

Numerical Rating Scale (NRS)

These scales typically consist of a range of numbers from which the patient selects the number most representative of their pain, usually from 0 – 10 or 0 to 100, with 0 representing no pain and the upper number representing the “worst pain I have experienced.”

Example:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Pain I can Imagine
<i>Circle one number from 0 to 10</i>												

Comment: Can be administered verbally or as a written instrument.