

Rm#: \_\_\_\_\_  
EGD/Colonoscopy: \_\_\_\_\_  
Colonoscopy: \_\_\_\_\_

**PATIENT HISTORY FORM**

Date of Office Consultation: \_\_\_\_\_ Date Form Completed: \_\_\_\_\_ Patient Age : \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Referred By: \_\_\_\_\_

Primary Care Doctor: \_\_\_\_\_

Please provide name(s) of other physician(s) that you have visited within the last year:

• Reason(s) for your visit to a Gastroenterologist (please include duration of your symptoms if applicable):  
\_\_\_\_\_

• Have you started any new medications (prescription, non-prescription, vitamins, probiotics and supplements) within 3 months of the onset of your symptoms? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please list only those medications (including antibiotics) you started within 3 months of the onset of your symptoms: \_\_\_\_\_

• For FEMALE patients, is there any correlation between your symptoms and your menstrual period (if applicable)? \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, please briefly describe: \_\_\_\_\_

Have you been experiencing any of the following (please place a check mark next to those that apply to you):

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Nausea  | <input type="checkbox"/> Loss of appetite                            | <input type="checkbox"/> Stool incontinence (i.e. loss of control of bowel movements) |
| <input type="checkbox"/> Vomiting  | <input type="checkbox"/> Chest pain                                  |   |
| <input type="checkbox"/> Burning in chest  | <input type="checkbox"/> Shortness of breath                         | <input type="checkbox"/> Other: _____   |
| <input type="checkbox"/> Acid or bitter taste in the back of your throat                           | <input type="checkbox"/> Coughing                                    | _____   |
| <input type="checkbox"/> Voice hoarseness  | <input type="checkbox"/> Abdominal bloating                          | _____   |
| <input type="checkbox"/> Awakening in the middle of the night with coughing or shortness of breath | <input type="checkbox"/> Abdominal pain                              | _____   |
| <input type="checkbox"/> Sensation of food being stuck in your throat or chest after swallowing    | <input type="checkbox"/> Diarrhea                                    | _____   |
| <input type="checkbox"/> Pain when you swallow   | <input type="checkbox"/> Constipation                                |   |
| <input type="checkbox"/> Feeling full shortly after starting a meal                                | <input type="checkbox"/> Thinning of the stool on a consistent basis |   |
|  | <input type="checkbox"/> Rectal bleeding                             |   |
|  | <input type="checkbox"/> Pain in rectal area                         |   |
|  | <input type="checkbox"/> Black stool                                 |   |
|  | <input type="checkbox"/> Unintentional weight loss                   |   |
|  | <input type="checkbox"/> Fever and/or chills                         |   |

Please describe any other symptoms you have been experiencing that are not listed above: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**For office use only**

Weight: \_\_\_\_\_ Height: \_\_\_\_\_ BMI: \_\_\_\_\_ Temp: \_\_\_\_\_ BP: \_\_\_\_\_ HR: \_\_\_\_\_ Other: \_\_\_\_\_

Medical Clearance: \_\_\_\_\_ Yes \_\_\_\_\_ No Diabetic: \_\_\_\_\_ Yes \_\_\_\_\_ No Type I or II Insulin dependent: \_\_\_\_\_ Yes \_\_\_\_\_ No

• **For FEMALE patients only:**

Date of last menstrual period: \_\_\_\_\_

Are you or could you be pregnant at this time? \_\_\_ Yes \_\_\_ No

Date of your last gynecologic exam: \_\_\_\_\_

Date of last mammogram: \_\_\_\_\_

**Please check all that may apply to you:**

• **Heart Conditions:**

\_\_\_ Heart Attack(s)

If yes, date(s): \_\_\_\_\_

\_\_\_ Heart murmur

If yes, date(s): \_\_\_\_\_

\_\_\_ Aortic Stenosis

\_\_\_ Heart arrhythmia

If yes, what type? \_\_\_\_\_

\_\_\_ Mitral Valve prolapse

\_\_\_ Taking blood thinners

If yes, name of med: \_\_\_\_\_

• **Heart Procedures:**

\_\_\_ Stents

If yes, date: \_\_\_\_\_

\_\_\_ Heart bypass surgery

If yes, date: \_\_\_\_\_

\_\_\_ Angioplasty

If yes, date: \_\_\_\_\_

\_\_\_ Pacemaker or ICD

If yes, date: \_\_\_\_\_

\_\_\_ Heart ablation

If yes, date: \_\_\_\_\_

\_\_\_ Heart valve surgery/procedure

If yes, date: \_\_\_\_\_

• **Heart Tests:**

\_\_\_ Stress Test

If yes, date: \_\_\_\_\_

\_\_\_ Echocardiogram

If yes, date: \_\_\_\_\_

\_\_\_ Holter Monitor

If yes, date: \_\_\_\_\_

• **Past Medical History (please place a check mark next to those that apply to you):**

