STEVEN MACHLIN M.D., LLC 6820 Porto Fino Circle, Ste 1 Fort Myers, Florida 33912

| PATIENT INFORMATION FO | ORM | A | CCT# |
|---|-----------------------------|--|---|
| Last Name | First Name | N | Middle |
| Social Security | DOB | Age | |
| Phone #'s Home | Cell | Work | |
| Email Address | | | |
| Address | | | |
| CitySta | teZip | | |
| Marital Status: | Spouses Name | | |
| Employer/Occupation | | | |
| How did you hear about us? | Cit | G | 7. |
| Alternate Address (if applicable) When will you | City be at this address? | State_ Phone# | 1 |
| | INSURANCE | | |
| Primary Ins. Co. | Secondary Ins. Co. | | Self Pay |
| Last Name of Cardholder(if not y | | First | |
| Relationship to You | SS# | DOB_ | |
| E | MERGENCY CONTACT IN | FORMATION | |
| Name | Home # | Work | /Cell# |
| Relationship to you | | | 6, |
| | MEDICAL INFORMA | TION | |
| | armacy# | or Mail Order? Y | N |
| Primary Care Physician | Phone | | _Last Visit |
| Therapist(if applicable) | | e# | _ Last Visit |
| Medication AllergiesCurrent Medication List | Physical Probler | ms | |
| reimbursement, receipts for service company to pay all benefits direct | | dical services, I hereb this does not relieve a sible for these charge | by authorize my insurance me of my financial |
| | | | |

Dr. Steven Machlin, MD. LLC Health Questionnaire

| Name | Date |
|---|------------------------------|
| Allergies – Also list your response to this | s substance: |
| Current medication and dosages: | |
| | |
| | |
| | |
| Current Health Problems: | |
| | |
| | |
| | |
| Past Psychiatric Treatments- List | Types of Therapies, ECT, etc |
| | |
| | |
| | |
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| | |

| Please list medications that you have tried before. List Good Effects and Bad effects of each: | | | |
|--|--|--|--|
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| | | | |
| | | | |
| Hospitalizations and past surgeries - Please give dates if possible | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Describe Alcohol Use: Kind of beverage, # of Glasses | | | |
| # of days per week; Total glasses per week Social only | | | |
| Recreational Drugs: Substance of choice and frequency: | | | |
| | | | |
| Describe your sleep: # of hours, trouble falling asleep, early | | | |
| wakening, is it restful?, do you awake refreshed? | | | |
| | | | |
| | | | |
| | | | |

Health Questionnaire

| Your goals for seeking treatment in our office: | | | |
|---|------|--|--|
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| | | | |
| | | | |
| | | | |
| Reviewed by | Date | | |

GAD-7

| Over the <u>last 2 weeks</u> , how often have you been bothered by the following problems? | Not at all | Several days | More than half the days | Nearly every day |
|--|---------------|-----------------|-------------------------|---------------------|
| (Use "✔" to indicate your answer) | | | | |
| Feeling nervous, anxious or on edge | 0 | 1 | 2 | 3 |
| 2. Not being able to stop or control worrying | 0 | 1 | 2 | 3 |
| 3. Worrying too much about different things | 0 | 1 | 2 | 3 |
| 4. Trouble relaxing | 0 | 1 | 2 | 3 |
| 5. Being so restless that it is hard to sit still | 0 | 1 | 2 | 3 |
| 6. Becoming easily annoyed or irritable | 0 | 1 | 2 | 3 |
| Feeling afraid as if something awful might happen | 0 | 1 | 2 | 3 |

(For office coding: Total Score T____ = ___ + ____)

PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

| Over the <u>last 2 weeks</u> , how by any of the following preduce "" to indicate your and | | Not at all | Several days | More than half the days | Nearly every day |
|--|--|------------------------|-----------------|-------------------------------|------------------------|
| 1. Little interest or pleasure | in doing things | 0 | 1 | 2 | 3 |
| 2. Feeling down, depressed | I, or hopeless | 0 | 1 | 2 | 3 |
| 3. Trouble falling or staying | asleep, or sleeping too much | 0 | 1 | 2 | 3 |
| 4. Feeling tired or having lit | tle energy | 0 | 1 | 2 | 3 |
| 5. Poor appetite or overeati | ng | 0 | 1 | 2 | 3 |
| Feeling bad about yourse have let yourself or your | elf — or that you are a failure or family down | 0 | 1 | 2 | 3 |
| 7. Trouble concentrating on newspaper or watching to | things, such as reading the elevision | 0 | 1 | 2 | 3 |
| noticed? Or the opposite | owly that other people could have e — being so fidgety or restless ng around a lot more than usual | 0 | 1 | 2 | 3 |
| Thoughts that you would yourself in some way | be better off dead or of hurting | 0 | 1 | 2 | 3 |
| | For office co | ding 0 + | + | . + | |
| | | | = | Total Score | : |
| | oblems, how <u>difficult</u> have these at home, or get along with other | | ade it for | you to do y | your |
| Not difficult at all □ | Somewhat difficult □ | Very difficult □ | | Extreme difficul | |

THE MOOD DISORDER QUESTIONNAIRE

Instructions: Please answer each question to the best of your ability.

| 1. Has there ever been a period of time when you were not your usual self and | YES | NO |
|--|----------|----------|
| you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble? | • | • |
| you were so irritable that you shouted at people or started fights or arguments? | <u></u> | 0 |
| you felt much more self-confident than usual? | 0 | 0 |
| you got much less sleep than usual and found you didn't really miss it? | O | O |
| you were much more talkative or spoke much faster than usual? | <u></u> | 0 |
| thoughts raced through your head or you couldn't slow your mind down? | 0 | 0 |
| you were so easily distracted by things around you that you had trouble concentrating or staying on track? | • | • |
| you had much more energy than usual? | • | 0 |
| you were much more active or did many more things than usual? | 0 | 0 |
| you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night? | • | • |
| you were much more interested in sex than usual? | O | 0 |
| you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky? | • | 0 |
| spending money got you or your family into trouble? | 0 | 0 |
| 2. If you checked YES to more than one of the above, have several of these ever happened during the same period of time? | 0 | • |
| 3. How much of a problem did any of these cause you – like being unable to work; having family, money or legal troubles; getting into arguments or fights? <i>Please circle one response only.</i> No Problem Minor Problem Moderate Problem Serious Problem | | |
| 4. Have any of your blood relatives (i.e. children, siblings, parents, grandparents, aunts, uncles) had manic-depressive illness or bipolar disorder? | • | • |
| 5. Has a health professional ever told you that you have manic-depressive illness or bipolar disorder? | • | • |