

Go Taste Albany

Excite the senses... discover award winning wines, locally brewed beer, organic farmhouse cheese, ocean fresh seafood, luscious strawberries, sandalwood oil and other local produce...something for every tastebud..

All on an easy-to-follow 75km circular trail through the stunning countryside on Albany's doorstep! Treat yourself and meet the producers on this ultimate farm-gate experience.

It's easy to Go Taste Albany. Call Grape Southern Tours (04 2947 9463), the local expert, or jump in your car (pick a skipper) and follow the numbers. It's as easy as 1, 2, 3. Go Taste Albany and discover the amazing tastes waiting for you.

Note: the Go-Taste Trail incorporates many bicycle friendly establishments, but if you choose to cycle please take care as the route traverses many busy, high speed roads that are not designed with cyclists in mind.

Bicycle Friendly Businesses

Albany businesses that meet the following criteria have judged themselves to be "bicycle friendly":

- Welcoming to cyclists
- Happy for cyclists to wear cycling attire whilst on the premises
- Provide free access to water or a tap to refill bottles
- Provide an identifiable place to lock your bicycle either on-site or (if the business is in the CBD) within 100m of the premise
- Allow cyclists to use their toilets (optional...please check with business first)
- Allow cyclists to leave their car at the premises while cycling (optional...please check with business first).

Criteria specific to accommodation

- Provide access to basic equipment for bicycle repair & maintenance
- Supply a map of the local area and details of nearby laundromat
- Provide additional facilities such as an area to dry clothes

Accommodation

- Bonets B&B (08) 9842 8245
- Dolphin Lodge (08) 9841 6600
- Emu Beach Chalets (08) 9844 8889
- Kalgan River Chalet & Deli (08) 9844 8425
- Norman House B&B (08) 9841 5995
- Three Chimneys B&B (08) 9842 9885
- Valleyponds Farmstay (08) 9846 4224
- Woody Grange Chalets (08) 9844 3458

Cafes

- Bar Cino Cafe-restaurant & wireless internet (08) 9841 5550
- Nippers Cafe & Albany Marron Farm (08) 9846 4239
- The Naked Bean Coffee Roasters (08) 9841 4225

Wineries, Distilleries and Breweries

- Alkoomi Wines (08) 9841 2027
- Great Southern Distilling Company www.distillery.com.au
- Oranje Tractor Wines (08) 9842 5175
- Tanglehead Brewing Company (08) 9841 1733 or www.tanglehead.com.au

Other

- JD Designs & Training (Gourmet Picnic Hampers) (08) 9841 5300
- King Sound Car Hire (08) 9841 8466

Cycling Groups

Albany Cycle Club

Contact Geoff Cass on (08) 9841 7041 or Great Southern Bicycle Co (08) 9841 7031
Early mornings on weekdays and race events

