November 2022

The Kennebunk



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# SIA VAN WYCK'S FATHER SPEAKS

History of Pumpkins

A Pledge to Maine Lobstermen: How one Local Business is Making Waves in the Fight

> The Arundel Market PROPERTY BEGINNING IN 1840

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#### The Village NOVEMBER 2022 2

#### PUBLISHER Gina Martel **VP, FINANCE** Steve Martel LEAD WRITER Shelley Wigglesworth DIRECTOR OF SALES Joyce Robillard **VILLAGE CONTRIBUTORS** Heather Evans• John Forssen Leanne Hayden • Gabriela Quinn

#### On the Cover



"Pumpkin Sunrise" A painting by John Forssen. Since retiring in 2008, John has taken up painting, showing his work in events sponsored by the Art Guild of the Kennebunks and Maine Women in the Arts. He donates a part of proceeds to Community Outreach Services of the Kennebunk, supporting our local food program. Most of the paintings (land- and seascapes) sell for \$200. FMI email: jforssen@gmail.com

#### **INSIDE STORIES**

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## The History of Pumpkins

By Shelley Wigglesworth, Lead writer

Pumpkins are believed to have originated in Central and North America over 7,500 years ago, used as an important food staple among Indigenous people. Pumpkins were among the first crops grown for human consumption in North America. Before refrigeration, the thick flesh of pumpkins proved ideal for storing for use throughout the fall and winter season.

Packed with beta carotene, pumpkins offer vitamin C, vitamin E, iron, and folate, which are known to strengthen the immune system. Indigenous people used pumpkin as an important staple in their diets, eating it baked, boiled, roasted, and dried. They added pumpkin blossoms to soups, turned dried pumpkin pieces into flour, and ate the seeds, roasted.

Historically, the seeds were also used by Indigenous people for the treatment of intestinal infections. This led to the United States Pharmacopoeia listing pumpkin seeds as an official medicine for parasite elimination from 1863 to 1936.



Robert Dennis photo taken this fall at Wallingford Farm in Kennebunk. Kportimages.com

Pumpkin Facts:

• There are over 150 types of pumpkins in the world today.

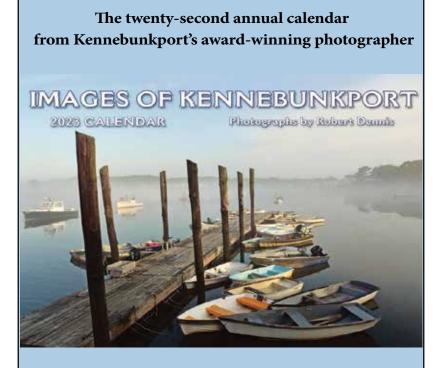
• Pumpkins can be orange, white, red, yellow, green, and occasionally, blue.

• The word 'pumpkin' comes from the Greek word, pepon, which means a large melon.

Each pumpkin contains about 500 seeds.
All parts of the pumpkin are edible, including the skin, leaves, flowers, and stem. Pumpkin and other squash blossoms can be eaten raw. They're also particularly tasty when lightly battered and fried.

Over 1.5 billion pounds of pumpkins are grown every year in the United States.
Pumpkin pie is America's favorite Thanksgiving dessert, with 36% of us preferring it to other traditional options like pecan, apple, or sweet potato.
and was over 20 feet in diameter.

6. Pumpkin seeds should be planted between the last week of May and the middle of June. They take between 90 and 120 days to grow and are picked in October when they are bright orange in color.Their seeds can be saved to grow new pumpkins the next year.



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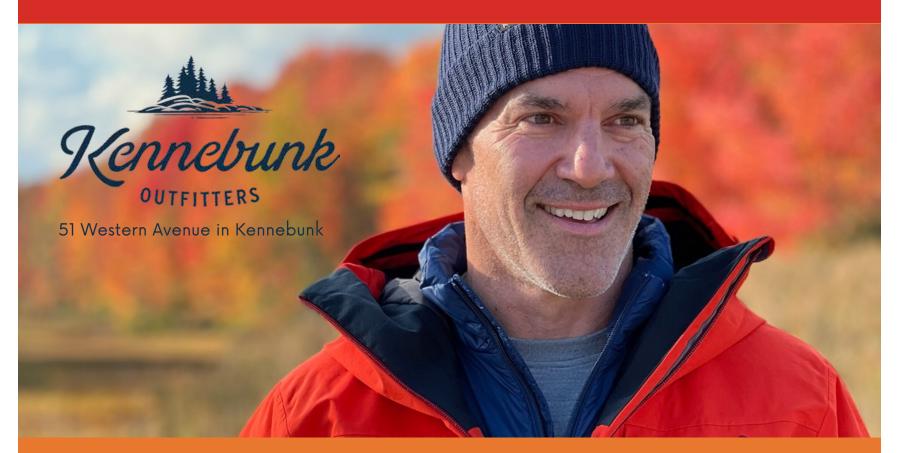


# Layers...

**BASE: wicks** 

## MID: traps

# **OUTER:** blocks



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By Mark Birmingham, Broker Kennebunk Port & Shore Realty

#### In multi-family properties there are two types of buyers, depending on how many units are in the building. Twofamily units are commonly occupied by the owner in one of the units, who is looking to get a "free ride" on the mortgage with renting out the other unit. Such an owner doesn't typically look at the value more closely than "is this going to cover my costs of ownership," as there's little chance of enjoying the income from the other unit, unless it was purchased with cash.

