



JUNIOR ORANGE BELT



TECHNIQUES

____ ____ 007. CLUTCHING FEATHERS	Left Hand Hair Grab
____ ____ 008. TRIGGERED SALUTE	Right Hand Chest Push
____ ____ 009. DANCE OF DEATH	Left Step Right Punch
____ ____ 010. THRUSTING SALUTE	Right Step-through Front Kick
____ ____ 011. GIFT OF DESTRUCTION	Right Aggressive Handshake
____ ____ 012. LOCKING HORNS	Right Front Headlock

____ ____ 013. LONE KIMONO	Left Hand Shirt Grab
____ ____ 014. GLANCING SALUTE	Right Cross-push
____ ____ 015. FIVE SWORDS	Right Roundhouse Punch
____ ____ 016. CALMING THE STORM	Right Roundhouse Club Attack
____ ____ 017. REPEATING MACE	Left Cross-push
____ ____ 018. STRIKING SERPENT'S HEAD	Front - Bear Hug, Arms Free

FORMS & SETS

____ ____ Universal Form Two

____ ____ Kick Set A

BASIC REQUIREMENTS

1. Your "other" hand must be properly positioned (chambered, checking, etc)
2. All kicks must be properly re-chambered, with the correct weapon (ball of the foot for front kicks, heel of the foot for back kick and side kicks)
3. Blocks must be out in front of the body, clearing across the target zone on the way to their final position

ORANGE BELT PLEDGE

"I understand that I am but a beginner in a new and fascinating art which will direct me to greater obligations and responsibilities. To honor my obligations and responsibilities, I pledge myself to serve my instructor, fellow students, and fellow men"