Over 50's Cycle Group

Contact (08) 9841 2652
Wednesdays 9.00 am

Saturday Scenic Cyclists

Saturday mornings 9.15am meet at the Surf Club, Middleton Beach

Cycle Shops & Hire

Albany Bicycle Hire

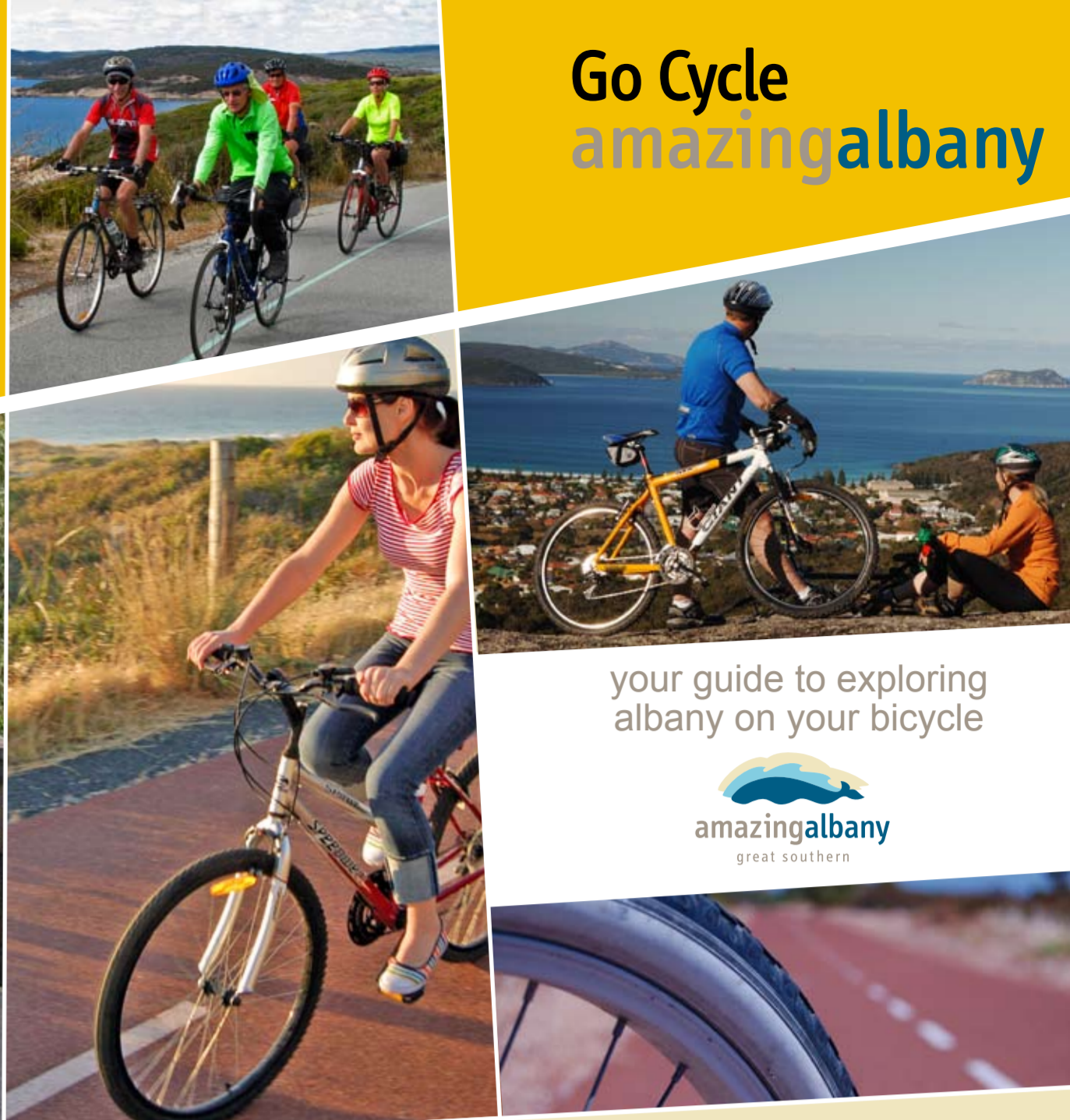
Phone (08) 9842 2468
www.albanybicyclehire.com