For more than two-unit properties, investors are the typical buyers. Multis over four units are considered commercial property, and would be financed with a commercial mortgage. These are scrutinized by buyers in much the same way as any commercial property where value is driven by the numbers. Additionally, these investors are usually aware of the value of doing 1031 property exchanges to maximize profits when selling and reinvesting the proceeds. This federal tax instrument allows forestalling capital gains until the investor leaves the program or dies, in which case the capital

# Multi-Family Pitfalls

gains tax is eliminated entirely.

Looking at the range from two to more units, it's safe to say that the street value per unit goes down dramatically as unit count goes up, especially from two units to three or more. The main reason a twounit will be more dear is that those owners are willing to pay more for the "free-ride" feature, whereas the investor is looking for a return on investment and passive income. The two-unit is much more likely to be owner-managed, whereas a ten-unit would be professionally managed.

Many people start their real estate investing with multi-family properties, which makes perfect sense on many levels. An important consideration when buying is how your investment will be managed. Will you do it yourself to save money, or hire a professional to collect rents and field maintenance and complaint calls 24/7?

The cost of a property manager is 4-5% of gross rents, which is tax deductible. This will allow you to sleep at night, and not have to field calls at 3am about someone's backed-up toilet. When buyers become sellers of their multi, and prospective buyers see financials from a Certified Property Manager (CPM), the trust factor goes up immeasurably. The

management cost is an declared expense that will expand the available buyer pool to include those wanting this service. This in itself can raise the value and salability of a property. So, saving money with the DIY method may be an illusion in this case.

There are a number of red flags when purchasing a multi-family that can show up in how the financials are presented, such as co-mingling funds (mixing personal expenses in with the buildings' expenses) among other things. Such practices muddy the waters in your effort to understand what is real and what isn't. If you are a savvy investor, you may spot these blemishes, and see an opportunity to buy at a discount, knowing you can add value. However, beginners would be best advised to steer clear or at least have expert advice from a seasoned buyer agent.

Of course, you don't have to be a CPM to manage any property well. Many do just that. But, those owners understand the value of accurate profit & loss reports, depreciation schedules, and allocating capital funds for future repairs, and how those things affect the property's market value. If you know all this stuff, you're on par with the pros!





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## November Art Exhibit



Kennebunk Free Library The announces its next Speers Gallery exhibit, "Lone Scapes" by Andrea Roth Kimmich, featuring acrylic and oil paintings on wood custom selected for each piece.

The exhibit runs from November 1-30, and the public is invited to an artist's reception on Tuesday, November 8 from 3-6 pm.

Andrea is a trained classical pianist, with advanced studies in film and photography. She has also informally been, since childhood, a student of textile arts, mostly knitting and crocheting; later woodworking, printmaking and figure drawing.

She enjoys dabbling in a variety of arts and says "I feel such joy in making something from nothing, whether it's a gazpacho made from produce picked up



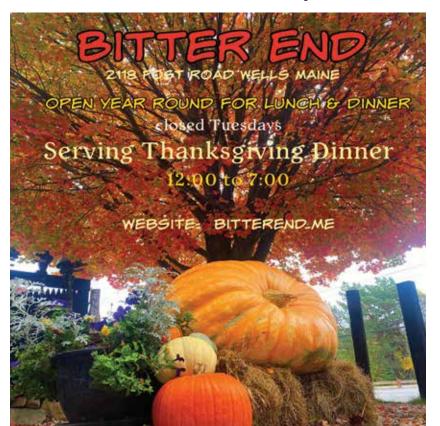
at a farm stand, a gypsy scarf made from a leftover wool, or a painting using some discarded paints and wood."

Her membership in Arts Organizations include: Ossining Arts Council, River Tree Arts, Maine Women in the Arts, and her work has been shown in a number of galleries in the greater New York area, as well as a few in southern Maine, with her first sola show in Maine in the Kennebunk Free Library's Speers Gallery now.

Andrea is delighted to have moved a part of her focus to Maine and its spectacular landscapes, and the Kennebunk Free Library is pleased to display the work of this talented artist.

The public is invited to view the exhibit in the library's Speers Gallery from November 1-30, 2022 at 112 Main St., Kennebunk, Maine during regular library hours when the gallery is not in use for library programs.

Please check the library website for current hours and gallery access, www. kennebunklibrary.org.



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## 

By: Shelley Wigglesworth, Lead writer

Desserts to die for-dips, crustless pie, cookies-including gluten free, shots to warm you up, and even dog treats! Area restaurants and readers share their sweet and savory, deliciously different, pumpkin recipes.

#### **Gluten Free Pumpkin Spice Cookies** *Jared Laflin, Beachfire Bar and Grille*

Ingredients:

- 1- cup granulated sugar <sup>1</sup>/<sub>2</sub> cup brown sugar
- 1 -can of 100% pumpkin
- ⅓ cup coconut oil

1-egg

- 1- teaspoon vanilla extract
- 2 ½ -cups gluten free baking flour
- ½ teaspoon nutmeg
- 1/2 teaspoon cinnamon
- 2 -teaspoons baking powder
- 1- teaspoon baking soda
- ½ teaspoon salt

1 <sup>1</sup>/<sub>2</sub>- cups pumpkin spice latte morsels or chocolate chips if you prefer.

#### Instructions:

Preheat oven to 350 degrees. Spray cookie sheets well with non-stick cooking spray. In a bowl mix cinnamon, nutmeg, baking flour, baking powder, baking soda and salt. Mix well and set aside.

In a new bowl (use a mixer if possible) mix both brown and white sugars, pumpkin, and coconut oil very well. Slowly add in vanilla and then the egg.

