



We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



The Everyday Wonder of Nature

Forget not that the earth delights to feel your bare feet and the winds long to play with your hair.

~ Khalil Gibran

Visit our Website



Getting to Know Joe...

Last month we introduced our new Senior Minister, Reverend Joe Kovach. We continue now with the rest of the story!

Joe Kovach was raised in the Roman Catholic Church. While he no longer follows this level of consciousness, he does love its deep rituals and fondly remembers the energy of Christmas and family traditions. When he left Buffalo, he left that church, recognizing he had attended just to please his mother. Looking for his own religious purpose, Joe was surprised to be drawn to Our Lady of Las Vegas Catholic Church. The idea that he had to pray through Mary to get to Jesus, and then to Jesus to get to God started his questioning. As an active lay person, he served as head usher, speaker for fundraising, and was an eucharistic minister. About this time, he met his wife Toni at the House of Blues in Las Vegas, and married her three years later.

Toni, from Southern California, has a passion for health coaching and currently works as a health coach supervisor for a national health programs company. "She enjoys cooking and is an amazing mother, who keeps the family creatively involved," states Joe. Formerly a member of the LDS Church, she chose to be Catholic with her husband, which he felt was quite a compliment at the time. "She's a spiritual mutt," says Joe. "She loves Nature and all things metaphysical, and is natural, open and intuitive. She's the yin to my yang; we often talk about the same thing, just from two different perspectives." Toni Kovach



PRAYER REQUESTS

Our Practitioners want to support you in prayer.

Please email your prayer request to prayer@cslstgeorge.org
or email practitioners individually from our website
(cslsg.org/about)
or leave a message at 435-893-6702



CSLSG Community Care Circle

Let us provide compassionate support with Life's challenges and joys.

has enjoyed meeting the CSLSG group and looks forward to knowing us better and eventually moving to St. George.

How did Joe and Toni find Centers for Spiritual Living? A colleague and friend, who shared a similar passion for exploring spiritual knowledge and experiences, recommended CSL to Joe. He and Toni first attended CSL Greater Las Vegas across town. They liked its old-church feel with stained glass windows and found it to be a friendly community. Eventually Joe and Toni did find what is now CSL Las Vegas (formerly the Center of Positive Thinking), which is located only a mile away from home. They had passed it regularly, but hadn't recognized it. It was located in a strip mall and that's not where Joe was used to looking for a church!

They felt very comfortable at CSL-LV and, when they returned the next week, were very impressed that folks remembered their names! "After 8 years in the other church, we didn't know anyone's names and they didn't know us. And so, after finding CSL-LV, we never went back."

As they learned the Science of Mind and Spirit philosophy, Joe remembers, "I knew this stuff! I had studied Wayne Dyer, Louise Hay, Abraham-Hicks, and Gay Hendricks. It sounded familiar. It felt like home - as I hear many in this faith say. I knew I wanted to be a practitioner from the start. I was so excited to realize there were others that thought and believed what I was learning on my own!"

During this same time period, Joe was teaching the principles of self-empowerment and self-love to inmates at the local detention center. He even helped them receive a \$5000 book grant from Hay House. When that teaching opportunity ended about 2010, Joe began a Saturday class at CSL-LV so that released inmates could join him on the outside. "I then found a life coaching program from Mary Morrissey that I liked and got certified. I offer life/spiritual coaching to individuals and groups," reports the Reverend.

In contemplating becoming a minister, Joe and Toni considered first how it would affect the children and their family life. "The family gave me their grace and it was perfect timing...it all flowed. The greatest gift of our philosophy is being able to raise our two children with its principles."

Leave a message at 435-893-6702 to engage this free and confidential service



CSLSG Wedding Officiant

Mary Klein, RScP, perform marriages, commitment ceremonies, and wedding vow renewals.

Reply to this email and she will respond to you directly.



To view
Core Council
minutes, please
email your
request to:

suegfullmer@gmail.com



CSLSG Book

Reverend Joe Kovach is excited, not only to join the CSLSG family as its spiritual leader, but to assist in guiding its own natural evolution. "First, we (the CSLSG leadership) want to examine our purpose, vision and mission and then be authentically aligned to that purpose." says Rev. Joe. He is looking forward to teaching (the action part) and loves seeing people learn and grow in the Science of Mind and Spirit philosophy. Joe believes, "Changes may rub some the wrong way, but we hope for a cohesive transition."

Joe asks us: "Are we open to change?" One of Rev. Joe's philosophies is: Everything is always happening for our Best and Highest Good! Let's all remember to *Honor the Mystery and Embrace the Change* (song by our friend Allen Stanley) as we move into a new phase for our beloved community, and hold the truth that everything will lead to our best or greater vision.

If you have questions or comments for Rev. Joe, please email <u>stgeorgecsl@gmail.com</u>.



As told to...

Sue Fullmer
Core Council Secretary

Club

is taking a summer hiatus. Email for information: suegfullmer@gmail.com



CSLSG SERVICE
OPPORTUNITY
Bring to InPerson
Gathering
School Supplies
for Switchpoint!!

