

OUR FAVORITE DISH

by

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Does your family have a favorite dish? My family's favorite is Arroz con Pollo. It's a Spanish dish that includes chicken, rice, tomatoes, green bell peppers, onions, pimentos, sweet peas, olives, and an assortment of spicy seasonings. To begin with, the colorful appearance of this dish is delightful; the pearly-yellow chicken and rice with the gleaming reds and greens of the vegetables make it a feast for the eyes. And the aroma! All those yummy-smelling ingredients in the sizzling sofrito – a sautéed mixture of bell peppers, onions, and garlic – make the whole family (not just the cat) purr in contentment. While the rice is cooking, the whole house smells scrumptious, and we all walk around drooling with a grin on our faces. When we finally sit down to savor the dish, ahhh! we are transported to heaven. The final touch: a sprinkling of Parmesan cheese on top of our servings. The soft-chewy texture of the rice and chicken, combined with the explosion of savory flavors in our mouths, makes us run for seconds and even thirds. Arroz con Pollo is a truly comforting and utterly delicious family dish!

