- [Registration and Release Form](#)

**Registration information can also be found online at [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com)**

Please register early in order to reserve your place in class. Our schedules are filled on a first-come, first-serve basis. Registrations must be received by June 18.



**Sarah L. DeGroot**  
Owner & Director of Dance  
Instruction

Mrs. Sarah has owned and directed Sarah's Dance Academy in dance for the past 17 years. Sarah's Dance Academy believes in building strong relationships with children, families, and communities. We promise to provide a fun, healthy, and safe environment for all ages, cultures, and skill levels. Our goal is to provide high quality educational dance while at the same time providing each student with self-worth and the 'love of dance'.

*Sarah's Dance Academy* is a professional dance center located in Pulaski, Wisconsin and serves all of the NE Wisconsin area. We pride ourselves in not only teaching dance steps, but installing values and grace into each of our dancers. Our professional staff, along with our unique dance curriculum, is designed to bring out the best in each of our students. We offer classes in Dance, Acro-Gymnastics, and Fitness to girls and boys ages 2 through adult, in all styles and all skill levels.

Our students are our future, and we are dedicated to providing them with the best possible instruction, while building relationships with each student and their family. We offer not only the best instruction, but superior customer service.

Our class sizes are limited in order to give each student more individual attention and a faster progression.

Join in the FUN this SUMMER, where there truly is "Something for Everyone" here at *Sarah's Dance Academy*.

We hope to see YOU in June!

**Mrs. Sarah L. DeGroot**  
Owner & Director of Dance Instruction

"Your revelation is the tune I dance to." - Ps. 119:77



Sarah's Dance Academy ~ Like us on Facebook, Twitter & Instagram

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# *Sarah's Dance Academy*

## 2022 SUMMER CALENDAR OF EVENTS

April 29 .....	Competitive Troupe Auditions for 2022–2023 Teams
June 11 .....	Summer Open House (11:00 am – 2:00 pm)
June 18 .....	Summer Registrations Are Due
June 20 .....	5-Week Summer Classes Begin
June 27 & 28 .....	Frozen Princess Camp and Craft
July 11 – 13 .....	Summer Sampler Camp (Jazz, Hip-Hop, Lyrical/Contemporary)
July 11 .....	Ribbons, Pearls & Everything Girls Camp
July 11 .....	Dance With Me Camp (2–3 Year Olds)
July 18 .....	Descendants Hip-Hop Camp
July 18 .....	Pom Camp
July 23 .....	Pulaski Polka Days Parade Practice (9:30 – 11:30 am)
July 24 .....	Pulaski Polka Days Parade (10:15 am at Pulaski Middle School)
July 25 .....	ACRO Gymnastics Camp
July 25 .....	Super Hero Hip-Hop Camp and Craft
July 26 .....	Hip-Hop Isolation Camp
August 1 – 3 .....	Ballet Intensive Camp
August 8 .....	Encanto Camp
August 8 .....	JoJo Siwa Hip-Hop Dance Camp

**END OF SUMMER 2022 CAMPS AND CLASSES**



# *Sarah's Dance Academy*

## 2022 SUMMER STUDIO POLICIES AND PROCEDURES

### Studio Policies

Our Summer 5-week class program will begin on June 20 and run through July 29. Camps will Run throughout the Summer beginning June 27 and run through August 8. Class and Camp Registration Fee of \$15 is due by June 18. Enroll by May 1, and 50% of your Registration Fee will be credited to your Tuition Fee. All Classes and Camps must be paid on or before the first day of class. Payment must be made in the form of cash, check, or debit/credit card (3.9% interest charge). There is a \$30 charge for returned checks or debit/credit card transactions, followed by payment in cash. *There will not be any payment invoices sent out for tuition fees.*

There are no refunds or adjustments for missed classes, dropping out of class, or suspensions for any reason.

### Dance Shoes and Attire

**Combination Class Tap & Ballet (ages 3 to 6):** Black tap and pink ballet shoes.

**Combination Class Hip-Hop, Jazz/Pom (ages 3 to adult) and Boy's Hip-Hop:** Black stretch jazz boots.

**Combination Class attire for girls:** Any color leotards, tights, skirt (*optional*), unitards, dance pants or dance shorts, hair pulled back and out of face.

**Combination Class attire for boys:** Dance pants and a tight fitting solid color tee shirt.

**Fairy Tale Dance Class:** Black ballet shoes, leotard, and tights (*a skirt is optional*).

**Ballet Class:** Black leotards, pink tights, skirts of any color or pattern, and pink leather or canvas ballet shoes. No "Dance Paws" are allowed in Ballet Class. Hair must be pulled away from face and in a tight bun.