\_\_\_ Blood clotting disorder

If yes, type: \_\_\_\_\_

\_\_\_ Excessive bleeding during

procedure or surgery. If yes, name

of procedure and date when occurred

\_\_\_\_\_

\_\_\_ Angina

\_\_\_ Congestive Heart Failure

\_\_\_ Fainting

\_\_\_ Rheumatic Fever

\_\_\_ High Blood Pressure

\_\_\_ Elevated Cholesterol

\_\_\_ Pneumonia

\_\_\_ Asthma

\_\_\_ Emphysema

\_\_\_ Sleep Apnea

\_\_\_ Anemia

\_\_\_ Blood Transfusion

If yes, year: \_\_\_\_\_

\_\_\_ Thyroid Disease;

Underactive or Overactive

\_\_\_ Diabetes: Type \_\_\_\_\_

Insulin Dependent \_\_\_ Yes \_\_\_ No

\_\_\_ Stroke

\_\_\_ Seizure Disorder

\_\_\_ Head Injury

\_\_\_ Migraine Headaches

\_\_\_ Kidney Stones

\_\_\_ Kidney Failure

\_\_\_ HIV infection

\_\_\_ Herpes

\_\_\_ Mononucleosis

\_\_\_ Tuberculosis

\_\_\_ Psoriasis

\_\_\_ Infection with organism

resistant to antibiotics? If yes, please

list: \_\_\_\_\_

\_\_\_ Endometriosis

\_\_\_ Ovarian Cyst

\_\_\_ Lupus

\_\_\_ Gout

\_\_\_ Arthritis

\_\_\_ Leukemia or Lymphoma

\_\_\_ Schizophrenia

\_\_\_ Fibromyalgia

\_\_\_ Depression

\_\_\_ Bipolar Disorder

\_\_\_ Transplant of any organ?

Please specify: \_\_\_\_\_

\_\_\_ Hip Replacement or any other

prosthesis? Please specify: \_\_\_\_\_

\_\_\_\_\_

\_\_\_ Spine problems

\_\_\_ Cancer

If yes, type: \_\_\_\_\_

Diagnosis date: \_\_\_\_\_

Surgery? Type: \_\_\_\_\_

Treatment? Type: \_\_\_\_\_

(chemotherapy/radiation)

Date(s) of treatment: \_\_\_\_\_

\_\_\_ MRSA

Diagnosis date: \_\_\_\_\_

Treated? \_\_\_ Yes \_\_\_ No

Location of infection? \_\_\_\_\_

\_\_\_\_\_

Have you ever been tested for the AIDS virus?  Yes  No.

Have you received antibiotic prophylaxis for procedures, including dental?  Yes  No

If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Please describe any other medical disorders not listed above: \_\_\_\_\_  
\_\_\_\_\_

• **History of Gastrointestinal, Digestive and Liver Diseases** (place check next to those that apply to you)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Colon Cancer       | <input type="checkbox"/> Ulcers                        | <input type="checkbox"/> Celiac Sprue  |
| <input type="checkbox"/> Colon Polyps       | <input type="checkbox"/> Helicobacter Pylori Infection | <input type="checkbox"/> Gallstones  |
| <input type="checkbox"/> Colon Surgery      | <input type="checkbox"/> Stomach Surgery               | <input type="checkbox"/> Gallbladder Surgery   |
| <input type="checkbox"/> Ulcerative Colitis | <input type="checkbox"/> Stomach Cancer                | <input type="checkbox"/> Hepatitis <input type="checkbox"/> A, <input type="checkbox"/> B, or <input type="checkbox"/> C |
| <input type="checkbox"/> Crohn's Disease    | <input type="checkbox"/> Barrett's' Esophagus          | <input type="checkbox"/> Other Liver Disease   |
| <input type="checkbox"/> Diverticulosis     | <input type="checkbox"/> Acid Reflux (GERD)            | <input type="checkbox"/> Hemorrhoids   |
| <input type="checkbox"/> Diverticulitis     | <input type="checkbox"/> Hiatal Hernia                 | <input type="checkbox"/> Achalasia   |
| <input type="checkbox"/> Pancreatitis       | <input type="checkbox"/> Removal of Appendix           |  |

Please describe any other gastrointestinal, digestive, liver disease or surgery not listed above: \_\_\_\_\_  
\_\_\_\_\_

• **History of Gastrointestinal and Liver Procedures/Radiologic Studies** (please give dates of any of the following procedures/studies you have completed):