Great Southern Bicycle Co

39 Sanford Rd, Albany
Phone (08) 9841 7031

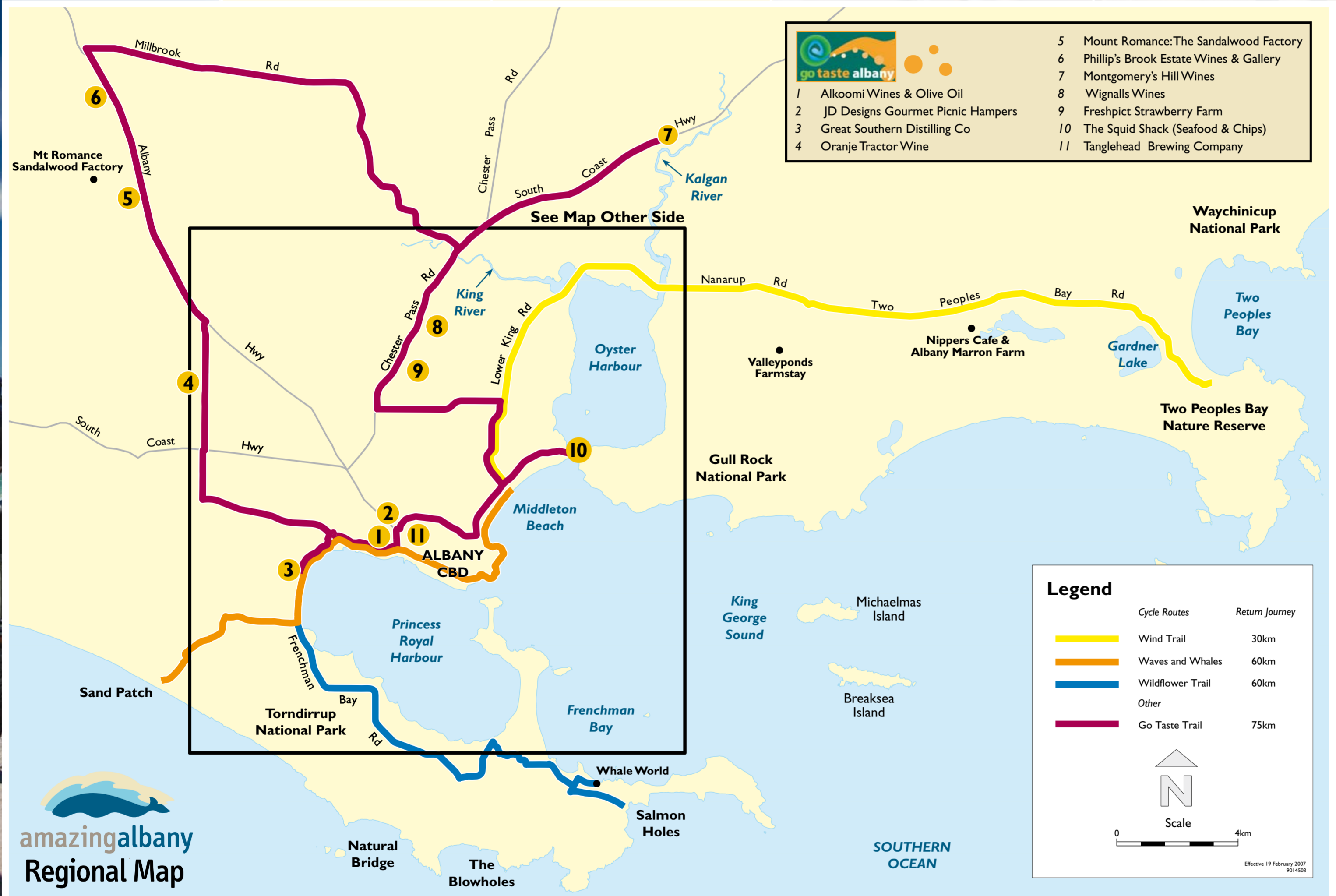
Rainbow Cycles

54 Albany Highway, Albany
Phone (08) 9841 6844



Go Cycle amazingalbany

your guide to exploring albany on your bicycle



Scenic Cycling Routes

The fabulous sights of Albany await you, and cycling is an ideal way of seeing some of amazingalbany's hidden treasures! The following routes will take you around glorious harbours, past pristine beaches and give you glimpses of wildlife and wildflowers. Please note that some of the routes traverse high traffic, high speed roads that may not be designed with cyclists in mind, so please cycle with care. All route distances have been estimated from Middleton Beach Surf Club and the times are based on an average recreational speed.

WindFarm

This 30km/2 hour route takes in one of Albany's newest attractions and some spectacular coastal views.

Follow the same route as Whales & Waves until you're a few km along the Frenchman Bay shared path. Look out for Princess Avenue and the sign for the Albany Wind Farm. Turn right here then left after 1km, to avoid going to gaol! Be prepared for a peak at the majestic, jumbo-sized blades of the wind turbines as you attempt some steep hill climbs. If the sight of the windmills doesn't take your breath away, the hills might! Return the same way, or take a diversion through the pretty Robinson Estate via Roberts, Racecourse and Robinson Roads.

Whales & Waves

A 60km/4 hours return journey to some of Albany's most famous icons, one man-made, the others natural!

Follow the incredibly scenic boardwalk west towards the Albany Port, but take Brunswick Road at the end of the trail for a short, quieter route through town. Stay with it as it changes name to Stirling Terrace, past the historic precinct, crossing York Street then following Festing Street before it meets Princess Royal Drive where you turn right. At Frenchman Bay Road turn left, you'll find the shared-use path about 500m from the corner, then you'll be on flat terrain for a good while. The Yacht Club is an ideal spot to take a break and wet your whistle before finding Frenchman Bay Road again. A short steady climb for a few km will have you ready to turn left into Quararup Road for a spell. Turn right at Shoal Bay Rd, then link into McBride Road and into Goode Beach (with some good hills!) and a left & right onto Whaling Station Road, where you'll find the iconic Whale World. Once you've restored your energy there, follow Frenchman Bay Road back up the hill then take Salmon Holes Road left to check out the pounding southern ocean. You can return the same way, or continue the climb up Frenchman Bay Road to check out the blow-holes and the natural bridge before finding the path at the general store. Be vigilant on the rocks and the roads!

