

## Massage & Bodywork

Each session is customized to your individual needs. Complimentary hot towels and aromatherapy are always included. Sessions range from 10-120 minutes. Types of Massage and Bodywork offered:

- Deep Tissue
- Prenatal
- Swedish
- Hot Stone
- Lymphatic
- Corp Chair
- Cupping
- Facial
- Bowenwork

## Facial Massages – 60 Minutes

Eastern therapies facial massage is a treatment in which pressure points on the face and neck are stimulated in order to release blockages in the flow of qi, or vital energy. Lotions or oils are not used on the face in acupressure techniques of facial massage.

Western therapies facial massage uses light therapy combined with topical skincare products to create a radiant glow. Look younger, healthier, and more refreshed without the pain of injections or the recovery time of a chemical peel.

## Facial Cupping

The ancient practice of cupping uses suction cups directly on the skin. The suction promotes increased blood circulation, which may help relieve muscle tension, promote cell repair, and aid in other regeneration. When it comes to the face and jawline, the practice helps with sinus congestion and headaches while restoring fresh-skin tissues, stimulating your skin and muscles.

## Foot Bliss Treatment

Pamper those feet! Includes: a sea salt foot soak infused with essential oils, sugar scrub, mud masque, moisturizer and foot massage.

## Spa Day Treatments

Choose a Spa Day with either a 60 or 90 minute massage. Includes: a RLT Session, Massage, Express Facial, and Foot Bliss treatment with beverage and snack. 3 - 3.5 hours.

30 / 60 / 90 / 120 Minutes	50 / 90 / 125 / 180
10 / 20 Minute Corporate Chair Massage	20 / 40
Foot Bliss Treatment 45 Minutes	75
Spa Day with 60 / 90 Minute Massage	250 / 285

### Add-Ons to Massage & Facial Treatments (each): 20

- Amethyst Bio-Mat
- CBD Oil
- Foot Treatment
- IR Sauna
- Ion Footbath
- Halotherapy
- Hand Treatment
- Hot Stone
- LED Facial
- Peppermint Head
- Vibration
- Compression

## Couples & Event Services

Have an event coming up? Bridal, Birthday, GNO, just because! Plan your next event services with us! Customize the type and number of services you'd like. We can service from 2-20.

## Package Pricing & Memberships

For many, massage and other wellness services are not a discretionary activity, but a necessary component of overall health and wellness. To ease the financial burden, we offer memberships and package discounts. All memberships require a minimum 12 month commitment and a one-time \$20 membership fee. Fees are paid monthly via debit or credit card.

**Packages:** 3 Pk–5% off, 6 Pk–10% off, 12 Pk–15% off  
Corporate Wellness – Call for info.

### Memberships:

**Massage** – 39.95 (30 Min) 69.95 (60 Min) 99.95 (90 Min)

**Esthetics** – 64.95 (Facials, Microderm) (Micro-Current available for an additional fee)

**Spa** – 72.95 (Your choice of one service/month. You have the flexibility to choose a different option each month. Choose from: IR Sauna Bodywrap, Massage (60 min), Facial, Microderm, RLT (one month unlimited), Tanning (one month unlimited), or Sauna/Halotherapy/BioMat/Ion Footbath (4 visits/month).

**Halotherapy / Full Spectrum Sauna** – Three membership options are available based on the number of visits per month: 75 (4 visits) - 125 (8 visits) - 175 (12 visits)

**RLT** – 49.95

**Tanning** – Pink 19.95/ Green 29.95 / Yellow 39.95

## Halotherapy

Session Length: 40 Minutes

Halotherapy is an alternative treatment that involves breathing medical grade Himalayan salt dispensed in the air. It can treat a number of respiratory and skin conditions. It has also been used to treat depression and anxiety. See our Halotherapy brochure for more information.

