



# West Cork TREC 3-phase event Sept 21

Split across two consecutive Sundays: 12<sup>th</sup> and 19<sup>th</sup> September 2021

## Competition Information:

This competition is open to everyone and will consist of three phases split over two consecutive Sundays (different venues each Sunday). Levels for the competition will be Level 3, 2 and 1. Level 1 is suitable for beginners, but please note the POR for Level 1 riders will be pairs only class, we are not permitting Level 1s to ride the POR as individuals in this competition. We will also accept one-day entries from competitors who are only able to attend for just one of the Sundays.

### September 12<sup>th</sup> 2021 - Part 1: MA + PTV XL – Bastian’s, Glengarriff, Co. Cork, P75 X042

This will be held at Bastian’s in a mountain valley about 6km north west of Glengarriff. We will be using our electronic timing system for the MA, and we are doubling the fun for the PTV – our PTV XL will be two different PTV courses (morning/afternoon) so riders get to do 32 obstacles in total.

### September 19<sup>th</sup> 2021 - Part 2: POR – Whooley’s Farm, Knockraha, Co. Cork, T56 WY43

The venue for Phase 2: POR will be Whooley’s Farm in Knockraha, approx. 4km from Junction 18 on the M8 Cork-Dublin motorway, and the route will take competitors out into the surrounding countryside. Competitors can be expected to be riding across varied terrain, which will include quiet country roads, tracks and paths. Competitors may also be riding through fields of livestock, please use your common sense when riding past these animals. All landowners have been very supportive and we have managed to gain access to some off-road riding. We must stress the need to keep gates closed and to ensure that you follow the Country Code. If you find a gate closed, please close it again behind you. We will do our best to have gates along the route open where possible.

Everyone will have to be aware of, and maintain, necessary social distancing throughout the event and wear masks when in enclosed spaces (this includes the map room). Due to Covid-19 restrictions, we will not be able to supply refreshments. The events on both days will take a good few hours to complete, so everyone should please bring his or her own refreshments (e.g. a drink and a light lunch), and also something for their horses to eat. Please bring one of your own buckets for watering your horse.

The officials for this event are:

#### Part 1: MA & PTV XL

- Technical Delegate: Gwen Bastian
- Chef de Piste: Winfried Bastian

#### Part 2: POR

- Technical Delegate: Winfried Bastian
- Traceur: Elaine Dolan Crowley

Event Secretary (part 1 & 2) is Jill Davies email: westcorktrec@gmail.com tel: 087 218 9890

All riders are required to report in for the start time. Depending on the number of non-riding volunteers we get, we may need to utilise riders to help us run the MA and PTV phases. Riders with TREC judging experience may be asked to judge other levels, while those without judging experience may be asked to assist judges or to perform tasks for which judging experience is not a requirement.

## Entries

Entries can only be taken online via ItsPlainSailing (type [www.itsplainsailing.com/club/wct/](http://www.itsplainsailing.com/club/wct/) into the address bar of your internet browser) or open the ItsPlainSailing website and type West Cork TREC into the search bar. Once you enter our club's page, click on the Events button to see the event(s) open for entries, and subsequently the entry options within. Complete the entry form(s) as necessary and add to shopping cart. Process the shopping cart fully through the checkout to submit your entry. A confirmation email will be sent upon successful completion of this process. **All entries must be pre-paid by the specified closing date.** Payment by card is available; we will also accept payment by bank transfer or cheque (if either of the latter is selected then instructions on how to send payment will be sent in the confirmation email). If you do not receive any confirmation email please contact Jill.

**IMPORTANT: The closing date for entries for the full event or for Part 1 MA/PTV only is Friday 3<sup>rd</sup> September at 11pm.** We may not be in a position to accept late entries, so please book by the closing date and time to avoid disappointment. *We will be re-opening entries for those wish to participate in Part 2 POR only until the following Friday 10<sup>th</sup> September at 11pm.*

It is not the responsibility of West Cork TREC to find a pair for any rider – two riders must enter as a pair in the pair classes (3-phase). A rider may post a comment on the Facebook post for the event if they need to find someone to pair (please state level required) – once a pairing has been agreed please submit your entry form online.

### *Covid-19 Contact Tracing and Declaration Form*

Anyone who will be attending the event (competitor, official, judge, volunteer, driver/parent, etc.) must submit a Covid-19 Contact Tracing and Declaration Form (via ItsPlainSailing). There is no charge for submitting this form. Declaration forms will be accepted up until the day before the competition day. Two types of declaration forms are available, Rider and Volunteer; please submit the relevant form for your situation.

