

COVID-19

Here at The Playhouse we are taking every precautionary measure to keep your child and our staff safe. If your child is showing the following symptoms below please do not bring your child to school. Symptoms include the following:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

I understand if my child shows any of the following symptoms above they must stay home. _____

Returning to The Playhouse:

If a person is diagnosed with COVID-19 based on a test, their symptoms, or does not get a COVID-19 test but has had symptoms, they should not be at the child care facility and should stay at home until they meet the criteria below. An individual can return to the child care facility when they can ensure that they can answer YES to ALL three questions: Has it been at least 10 days since the person first had symptoms? Has it been at least 3 days since the person had a fever (without using fever reducing medicine)? Has it been at least 3 days since the person's symptoms have improved, including cough and shortness of breath? If an individual has had a negative COVID-19 test, they can return to the child care facility once there is no fever.

I understand if my child is sick other than COVID-19 they must stay home for three days. _____

CDC Recommendations/Guidelines

Steps to help prevent the spread of COVID-19 if you are sick

[If you are sick with COVID-19 or think you might have COVID-19](#), follow the steps below to care for yourself and to help protect other people in your home

Stay home except to get medical care

- Stay home. Most people with COVID-19 have mild illness and can recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.
- Take care of yourself. Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better.
- Stay in touch with your doctor. Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other [emergency warning signs](#), or if you think it is an [emergency](#).
- Avoid public transportation, ride-sharing, or taxis.

COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. Therefore, personal prevention practices such handwashing and staying home when sick is vital.

The NC Department of Health and Human Services is asking people to remember these three things as we stay strong and continue to flatten the curve and slow the spread of COVID-19.

If you leave home, practice your W's: Wear, Wait, Wash

- **Wear** a cloth covering over your nose and mouth.
- **Wait** 6 feet apart. Avoid close contact.
- **Wash** your hands often with soap and water for at least 20 seconds or use hand sanitizer

These actions can protect our families and neighbors as the state works to ease restrictions while the virus is still circulating. Cloth face coverings are an

additional steps to help slow the spread of COVID-19 when combined with [every day preventive actions](#) and [social distancing](#) in public settings. Cloth face coverings should be washed after each use. It is important to always [remove face coverings correctly](#) and [wash your hands](#) after handling or touching a used face covering. The Playhouse requires all staff, children, and anyone that may enter The Playhouse to wear a mask. If your child does not have a mask The Playhouse will supply your child with one.

Maintaining Healthy Operations

Our operational times are 7:30am-4:00pm. Parents/Guardians should discuss their child's drop off times with an administrator so that a member of The Playhouse staff may receive your child. If you are arriving after 9:00am please call The Playhouse at (984) 439-1689. Parents/Guardians will not be allowed in the facility during pick up, school hours or drop off times. If you would like to come in to speak to an administrator or staff you must call and set up an appointment.

Students will be greeted each morning with a daily symptom screening and their temperature will be checked.

Upon arrival students must sanitize and wash their hands. Departure students are given sanitizer to sanitize and clean hands.

If a child or staff member develops fever, chills, shortness of breath, a new cough, or new loss of taste or smell, they will be immediately isolated and sent home along with any family members and must go home as soon as possible.

The Playhouse encourages social distancing with lines on the floor to remind students' and staff to keep six feet apart.

All children's personal belongings go in their assigned cubbies. Children are never to share their personal belongings with others this includes: food, electronics, masks, toys, clothing, etc.

Planned field trips are designed for children to have fun and encourage social distance.

The Playhouse follows the CDC's and the NC Division of Child Development guidelines with maintaining a low ratio.

The Playhouse cleans, disinfects, and sanitizes the facility throughout the day and disinfects and cleans thoroughly at the end of business to prepare to receive your child for the next business day.

As the CDC and the State continue to make updates The Playhouse will keep you informed of any updates as it pertains to our facility. If you should have any questions or concerns regarding our COVID-19 procedures please feel free to see an administrator. For additional information or other support in reference to COVID-19, contact Hope4NC Helpline (1-855-587-3463).

I _____ have read and understand The Playhouse COVID-19 policies and procedures and will adhere to above precautionary measures.

Signature

Date