



*Starseed Childcare Services*



**Rutland Early Years**

## Health and Safety Policy

NAME:

REYAL registration number: 000520

The Health and Safety of your child is very important to me and I have therefore documented the following procedures that I have in place to support this.

- Provide and maintain a safe and healthy environment.
- All equipment and resources are be checked and cleaned regularly to ensure they are safe for your child to use. Any broken or hazardous toys will be removed immediately. Children will only be offered equipment and resources that are suitable for their age/stage of development
- I risk asses my home before the children arrive to ensure that it is a safe environment for minded children
- I will risk assess the places that we visit to ensure that it is a safe environment for minded children.
- All equipment will be checked and cleaned regularly.
- All equipment is fitted with the correct safety harnesses to prevent accidents, for example highchair and pushchairs.
- Car seats are checked regularly to ensure they are correctly fitted. Only age appropriate seats are used.
- My car is regularly serviced and MOT. I keep the safety locks on the back doors working. My car insurance is for business use.
- I use safety equipment appropriate for the children in my care, i.e. stair gates, cupboard locks etc. these are checked regularly.
- I have procedures in place in the event of a fire.
- I follow food standards legislation by keeping my kitchen clean, storing and cooking food, keeping the fridge at the correct temperature etc.
- I ensure that the children do not have access to any waste, the bins are emptied daily, and any used nappies are placed in a separate bin and moved to the outside bins at the earliest opportunity.
- I do not permit smoking in or on the grounds of my home.
- I follow strict hygiene guidelines to prevent contamination.





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- I have strict child protection guidelines in place.
- I will provide an appropriately stocked first aid box, for in the setting, the car and outings.
- I will undertake regular First Aid training and keep up to date with the current thinking on childhood illnesses.
- Ensure that all pets are kept hygienically.
- I have emergency contact details with me always should I need to contact the parents.
- I will work with you to teach the children about safety issues like crossing the road and stranger danger.
- I have an accident and emergency policy in place.
- I have a sickness policy in place which covers infectious diseases and illnesses in place.
- I will work with you to teach the children about making healthy food choices and physical exercise.
- Sleeping children will be regularly monitored and I use a baby monitor for those sleeping out of sight.
- I discourage the children from keeping 'secrets'.
- I will restrain a child if they are putting themselves or others in danger, for example running into a road.
- I complete and retain required information such as accident reports.
- I use correct procedures when changing nappies or clearing bodily fluids.
- I follow COSHH guidelines.
- I am aware of RIDDOR and when to contact them.
- I work within Health and Safety legislation, e.g. Health and Safety at Work Act 1974

Further information can be found here:

<https://www.hse.gov.uk/>

<https://www.food.gov.uk/business-guidance/safer-food-better-business-for-childminders>

Policy Reviewed Date: June 2020

