



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**'The Most Compassionate (is He), Who (Himself) taught the Qur'an to (the Messenger [blessings and peace be upon him]).'**  
(Holy Quran, Sura ar-Rahman, chp27, vs 1-2)

Assalamu Alaikum dear Members,

Welcome to the long-awaited fourth edition of the *al-Lawh* Newsletter. All Praise to Allah Ta'ala, The Creator and Sustainer of the Worlds and choicest peace and blessings upon our Master RasulAllah Salallahu Alaihi Wasallam for assisting us with this task.

The past few months have certainly been hectic. February saw the end of the Aqeeda and Hanafi Fiqh classes run by Shaykh Muhammad Yazdani Raza Al-Misbahi Sahib, to whom we are greatly indebted. Such opportunities allowed us not only to benefit from Shaykh Sahib's excellent teaching styles, but also offered us a chance to flourish in our knowledge of the most Perfect Deen, alhumdulillah. The momentum has been maintained, as we have been blessed with the privilege of securing a long term Classical Islamic Studies Course right here in the heart of Watford's thriving community. The Path to Salvation (PTS) team from Birmingham has commenced this course and since inception it has been hugely successful, alhumdulillah (see page 2 for details) ☺

With the huge blessings of Allah azzawajal, *al-Lawh* is continuing to gain further exposure not only within Watford, but regionally and nationally too. Sisters and brothers have attended many milaad gatherings locally and nationally, namely at the London Fatwa Council in Brent. All these events provided superb opportunities for networking and spreading the message about *al-Lawh* and the various courses that have been instigated. We have continued endlessly in making special connections with top scholars within the UK, not only gaining recognition from young Sunni Ulema, but also securing them for our future events insha'Allah. We hope that Watford will be revived and people's hearts will be enlightened with the true aqa'id of the Ahlus Sunnah Wal Jamaah, insha'Allah.

Additionally, *al-Lawh* now has a bank account set up to help raise vital funds; your voluntary contributions are most welcome as without your valuable support, we would not be able to bring you the events and courses that Watford's Muslim community is benefitting from. So, a huge thank you in advance for your financial assistance, it really is appreciated. We pray that you will enjoy this edition insha'Allah.

Wa alaikum assalam wa rahmatullahi wa barakatuhu.

**Sajida Afzal**  
*al-Lawh Institute*

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**Famous Quotations:**

**D. G. Hogarth in 'Arabia'**

Serious or trivial, his daily behaviour has instituted a canon which millions observe this day with conscious memory. No one regarded by any section of the human race as Perfect Man has ever been imitated so minutely. The conduct of the founder of Christianity has not governed the ordinary life of his followers. Moreover, no founder of a religion has left on so solitary an eminence as the Muslim Apostle.



### Upcoming Events & Courses:

- **30<sup>th</sup> May 2011 (2.00-5.30pm): Eid Milaad-un-Nabi: Adab-e-Mustafa (salallahu alaihi wasallam)**
- **Path To Salvation Certificate in Classical Islamic Studies: Sundays 11am – 2pm**

We have held some excellent Eid Milaad events this Spring: The Sunni Identity and Besotted with The Beloved salallahu alaihi wasallam. Needless to say our hearts and minds were truly captivated with the immense knowledge gained in a roaring atmosphere, coupled with magnificent, tear-jerking speeches on the aqa'id of the Ahlus Sunnah Wal Jamaah by Shaykh Monawwar Ateeq Rizvi Sahib, Imam Khalid Hussein Abdulla and Syed Azmat Ali Shah Sahib, masha'Allah! Furthermore, we were enthralled by beautiful naats recited so passionately by many, including youngsters Jamaluddin, Saif and Ayesha. May Allah Ta'ala grant them continued fervour and love of such poetry that praises RasulAllah salallahu alaihi wasallam and make them forever steadfast on the Righteous Path. Aameen. Your own comments/feedback spoke volumes not only about the guest speakers, but also about the variety and pertinence of the themes discussed. So, we have taken the opportunity in this edition to dedicate a whole section on your motivational and wonderful comments regarding *al-Lawh* events, the naats recited, the atmosphere etc...please read on to page 7 and be enthralled ☺