Wildflowers & Wildlife

This eastward journey around the outskirts of Oyster Harbour and over two bridges to the habitat of the endangered Noisy Scrub Bird is 30km (one way) and takes about 4 hours to ride there and back.

Take Flinders Parade east and head towards Emu Point on the secluded shared path that twists among the coastal peppermint trees. Go left at Griffiths Street and follow the path across Emu Point Drive and Collingwood Road, then onto Brewster. You might have to disembark at the end as there's a steep zigzag that takes you to Lower King Road. There's a shared path all the way to the Lower King Bridge, but thereafter you're on the road (Nanarup). Stop at Lower King Bridge, and look back towards town through Oyster Harbour. Continue along Nanarup Road for another 6km before Turning left into Two Peoples Bay Road. At the end you'll find Two Peoples Bay Nature Reserve and a lovely shady area in which to enjoy a picnic after a refreshing swim.



Go Cycle Albany

Albany's mild climate is ideal for cycling. Rarely too wet, and almost never too hot, cycling in Albany is an all year round activity. The many kilometres of sealed shared-use paths will take you to some of AmazingAlbany's most prized sites and sights. Use this map to better plan and enjoy your cycle journey.

Why Cycle?

Cycling is a great way to;

- Stay healthy
- Look after the environment
- Save money
- See more around Albany
- Have fun

Planning for cycling trips

There are many things you can do to make your cycling trip more enjoyable, but don't forget the essentials;

- Shoes & suitable clothing
- Sunscreen & water
- Pump & repair Kit
- Mobile phone
- Fruit or a light snack
- Bike lock

Rules & Regulations

Bikes are legal vehicles in the eyes of the law, and as such you are required to follow road rules. A bike helmet is not an option...it's a legal safety requirement! A bell or other warning device, and lights (if you're riding at night) are also required by law.

Tips for Roundabouts

Albany is blessed with no traffic lights and lots of roundabouts. These are great for keeping traffic flowing, but can be a little daunting if you're on two wheels. www.urbanbicyclist.org advises cyclists to move into the middle of the lane as you approach a roundabout. As you enter, look around, make eye contact with car drivers, but prepare to move out of the way! Give way to cars on your right, and watch out for cars on your left that may not give way to you. If you're turning right, signal so cars know you're not going straight ahead. Signal when exiting the roundabout.

Be Courteous

Help us to maintain good relationships with other path users. ALWAYS ring your bell (or call out "passing") before passing pedestrians from behind. Avoid excessive speed on shared paths, and be ready for unexpected movements from dogs, children and the elderly.

Ride2Work

Ever thought about riding to work but weren't sure about how long it might take? Use the concentric ring system on the map as a guide to help you work out how long it might take you to ride from your home to work. Riding to work can save lots of \$ and greenhouse gas emissions, as well as whittle away the kilos that may accumulate over time. If your workplace does not provide showering facilities, Albany Rest Rooms at the corner of York Street & Stirling Terrace provides free hot showers. Other community facilities with free hot showers are located at Emu Point and Middleton Beach.

Check out www.ride2work.com.au for tips on riding to work.

ABUG

Albany Bicycle Users Group was formed in early 2006 and has taken an active role in promoting cycling in Albany and encouraging local government to provide better cycling facilities. This map is one such example, which has been part funded by the City of Albany and the Department of Planning & Infrastructure through the Country Pathways Scheme. ABUG members volunteered their time to plan the map.

While all care has been taken to ensure the accuracy of the information and suitability of the pedestrian and bicycle facilities described herein, users of this publication and of the facilities do so at their own risk. The Department of Planning and Infrastructure, Minister for Planning and Infrastructure and the City of Albany do not accept liability for any inaccuracies contained herein, or any damage, injury or other consequences arising from the use of this publication or use of the pedestrian and bicycle facilities.