Once these are mixed well in the mixer add the first bowl of mix to this one. Once mixed add whichever type of chips you want.

Cook at 350 for 15 minutes.





Glazed pumpkin cookies.

#### Glazed Pumpkin Cake Cookies Jessica Ellis Ingredients:

2 1/2 auro a

- 2 1/2 cups all-purpose flour
  1- teaspoon baking powder
  1- teaspoon baking soda
  2- teaspoons ground cinnamon
  1/2 teaspoon ground nutmeg
- 1/2 teaspoon ground cloves
  1/2 teaspoon salt
- 1/2 cup butter, softened
- 1 1/2 cups white sugar
- 1 -cup canned pumpkin puree
- 1-egg

#### Instructions:

Preheat oven to 350 degrees. Combine flour, baking powder, baking soda, cinnamon, nutmeg, ground cloves, and salt; set aside.

In a medium bowl, cream together the 1/2 cup of butter and white sugar. Add pumpkin, egg, and 1 teaspoon vanilla to butter mixture, beat until creamy. Mix in dry ingredients. Drop on cookie sheet by tablespoonfuls; flatten slightly.

Bake for 15 to 20 minutes in the preheated oven. Cool cookies, then drizzle glaze with fork.

- Glaze-Ingredients and Instructions:
- 1- teaspoon vanilla extract
- 2- cups confectioners' sugar
- 3 -tablespoons milk
- 1 -tablespoon melted butter

Combine confectioners' sugar, milk, 1 tablespoon melted butter, and 1 teaspoon vanilla. Add milk as needed, to achieve drizzling consistency. Mix thoroughly and drizzle on cooled cookies.



#### Pumpkin Pudding Shots

Sweet and Simple Pumpkin Dessert Dip

Sandra Duckett, Coffee Roasters of the Kennebunks

- Ingredients and Instructions:
- 1-8 oz can pumpkin purée
- 1-Small container of cool whip
- 1-package of instant vanilla pudding Mix well serve with vanilla wafers.

#### **Pumpkin Dog Treats**

Bonnie Whitten Rivard

#### Ingredients:

<sup>1</sup>/<sub>2</sub> cup pumpkin puree- Make sure to use pureed pumpkin, not pumpkin pie mix, which has added sugars and spices.

- <sup>1</sup>/<sub>4</sub> cup applesauce 3 -tablespoons peanut butter
- 1- egg
- 2 -cups whole wheat flour
- ¼ tsp salt
- ¼ tsp baking soda
- Bone shaped cookie cutter

Instructions:

Preheat oven to 350 degrees. Prepare a sheet pan by lining it with parchment paper. Using a mixer, beat together the pumpkin puree, applesauce, peanut butter, and egg. Mix in the whole wheat flour, salt, and baking soda. Beat until combined and then roll out dough on a floured surface. Use a bone-shaped cookie cutter to cut. Place on the prepared sheet pan.

Bake in the oven for 15-25 minutes, until they reach your desired level of hardness. Let the treats cool completely before serving to your pup. *Store an airtight container in the refrigerator for up to a week, or freeze.* 

#### Crustless Pumpkin Pie

#### **Crustless Pumpkin Pie**

Christine Faiella, Bradbury Bros. Market

#### Ingredients:

4 eggs beaten

- 1-15 ounce can pumpkin
- 1-12 ounce can evaporated milk
- 1 ½ cups sugar
- 2 teaspoons pumpkin pie spice
- 1 teaspoon salt
- 1-18 ¼ ounce package of yellow cake mix
- 1 cup chopped pecans
- 1 cup melted butter
- Whipped cream to top

**Combine:** eggs, sugar, milk, spices, pumpkin. Mix well and pour into a 13 X 9 ungreased baking pan.

Sprinkle dry cake mix and nuts on top. Drizzle with melted butter. Do not blend.

Bake at 350 degrees for 45-60 minutes, or until toothpick inserted comes out clean. Scoop into serving dishes and serve with whipped cream.

#### **Pumpkin Pudding Shots**

#### Debra Sanborn

Ingredients:

- 1- box instant pumpkin pudding
- 1- cup whole milk
- 1- cup of cool whip
- 1/2 cup Bailey's Irish Cream

1/2 cup pumpkin spice flavored vodka

Small condiment cups- with lids if you intend to freeze

#### Instructions:

Put the pudding and milk in bowl and beat until thick. Add the Bailey's beat again until mixed, then add vodka and mix again.

Add the cool whip and beat until mixed. Spoon the mixture into cups and put in freezer to set. When firm, garnish with cool whip and cinnamon and serve. Pumpkin pudding shots can stay in the freezer for weeks.

- 0



# Be a Secret Santa!

Secret Santa trees are now in the Kennebunk, Kennebunkport & Arundel Town Offices, Graves Memorial Library & Kennebunk Free Library, local branches of Kennebunk Savings Bank, and Quest Fitness

Bank,and Fitness take a gift tag from the Secret Santa tree and return the unwrapped gift, with its tag, to the tree. Each tag represents the wish of a local child whose family cannot afford to purchase gifts for Christmas.