Also, please be sure to attend our next Milaad event on the 30<sup>th</sup> May to witness the truly grand speeches of Shaykh Zain-ul-Aqtab Siddiqi Sahib (Vice-Principal of Hijaz College, Nuneaton) and Shaykh Nabeel Afzal Irfani Sahib (Chairman of Coventry Sunni Movement). Rest assured, by the end of the mehfil, your hearts will be pounding with the profound love of RasulAllah salallahu alaihi wasallam, insha'Allah. So, be there with friends and family so as not to miss this excellent opportunity! Additionally, if you already have not done so, please enrol on the PTS course as soon as possible to ensure you do not miss out on this fabulous chance to acquire knowledge first hand of our beautiful Deen. Allama Sjaad Hussain's teaching styles are exemplary--those already on the course will no doubt vouch for this (please read review on p3). Once again, we stress that the onus is on you to learn about Islam so that you can then pass it on insha'Allah. It's never too late – we have a vast age group attending, so don't delay. For further details: [www.pathtosalvation.co.uk](http://www.pathtosalvation.co.uk).

### Community Services:

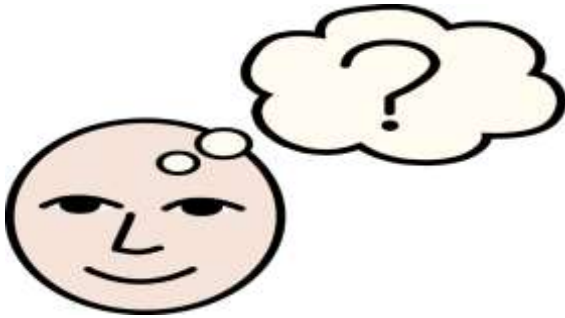
Please let us know if you have any contacts that could attend one of our future events to offer valuable insight into the potential hazards of social evils such as smoking, drugs, alcohol abuse etc. Furthermore, you may wish to find out about other services that could prove beneficial for the Muslim community at large, such as advice on Disabilities, Special Needs and various health issues such as increased cases of Diabetes (for example) within Asians. Our events are excellent opportunities to raise awareness of such issues, which often may be considered taboo subjects, but are real issues facing us all, so if you can help in any way, please contact us on the numbers below.

Many Thanks.

*Missed an event/course?*



**DVDs of all events and courses are available for purchase. These are invaluable learning resources and come highly recommended for personal knowledge and also as gifts for family and friends. Please contact us (details below) if you wish to buy any DVDs.**



## The Path to Salvation Course

By Anial Khan

The true value of this course -in my opinion and I am sure in the eyes of countless others, is truly inconceivable. What I have learnt in the course has helped focus my life around Islam rather than Islam around my life. This is a very important point. I feel as though I have never given my full attention to my religion and been distracted by so many invaluable things, giving them precedence over something which should always be put first for a Muslim. Alhamdulillah, this course has helped me correct my flawed way of life. It has created a new foundation for me, where I can learn, I can ask and I can fully understand the beauty of the hidden knowledge within my religion. I have learnt the distinctions between Halal, Haram, Makrooh and Waajib and learnt the foundations of Hadith Gibril alaihissalam. I feel that now, finally, I have the opportunity to learn and subhanAllah learn from such a wise Shaykh; it is as though a ray of light has entered an area of absolute darkness.

The course is structured coherently: we know what topics will be covered the following week; what is required of us i.e. pre-reading of set texts etc. Shaykh Sahib teaches us all in a such a manner that I am sure every individual comes out of the classes insha'Allah understanding 100% of what was covered in the class, therefore nobody is left behind whatever their pace!

As I have stated, the benefits of this course are truly inconceivable. With the opportunity to learn Islam in such a well-structured manner --from basics onwards--everyone has the chance to learn. The course truly is a blessing from Allah Ta'ala, a chance to learn, practice and essentially better our lives in the way of Islam. It is up to us to make the most of it.



