

June 2022

CWC CONNECTION



Next Community Meeting: July 6, 2022: 2pm

Join Zoom Meeting

<https://us02web.zoom.us/j/81827858634?pwd=Smlrc3QwSkxvOCtKM05wTVQxQ2FjZz09>

Meeting ID: 818 2785 8634
Passcode: 208495

One tap mobile
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95# US

Agenda

2:00-2:30 Hello, My name is Della



Purgerson and I am the Valencia County Coordinator for the Mid-West CAP office. My background consists of dual degrees in elementary and secondary education from UNM and Afterschool Director for Los Lunas Schools. I am a Nationally Certified Tutor with additional certificates in data analysis, community outreach, diversity and inclusion and human relations.

I have a 30 year old son and my passion is animal welfare. I own and operate an animal sanctuary where I house and care for those animals that are un-adoptable for many reasons or are no longer wanted.

I take great pride in assisting those in my community both two-legged and four-legged and hope that I can continue for many more years.

2:30-2:50 Community Introductions and Updates/Announcements

2:50-3:00 100% Communities and Health Equity Committee Update

SURVEY OPEN! Click pic

YOUR VOICE MATTERS!

Do you want to share your thoughts and experiences on **access to basic family services** like medical care, childcare, job training, transportation, housing, and more, in Valencia County?

Please take our **10-minute survey** to help us make life better for families in our county.

Visit the survey link:
<https://bit.ly/Valencia21>

or Scan the QR code on your iPhone camera or Android QR code app



"v" must be uppercase



We are approaching our deadline on this survey and are in need of participation from residents whom live in outlying areas of Valencia County. The areas we would like to hear from are listed below. If your reside in this areas or know of someone who does please complete and share. Thank You!

El Cerro Bosque
Rio Communities Isleta
Casa Colorado Highland Meadows
Peralta
Las Maravillas



Our 1st Farm to Table Camp was a Success

All the participants enjoyed 5 days of fun and learning!

Again Thank You to all our Partners and Funders!

Partners: Valencia Soil and Water Conservation District, Sublime Pastures, DeSmet Dairy, Rocket Punch Farm, H2 Academic Solutions, East Valencia Urban Gardens Program, Middle Rio Grande Conservation District, Village of Los Lunas, New Mexico National Guard

Funders: Meta, Community Wellness Council, and The Friends of the National Association for Conservation Districts

CWC is actively recruiting new board members who represent our diverse community. If you are interested, please begin your orientation at our [webpage here](#).

2022 Leadership Team

Ginny Adame: Chair, Fr. Robert Mundy: Vice Chair, Carol Claus: Co-Treasurer, Peggy Gutjahr: Co-Treasurer, Alejandro Coronado: Secretary, Linda Montañño: Board Member, Bart Regelbrugge: Board Member, Shannon Barnes: 100% Community/Health Equity Coordinator, and Pamela Skinner: CWC Coordinator



10th Annual Believe in Heroes Memorial Run

La Vida's 8th Annual Family Expo

HEALTH COUNCIL COMMUNITY ACTIVITIES



Resource Fair
Highland Meadows

Representing CWC at Rural Summit in Santa Fe

Senior Day at Belen Library

JOIN ~ SHARE ~ STRENGTHEN OUR COMMUNITY

In lifting others, we rise ...
Please join us once a month!
Valencia County is a 100% Community.

Community Wellness Council

The Best Gift ... is You!

Why Join Us?

- Make a difference
- Your voice: valued and needed
- Connect and network with others
- Build capacity and readiness in community
- Real change for real people

Youth Mentoring

4th Monday @ 3 p.m.

Early Childhood

2nd Tuesday @ 9:30 a.m.

Medical/Dental

2nd Wednesday @ 9 a.m.

Jobs

2nd Wednesday @ 10:30 a.m.

Behavioral Health

2nd Thursday @ 1:30 p.m.

Priority Areas

- Violence Prevention
- Behavioral Health
- Substance Use
- Healthy Eating
- Active Living

Community Schools

3rd Wednesday @ 12 noon

Housing

3rd Wednesday @ 9 a.m.

Food

3rd Thursday @ 10 a.m.

Parenting Supports

4th Tuesday @ 9:30 a.m.

Transportation

4th Wednesday @ 2 p.m.

For info or to join, contact us:

communitywellnesscouncil@gmail.com
<https://www.100nm.org/valencia/>
Diana Good (505) 222-0958

Designed by Wilderwood Equine Therapy and Rescue
Sponsored by Village of Los Lunas/ Valencia County DWI Program/ Office of Substance Abuse Prevention Grant Funding

Special THANK YOU

to everyone who

attended our Child

Abuse Prevention

CRUNCH!

Updated Resource Directory is online and ready to use!

<https://www.communitywellnesscouncil.org/Community-Resources.html>

COVID Resources available as well: <https://www.communitywellnesscouncil.org/COVID-19-Coronavirus.html>

<https://cv.nmhealth.org/covid-vaccine/>

Community-Identified Priorities

- 1) Violence Prevention
- 2) Behavioral Health
- 3) Substance Use
- 4) Healthy Eating
- 5) Active Living

Our Vision: "A community working in cooperation to ensure the health and well being of all its residents." Our Mission: "To promote community collaboration through framework of coordination, assessment and solutions." <https://www.communitywellnesscouncil.org/>. Photo is from CRUNCH "Dr. Craig Pierce"