**Gymnastics ACRO/Tumbling for Dance Class:** Any color leotard or unitard and optional pants or shorts. No Shoes.

*Please remember that proper dance attire will be strictly enforced beginning the first day of class and continuing through the end of the dance season. You may purchase shoes and attire at our Open House held on Saturday, June 11 from 11:00 am until 2:00 pm. Your order will be ready by the first day of class.*

### Attendance, Absences, and Miscellaneous

Please call the Dance Studio at (920) 822-7400 if you will not be at class.

### Class Observation

Parents are invited to watch their Dancer perform what they have learned on the last day of class or last day of camp during the last 10 minutes of class.

### Additional Information

All students are expected to conduct themselves with self-control and with the utmost respect for others. If a student acts in a manner that would put himself, herself, or anyone else at the Studio at harm, that student will be promptly dismissed. Parents will be informed of their child's negative behavior. Listening and following directions in class is a very important part of dance. Disciplining a dancer takes away from class time, which is not fair to the other students. Please feel free to ask us questions as long as it does NOT interrupt class time. We are always open to positive comments and suggestions.

*Sarah's Dance Academy has the right to dismiss a student or family for any reason at any time.*

# *Sarah's Dance Academy*

## 2022 5- Week SUMMER CLASSES

**Competitive Troupe Team** is a dance team that was developed for dancers who desire to perform more often and take their dance to the next level. Please contact the Studio for more information on our Competitive Troupe Teams. Our 2022-2023 Auditions will be held on Friday, April 29.

**Combination Class** meets for 60 minutes per week for 5-weeks. This class is for ages 3 years old through adult. Combination Classes for students ages 3 to 6 years old will consist of 30 minutes of Tap and 30 minutes of Ballet or 30 minutes of Jazz, Pom-Pom and 30 minutes of Hip-Hop; ages 7 and above, 30 minutes of Hip-Hop and 30 minutes of Jazz, Contemporary, and/or Lyrical. This class is perfect for the beginner to advanced dancer. Classes are split by age and skill level.

**Fairy Tale Dance Class** will be offered in 5-week segments and meets for 40 minutes each week. This is a pre-ballet class for students that are preschool age (3 to 5 years old). During the initial week a fairy tale story is read to them, and students will learn Pre-Ballet dance movements with music pertaining to the story. Then students put on costumes over their leotard/tights and then perform their routine. This class is an excellent dance class for beginning little dancers. It is a fun and rewarding experience for the children to dress up and perform! The Fairy Tale costumes are provided for each student at each performance.

**Ballet I, II and III.** Classical Ballet is fundamental for all dance classes. Ballet provides the basis for all forms of dance and should be taken first, or concurrently, with Tap or Jazz classes. Ballet teaches proper technique, posture and terminology. Students are grouped together by skill level and experience. Classes labeled Ballet incorporate technical skills and performance skills.

**Boys Hip-Hop Dance** is a structured form of street dance designed to teach coordination, strength, quickness, agility, and endurance. Some tricks may be added. This class is for ages 5 to adult. This is a Recital Class.

**Gymnastics ACRO for Dance** meets for 45 minutes each week. This class develops courage, strength, stamina, coordination, flexibility, and jumping abilities. Gymnastics ACRO for Dance unites power and poise with grace and beauty, to create an intriguing Dance. This class is for ages 3 and up.

**Technique Leaps, Turns & Flex** is geared to build the dancer's flexibility and skills, such as turns, leaps, and jumps, while perfecting skills and building their core, arms, shoulders, and legs. This is a must class for dancers that want to advance to the next level in dance, or for those dancers with the goal of making one of our Competitive Troupe Teams and/or their high school dance team. This class is offered per semester and meets for 40 minutes each week.

**Conditioning** provides a regimen of exercise for the development of a dancer's endurance, strength, flexibility and coordination.

**SDA Birthday Party.** *Please contact the Studio for more information.*

**Pulaski Polka Days Parade.** The Pulaski Polka Days Parade is part of the Summer Dance Program including 5-week Classes and all Camps. The Pulaski Polka Day Parade will be held on Sunday, July 24. Parade Practice for ages 6 and above will be held on Saturday, July 23 from 9:30 until 11:30 am. All students and Parade Volunteers are required to purchase a Sarah's Dance Academy Polka Days tank top plus pom-poms (only if dancing in the Parade) – same black tank and poms as previous years. If you have tank top and pom-poms from last year, you DO NOT have to purchase them again. An Order Form is included in the Registration Form. Payment is due on the first day of class. We need six Parade Volunteers. A meeting will be held on Saturday, July 20 at 11:40 am. If interested, please check the box on the Registration Form. Children ages 2 to 5 will ride in the Float and Parade Volunteers will be sitting in the Float with them.