# Muslim Heritage

By Sajida Afzal ([www.muslimheritage.com](http://www.muslimheritage.com))

## Trick Devices (9<sup>th</sup> Century):

Three brothers, the Banu Musa brothers, were great mathematicians and translators of Greek Scientific treatises, but they also invented fabulous trick devices which, some would say, are precursors to executive toys  
EG: Rubik's Cube

## Water Raising Machine (Al-Jazari: early 13<sup>th</sup> century):

As the first person to use a crank, which transmits rotary motion into linear motion, al-Jazari's machines were able to raise huge amounts of water without lifting a finger

## DID YOU KNOW??

## Algebra

Al-Khwrazmi (780-850) introduced the beginnings of algebra and it was developed into a form we still use today by many Muslims who followed him

## Blood Circulation:

Ibn Nafis (1210-1288) of Egypt first described pulmonary circulation (transit) of venous blood passing into the heart and lungs via the ventricles, becoming oxygenated and arterial blood. He was only accredited with this discovery in 1957



## Hazrat Sayyidah Fatimah az-Zahra Radi Allahu anha

**By Nafissa Bibi Aukloo**

In the early days of Islam, women were accorded little value and often female babies were buried alive. When the last and final Prophet Muhammad (salallahu alaihi wasallam) came, he gave women the rights they deserved. The Holy Prophet's (salallahu alaihi wasallam) youngest child was Sayyidah Fatima (RadiAllahu anha). She was born when her father was spending most of his time in meditating and reflecting on the great mysteries of creation. Her loving mother Sayyidah Khadijah (RadiAllahu anha) explained to her what her father had to do when revelations began to descend upon RasulAllah salallahu alaihi wasallam. Since then, they became more attached to each other.

One day, when she accompanied her father to the Masjid-al-Haram, she stood at his side whilst he was praying. There was a group of Quraysh who threw dead animal pieces on RasulAllah salallahu alaihi wasallam! Imagine the feelings of a little loving girl who saw her father being treated that way? Astaghfirullah! She went up to her father (salallahu alaihi wasallam) and cleaned him. Hazrat Fatima (RadiAllahu anha) was a very loving daughter. After the death of her beloved mother, Hazrat Fatima (RadiAllahu anha) felt that she had now a great responsibility to her father, salallahu alaihi wasallam. Whenever she felt lonely and bereaved Hadhrat Hafsa (RadiAllahu anha), Hadhrat Aisha (RadiAllahu anha) and Hadhrat Asma (RadiAllahu anha) would come and console her. Also, she was called: " Umm Abi- ha", the mother of the father. Her relationship with RasulAllah salallahu alaihi wasallam was amazing. Once Hazrat Aisha (RadiAllahu anha) said:

***'I have never seen someone resemble the Messenger of Allah more in speech, conversation and manner of sitting than Sayyidah Fatima (RadiAllahu anha). Every time she visited her father, he (salallahu alaihi wasallam) would welcome her by kissing her hand and would give her his place to sit. And she did exactly the same when the Holy Prophet (salallahu alaihi wasallam) came to her place'. (Tirmidhi)***

Hazrat Fatima (RadiAllahu anha) was very kind to the poor and would give all her food to those in need. In the second year of Hijra she got married to her father's cousin Hazrat Ali ibn Abu Talib (RadiAllahu anho). The Prophet (salallahu alaihi wasallam) himself performed the nikkah ceremony. The Prophet salallahu alaihi wasallam once said:

***"Fatima is part of me and he, who makes her angry, makes me angry". (al-Bukhari)***





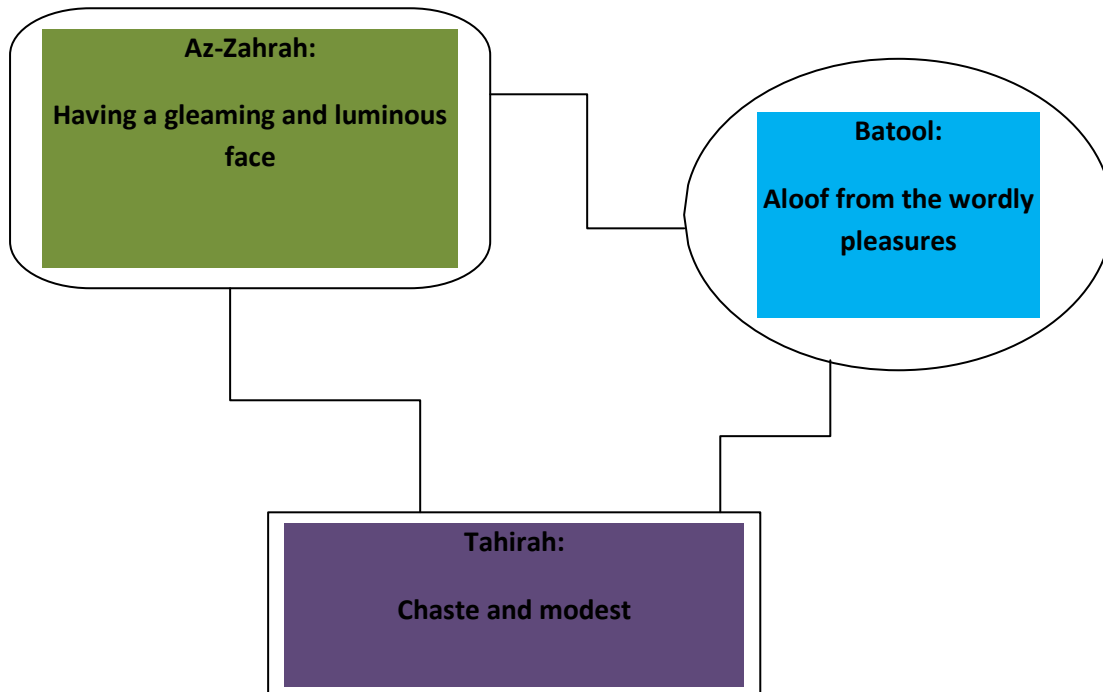
Sayyidah Fatimah (RadiAllahu anha) did not marry a wealthy man and had to work very hard; she ground the grains until her hands were blistered, she drew water from the well until she had pains in her chest, her clothes were covered with dust from sweeping the house, she prayed so much until her feet were swollen. And now compare this to our life today. We have so much—dishwashers, electric grinders, washing machines....even dough (“aata”) kneading machines, yet we still complain that we need more! Once, when she asked for a servant from her father, RasulAllah salallahu alaihi wasallam advised her to read the following:

**“When you go to bed”, recite, 33 times SubhanAllah (Glory to Allah), 33 times Alhamdulillah (All Praise on to Allah), and 34 times Allahu Akbar (Allah is the Greatest). This will be better for you than a servant.”** (Bukhari, Muslim, Tirmidhi)

Allahu Akbar! And it is this very Tasbeeh that we Muslims are encouraged to read at the end of each salah subhanAllah! She was loved and respected as a daughter, a wife, a mother, a teacher, a friend and much more. The Prophet of Islam salallahu alaihi wasallam described Hazrat Fatima RadiAllahu anha as **“The Leader of all ladies of Paradise”**. (Sahih al Bukhari)

May Allah Most Loving help us all to take sound lessons from excellent role models like Hazrat Sayyidah Fatimah RadiAllahu anha and allow us also to be kind and loving towards our daughters. Aameen.

**SOME TITLES FOR THE PRINCESS OF PARADISE-RADIALLAHU ANHA**





## Just For you...from you :)

- Masha'Allah went to a lecture from ur sheikh sahib Sheikh Rizvi enlightening and breath taking he killed \*it today\* a true light for all Sunnis:
- Shaykh Monawwar Ateeq tore it up today subhanAllah! a truly amazing speech!:) )
- Thanks for organising the event was truly a blessing to have caught it, look forward to the DVD to catch what I missed. Shaykh on real form Mashallah, atmosphere was electric as I walked in. .... We also need to try to catch some of these confused sunnis and have them attend, I pray and hope they come to the truth before their time runs out. Thanks again and I look forward to the next event.:
- Was an honour to hear one of our bazurgs praise the dedication and efforts of the al-lawh youngsters, insha'Allah keep up the hard work, respects n love of our elders as stated by our beloved Shaykh Yazdani Sahib recently. Ameen!
- Agree- all us brothers are behind you. I had a vision yesterday like we were all gathered there singing the praises of Rasoolullah salallahu alaihi wasallam, inshallah in jannat we be doing the same sitting at the feet of Rasoolullah (salallahu alaihi wasallam) and as far as you look the green flags are being waved!!!
- Just wanted to thank you v much for the Eid Milaad-Un-Nabi event that was held in Nth Watford 2day. The speech by Shaykh Monawwar Ateeq Rizvi was very touching and inspiring on the immersed love for our Beloved Prophet Muhammad (salallahu alaihi wasallam and overall the atmosphere of the event was lovely masha'Allah! Insha'Allah Al-lawh Institute will succeed in their mission and enhance the devotion for Islam in our lives today.