### Entry fees – please note these must be paid in advance

**FULL EVENT – both Part 1: MA + PTV XL (12<sup>th</sup> Sept) ---AND--- Part 2: POR (19<sup>th</sup> Sept)**

€50 TREC Ireland members only – must have valid TREC Ireland membership (Adult/Family/U21)

€60 for everyone else (includes €10 T.I. temporary insurance registration fee)

**ONE DAY ONLY – either Part 1: MA + PTV XL (12<sup>th</sup> Sept) ---OR--- Part 2: POR (19<sup>th</sup> Sept)**

€25 TREC Ireland members only – must have valid TREC Ireland membership (Adult/Family/U21)

€35 for everyone else (includes €10 T.I. temporary insurance registration fee)

## Classes

**Full 3-phase event entrants:** those entering for both Sundays (ie all 3 phases) may chose to enter either individual or as a pair for their desired level.

**One day only entrants:** those entering for Part 1: MA+PTV XL only will select one of the three classes, those entering for Part 2: POR only may enter as either as individual or pair (note: L1 POR is pair only class)

		Max height PTV	POR distance
Level 3	Individual*	Up to 90cm	Max 35 km, but will be shorter!
	Pairs		
Level 2	Individual*	Up to 80cm	Up to 25 km
	Pairs		
Level 1	Individual* <i>MA/PTV only</i>	Up to 80cm	Up to 15 km
	Pairs		

Note: Level 3 route may contain compass bearings, grid references or aerial photographs

### *\* Restrictions regarding Individual classes*

Riders will not be permitted to ride a POR as an individual unless they have completed a minimum of 1 POR event run by TREC Ireland or an affiliated group. For Junior Participants (U-18) this will be a minimum of 2 POR events. For this competition Level 1s may only ride the POR in pairs.

### *Handicap*

The standard TREC Ireland handicap rules will apply. Therefore, riders who qualify as Level 3 riders (i.e. have competed two full 3-phase competitions at Level 3 or above) may ride as Level 1 Individual but may only compete HC; they may ride as part of a Level 1 Pair but shall incur a 15 point penalty in the POR phase or they may ride Level 2 as individual or part of a pair without incurring any penalty points. Level 2 riders may compete at Level 1 as individuals or part of a pair without incurring any penalty points.

### *Junior Participants (under 18)*

- A junior competitor (under 18) may only ride as an individual if they have reached or will reach the age of 16 years in the year of competition (i.e. before 31.12.21)
- Any rider under 16 must ride as a pair with an adult (18 years and over) in the pair classes.
- All junior competitors must get their parent/guardian to co-sign both the entry form and Rider Covid-19 Contact Tracing and Declaration Form (as this is an online form, please type name into the relevant signature boxes)
- Anyone under 18 attending the event as a volunteer or rider's assistant must complete the necessary Volunteer Contact Tracing and Declaration Form and get their parent/guardian to co-sign it (as this is an online form, please type name into the relevant signature boxes)

### **Rules and Participation Conditions**

This competition is organised according to TREC Ireland rules. Registration means participants accept the rules of TREC Ireland. Participants register under their own responsibility or that of their legal representatives (if under 18).

It is a legal requirement to carry a passport when a horse is being used for competitions. If a horse is transported without a passport when being used for competition purposes, an offence is being committed and prosecution is a possibility.

### **Results and Queries/Complaints**

Queries and objections will be dealt with in accordance to TREC Ireland rules, and competitors are required to familiarise themselves with these rules. Any query or complaint must be lodged with the Technical Delegate.

- Competitors are not permitted to discuss timings or scores directly with the judges, but a competitor may ask a judge during the event to record relevant observations.
- Queries – All queries must be directed to the Technical Delegate within the specified time of the provisional scores being posted.
- Complaints – All complaints must be lodged **in writing** with the Technical Delegate within the allowed time. No verbal complaints are admitted

### **Code of Ethics**

TREC Ireland's 'Code of Ethics & Good Practice for Children's Sport' will be adhered to for this event, and in submitting any of the required documents participants do so on the understanding that they agree to abide by TREC Ireland's Code of Ethics (available to download from [www.trecireland.com](http://www.trecireland.com)).

- All participants must send in a completed entry form.
- Anybody involved in any way with the event on the day, including competitors and helpers, must send in a relevant Covid-19 Contact Tracing and Declaration Form (this information will help the organisers monitor numbers attending and prepare a list of attendees)
- Due to Covid-19 guidelines, there will be a sign-in steward who will tick your name off the prepared list of attendees instead of the usual sign in sheet.
- It is the policy of TREC Ireland and affiliate groups to take and use photographs for the purpose of promoting the sport on the internet and any newspapers (such as The Irish Field).