- ☐ Hygiene kits, Socks, Gift Cards (for clothing items
 - □ Backpacks
 - Notebooks
 - □ Binders
 - □ Colored pencils
 - □ Paper
 - □ Pencils
 - Markers
 - Erasers

Paypal online donation

Online Sunday Gatherings Guided Meditation 10:45am Inspirational Service 11:00am Community Conversation 12:00pm

The Everyday Wonder of Nature

We live on Earth, but are we living as One—in harmony with the planet, nature, and all living beings—including ourselves? If we truly believe that God is all there is, then let us live in a way that reflects this truth. Let us move from just saying words, to understanding how this truth shows up in our lives, and to finally making it a daily, sustainable practice. This month, the invitation is to explore and deepen our connection with God, as everything and everyone on this

amazing, living planet.

August 2022 Weekly Talks





August 7th Guest Speaker Rev. Darrell Jones Earth Force, Report for Duty!

As we explore the wonder of nature, let us look first at our home – planet Earth. It is so large and such a part of our day-to-day lives, that we can easily take it for granted. Perhaps we don't even realize the gifts we are constantly receiving from it. Are we truly aware of how dependent we are on a healthy, vibrant planet for our own survival? What would we do without breathable air or drinkable water? The outer reflects the inner and the inner reflects the outer, including our bodies and this planet.

CSLSG Senior Minister Reverend Joe Kovach

August 14th - The Water of LIfe
Earth is called the blue planet because of
the large surface area that is covered by
water. Our oceans, seas, lakes and rivers
provide food, oxygen, climate regulation,
recreation, the ability to travel from one
land mass to another, and even
medicine. Ethics helps us decide how to
preserve, protect, and distribute Earth's
water resources. Spirituality helps us
identify our core convictions about the
meaning and value of water. Let us be
custodians and guardians of the lakes,
rivers, and oceans for all life on planet

August 21st - The Furry, the Fuzzy, the Slimy, the Scaly, and Everyone Else

Let us consider all of the amazing creatures that live on this planet, many of which we have never seen and perhaps never heard of before. Consider all the animals that live in your area for a moment, from the large to the small. What have you noticed today? Are you awake to the amazing animal kingdom that is everywhere you look? Animals can even be seen in large cities. Let's open our eyes and notice all the furry, fuzzy, slimy, and scaly creatures that we share this planet with.

Earth.

August 28th - Naturally Divine

This week, we explore the wonder of nature as we look at the nature of humankind. Humans are fascinating creatures—intelligent, social, creative, capable—yet also unconscious, destructive, biased and selfish. Do our genetics determine our destiny or do we have a choice in how we turn out? Let's explore what makes us tick and how to make the most of the gift of the human experience.

Online Links

You can access each meditation and service on CSL St. George Facebook page.

CSLSG Facebook Videos

Meditation and service will also stream on YouTube.

CSLSG YouTube Channel

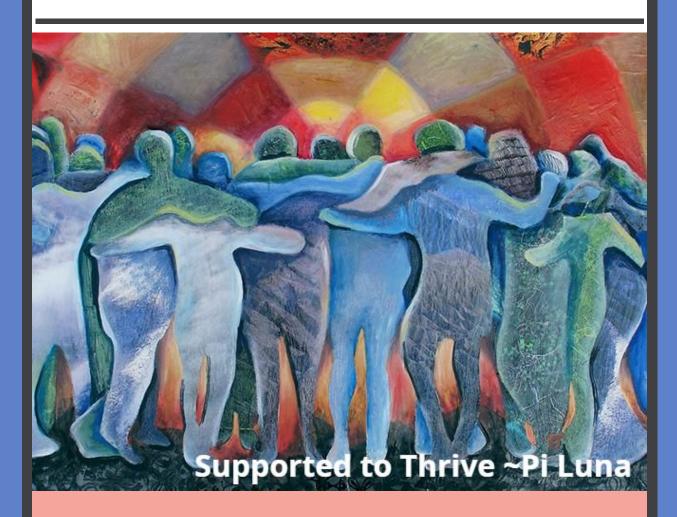
Community Conversation on Zoom at Noon. https://us02web.zoom.us/j/88939237692

We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our <u>MISSION</u> is to provide spiritual tools for personal and global transformation.

Our <u>PURPOSE</u> is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.

Our <u>VISION</u> is a world that works for everyone.





IN-PERSON GATHERING

Saturday Aug 13th
10am - 12pm MDT
Indoor Location TBA!!!



CSLSG SERVICE OPPORTUNITY

Bring to In-Person GatheringSchool Supplies for Switchpoint!!

- ☐ Hygiene kits, Socks, Gift Cards (for clothing items
 - □ Backpacks
 - Notebooks
 - □ Binders
 - □ Colored pencils□ Paper
 - □ Pencils
 - Markers
 - □ Erasers



Spread the Love!!