Single Session (Child/Adult)	15 / 30
5/10 Sessions (Child/Adult)	65 / 100....130 / 200
Add a person (max 3 people) (Child/Adult)	7.50 / 15
Add-on Session with Massage or Facial	20
Membership options are also available.	

## UV Tanning

Relax as your skin gets that "right off the beach glow" in one of our innovative tanning units. Further extend the life of your tan with our exclusive tanning after care products. We offer three primary ways to relax and tan: memberships, visit packages (minute and session), and single visits. Each option has its own unique set of advantages, select the one that's best for you. We offer three levels of tanning, so you get the safest, best results. Ask about our Current Specials.

### EQUIPMENT:

Base Level (Pink) (20 Min/1 Facial)

Mid-Level (Green) (15 Min/2 Facials)

Max Level (Yellow) (10 Min/3 Facials & Standup)

## Alexis Rose Esthetics

## Lash/Brow Services

## Classic Eyelash Extensions

Full Set (180 Minutes)	75
Quick Fill (75% left – 60 Minutes)	35
Regular Fill (50-75% left – 75 Minutes)	45
Large Fill (40-50% left – 90 Minutes)	60

## Lash/Brow Services

Lash Tint (20 Minutes)	35
Brow Tint (20 Minutes)	25
Lash Lift (45 Minutes)	50
Lash Lift & Tint (60 Minutes)	75

## Waxing

Arms (Half/Full) (30 / 45 Minutes)	40 / 60
Back – Lower/Full (45 / 75 Minutes)	22 / 45
Bikini – Basic (60 Minutes)	40
Cheeks – Sides (20 Minutes)	12
Chest (45 Minutes)	45
Chin (15 Minutes)	12
Chin & Lip (30 Minutes)	20
Eye Brow (20 Minutes)	17
Leg – Lower/Full (60 / 90 Minutes)	50 / 70
Lip (15 Minutes)	10
Stomach (30 Minutes)	15

## Skin Care Treatments

Celluma LED Treatment (30 Minutes)	45
MiLux LED Treatment (30 Minutes)	30
Microdermabrasion – Single / 6 Pack (40 Minutes)	75 / 360
Facials –	
Anti-Aging Rejuvenate Facial (80 Minutes)	90
Back Facial (35 Minutes)	60
Balance/Refine Facial (80 Minutes)	90
Express Facial (25 Minutes)	35
Facial Enzyme Steam (30 Minutes)	40
Micro-Current with Express Facial (100 Minutes)	115
Oxygenating Facial (35 Minutes)	75
Quench Facial (60 Minutes)	75
Recover (Acne) Facial (80 Minutes)	90
Signature Facial (50 Minutes)	60
Soothe Facial (70 Minutes)	80
Spa Facial (60 Minutes)	75

## Skin Care Products

We offer solutions for those who desire a natural approach to beauty and wellness. Product brands offered include: Arbonne, Asea, Dermalogica, PCA Skincare, Bella Lash, BWL (Body With Light), M-61 and Soleil Spa's custom-blended essential oil products.

## Infrared Treatments

We offer a variety of infrared treatments through our Full Spectrum Sauna, Red Light Skin Renewal Therapy Bed, Bio-Mat, and Bodyshaping Sauna Blanket.

### **Top Reasons to Use Infrared Treatments**

- Arthritis
- Calms Nervous System
- Carpal Tunnel / Fibromyalgia
- Cardio Conditioning
- Improve Immune System
- Reduce Cellulite
- Reduce Inflammation
- Stress Relief
- Increase Flexibility/ROM
- Increase Circulation
- Improve Skin Problems
- Detoxifying Effects
- Promote Sound Sleep
- Pain Relief & Relaxation
- Sciatica / Scoliosis
- Weight Loss

### **Full Spectrum Infrared Sauna**

Session Length: 45 Minutes

A full-spectrum infrared sauna offers treatments at near, middle, and far levels to promote topical healing, pain relief, improve circulation, relax muscles, and detoxification.