# Sarah's Dance Academy

## 2022 SUMMER CLASSES

All dance classes that are offered for the **2022 Summer 5-week Program** are listed below by category, and begin the week of June 20 and end on July 29. Mrs. Sarah will determine a student's placement in class according to the student's ability. Choose classes by the time preferred. A place in a dance class will be reserved with a completed Registration Form and the accompanying Registration Fee. *Please contact the Dance Studio on openings for Private/Semi-Private Lessons.*

CLASS	DAY	TIME	STUDIO
<b>PRE SCHOOL DANCE</b>			
Fairy Tale Dance	Tuesday	6:00 – 6:40 pm	A
<b>GYMNASTICS ACRO/TUMBLING FOR DANCE</b>			
Level I/II	Monday	4:15 – 5:00 pm	A
Level III/IV	Tuesday	4:15 – 5:00 pm	A
<b>TECHNIQUE LEAPS and TURNS</b>			
Technique	Monday	7:00 – 7:45 pm	A
<b>CONDITIONING</b>			
Conditioning	Tuesday	3:40 – 4:15 pm	A
<b>COMBINATION CLASSES</b>			
Combination 3 to 5 (Tap and Ballet)	Monday	5:00 – 6:00 pm	A
Combination 3 to 5 (Pom-Pom and Hip-Hop)	Tuesday	5:00 – 6:00 pm	A
Combination 7 to 11 (Hip-Hop and Jazz or Pom-Pom)	Monday	6:00 – 7:00 pm	A
Combination 12 and up (Hip-Hop and Jazz or Pom-Pom)	Tuesday	6:40 – 7:40 pm	A
Boys Hip-Hop	Monday	3:45 – 4:15 pm	A
<b>BALLET</b>			
Ballet I/II	Tuesday	6:00 – 7:00 pm	A
Ballet III	Monday	7:45 – 8:45 pm	A

# Sarah's Dance Academy

## 2022 SUMMER DANCE CAMPS

### ONE-WEEK-CAMPS



#### *FROZEN DANCE* Camp & Craft: June 27 & 28

Come explore with Anna, Elsa, Olaf and all of the Frozen friends! Your little one will have a chilling blast as we explore with dance, songs, crafts, storytelling, reenacting, dress-up, and more! Dress as your favorite Frozen character each day. Dancers will showcase what they learned for their parents on the last day of camp (last 10 minutes).

**Ages 3 to 6** from 10:00 am until 12:00 pm

**\$65** per Princess

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#### *SUMMER SAMPLER* Camp: July 11 through 13

Summer Sampler Camp is a great way for dancers to try out each style of dance, as well as a few specialty classes, for a great price. Students will learn short routines in Jazz, Lyrical/Contemporary, and Hip-Hop. This is one of our most talked about programs we offer, so register early as space is limited. Groups will be split up by age and skill level. Please see the information below for more details. If you're new to Competitive Troupe Team, please make plans to attend this camp. ***All Troupe Team members and/or Competitive Soloists must attend this camp.***

**Ages 5 to 10** from 5:30 pm until 7:30 pm

**Ages 11 and above** from 3:30 pm until 5:30 pm

**\$115** per Student

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#### *Ballet* Intensive Camp: August 1 through 3

This camp focuses on ballet technique, building flexibility and strength, center floor combinations, and conditioning, as well as learning body lines and body awareness. The extra attention to technique and detail often advances the skill of the dancers much faster than regular dance. This is the Camp for both beginners and advanced dancer, to help them keep up on their technique in the summer. ***Elite Troupe Team members and Competitive Soloists, Duets and Trios must attend this camp. Highly recommended for all Competitive dancers.***

**Ages 6 to 10** from 5:30 pm until 7:30 pm

**Ages 11 and above** from 3:30 pm until 5:30 pm

**\$115** per Student

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# *Sarah's Dance Academy*

## 2022 SUMMER DANCE CAMPS

### ONE-DAY-CAMPS

Enjoy the experience of our 1-Day Mini Camps. Make a Craft – Learn a Dance – Meet New Friends – Parents Can Drop Off – Shows for the Parents During the Last 10 Minutes



#### **Ribbons and Pearls & EVERYTHING GIRLS CAMP: July 11**

Ribbons and pearls make very happy girls. Arts and crafts plus learn an exquisite dance routine!