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# Sia Van Wyck's father speaks about the circumstances and events surround his daughter's death

Editor's note: Over the past few years, we at the Village magazine have continued to cover the life and legacy of a little girl from Kennebunk, Sia Van Wyck who was killed in Nova Scotia in 2017. For the past five years, Erik Van Wyck and Effie Eraklis, Sia's parents have fought for answers and justice concerning the horrific circumstances surrounding their daughter's death with what they describe as "little to no cooperation from Canadian law enforcement." On August 28 of this year, the Globe and Mail, arguably Canada's largest and most prestigious newspaper, published a long form article on the death of Sia. Van Wyck and Eraklis allege the piece "willfully ignored some of the most compelling facts about the case, and in at least one instance, deliberately mislead the reader." In an effort to make this information open to the public, Sia's father (with permission and approval from Sia's mother) shares his story for the first time in an American bublication, about the tragedy, and the family's quest for justice. The following is an open op/ed letter by Erik Van Wyck, in his words, and not an interview from this publication.

"It has been over 5 years since our 7-vear-old daughter Sia was taken from us - beautiful, hilarious, magical, always smiling, always dancing. Hard to believe, and even harder to accept. Time doesn't heal... it slowly suffocates. However, we've learned much about what happened on July 19, 2017, the day she was run over by an industrial mower driven by Roland Potter. Initially ruled an accident and facilitated by the irresponsible actions of the adults around her (including me), it is now clear that not only was Sia's death preventable, but that we believe she was also the victim of a crime.

A few weeks ago, the Globe and Mail published a longform article with the intention of spotlighting how the case has been mishandled by local law enforcement. Frustratingly, the piece ignored some compelling, documented facts, which are told here.

That day, Sia and I had been visiting my parents on their farm in rural Nova Scotia, while her mother Effie stayed home with Sia's little brother Niko. Sia had asked to walk the dog, just before dinner, and was sent outside unsupervised. Within minutes she was struck by Potter's machine, left bleeding on the ground while he fled the scene. The local RCMP briefly interviewed Potter, closing their case quickly, summarizing with the ugly phrase "death by misadventure."

Our subsequent interactions with RCMP were framed by inconsistencies, stonewalling and lies. We were also denied access to the 911 recording. Later we found out it had been destroyed, well before the 7-year expiration date. It was clear things didn't add up. We began speaking with local criminal attorney James Giacomantonio, who, after reviewing the police report, turned it over to renowned private investigator Tom Martin. Martin felt the RCMP investigation was sloppy, biased, and that they had failed to follow basic procedure. After months of painstaking analysis by Martin, Giacomantonio concluded that Roland Potter could legally be charged and prosecuted for Criminal Negligence Causing Death and/or Manslaughter and turned over his findings to the RCMP. The Public Prosecutor refused to reopen the case. Authorities also refused to offer any written or oral justification for this decision.

Potter, meanwhile, had been keeping himself busy. Despite painting himself as a poor old farmer who was the victim of malicious speculation - he was anything but. After ambushing me on his property in the fall of 2018, he was arrested in December of that year for threatening to kill his neighbors and a police officer, and later placed in a psychiatric ward for a month. After his release, Potter was issued a restraining order which he repeatedly violated and continued to terrorize his neighbors. All of Potter's ire seemed focused on one issue, a twenty square foot piece of disputed property behind his neighbor's house, which abutted the field where Sia was killed. Potter, I came to find out through testimony from those who knew him, is a violent alcoholic, and has a history of abuse, mistreatment and assault on his wife, children, other people's children, co-workers, and animals. But the one thing he genuinely seemed passionate and protective of was his land. The precious plot of grass where he mowed right over my daughter, most likely because she just happened to be in his way.

Potter's dispute with his neighbors came to an eventual head last year, when he used a backhoe to terrorize and assault teenagers and a grandmother, ramming into one of the kids, and attempting to bring down the bucket on the woman's head, before she was pulled to safety. The parallels between that incident and what happened with Sia are disturbing to us.

Unfortunately, the Globe glosses right over much of Potter's violent history, as well as his eventual admission to Martin's co-investigator Shawn Greene that he had his eyes on Sia for a few minutes, much longer than he initially told police. In the article, Sargent Terry Miller, who oversaw the RCMP investigation, also talks about being unaware that Potter had been drinking prior to hitting Sia, when in fact the Potters had let that slip during their police interview, something Tom Martin later picked up on. Miller then voices his reasoning for buying into Potter's assertion that Sia must have been lying or crouching down 'by consulting with a neighbor who owns a hay mower.' This proved to be a crucial mistake - had the RCMP conducted a sight test, as Tom Martin did, they would have realized that Sia was visible 100+ feet away, from every angle on the field, given that she was wearing a bright pink shirt which was a stark color contrast to the grass.

Martin also conducted a detailed and meticulous recreation of the way Sia was hit, using a combination of on scene photographs, models, and expert consultation. Martin determined that Sia could only have been struck while standing up, a fact that completely upended any claim that Potter didn't see her. The Globe ignores these gamechanging pieces of evidence but does delve into Potter's own personal struggles since the incident, leading the reader to believe that some of his "erratic" behavior is due to post-traumatic fallout.

I want to make something abundantly clear. I have had numerous run-ins with Potter, studied up on his history, sat in on his court proceedings. I feel comfortable saying that this is a man without introspection and without remorse. There are plenty of people who accidentally kill children, who don't behave the way Mr. Potter has. Sia was no different than an animal to him, slowing him down – I know this because I've heard him describe her this way to my face. He continues bullying and terrorizing people because that's what he's spent his



whole life doing, not because he's haunted and distraught by what he did to my daughter.

I have never wavered from accepting blame or guilt for letting her go outside, but it doesn't negate the actions of others who put her in danger. We feel Potter acted in a reckless, criminal, and

acted

always smiling, always dancing Sia Van Wyck

callous manner. We have proven that he lied to police and that Sia was visible from every vantage point. There is a high likelihood he was intoxicated (community members have witnessed Potter operating machinery under the influence) and may or may not have engaged in a game of chicken, given his raging obsession with keeping people off his land. This is not conjecture, speculation or libel, these are factual truths.