- I would give a king's ransom in dimes to feel what I felt today at al-Lawh Watford Young Muslims' Milaad Event! I'm lost for words!
- Masha'Allah what GREAT EVENT truly outstanding, we now know about the sects of Islam, and the true one is Sunni sect of Islam.
- MashaAllah! It was a good event, well organised! Thank you for organising such a great event in Watford ! Watford needs it! Now I know what a real Sunni identity is!!
- Masha'Allah.. what a turn out !! good speech, good vibe, and good food !! lol... simply excellent !!!
- Mashallah, great event, I still have an adrenalin rush. Can I book my DVD now please?
- Words cannot do justice to today's event! You just had to be there to feel the energy!!!
- Loved the decoration, green flags, the badges and head bands were great kids loved them.....!!
- Mashallah! May people who arrange such huge gathering at mehfil-e-Milaad always have noor on their faces! Zindabad!
- I am lost for words! Suffice to say that al-Lawh Institute --courtesy of the Watford supporters & all those that helped & contributed --ROCKS!
- I just wanted to say that the Milaad event was very good indeed and I pray that every event year by year gets better and better insha'Allah! Thank you!
- It was fantastic masha'Allah! I hadn't replied because I didn't know what to say.....speechless! May Allah SWT reward u for all your efforts. Aameen. I would like a DVD for sure and what a turn out!? Fantastic!
- Imam Khalid has the special quality of engaging with ev1. For the elders with limited English he spoke in Urdu & recited Islamic poetry, which they loved & could connect with. He spoke in ev'day English without compromising. The respect for Hazoor Pak & for the young ones he threw in a bit of "street lingo" with style! Ev1 who came left with something new they had learnt, a testament to the quality & calibre of his knowledge & teaching methods! ZINDABAAD!!! Al-Lawh zindabaad!





# Islamic Quiz

By Muhammad Arshad Khalid Aukloo

1. Which prophet is our greatest grandfather and Allah's first prophet and human on Earth?

- A. Hazrat Muhammad salallahu alaihi wasallam
- B. Hazrat Nuh alaihissalam
- C. Hazrat Adam alaihissalam
- D. Hazrat Ibrahim alaihissalam

2. Which prophet understood the language of all creatures on Earth?

- A. Hazrat Suleiman alaihissalam
- B. Hazrat Daw'ud alaihissalam
- C. Hazrat Ismail alaihissalam
- D. Hazrat Ishaq alaihissalam

3. Is doing Wudu before sleeping...?

- A. Sunnah
- B. Wajib
- C. Fard
- D. Mustahab

4. What is the fifth pillar of Islam?

- A. Salah
- B. Sawm
- C. Zakaat
- D. Hajj

5. Which special gift did RasuAllah salallahu alaihi wasallam bring back to us after the Mir 'aaj journey?

- A. Tasbih
- B. Salah
- C. Zamzam
- D. No gift

6. It is Sunnah to eat with?

- A. Right hand
- B. Left hand
- C. Any hand
- D. Spoon

7. How many fardh in Maghrib salah?

- A. 4
- B. 5
- C. 2
- D. 3

8. In which surah do you find the first ayah about Prostration?

- A. Surah Al Araaf
- B. Surah Al Imran
- C. Surah Noor
- D. Surah Tauba



## Adab

**By Subeen Khalid Manzoor**

Adab means to have good manners, courtesy, respect and good etiquettes. It is also used for sound morals, refinement of character, sincerity and honesty. We can apply this to all aspects of our lives, such as social, personal, interpersonal and working environment, as well as the economical and internal/external actions and intentions. Hazrat Abu Hurairah RadiAllahu anhu narrated that the Prophet salallahu alaihi wasallam said:

"I have not been sent as a Messenger, except to perfect character (Akhlaaq)" and "The nearest of you to me on the Day of Judgement will be the one who is best in character."