### **Insurance**

Riders should be aware that there are limitations with insurance cover of any equestrian sport organisation, including that of TREC Ireland. Every competitor is responsible for any damage caused by himself/herself or his/her horse to himself/herself, to other persons or to property. **It is therefore strongly recommended that each rider has sufficient horse and rider liability insurance.**

## Equipment

A list of the mandatory and other equipment required for each of the three TREC phases is detailed in the TREC Ireland Rule book. A copy of the equipment required for this POR competition can be found in the appendix at the end of this schedule.

- *Riding Hats & Body Protectors:* All riders must wear a riding hat that conforms to the safety standards outlined in the current TREC Ireland Rule book. All under 18s must wear a body protector for the PTV phase.
- *Level 1 POR equipment concession:* A special concession was introduced by TREC Ireland which allows Level 1 riders to participate in local POR competitions with a slightly reduced equipment list (as marked in our appendix on page 6)

### Reminders:

- *Face masks/coverings MUST be worn when in enclosed spaces (this applies to everyone)*
- *Please bring your own refreshments (for yourself, and your horse)*

## Camping and Corralling

Camping and corralling (bring own equipment) is available for the Saturday night before each event, if required, but please make these arrangements in advance with the appropriate hosts. Please note: stabling is very limited.

- *Saturday 11<sup>th</sup>, Bastian's, Glengarriff:* Please contact Bastian, mobile 085 766 2201
- *Saturday 18<sup>th</sup>, Whooley's Farm, Knockraha:* Please contact Frances, mobile 087 278 6557

## Time Schedule:

Times will be confirmed when all entries have been received, and a more detailed schedule of times will be sent out two or three days before the competition day. Please note however that times would still be subject to change, depending on circumstances on the day.

### Part 1: MA + PTV XL (September 12<sup>th</sup> 2021)

*Please note, for anyone arriving for camping/corralling on the Saturday, the MA and PTV courses will be open to walk from 6pm (approx.)*

Arrival: 9.30am Sunday (10.00am latest)

Before lunch: MA and PTV course 1

Lunch break: 30mins break, probably around 1.30pm/2pm depending how morning goes

After lunch: PTV course 2

### Part 2: POR (September 19<sup>th</sup> 2021)

*Please note, times listed here are approximate and may change depending on volume of entries*

Arrival: 09.30am latest for the first riders out – helpers should aim to arrive before 9am if possible

Tack check: first riders 10.00am – or before if tack check station is ready

Map room: first riders 10.15am

Lunch: no set time, please bring own food

We will be awarding rosettes once scores are finalised and approved, all going well approx. 4.30pm.

## **DIRECTIONS:**

### **Sunday September 12<sup>th</sup> 2021**

#### **Directions to Bastian's, Crostera West, Glengarriff, Co. Cork, P75 X042**

These directions begin on the west side of Glengarriff from just outside Casey's Hotel... Leaving Casey's hotel heading west, bear right along the N71 towards Kenmare. Drive for 1.2km and take the left fork signposted for Barley Lake (this junction is shortly after the first entrance to the Glengarriff Nature Reserve). Drive along this road for 3.3km then turn left at the signpost for Barley Lake (note, this is the second road left after Pooleen Woods). Be careful here, it is a very narrow bridge with a sharp right hand bend. Continue for 500m and bear right at the fork in the road (note, the right hand fork looks more or less straight on). After 400m turn right along a small boreen between two small outhouses. If you are driving a vehicle such as an SUV or jeep with high ground clearance, take the farm track to the right (less than 100m from start of boreen) and drive down to the stables. We recommend normal cars (low ground clearance) stay on the boreen and drive to Bastian's house at the end of the road (approx. 300m). Please note, depending on number of entries received/vehicles expected on the day, alternative parking facilities may be made available.

### **Sunday September 19<sup>th</sup> 2021**

#### **Directions to Whooley's Farm, Knockraha, Co. Cork, T56 WY43**

If travelling from the Cork end of the M8 motorway, you need to exit the motorway at Junction 18 (signposted R639 Glanmire). At the T-junction (150m), turn right towards Watergrasshill. At the roundabout (700m) take the first exit onto R639 towards Watergrasshill. After 800m turn right onto the L2972 signposted for Knockraha. Follow this road for 2.2km (ie under the bridge, continuing for approx. 1km then veering 90 degrees hard right followed by 90 degrees hard left, and continuing for about another 1km) until you reach a small road up to the left. Whooley's farm is a further 1.6km along this road at the end of the cul de sac.

If travelling from the Dublin end of the M8 motorway, you need to exit the motorway at Junction 18 (signposted R639 Glanmire). At the roundabout (500m), take the third exit (signposted R639 Glanmire). At the next roundabout (150m), take the second exit towards Watergrasshill R639. After 800m turn right onto the L2972 signposted for Knockraha. Follow this road for 2.2km (ie under the bridge, continuing for approx. 1km then veering 90 degrees hard right followed by 90 degrees hard left, and continuing for about another 1km) until you reach a small road up to the left. Whooley's farm is a further 1.6km along this road at the end of the cul de sac.