When you lose a child, you don't stop being their parent. Everything we do is an instinctive response towards protecting them, not something that we need to talk ourselves into. I don't need to be placated or soothed. I don't need people to tell me that continuing to fight won't bring her back. I know it won't bring her back.

We feel Sia was the victim of a crime. She is the only victim. And the people that are responsible for this crime, and for letting it go unpunished, should be held accountable.

Thank you for allowing us to tell our story in put own words.

Erik Van Wyck, Effie Eraklis, Sia's parents.

FMI please visit: https://www.facebook.com/ justiceforSia/ Or contact: justiceforsia@gmail.com

#### SEACOAST GARDEN CLUB PREPARES TO BLOOM ALL WINTER LONG

#### Area Residents Invited to Open Meeting on November 14



Photo courtesy of SGC: Shown, one of the local gardens planted and tended by members at the Center (formerly Senior Center of Lower Village).

The Seacoast Garden Club of Kennebunkport is revving up for the 2022-23 season. Founded nearly 40 years ago by eight local women, there are currently more than 90 members from Kennebunk, Kennebunkport, Arundel, Biddeford and Wells. Meetings are held on the second Monday of each month, from October to May, at the Community House, 8 Temple Street, Kennebunkport, starting with coffee and refreshments at 9:30, then followed by the business meeting and program.

For the November 14 meeting, the club invites area residents who are interested in joining the Seacoast Garden Club to come and meet other members and also enjoy the "Native Seed Talk" program which will be presented by Ginger Laurits of the Wild Seed Projects.

Laurits is a master gardener and volunteer at the Wells Reserve at Laudholm where she coordinates and maintains the native plant garden with other volunteers. She will talk about the Laudholm native plant gardens, why native plants are important to include in our landscapes, plants that work well in Maine perennial gardens and where to buy native plants. Other programs scheduled for 2022-23 include a video/ discussion about Beatrix Farrand, the most successful female landscape architect in early 20th century America; Edible Landscaping by horticulturist Aaron Parker; and Dispelling Common Garden Myths by Jamie Colen, director of Fuller Gardens in North Hampton, N.H.

The SCG builds friendships but it is not strictly social. Its members offer volunteer service to the communities where its members live. They also support the Conservation Pledge stated on the inside cover of the SGC yearbook, which reads:, "I pledge to protect and conserve the natural resources of the planet Earth and promise to promote education as we may become caretakers of our air, water, forests, land and wildlife."

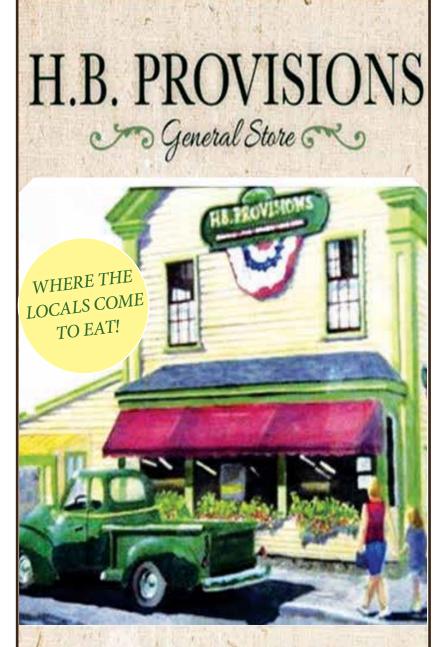
Throughout the year, the Seacoast Garden Club maintains a busy agenda. During the summer, members plant and tend local beds at the monument in Kennebunkport's Dock Square, the Community House on Temple Street, the Louis T. Graves Memorial Public Library, the Kennebunkport post office and the Oaks Neck peninsula overlooking the ocean at the intersection of Gooch's and Middle Beaches. They also maintain gardens in Kennebunk, including town hall and the Faerie Garden and "Touch and Sniff" garden at the Kennebunk Free Library. Additionally, several members plant and maintain window boxes at the Center (formerly known as the Senior Center) in Kennebunk.

Each December club members make and decorate boxwood Christmas trees and every May they create floral baskets, all of which are then distributed to local health facilities, homebound residents and libraries. The club's most successful find raiser is the annual Plant & Pie Sale, held every May over Memorial Day Weelkend, and featuring grown-by-members plants and homemade fruit pies.

The November 14 open meeting is a convenient and easy way for women to find out more about what and who we are. Please come!"

FMI contact Membership Chairmen Diane Israelson (disrisn@yahoo.com) or Susan Joakim (susanjoakim@ gmail.com)





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## 14 The Village NOVEMBER 2022 Thoughts of Thankfulness from Community Leaders

This past season was the long awaited rebound year from the restrictions of recent years because of the pandemic. Our village was full of visitors, tour busses returned in full force, and business was not simply good, but excellent. People gathered, hugged, celebrated, and began to live once again. Back to normal is something to be thankful for. Read on to learn about what town leaders from our village are thankful for this year.

#### Kennebunkport Town Manager Laurie Smith

I am thankful for our dedicated employees. Town employees in 2022 have had to take on many challenges and



ever before. We would not have been able to get through the past few years without their brain power, adaptability, and commitment to service. Kennebunkport is fortunate to have some of

the best and brightest in the State of Maine and I appreciate their efforts every day.

