



Her Place Day Treatment with Structured Housing *"Women Helping Women"*

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Her Place offers day treatment for women, pregnant and postpartum women and women with children, in a safe and structured living environment. Priority admission is given to pregnant intravenous drug users, pregnant drug using women, and women with dependent children under the age of six at time of admission. While their mothers are in treatment, children are cared for on-site in a nurturing environment sensitive to the needs of children impacted by addiction.

In addition to Day Treatment, Her Place also provides outpatient services with child care. Her Place utilizes evidence-based treatment practices to address the needs of women with both mental health issues and substance use disorders to promote and support recovery and enhance quality of life. Women follow individualized treatment plans that are designed to meet their specific needs, and treatment admission and length of stay is determined through utilization of ASAM Criteria and concurrent review.

Innovative Treatment Provided by Her Place Includes:

- Evidence-based substance abuse, addiction and co-occurring disorder treatment.
- Individualized treatment plan and treatment stay.
- Mentor Case Management Services.
- A "Big Sister" peer who supports each woman through treatment.
- Integration into a 12-Step recovery program.
- Skill-building to live a life free from substances.
- Parenting education and support.
- Supervised recreational activities.
- Referrals and close collaboration with medical and mental health providers.
- Continuum of care including transitional living and outpatient treatment
- Services.
- Onsite childcare services for both day treatment/structured living and outpatient programs.

Specialized Care for Children

- On-site Child Care services to support children impacted by addiction.

Access to specialized children's services including:

- Parent Child Interaction Therapy (PCIT).
- Infant Massage Therapy.
- Neonatal Opioid Withdrawal Syndrome (NOWS) consultation with Salem Hospital Birthing Center for women with Opioid Use Disorders.
- Home visits by therapeutic agencies and community health nurses.

Welcoming Environment

- Home environment setting for personalized treatment
- Safe environment for mothers with children
- Caring, compassionate and professional staff
- Therapeutic environment where women support each other

Goals for Women receiving Services with Her Place Includes:

- Achieving and maintaining abstinence
- Developing recovery tools
- Increasing life skills
- Improving parental skills
- Preserving family relationships

Additional Services Provided:

- Her Place is the contracted treatment provider for Fostering Attachment Treatment Court (FATC) Marion County Circuit Court's Family Drug Court. FATC, is a strength-based program available for families who are involved in the child welfare system. Qualifications include: parents who have child(ren) between the ages of 0 and 8; Marion County Circuit Court has taken jurisdiction of the child(ren) based on the parent's drug/alcohol addiction; the parent has not been convicted of a violent crime. FATC takes a team approach to provide intensive outpatient and residential drug and alcohol treatment, mental health, case management, educational assistance, housing assistance, and family support in a court managed setting. Program capacity is 30 parents.
- Her Place collaborates closely with Ten on Tuesday, or TOT, a voluntary drug court for pregnant moms with known histories of drug addictions to stay clean. And the MOMS Program, a case management program targeting pregnant women at risk of substance abuse in Marion Polk and Yamhill counties.