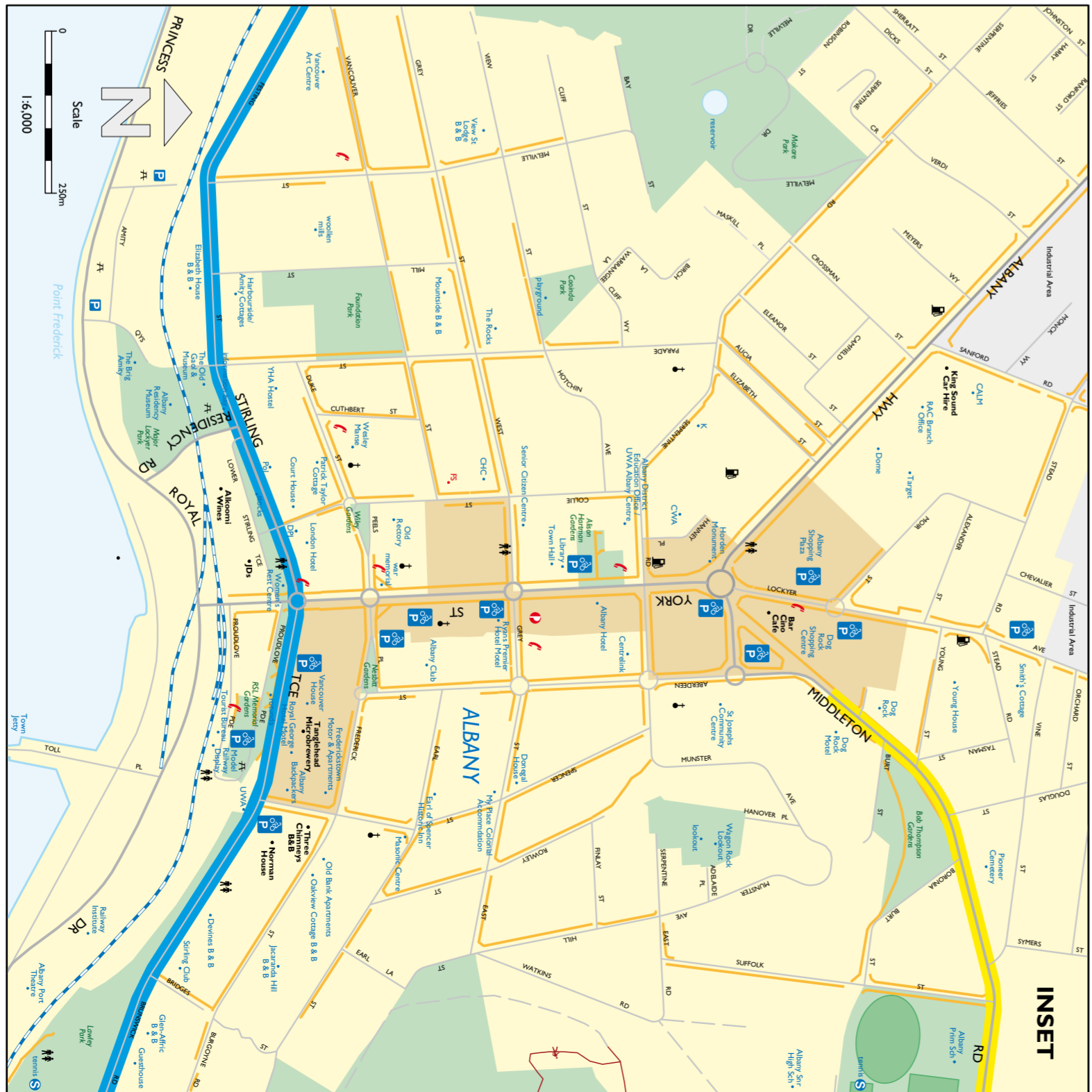
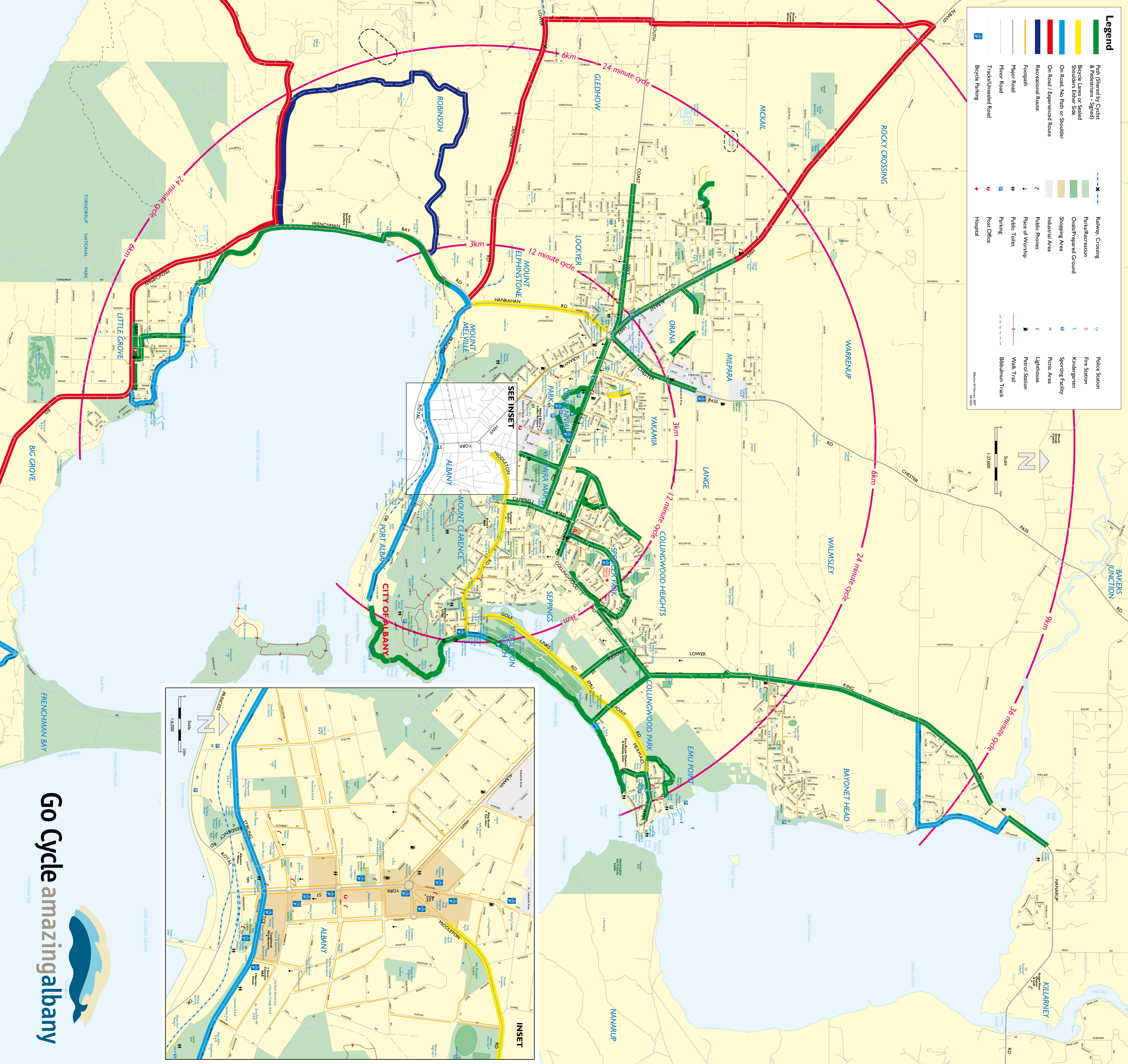
Published March 2007
Photographs supplied by Scott Ozolinis and Barb Madden.

Legend

	Path (Shared by Cyclist & Pedestrians - Signed)		Railway Crossing
	Bicycle Lanes or Sealed Shoulders Either Side		Parks/Recreation
	On Road, No Path or Shoulder		Oval/Prepared Ground
	On Road / Experienced Route		Shopping Area
	Recreational Route		Industrial Area
	Footpath		Public Phones
	Major Road		Place of Worship
	Minor Road		Public Toilet
	Tracked/Unsealed Road		Parking
	Bicycle Parking		Hospital
			Police Station
			Fire Station
			Kindergarten
			Sporting Facility
			Picnic Area
			Lighthouse
			Petrol Station
			Walk Trail
			Bibulmun Track

Scale 1:27,000
 0 1km
 0 100m

© Albany 20 February 2007
 901 661



Go Cycle amazingalbany