(Al-Bukhari)

When we talk about adab we must first begin with our adab with Allah Ta'ala. Then we must purify and qualify our adab with the Prophet salallahu alaihi wasallam.

'Oh you that believe! Send your blessings on him, and salute him with all respect.' (Al Quran 33:56).

Allah Ta'ala tells us in the Qur'an that in his manners and style, the Prophet salallahu alaihi wasallam was a perfect example. Therefore we must follow the Prophet salallahu alaihi wasallam's example as he is the best of mankind. For instance, The Prophet salallahu alaihi wasallam was getting ready to leave; he salallahu alaihi wasallam noticed that a cat was sleeping on his salallahu alaihi wasallam's cloak. He salallahu alaihi wasallam cut off the sleeve of his salallahu alaihi wasallam's cloak rather than disturb the cat. That's a powerful image of adab that extends to relationships with animals, highlighting the depth of tenderness towards all.

Adab previously was not something that was taught because people were surrounded by others that had great adab and respect and learnt much by observing off them. However, now we are living in times where we have a severe lack of respect for anyone. We live in a society that dilutes all teachings of adab. Just look at the cartoons that my children watch, I won't give examples for fear of a libel case. What you see is children yelling and swearing at their parents/friends/family etc. Such programmes at a young age are instilling and teaching kids that it is the norm to be rude, that this is somehow funny and cool. But anyone that is shown to be kind and good is mocked. Therefore, it is highly important that we acquire adab and teach our children good manners and limit their access to such viewing. We must read and share stories about how the blessed Sahabah (peace be upon them all), The Pious and Righteous people (peace and blessings be upon them all) were in their adab towards our beloved Prophet salallahu alaihi wasallam and towards each other, in all aspects of their lives. We have to try to implement this first of all in our homes towards our families, parents and children.

"Verily, a man teaching his child manners is better than giving one bushel of grain in alms." (Hadith: Muslim Shareef)

May Allah azzawajal help us all to become respectful people and have high regard and adab for all.

Aameen.

# Beautiful Names of Allah SWT

By Hufsah Sajid

## AL-KHALIQ - YA KHALIQ

### Surah Hashr Vs 24

The Creator. He Who Creates everything with all the knowledge of what will happen to them from beginning to end.



**How does the Dhikr of such a beautiful name benefit us?**

If you repeat this name daily at night, Allah Ta'ala will create an angel whose every righteous act's reward will be given to you till the Day of Judgement insha'Allah.

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## AL-QUDDUS - YA QUDDUS

### Surah Hashr Vs 23

The Holy One; Free from all Blemishes.



**How does the Dhikr of such a beautiful name benefit us?**

If you recite this name 100 times consecutively daily, you will be cured from spiritual sickness and anguish (mental distress) insha'Allah.



# Voluntary Donations, Contacts & Useful Links

## VOLUNTARY DONATIONS

Royal Bank of Scotland  
Al-Lawh Institute  
Account No: 10214957  
SortCode: 16-33-45  
Pls quote your name as Ref

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<http://al-lawh.webs.com/>

### Facebook: al-Lawh Watford Young Muslims

[http://www.youtube.com/  
user/alLawhInstitute](http://www.youtube.com/user/alLawhInstitute)

### Chairman:

Sajid Manzoor  
07941-652539

Want to be included in the next edition? Then Send us your views, ideas, suggestions and articles by email/phone/FB and we will try to get your ideas in print!

## Some Useful Weblinks

<http://scholarspen.blogspot.com/>

<http://www.mihpirzada.com/>

<http://www.londonfatwacouncil.org/>

<http://minhajuk.org/minhajuk/>

[www.sunniport.com](http://www.sunniport.com)

[www.madniaga.net](http://www.madniaga.net)

[www.dawateislami.net](http://www.dawateislami.net)

[www.sunnitalk.co.uk](http://www.sunnitalk.co.uk)

<http://www.bradfordonline.co.uk/info/1036/>

<http://www.islam786.org/>