## **Volunteers – please help!**

As with all TREC events, we rely heavily on the generosity of volunteers. Any offer of a volunteer will be gratefully received (experience is not a necessity but if you have had any experience at other TREC events please include this information). Of the two Sundays, the day that would require the most volunteers would be Sunday 12<sup>th</sup> Sept at Bastian's in Glengarriff, being the MA and PTV phases. If anyone is available to help that day, and/or the following Sunday 19<sup>th</sup> at Frances' in Knockraha, we would really appreciate it if you could get in touch with Jill, 087 218 9890.

All volunteers must submit a Covid-19 Contact Tracing and Declaration Form (via ItsPlainSailing) to register as a volunteer. Type [www.itsplainsailing.com/club/wct/](http://www.itsplainsailing.com/club/wct/) into the address bar of your internet browser or open the ItsPlainSailing website and type West Cork TREC into the search bar on their home page. Once you enter our club's page, click on the Events button and then select the relevant Covid-19 Contact Tracing options within. There is no charge for declaration forms.

*Thank you for your support!*



## APPENDIX: EQUIPMENT LIST

3-phase event Sept 2021

Part 1: MA/PTV XL - Glengarriff

Part 2: POR – Knockraha

12<sup>th</sup> September 2021

19<sup>th</sup> September 2021

Compulsory Equipment (Penalties: see Rulebook 3.11.6 and 4.17.1)	Phase	** Level 1 Concession
Approved protective hard hat complying with current standards, PAS015, SEI ASTM 95, ASTM F1163, SNELL E2001, AS/NZS 3838 2006 and Interim European Standard VG1.040 2014-12 Where a rider wears a different hat for different phases, all hats must be presented for inspection at the equipment check.	All phases	L1 Minimum
Horse ID with rider number and emergency phone number (attached to the bridle)	All phases	L1 Minimum
Medical armband	All phases	L1 Minimum
Body protector (Beta Level 3 standard) for competitors under 18 years	PTV	L1 Minimum
Head collar, lead rope, or combination bridle	POR	L1 Minimum
Fluorescent / reflective high-vis. clothing. The minimum requirement is clearly visible fluorescent strips on the area of the rider's torso.	POR	L1 Minimum
Lights, attached somewhere to the rider's body, with a white light to the front and a red light to the back	POR	-
First aid kit for both equine and human. The main purpose of the first aid kit is to help stop blood loss and therefore must include: • 6 sterile swaps • 1 pair of round ended scissors • 1 elastic bandage, around 10cm wide • 1 disinfectant or antiseptic solution	POR	-
<b>Compulsory item for Levels 3 and 4 only:</b> For shod horses, emergency farrier's tools suitable for the removal of shoe and nails (one set of tools between a pair is sufficient) and correctly sized hoof-boot or similar (per horse). <i>Recommended item only for Levels 1 &amp; 2 – no penalty for these levels</i>	POR	-

Additional Equipment (Penalties: see Rulebook 4.17.1)	Phase	** Level 1 Concession
Hoof pick	POR	L1 Minimum
Whistle ( <i>recommend keep on person, not in saddlebag</i> )	POR	L1 Minimum
Mobile phone, sealed for all levels ( <i>recommend keep on person, not in saddlebag</i> )	POR	L1 Minimum
Torch (lightweight but sufficient to read a map; a head torch is ideal)	POR	-
Waterproofs (waterproof jacket as a minimum)	POR	(advisable)

Recommended Equipment (No penalties will be incurred if riders do not have Recommended Equipment)	Phase	** Level 1 Concession
Emergency telephone numbers ( <i>supplied by the event organisers</i> )	POR	Supplied
Markers / pens for the map and for making notes	POR	L1 Minimum
Map case (or plastic polypocket or large clear plastic bag)	POR	(advisable)
Digital watch or stopwatch	POR	-
Saddlebag or suitable alternative	POR	(advisable)
Drink and snack	POR	(advisable)
Compass	POR	-

**\*\* Concession for Level 1 Riders ONLY:** At local competitions, a Level 1 competitor may avail of the Level 1 Concession rule and may bring a shorter list of equipment (marked in the table above as L1 Minimum). The rest of the items on the list will be regarded as *Recommended Equipment* list only for Level 1 riders, and therefore will not incur penalties. This concession was introduced to encourage riders to participate in TREC POR competitions without having to purchase expensive items of equipment. **This concession rule will not apply at National events.**

**REMINDER:** Face masks/coverings **MUST** be worn when in enclosed spaces, please bring your own.