Sessions: 1 / 5 / 10	30 / 130 / 200
Add a person (max 3 people) / Add-on Service	15 / 20
Membership options are also available.	

### **Red Light Skin Renewal Therapy**

Session Length: 20 Minutes

Discovered by NASA, red light therapy is characterized by the use of infrared light, which possesses strong wavelengths that penetrate deeply into the skin. Red light encourages cells to naturally stimulate the production of collagen and elastin, reduce fine lines and wrinkles, improve skin tone and diminish sun/age spots, promote healing, and improve overall appearance. Also effectively used as pain therapy.

Single Session / 12 Sessions	16 / 75
Unlimited: 1 Month / 2 Months / 3 Months	75 / 140 / 195

### **Amethyst Bio-Mat**

The BioMat uses far infrared and negative ion technology, including a concentrated layer of superconducting pure amethyst to convey healing rays deeply into the body.

Single Session / 5 Session Package
30 Min - 20 / 80    45 Min - 30 / 120    60 Min - 40 / 160

### **Bodyshaping Sauna Blanket**

Session Length: 60 Minutes

Melt away fat while burning inches. This treatment reduces fat and inflammation, and promotes healthy skin while removing toxins. Also an excellent treatment for pain management.

Sessions: 1 / 3 / 7 / 10	59 / 129 / 259 / 329
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## Vibration Therapy

Session Length: 10-30 Minutes

\$1 Per Minute

Produces extreme rapid muscle contractions with little effort to help tone the body and relieve tense muscles. Features 99 levels to adjust workout intensity with a convenient remote control and includes resistance bands to activate the upper body. Pivotal or triangular oscillating vibration prevents head vibration and dizziness, making it superior to lineal vibration. Platform assists in increasing hip bone density and muscle strength if used consistently.

## Compression Therapy

Session Length: 30 Minutes

The lymphatic system is responsible for filtering out old and damaged cells, pathogens, cancerous cells, and more. But it requires a little extra work on our end to ensure it functions properly. Unlike the circulatory system, the lymphatic system is pumpless. And its upward movement is dependent on the movement and contraction of our muscles and joints. The sensation is similar to a relaxing massage and promotes a natural feeling of relaxation and wellness, perfect after workouts, facial treatments, or other body treatments. Additionally, it reduces the appearance of cellulite.

Single Session / 5 Sessions	30 / 125
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## Ion Footbath Therapy

Session Length: 30 Minutes

The health benefits of negative ions are well known, and their unique properties are what makes an ionic foot bath detox so effective. A detox foot spa revitalizes and cleanses you with all-natural mechanisms. Available as a stand-alone or add-on treatment.

Single Session	35
5 Sessions	115
10 Sessions	200
Add Foot Massage (10 Minutes)	15
Add-on with other service	20

## Retail Products

We offer products for people, pets and homes. We are happy to custom-make a product for your needs. Our retail products include:

- Custom-blended organic essential oil products (lotions, body butters, sugar scrubs, soaps, bath gels, body and linen sprays, massage oils, beard oils, lip balms)
- CBD Hemp oils, balms, capsules, gel caps, gummies, soaps, bath bombs and bath salts
- Indoor tanning lotions, Essential oil diffusers, oils, inhalers, rollerballs, a variety of skin care and eyelash serums.

Looking for something we don't currently offer? Let us know!



## **Service Menu**

130 N. Main Street  
Oregon, WI 53575  
608-835-2544  
Info@Soleil-Spa.net  
www.Soleil-Spa.Net

Schedule your services on-line at your convenience through [Schedulicity.com](http://Schedulicity.com) or find a direct link on our website and Facebook page.

### **Hours of Operation**

Monday – Thursday	9am – 7pm
Friday	9am – 6pm
Saturday – Sunday	9am – 1pm

Walk-ins welcome for Tanning and Red Light Therapy. All other services require appointments.  
Prices and hours subject to change without notice.