**Ages 3 through 6** from 10:00 am until 12:00 pm

**\$35 per Student**

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#### **Dance With Me Camp: July 11**

This fast paced, fun filled Camp introduces your child to easy dance movements and will give little dancers the opportunity to be a part of a dance class with the help from Mom, Dad or Guardian. Craft, Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner.

**Ages 2 through 3** from 1:00 pm until 2:30 pm

**\$35 per Student**

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#### **POM CAMP: July 18**

Shake your Pom-Poms! This fun-filled Camp focuses on the isolating of the body with sharp movements. In this class, you will learn a pom-pom routine and techniques in leaps, turns, and jumps, along with pom-pom skills. Students will also participate in fun drill-down command games and make a memorable arts and crafts to take home.

**Ages 5 through 10** from 10:00 am until 12:00 pm

**\$35 per Student**

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#### **DESCENDANT Hip-Hop CAMP: July 18**

This Song-and-Dance Camp will thrill every dancer. All dancers can acknowledge that they are all worthy and beautiful. Join this fantastic dance journey. Who are you a descendant of? "You can be anything you want to be!"

**Ages 5 through 10** from 1:00 pm until 3:00 pm

**\$35 per Student**





## ***SUPER HERO* Camp: July 25**

Have you ever dreamed of being Super Hero for a day? Do you wish you had Super Powers? Your dream can come true at Super Hero Camp. Be prepared to learn a Hip-Hop Dance routine and act as your favorite Super Hero. We will make a craft that will take the experience from make-believe to reality. We will be including an obstacle course and an end show for Parents. Space is limited!

**Ages 4 through 8** from 10:00 am until 12:00 pm

**\$35 per Student**

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## **ACRO GYMNASTICS for Dance Camp: July 25**

This camp will get kids moving like never before. They'll experience gains in their strength, endurance, balance, flexibility, and power. Gymnasts of all levels, from beginners to advanced, experience the thrill of learning new skills and mastering old ones. Our experienced, highly qualified staff works with small groups to identify individual strengths, teach proper technique, and help campers reach their highest potential. Bring a friend to maximize the FUN. Space is limited!

**Ages 5 through 18** from 1:00 pm until 3:00 pm

**\$35 per Student**

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## **Hip-Hop Isolation Camp: July 26**

Hip-Hop is a physically challenging, expressive dance form in dance rhythms, street dance and break-dancing. Dancers will start class with a high energy warm-up with isolation's, core strength and musicality. A wide variety of Hip-Hop styles like, Locking, Popping and Breaking will be taught in this expressive, fun-filled camp. Bring a friend to maximize the FUN. Space is limited!

**Ages 10+** from 1:00 pm until 3:00 pm

**\$35 per Student**

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## **DANCE CAMP : August 8**

Join JoJo for a spectacular day of fun! Your Dancer will have a blast learning some great dances, exciting crafts, and making great friendships. Then, at the end of the day during the last 10 minutes of class, parents are invited to watch their little ones perform what they have learned. Space is limited!

**Ages 4 through 8** from 10:00 am until 12:00 pm

**\$35 per Student**

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## **Camp: August 8**

Let's explore your magical gifts in Dance, Movements, and Crafts. Space is limited!

**Ages 7 through 18** from 1:00 pm until 3:00 pm

**\$35 per Student**

# Sarah's Dance Academy

## 2022 SUMMER REGISTRATION, TUITION and RELEASE FORMS

Please fill out both pages of this form, sign and date. Return this form with your \$15 Registration Fee, due by June 18, to reserve your place in camp. 5-Week Class and Camp schedules are filled on a first-come, first-serve basis. Please choose the Camp(s) you are interested in. Classes begin June 20 and run until July 29.