- **Give Online**: Paypal link is on our website: <u>cslsg.org</u> on the Donation page; or Paypal direct with <u>blue button below</u>.
- Give by Mail: send checks to CSLSG PO Box 3132, St. George, UT 84771

Centers for Spiritual Living Events and Information



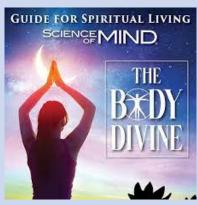
The <u>Heart of Peace Initiative</u>, comprised of members from all over the world, is a subcommittee of the Global Services Committee and is also dedicated to carrying the message of Science of Mind through peace to our international communities. In addition to providing Peace meditations every week on the CSL Facebook

page, they also sponsor yearly events like day-long meditations supporting the International Day of Peace and the New Year's Eve morning meditation for World Peace. <u>CLICK</u> to connect to: Monthly Newsletter Articles | Find a Meditation Group | Start a Meditation Group



Spiritual Living Circles are groups of people who come together to discuss articles that are published in the Guide for Spiritual Living: Science of Mind magazine. A rich and spiritually enlightening conversation produces a deeper understanding of your own beliefs and a more powerful connection to Spirit active in your life and inherent in yourself.

Join a Spiritual Living Circle, or, if you can't find one near you, start one or join the Virtual Spiritual Living Circle. CLICK for more information.



For more than 90 years, Science of Mind Magazine has shared practical spiritual insights and daily inspiration to elevate our readers' lives. We reach spiritual seekers of every faith. Each issue delivers thought-provoking articles featuring today's change agents like Susan L. Taylor, Nadia Bolz-Weber, Brené Brown, don Miguel Ruiz and Bryan Stevenson. Our popular Daily Guides offer reflections and powerful affirmations you won't find anywhere else.

For spiritual seekers of every faith. CLICK for more information.



Centers for Spiritual Living Books - It all started in 1927 with the first issue of Science of Mind magazine. Today, CSL's publications have expanded to include its flagship magazine along with three book imprints that have created dozens of New Thought titles. Explore our expansive library of books in the CSL Book Corner. Learn how our self-publishing experts at Park Point Press can make your book a reality. Access spiritual insights from bestselling New Thought leaders published under Spiritual Living Press, or

take a journey through the timeless wisdom from Science of Mind Publishing.

CLICK for more information.



Centers for Spiritual Living Education - Resources are available for spiritual and professional development, practitioner programs, spiritual leadership, advanced degrees and chaplaincy.

CLICK for more information.



<u>Centers for Spiritual Living Spiritual Tools</u>- If you are seeking inspiration for your spiritual journey to true awakening, Centers for Spiritual Living provides easy-to-use tools to nurture your inner self/your soul, so that you can live an inspired, healthy and happy life.

Awaken your authentic self with prayer, affirmations and meditation.

CLICK for more information.

St George Interfaith Council Opportunities



St George Interfaith Choir

St George Interfaith Choir, led by **Kathy Brown** <u>kathybrown13@gmail.com</u>. **Singers are welcome** to join the St George Interfaith Council at any time.

Service Projects on Saturday, September

10 will be part of a national day of service remembering 9/11. St George Interfaith Council is participating in planning with 2 groups & anticipate many smaller projects with signup on www.justserve.org. Your service projects are



good candidates for this service. Participating in the planning are Pastor Drehman and Tim Martin with Snow Canyon group and Jim Hetrick and Tim Martin with the Little Valley group.



Reverend Jimi Kestin announced a new meeting for 12 step that involves a deep dive of the 12 steps in a faith-friendly meeting. These will be held at Solomon's Porch and include the Biblical basis for the 12 steps, the goals and roots.

Suicide Prevention Coalition

(through Southwest Behavioral Center) is looking for new Interfaith Council members. If you are interested in serving our greater St George Community in this way, please contact Teresa Willie at:



twillie@sbhcutah.org

With over 28,000 Hispanics in Washington County the Centro Latino serves to teach English and help with other services to help the adjustment into this country. This wonderful service is provided in the church building next to the St George Temple where The Church of Jesus Christ of Latter-day Saints has provided classrooms and spaces. Mike would love to put a poster up in any church or any location plus he and Gordon Hamm will speak to any group that invites them. This much-needed service will bless those who learn English.

> Contact Mike Aitken at: aitkenback@gmail.com







(435) 720-5066

449 S 300 E, St. George, UT 84770

Recursos para ayudar a la comunidad Resources to help the Latino Community

Gratis Cada Martes 7pm Miércoles 7pm Jueves 7pm **Domingo 7pm**

Clases de Inglés English Classes Every **Tuesday 7pm** Wednesday 7pm **Thursday 7pm** Sunday 7pm



Help with food collection every month on the second and last Saturday 11:30 a.m. – 1:00 p.m. GRACE EPISCOPAL CHURCH 1072 S 900E, St. George For more information, click HERE

Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | https://www.cslsg.org