#### Biddeford Mayor Alan Casavant

I am simply thankful for all the friends and family that have been part of my life over the many years. It seems that as one ages, the important things in life become more visible, and at this juncture, it is clear to me that it is the people that I know and have known that have enriched my life.



Arundel Selectwoman Velma Kinney Jones Hayes Thanksgiving is a day to give thanks for all the blessings are given, but my husband Charlie and I are

thankful every day for the blessings of wonderful, loving family and friends. If we need help, they are only a phone call or text away and are always here with a hug and an "I love you". We are thankful for a warm home as we know so many do not have one. We are thankful for food in the pantry and refrigerator because we know there are those who have little or none.

> Our blessings are many and on Thanksgiving we are truly reminded of all our blessings.

> Kennebunk Town Manager Mike Pardue

With the approach of Thanksgiving, I often stop to give thought

to the many things that I am thankful for. At the top of that list is my loving and supportive family for they are the centerpiece of my life. I am also extremely grateful for my friends and work colleagues and of course, for my continued good health. As I approach my retirement from Kennebunk, I have been giving added



thought on how truly fortunate I feel to be a part of this community. Kennebunk will always hold a special place in my heart as I think of those who routinely show kindness



kindheartedness that makes Kennebunk such a special

is

their

that

place to live, work and visit, and a place I am thankful to call home.

Kerri Walter, Kennebunk Rotary President

I am thankful for middle age. Seriously! I am so grateful to be at this point of my

life where my career is nicely established, our son is grown and out on his own and my husband of 23 years and I can enjoy a second youth as empty nesters. We bought an RV and a motorcycle a few years back and have been loving this time

of fun and freedom after so many years of hard work.

### The Local Bottega's Ribbon Cutting & Grand Opening are Scheduled

It's happening! One of Kennebunk's most recent businesses, The Local Bottega, has scheduled their Ribbon Cutting and Grand Opening. The Kennebunk, Kennebunkport, & Arundel Chamber of Commerce will be facilitating the Ribbon Cutting ceremony at The Local Bottega's storefront, which is located at 7 Agatha James Drive in the Agatha James Business Suites in Kennebunk on Nov 2, 2022 at 3:00pm EDT. The Local Bottega a warm welcome. The Local Bottega will be continuing the community-wide celebration with their Grand Opening that weekend Nov 4-6th. The general public can expect to meet local artists with opportunities to join hands-on workshops and exclusive product signing!

The Local Bottega will be hosting multiple events throughout the weekend's Grand Opening celebration. Family Fun Night will be Friday, Nov 4th from 4-7pm with crafts and refreshments. On Saturday, Nov 5th from 10am-1pm families can enjoy coffee and crafts, from 1-3pm Danielle Lehoux (York, ME) will be at the shop signing prints of her Maine coast-inspired artwork, and from 3-6pm there will be DIY facials and refreshments. On Sunday, Nov 6th from 10am-1pm there will be coffee and crafts, from 1-3pm there will be DIY facials and a face painter artist will be joining us for the kids and kids-at-heart. You will want to stick around for the in-house candle making workshop from 3-4pm (requires registration via 'event' page on www.LocalBottega.com). The Grand Opening weekend will close out from 4-6pm with crafts and refreshments. Exciting things are booked out for the Local Bottega's event schedule. Stop by, sign up, and shop LOCAL! Adults and children aren't going to want to miss a beat of what they have planned.



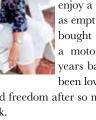
Winter Rentals

A variety of options available at a motel property in Wells centrally located near shops, restaurants, and a grocery store!

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## Art Guild of the Kennebunks Announces Winners of the Awards Art Exhibit



The Art Guild of the Kennebunks (AGK) is pleased to announce the winners of the "Awards Art Exhibit" which took place Saturday and Sunday, October 1 to 2 at the Community House in Kennebunkport.

Plein air landscape and marine painter David Perry Fouts served as judge for the exhibit. Fouts is the owner of the Landmark Gallery in Kennebunkport and has studios in Kennebunk and Stanfordville, New York.

First Prizes Ribbons were awarded in six categories and "Best of Show." Susan Hanna's painting Over the River won "Best of Show." Acrylic award went to Dee Burdick for her painting Sandy Path. Watercolor award went to Peter Hoff for his painting The Beach at Night Alone. Oil award went to Richard Winslow for his painting Harbor Reflections. Pastel award went to Ellen Pelletier for her painting Ocean Frolic. Photography award went to Michael Fillyaw for his photograph Water Lilies. Multimedia award went to Steve Hrehovcik for his painting Portland Head Light.

Linda Van Tassell, president of the AGK, said, "The Community house is a beautiful venue with excellent lighting and space for artists' work. We are fortunate to be here. The event was well attended, and many compliments were received. A special thanks to all who participated and helped make the show a success."

Also, on display was "Spring Surprise" a watercolor by Peter Hoff, which is the prize of the guild's annual scholarship raffle. The raffle benefits a talented, deserving art student at Kennebunk High School with a \$500 scholarship."

Raffle tickets can be purchased at any of the Guild exhibits throughout the year. The winning raffle ticket will be drawn at the end of the Guild's Prelude exhibit in December.

For more information check the AGK website www. artguildofthekennebunks.com or call (207) 324-0527.



\*\*\*\*\*\*

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# **A Pledge to Maine Lobstermen:** How one Local Business is Making Waves in the Fight for the Protection of the Lobster Industry

The State of Maine and the iconic Maine lobster have long been a dynamic duo. However, due to a recent decision to fast-track federal rule, the Maine icon has seriously come under attack. Legal proceedings to protect an endangered species, the North Atlantic right whale, have caused Lobstermen in Maine to face a very real threat that their industry, their product, and their livelihoods are about to come to a screeching halt.

