

Award and Age List

2nd Annual Amys Race for the Lakes
 September 29, 2015
 4.5 Mile Trail Run
 Bolton, New York
 results www.underdogtiming.com

***** Age & Award Listing *****

***** FEMALE OVERALL RESULTS *****

1 AnnMary Baker 23 Rochester NY 42:10
 2 Kaley Bell 34 New York NY 42:26
 3 Delia Quellman 32 Saratoga Spring NY 44:10

***** MALE OVERALL RESULTS *****

1 Volker Burkowski 47 Gansevoort NY 37:34
 2 Brian Dillenbeck 47 Alplaus NY 41:35
 3 Ken Johnston 25 Bolton Landing NY 42:39

FEMALE AGE GROUP: 1 - 12

MALE AGE GROUP: 1 - 12

FEMALE AGE GROUP: 13 - 19

1 49 Jenna Nelson 14 Amsterdam NY F1319 1:11:22

MALE AGE GROUP: 13 - 19

FEMALE AGE GROUP: 20 - 29

1 11 Alli Sarfati 28 Arlington VA F2029 45:18
 2 12 Lauren Woodcock 29 Saratoga springs NY F2029 45:20
 3 19 Regina Roden 28 Diamond Point NY F2029 50:05
 4 35 Emily Robillard 23 Chestertown NY F2029 58:28
 5 42 Haley Pogonowski 23 Queensbury NY F2029 1:01:29
 6 48 Courtney Shaver 26 Amsterdam NY F2029 1:08:55

MALE AGE GROUP: 20 - 29

1 6 Travis Darrin 25 Plattsburgh NY M2029 42:43
 2 31 Michael Wiener 28 Washington DC DC M2029 56:40

FEMALE AGE GROUP: 30 - 34

1 30 Alyssa Sparrow 33 Saratoga NY F3034 56:24
 2 34 Kim Lenguel 31 Clifton Park NY F3034 58:26
 3 43 Heather Heil 33 Saratoga Springs NY F3034 1:01:34

MALE AGE GROUP: 30 - 34

1 8 Ryan Volkmann 33 Saratoga Springs NY M3034 44:33
 2 9 Brian Sicke 32 Saratoga Springs NY M3034 44:58
 3 13 Brad Heil 32 Saratoga Springs NY M3034 46:38
 4 16 Joseph Vidarte 31 Saratoga Springs NY M3034 48:48
 5 23 Thomas Ferguson 32 Hudson Falls NY M3034 52:42
 6 24 Eli Joseph Totengco 34 Bergenfield NJ M3034 53:00
 7 26 Russell Matteson 34 Salem NY M3034 53:58
 8 33 Jaime Yang 32 BERGENFIELD NJ M3034 57:48

FEMALE AGE GROUP: 35 - 39

1 18 Rebecca Evansky 39 Hudson Falls NY F3539 49:43
 2 46 Moira Nowc 37 Waterford NY F3539 1:05:48
 3 54 Rebecca Hocking 37 Gouverneur NY F3539 1:44:04

MALE AGE GROUP: 35 - 39

1 38 Don Nowc 39 Waterford NY M3539 59:56

FEMALE AGE GROUP: 40 - 44

1 14 Ann Marie Scheidegg 41 Bolton Landing NY F4044 47:03
 2 21 Lee Briggs 40 Ballston Spa NY F4044 52:19
 3 29 Amy Dunnavant 43 Guilderland NY F4044 55:21
 4 55 Nicole Cox 44 Hammond NY F4044 1:44:05

MALE AGE GROUP: 40 - 44

1 10 Dave Toms 43 Raleigh NC M4044 45:07
 2 20 John Evansky 40 Hudson Falls NY M4044 52:03
 3 28 Neil Tyrrell 43 Saratoga NY M4044 55:20
 4 36 Jonathan Crouch 44 Glens Falls NY M4044 58:29
 5 37 Jeremy Kergel 43 Glenville NY M4044 58:36

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Award and Age List

		FEMALE AGE GROUP: 45 - 49			
1	32	Jane LaBombard	45	Glens Falls	NY F4549 57:04
2	40	Jennifer Ferriss	46	Saratoga Springs	NY F4549 1:00:37
3	50	Debra Morfea	48	Holmes	NY F4549 1:14:01
4	51	Pamela Gould	47	Queensbury	NY F4549 1:15:48
		MALE AGE GROUP: 45 - 49			
1	25	Paul Houlihan	45	Swaliago	NY M4549 53:53
2	27	Matthew Miczek	46	Saratoga Springs	NY M4549 55:04
		FEMALE AGE GROUP: 50 - 54			
1	53	Corine Houry-Kling	51	Saratoga Springs	NY F5054 1:37:24
		MALE AGE GROUP: 50 - 54			
1	17	Christian Hanchett	53	Queensbury	NY M5054 49:27
2	22	Daniel Flanagan	52	Saratoga Springs	NY M5054 52:37
		FEMALE AGE GROUP: 55 - 59			
1	45	Jan Mares	58	SARATOGA SPRINGS	NY F5559 1:05:46
		MALE AGE GROUP: 55 - 59			
1	15	William McGivney	56	Diamond Point	NY M5559 47:50
2	44	David Watson	55	Cleveland	OH M5559 1:02:38
		FEMALE AGE GROUP: 60 - 64			
1	39	Elizabeth Gormley	60	Porter Corners	NY F6064 1:00:14
		MALE AGE GROUP: 60 - 64			
1	41	Todd Baker	62	Rochester	NY M6064 1:01:23
		FEMALE AGE GROUP: 65 - 69			
		MALE AGE GROUP: 65 - 69			
1	47	Don Van wely	68	Adirondack	NY M6569 1:08:47
		FEMALE AGE GROUP: 70 - 74			
1	52	Laura Clark	71	Saratoga Springs	NY F7074 1:19:14
		MALE AGE GROUP: 70 - 74			
		FEMALE AGE GROUP: 75 - 79			
		MALE AGE GROUP: 75 - 79			
		FEMALE AGE GROUP: 80 - 99			
		MALE AGE GROUP: 80 - 99			