

FEB 2022

CWC CONNECTION



Next Community Meeting: March 2nd, 2022: 2pm

Join Zoom Meeting

<https://us02web.zoom.us/j/81827858634?pwd=SmIrc3QwSkxvOCtKM05wTVQxQ2FiZz09>

Meeting ID: 818 2785 8634 Passcode: 208495

One tap mobile +12532158782,,81827858634#,,,,*208495# US

Agenda

2:00-2:30 Brandy Castillo of Heart and Soul of New Mexico will discuss their menu of services and exciting new offerings for Valencia County. She may also highlight some systems issues that many providers are dealing with currently. There will be time for Q and A following her presentation.



Brandy Castillo is the Clinical Director at Heart & Soul of New Mexico. She is married to the President of the agency, which they created together about 10 years ago. She has two angel sons and two bonus daughters. She loves learning and practicing wellness and the mind-body connection. Ms. Castillo has been working in the field of social work for about

22 years, and clinically for 17. She started her clinical career in the correctional system and then went on to work in outpatient treatment. From those experiences, and with collaboration from her amazing team, they have designed some exceptional groups and services at Heart & Soul. They are proud of the work they do and are dedicated to their clients.



2:30-2:50 Community Introductions and Updates/Announcements

2:50-3:00 100% Communities and Health Equity Committee Update



UNSURE ABOUT THE COVID VACCINE?

DON'T KNOW WHETHER TO GET THE SHOT FOR YOURSELF OR A FAMILY MEMBER?

WE OFFER FREE SERVICES TO HELP ANSWER YOUR QUESTIONS

Please call the First Choice Covid Equity Team at

(505) 274-2083



¿DUDAS SOBRE LA VACUNA CONTRA EL COVID?

¿NO ESTA SEGURO SI USTED O ALGUN FAMILIAR DEBERIAN RECIBIR LA VACUNA?

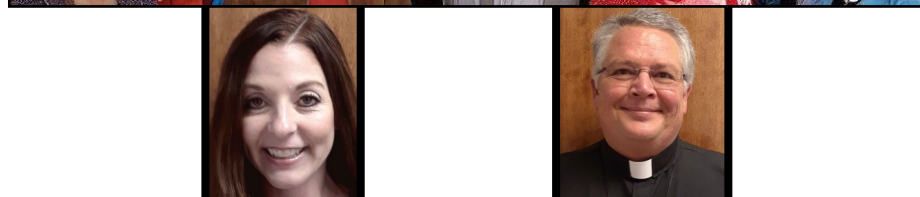
OFRECEMOS CONSULTAS GRATIS PARA AYUDAR A CONTESTAR SUS PREGUNTAS

PARA HABLAR CON EL GRUPO DE EDUCACION SOBRE EL COVID DE FIRST CHOICE

POR FAVOR LLAME AL NUMERO

(505) 274-2083

CWC is actively recruiting new board members who represent our diverse community. If you are interested, please begin your orientation at our [webpage here](#).



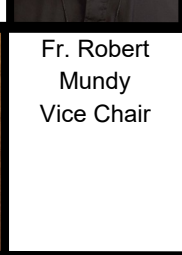
Ginny Adame
Chair



Diana Good
Secretary



Peggy Gutjahr
Co-Treasurer



Fr. Robert
Mundy
Vice Chair



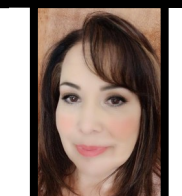
Carol Claus
Co-Treasurer



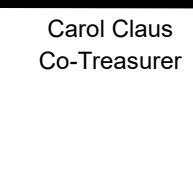
Bart
Regelbrugge
Board Member



Alejandro Coronado
Board Member



Linda Montañó
Board Member



Shannon Barnes
100% Coordinator

Pamela Skinner
CWC Coordinator

JOIN ~ SHARE ~ STRENGTHEN OUR COMMUNITY

In lifting others, we rise ...
Please join us once a month!
Valencia County is a 100% Community.

Why Join Us?

- Make a difference
- Your voice: valued and needed
- Connect and network with others
- Build capacity and readiness in community
- Real change for real people

Priority Areas

- Violence Prevention
- Behavioral Health
- Substance Use
- Healthy Eating
- Active Living

The Best Gift ... is You!

Youth Mentoring
4th Monday @ 3 p.m.

Early Childhood
2nd Tuesday @ 9:30 a.m.

Medical/Dental
2nd Wednesday @ 9 a.m.

Jobs
2nd Wednesday @ 10:30 a.m.

Behavioral Health
2nd Thursday @ 1:30 p.m.

Community Schools
3rd Wednesday @ 12 noon

Housing
3rd Wednesday @ 9 a.m.

Food
3rd Thursday @ 10 a.m.

Parenting Supports
4th Tuesday @ 9:30 a.m.

Transportation
4th Wednesday @ 2 p.m.

For info or to join, contact us:
communitywellnesscouncil@gmail.com
<https://www.100nm.org/valencia/>
Diana Good (505) 222-0958

Designed by Wilderwood Equine Therapy and Rescue
Sponsored by Village of Los Lunas/ Valencia County DWI Program/ Office of Substance Abuse Prevention Grant Funding

**SURVEY
OPEN!
Click pic**

YOUR VOICE MATTERS!

Do you want to share your thoughts and experiences on access to basic family services like medical care, childcare, job training, transportation, housing, and more, in Valencia County?

Please take our 10-minute survey to help us make life better for families in our county.

Visit the survey link:

<https://bit.ly/Valencia21>

or Scan the QR code on your iPhone camera or Android QR code app



↑
"V" must be uppercase



**Updated
Resource Directory is online
and ready to use!**

<https://www.communitywellnesscouncil.org/Community-Resources.html>

COVID Resources

available as well: <https://www.communitywellnesscouncil.org/COVID-19-Coronavirus.html>

<https://cv.nmhealth.org/covid-vaccine/>

Community-Identified Priorities

- 1) Violence Prevention
- 2) Behavioral Health
- 3) Substance Use
- 4) Healthy Eating
- 5) Active Living



Our Vision: "A community working in cooperation to ensure the health and well being of all its residents." Our Mission: "To promote community collaboration through framework of coordination, assessment and solutions." <https://www.communitywellnesscouncil.org/>. Photo is from a Pre-COVID gathering.