

**PEDIATRIC GROWTH AND DEVELOPMENT 16 Hr EXAM**

**Examination**

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**PEDIATRIC GROWTH AND DEVELOPMENT 16 Hr EXAM**

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*Fields in bold are required*

Question 1

**Select all that apply. Regarding Pediatric injuries, some of the most common causes include: \_\_\_\_\_**

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- ☐ A. Motor vehicle accidents
- ☐ B. Suffocation
- ☐ C. Drowning
- ☐ D. Poisoning
- ☐ E. Suicide
- ☐ F. Burns
- ☐ G. Falls

Question 2

**Toddlers are most at risk from suffocating by choking on food or other small objects.**

- ☐ True
- ☐ False

Question 3

**While completing an assessment on the toddler, the best method for performing a physical examination is \_\_\_\_\_.**

- ☐ A. Distal to Proximal
- ☐ B. From head to toe
- ☐ C. From least to most intrusive
- ☐ D. From abdomen to back

Question 4

**What statement accurately reflects the growth and development of the infant and toddler?**

- ☐ A. Immediately after birth, an infant normally loses about 5 - 10% of birth weight. But by about age 2 weeks, the infant should start to gain weight and grow quickly.
- ☐ B. By age 4 - 6 months, the infant's weight should be double the birth weight. During the second half of the first year of life, growth is not as rapid.
- ☐ C. Between ages 1 and 2, a toddler will gain only about 5 pounds. Weight gain will remain at about 5 pounds per year between ages 2 - 5.
- ☐ D. All of the above

Question 5

**You are assigned to care for a 4 month old. You are aware that the developmental milestone for the typical 4-month-old baby should \_\_\_\_\_**

- ☐ A. Slow in weight gain to about 20 grams (almost two thirds of an ounce) per day
- ☐ B. Weigh 2 times more than their birth weight
- ☐ C. Unable to roll from front to back.
- ☐ D. Hold and let go of an object

- ☐ E. Have almost no head droop while in a sitting position

Question 6

**The nurse is caring for a baby and observed physical and motor skills such as; Sits for long periods, Pulls self to standing position, Reaches for objects while sitting, Bangs objects together this is the developmental milestone observed at \_\_\_\_\_.**

- ☐ A. 3 months  
☐ B. 9 months  
☐ C. 1 month  
☐ D. 2 months

Question 7

**While the nurse is completing an assessment on the 2 year old, the nurse observes that the anterior fontanel is open. What should the nurse do?**

- ☐ A. Look for other signs of abuse  
☐ B. Notify the physician  
☐ C. Document this as normal finding  
☐ D. Call department of children and families (DCF) and report suspected abuse

Question 8

**SELECT ALL that apply. Skills and growth markers that are relevant to 3-year-old includes:\_\_\_\_\_**

- ☐ A. Reaches about half of his or her adult height  
☐ B. Has improved balance  
☐ C. Has improved vision (20/30)  
☐ D. Has all 20 primary teeth  
☐ E. Needs 11 - 13 hours of sleep a day  
☐ F. May have daytime control over bowel and bladder functions (may have nighttime control as well)

Question 9

**By 6 years old, the child should have the ability to focus on a task for at least 1 hour.**

- ☐ True
- ☐ False

Question 10

**By 9 years old, the child should be able to focus attention for about 1 hour.**

- ☐ True
- ☐ False

Question 11

**A child's growth and development can be divided into \_\_\_\_\_. Select all that apply.**

- ☐ A. Infancy
- ☐ B. Preschool years
- ☐ C. Middle childhood years
- ☐ D. Adolescence

Question 12

**Which of the following statements is not accurate?**

- ☐ A. Early school-age children should have the ability to use simple - complete, sentences that contain an average of 1 to 2 words.
- ☐ B. As the child goes through the elementary school years, grammar and pronunciation become normal.
- ☐ C. The child will use more complex sentences as he /she grows.
- ☐ D. Language delays may be caused by hearing difficulties or intelligence problems.

Question 13

**It is noted that children who are unable to express themselves effectively may be more likely to display aggressive behavior or have temper tantrums.**

- ☐ True

☐ False

Question 14

**The absorption, distribution, excretion and metabolism of medication does not vary throughout infancy, early childhood and puberty.**

- ☐ True
- ☐ False

Question 15

**Drug absorption in infants and children can be altered from adult values by factors such as \_\_\_\_\_.**

- ☐ A. Gastrointestinal (GI) function.
- ☐ B. Blood flow at the site of administration (rectal, intramuscular or percutaneous).
- ☐ C. None of the above
- ☐ D. A AND B

Question 16

**Crash risk is highest in the 1st year a teen has their license. Parents and caregivers can assist by \_\_\_\_\_. Select all that apply.**

- ☐ A. Providing at least 30hours to 50 hours of supervised driving practice for at least 6 months,
- ☐ B. Practice on a variety of roads
- ☐ C. Practice with the teen at different times of day
- ☐ D. Practice with the teen in various weather conditions
- ☐ E. Practice with the teen in various traffic conditions
- ☐ F. Emphasize the importance of continually watching out for potential hazards such as other vehicles, pedestrians and bicyclists.

Question 17

**Pediatricians and other health professionals cannot screen teens for risky behaviors because this is against the law.**

- ☐ True
- ☐ False

Question 18

**Two children die every day from poisoning. Each day, more than 300 children ages -infants to 19 in the United States go to emergency departments because of poisoning. Common sources of poisoning include \_\_\_\_\_.**

- ☐ A. Medications
- ☐ B. Household cleaners
- ☐ C. Chemicals
- ☐ D. All of the above.

Question 19

**Drowning is the most common cause of injury death in children ages 1 to 14.**

- ☐ True
- ☐ False

Question 20

**The healthcare practitioner should teach the parents and caregivers to call the poison control center if they have a poison emergency and the child is not breathing or has collapsed.**

- ☐ True
- ☐ False