Flexible Sigmoidoscopy: _____	Barium Enema: _____
Colonoscopy: _____	Liver Biopsy: _____
CAT Scan: _____	MRI: _____
Pelvic Ultrasound: _____	Other: _____
Upper Endoscopy: _____	
Upper GI series (x-ray after swallowing barium): _____	

• **Please list any prior hospitalizations:**

<u>Reason for Hospitalization</u>	<u>Date</u>
_____	_____
_____	_____
_____	_____

• **Please list any prior surgeries (not already listed):**

<u>Please describe surgical procedure performed</u>	<u>Date</u>
_____	_____
_____	_____
_____	_____

• **Please provide consent to having your medication list imported:**  Yes  No

• **Are you allergic to any medications?**

If yes, please list: \_\_\_\_\_  
\_\_\_\_\_

• **Do you have any other allergies?**  Yes  No

If yes, please list: \_\_\_\_\_  
\_\_\_\_\_

- **Do you take aspirin?** \_\_\_ Yes \_\_\_ No. Dose: \_\_\_ 81 mg or \_\_\_ 325 mg  
How often do you take aspirin? (i.e. daily, 1 x week, etc.): \_\_\_\_\_
- **Do you take Advil, Aleve, Motrin or similar anti-inflammatory medication?** \_\_\_ Yes \_\_\_ No  
If yes, name: \_\_\_\_\_ Dose: \_\_\_\_\_ How often? (i.e. daily, 1 x week, etc.): \_\_\_\_\_
- **Do you take antacids or acid blocking medication such as Mylanta, Zantac, Pepcid, Prilosec or Prevacid?**  
\_\_\_ Yes \_\_\_ No If yes, name of medication: \_\_\_\_\_ Dose: \_\_\_\_\_  
How often? (i.e. daily, 1 x week, etc.): \_\_\_\_\_

• **Please provide the names and doses of the medications you are currently taking (including prescription, non-prescription, vitamins, probiotics and supplements):**

<u>Name of Medication/Supplement</u>	<u>Dose</u> (ex. 10mg, 20mg)	<u>Frequency</u> (ex. 1 per day, 2 per day)	<u>Date Started</u> (Estimate)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**OTHER HISTORY**

- **Do you smoke cigarettes?** \_\_\_ Yes \_\_\_ No  
If yes, how many cigarettes per day? \_\_\_\_\_
- **Are you a former smoker?** \_\_\_ Yes \_\_\_ No  
If yes, how many cigarettes per day? \_\_\_\_\_ For how many years? \_\_\_\_\_ When did you stop? \_\_\_\_\_
- **Do you drink alcoholic beverages?** \_\_\_ Yes \_\_\_ No  
If yes, how many drinks per day/week/month? (measured as 1 ounce scotch = 1 beer = 1 glass of wine) \_\_\_\_\_

**Occupation:** \_\_\_\_\_ **Marital Status:** \_\_\_\_\_ **Number of Children:** \_\_\_\_\_

**Family History**

**Gastrointestinal, digestive, or liver disease:**

Please list the relatives who have been diagnosed with the following disorders and age at which he/she was diagnosed:

Colon Cancer: \_\_\_\_\_ Ulcers: \_\_\_\_\_  
 Colon Polyps: \_\_\_\_\_ Helicobacter Pylori Infection: \_\_\_\_\_  
 Ulcerative Colitis: \_\_\_\_\_ Liver Disease: \_\_\_\_\_  
 Crohn's Disease: \_\_\_\_\_ Gallbladder Disease: \_\_\_\_\_

**Other gastrointestinal, digestive or liver disease not described above:** \_\_\_\_\_

• **Your Family's General Medical History:**

	<u>Age</u>	<u>Medical Problems</u>	<u>Deceased?</u>	<u>If yes, cause?</u>
<b>Mother</b>	_____	_____	_____	_____
<b>Father</b>	_____	_____	_____	_____
<b>Brother/Sister (specify)</b>	_____	_____	_____	_____
_____	_____	_____	_____	_____
<b>Children</b>	_____	_____	_____	_____
_____	_____	_____	_____	_____
<b>Other (Aunt/Uncle, Grandparents)</b>	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

• **Dietary History**

Please describe the foods you typically have for the following meals:

	<u>Food</u>	<u>Beverage</u>
Breakfast	_____	_____
Lunch	_____	_____
Dinner	_____	_____
Snacks	_____	_____

• **Do you have a history of milk or other food intolerance?**

If yes, please describe: \_\_\_\_\_  
 \_\_\_\_\_

• **Do any of your symptoms occur either during or shortly after meals?**

If yes, please describe: \_\_\_\_\_  
 \_\_\_\_\_

• **Do you chew gum or consume other sugar containing products on a regular basis?**

If yes, please describe what you consume and how often: \_\_\_\_\_  
 \_\_\_\_\_