### REGISTRATION

Student Name \_\_\_\_\_ Student Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Mailing Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_ @ \_\_\_\_\_

Parent Name(s) \_\_\_\_\_ School Name and Grade \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Primary Physician or Clinic Name \_\_\_\_\_

Known allergies and other pertinent medical information \_\_\_\_\_

☐ Returning Student OR Previous Dance Experience \_\_\_\_\_

How did you hear about our Dance Studio? \_\_\_\_\_

How do you wish to be contacted? Please check one: Phone \_\_\_\_\_ Email \_\_\_\_\_

PICK CLASS (X)	5-WEEK SUMMER CLASSES	DURATION	TUITION
	All Combination Classes	60 minutes	\$70
	Ballet I/II/III	60 minutes	\$70
	ACRO Gymnastics	45 minutes	\$60
	Boy's Hip-Hop	30 minutes	\$40
	Fairy Tale Pre-Ballet	40 minutes	\$68
	Technique	45 minutes	\$60
	Conditioning	45 minutes	\$60
CLASS NAME		1st Choice Day/Time	2nd Choice Day/Time

PICK CAMP (X)	WEEK CAMPS	TUITION
	Frozen Camp & Craft	\$65
	Summer Sampler Camp	\$115
	Ballet Intensive Camp	\$115

Pick a Camp (X)	ONE-DAY CAMPS	TUITION
	Ribbons, Pearls & Everything Girls	\$35
	Dance With Me Camp	\$35
	Descendants Hip-Hop Camp	\$35
	Pom Camp	\$35
	Super Hero Camp	\$35
	Acro Gymnastics Camp	\$35
	Hip-Hop Isolation Camp	\$35
	Encanto Camp	\$35
	JoJo Siwa Camp	\$35

Total Class and Camp Fees ..... \$ \_\_\_\_\_

Registration Fee in the amount of \$15 per student

(Enroll by May 1 and get 50% Off Registration (\$7.50) will be applied to Tuition ..... \$ \_\_\_\_\_

5 Week Class Fee..... \$ \_\_\_\_\_

**Pulaski Polka Days Order** (due on or before the first day of class)

Dancers ages 6 and above will need both Tank Top and Poms.

Dancers ages 2 to 5 will only need a tank top.

**Please check box for items to order / circle size:**

☐ **TANK TOP** \$20      SIZE Child ☐ S ☐ M ☐ L Adult ☐ S ☐ M ☐ L ☐ XL ☐ XXL

☐ **POM-PONS** \$25 per pair

Total Tank Top and/or Pom-Pon Order(s)..... \$ \_\_\_\_\_  
(Not included in Tuition)

**TOTAL PAYMENT DUE** ..... \$ \_\_\_\_\_

**TOTAL PAYMENT ENCLOSED** ..... \$ \_\_\_\_\_

# Sarah's Dance Academy

**Please read over carefully.**

- \*I understand that **Sarah's Dance Academy** reserves the right to refuse instruction to anyone not abiding by Sarah's Dance Academy's policies.
- \*I understand that **Sarah's Dance Academy** reserves the right to cancel a class if enrollment falls below three students per class.
- \*I understand that **Sarah's Dance Academy** is not responsible for lost items, stolen items, or unclaimed merchandise.
- \*I understand that **Sarah's Dance Academy's** performances are videotaped and may be used for archival and/or promotional purposes.
- \*I understand that participation in a dance program involves risk and possible injury.
- \*I understand that **Sarah's Dance Academy** and its staff will not be responsible for injuries sustained in class, while performing, or traveling to or from its facilities.
- \*I validate that my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program.
- \*I authorize **Sarah's Dance Academy** to give medical attention to my child in case of an injury or illness if a parent or emergency contact cannot be reached.
- \*I allow **Sarah's Dance Academy** to use my child's name or photographic likeness in all forms and media for advertising, trade, or any other lawful purpose.

## RELEASE

Recognizing the possibility of physical injury that is associated with dance, I hereby release, discharge, and/or otherwise indemnify **Sarah's Dance Academy** and its associated personnel, against any claim by or on behalf of the registrant's participation in this program. Further, my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program. In case of an injury or illness and a parent cannot be reached, the staff of **Sarah's Dance Academy** may authorize medical attention be given to the student listed above.

Tuition is non-refundable and there are no refunds or adjustments for missed classes, or for dropping out of class during the term. I agree to pay the student's tuition with the Payment Plan that I have chosen above.

**I have read and agree to abide by **Sarah's Dance Academy's** policies regarding medical release, tuition, late fees, costumes, attendance, and dance attire.**

Please Initial: **Yes**, I accept \_\_\_\_\_ **No**, I decline \_\_\_\_\_ Circle: Parent / Guardian

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Use	Credit Card Information
Date Rec'd ____ / ____ /2022	Card # _____
Amount Paid \$ _____	Name: _____
Check # _____ Cash / Card	Expiration Date ____ / ____ / ____
Received By _____	Security Code _____ Zip Code: _____