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TAILORED	
30 minute treatment	28.00
60 minute treatment	42.00
90 minute treatment	65.00
120 minute treatment	85.00
FACIALS	
Express	28.00
Signature	45.00
Luxury	65.00
Face Lift Massage with Facial Reflexology	60.00
Wild Rose 'Glow' Facial	45.00
REFLEXOLOGY	
Feet & lower legs	42.00
Hands & arms	35.00
Facial lift Massage with facial Reflexology	60.00
Head in the Clouds treatment 60 minutes	42.00
Head in the Clouds treatment 90 minutes	65.00
Wild Rose Glow Foot Smoothing Ritual	40.00
BODY	
Hot Stone Massage - Back, neck & shoulders	45.00
Hot Stone Massage - Full Body	65.00
Hot Stone neck & shoulder massage with	
Express Facial	50.00
Tailored Salt Glow, Massage & Body Masque	65.00
Bacne - Tailored back acne treatment	45.00
Hip & Thigh Smoothing Treatment	45.00
Honey Bunny Top to Toe Spa Ritual	80.00
Wild Rose Full Body Spa Ritual	80.00
ENERGY TREATMENTS	
Reiki 30 minutes	28.00
Reiki 60 minutes	42.00
Reiki Chakra Balancing	42.00
Meditation & Reiki	45.00
Crystal Therapy with Reiki	45.00
Ear Candling with Facial Lymphatic Drainage	42.00
and Decongesting Massage	

MATCE LIGH

PREGNANCY	
Back, neck & shoulder massage	42.00
Back, neck, shoulder aromatherapy massage	45.00
Full body Massage	60.00
Full body aromatherapy massage	65.00
Pregnancy Reflexology	42.00
Birth partner reflexology & massage courses	150.00
COUPLES & PARTNER TREATMEN	TS
Tandem Hot Stone Massage for 2	120.00
Massage for Couples Course	175.00
Reflexology for Couples Course	175.00
Birth Partner Massage & Reflexology course	150.00
INDIAN HEAD MASSAGE	
30 minute Indian Head Massage	28.00
60 minute Indian Head Massage & Scalp	35.00
treatment	60.00
Head in the Clouds - head massage and	42.00
reflexology treatment 60 minutes	
CHILDREN (UNDER 16)	
30 minute session with parent present	20.00
Tailored treatment for child following full	
consultation	
Therapist lead bespoke technique training	60.00
for parents / carers with child for use at	

POTIONS CLUB

home with the family

Monthly sessions start from £25 per person per session but costs may vary depending on the project. These are group sessions but private tuition can be arranged.

WORKSHOPS & TRAINING

Indian Head Massage Class	45.00
Foot Massage Class	45.00
Hand therapy massage class	45.00
Introduction to Aromatherapy Class	45.00
Introduction to Aromatherapy 8 Week	250.00
Course	