To bring awareness and raise funds for the legal process, an initiative named #SaveMaineLobstermen has taken flight. As soon as news broke, one Maine business immediately stepped in to offer full support.

The Nonantum Resort in Kennebunkport, a 109-room property on the banks of the Kennebunk River, has been implementing ways they can raise funds for the cause. They are finding creative initiatives to lean on their rolodex of resources to make the most impact they can

The Nonantum Resort has rolled out a compelling "Give & Get" promotion, where guests will receive 50% off of their stay at the Resort in exchange for a \$30 donation to the Maine Lobstermen's Association. But that's not the only way they're showing up – they want to make sure that they too are putting their money where their mouth is. \$2 of every lobster roll, \$2 from each bowl of a limited-edition lobster stew, as well as \$2 from a fall specialty cocktail sold will go directly to the non-profit organization.

Says Hannah Lamprey, the resort's Head of Marketing "It is the right thing to do. We have the property and the passion, and we are happy to pass along a special experience in exchange for financial support".

Innkeeper Jean Ginn Marvin explains why this issue matters so much to her: "We have always held ourselves accountable to be good stewards of our land. Not only on our property, but across our town, our coastline, our waters, and the state as a whole. This includes defending the livelihood of our Maine people who have made a life here".

And while saving the right whale

population from harm is paramount, the lobstermen of Maine and their practices are not the issue that these whales are facing. Primarily concerned with entanglement in lobster trap lines, the federal law does not take into account the reality of the lobster industry and the heart of lobstermen in Maine. Reservations Manager Sheila Matthews explains "This affects me personally as my husband is a lobsterman out of Cape Porpoise Harbor. He and the men he fishes alongside are gravely concerned that these new regulations will be the death of their industry and livelihood. The lobstering community is one of the most conservation-minded fisheries as their living depends on a healthy species". In fact, Maine lobstermen have not come into contact with a right whale in almost two decades, and have never been linked to the death of a right whale.

General Manager Tina Hewett-Gordon says "Our support of this initiative is more than just our menu. It is about the lives of the men and women who have made Lobstering their career, protecting their industry, and their ability to continue to work and contribute to the heart of Maine culture"

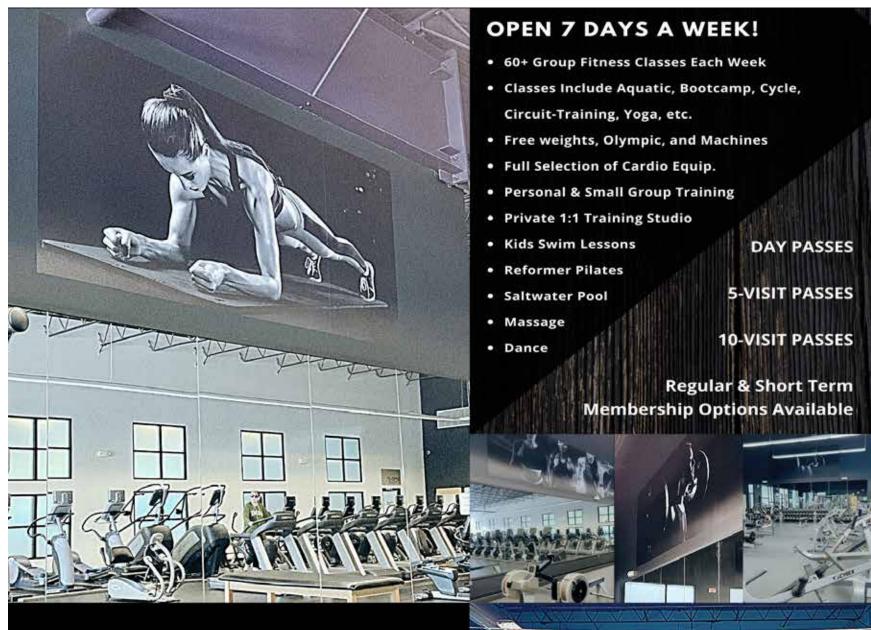
The Nonantum Resort is calling upon the hospitality and food and beverage industries of Maine to follow suit, encouraging them to join the fight to keep lobstering alive and well in Maine. Matt Lewis, President and CEO of Hospitality Maine, "is very pleased to see this fundraiser from the Nonantum Resort and their leadership to support the incredibly hard-working lobstermen and women in Maine. [...] HospitalityMaine hopes to see other business and individuals support the Maine lobster industry at this time and in the future." They believe their efforts will be the beginning of a state-wide movement to achieve the \$10 million dollar goal of #SaveMaineLobstermen and ultimately, the future of the industry.

For more information on the issue, please visit www.savemainelobstermen.org and to take advantage of the Give & Get promotion and other Nonantum Resort initiatives, visit www. nonantumresort.com.



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## Horses are Gentle, Prey Animals - but Are They Dangerous?

The answer: YES, but only when we interfere, misinterpret, misjudge and make mistakes. Unfortunately this happens enough to be a major reason horses are sold regularly, continuing their cycle of confusion. Knowledge, common sense, experience, understanding of the individual horse's behavior, in addition to being physically fit helps reduce danger.

Still, since most people spend less time with horses than they do smaller pets and ownership often short lived, communication is poor. Any horse under stress due to anything from overuse to injury to hunger or even the anxiety of fighting off insects by continuously stomping, swishing and shaking unable to escape as they can in the wild, increases levels of danger. When horses object, they're often punished or pushed rather than given space and time.

For generations horses have been equated with riding, encouraging use with little emphasis on education through a science based approach. This has resulted in the passing down of dangerous myths that continue to harm horses. In a time where factual information is so readily available at no cost from experts, professionals and researchers in various fields of care, needs, behaviors, in addition to the true essence of a horse, it's hard to fathom this is still the case.

While there are scores of trainers in a largely unregulated industry, their job is to teach people how to ride. Since this is a source of income and livelihood it is often done at the expense of the horse, in both low and high level competition as seen most recently in the 2021 Olympics. Though there are ethical people in these fields who care about the horse's welfare, most put the horse second to the human goals. If not educated and accepting of myths, they continue the cycle by passing them on.

It's normal practice for horse owners to leave their horse in a trainers hands for weeks or months to 'fix them' without being a part of the process or knowing fully in what conditions the horse is being kept. By not learning with their horse they can't advocate for their animals, object to training methods or understand the effects of the training which often fails once the horse is back in their hands. Since there continues to be a push by the industry to 'use' horses, interest by horse owners for 'results' and by the public to ride, regard for the horses remains minimal when it should be a priority.

Training comes with the promise of turning a horse into what the owner seeks- jumping,

dressage and trail horses being most popular. Little consideration is given to the horse's age or history of injuries, nutrition to sustain work or comfort in daily lives enabling them to perform. This has hurt horses by being viewed as nothing more than riding machines.

Even retailers continually push the riding theme to increase sales failing to see the growing percentage of horse owners who don't ride yet support the industry through care. They support farmers by purchasing hay, feed stores through purchase of grain, shavings and grooming items. Themes like 'time to ride or 'have a nice ride' used as marketing strategies continuing to influence ignoring the most important piece in the equation, the relationship with the horse.

Now, with more people choosing not to ride or to ride in addition to developing the non riding relationship, and keeping rather than selling their horses, changes have resulted in more horse owners appreciating them as sentient beings, keeping them in good care, and taking an active role in training providing consistency and less confusion. The results of this is a safer horse.

The industry is evolving. There is more demand for resources regarding aspects of care - from nutrition to kinesiology to better understand the mechanics of movement to prevent injury, to effects of ageing and illness, especially with common afflictions like Cushing's disease, laminits and insulin resistance. An interesting point is horses ridden less or not at all have very few skeletal or soft tissue injuries, especially tendon injuries common in ridden horses. An uninjured horse that is comfortable & pain free has less behavioral issues and safer.

**Understanding** brings awareness, acceptance, and lowers fear & conflict. It increases compassion and even empathy through relating. By understanding horse's needs as a species as well as the individual, our relationships become more rewarding. By taking responsibility for our actions, not blaming the horse, we develop a kinder, more trusting relationship. By accepting horses are not lazy, mean, rude, bad or malicious, rather reacting to their circumstances or giving up coined 'learned helplessness', we can improve their lives.



As prey, horses must be stoic, hiding their vulnerabilities. A horse in pain or unwell can appear 'normal' to most people. It's only through keeping them & knowing them, that understanding & compassion happens.

#### Horse's True Essence

Characteristics of horses described in this series define the essence of a horse. They are to be admired & a privilege to have. Aside from their beauty, they are prey. Every behavior a horse displays is related to those instincts, intact in domestic horses. Horses live to survive. To survive they must have keen senses to identify very real threats. To survive they are powerful, athletes designed to gallop. To do this they must be reactive and run with no warning - flight over fight using their sense of smell and hearing to be alerted to predators. To have the stamina to survive they must conserve energy using it only when necessary. They are grazers and roamers, grazing while moving, eating almost continuously. Consuming large infrequent meals would hinder fleeing. Horses don't need exercise but freedom to move, unrestrained on large open spaces. To hide from predators they must be stoic & quiet, not show vulnerability even when injured. In captivity injuries are often missed & horses viewed as stubborn. Horses avoid injury through their instinct of self preservation and why they refuse jumps and when possible, go around rather than over. They also avoid footing that is not solid. Horses live in herds and are social animals. There is safety in numbers while being alone puts them at risk. In herds even with 2 there is heirarchy & leadership. With that comes a sense of routine & order where a co-operative attitude & willingness is key to survival. Horses get bored easily because they are intelligent & curious. If provided mental stimulation & regular interaction are quick to learn. Horses are similar in intelligence to dogs hindered in lack of ability to use their front legs like dogs. Dogs are known to have cognitive abilities of a toddler.

All these characteristics are contrary to how they are kept and used. But even if we enjoy horses in traditional use, there are ways to do it better. An advertisement for horse supplements addresses a common concern:

#### Gabriela Rodriguez Quinn, Director, BlixxHorses. In addition

to formal education with a degree in Dental Hygiene and certification as a fitness instructor, Ms. Rodriguez has studied horses & behavior extensively for the past 30 years. This has included daily non riding interaction, training & care for horses, and continiuing education. 'people helping horses help people help horses help people. Donations are welcome! P.O. Box 435 West Kennebunk, Maine 04094



www.blixxhorses.org 207-985-1994 BlixxHorses - a 501(c)(3) Educational organization providing interactive, therapeutic non-riding programs since 2007

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Never a mention of addressing the root of the problems: improving the horses' environment & quality of life. That is what makes them safer.•



While they may get dirty rolling, it's easy to brush it off & allow them the freedom to be horses.

**Give Them A Break- Blanketing in Autumn** Horse clothing is a valuable item, providing comfort from the elements. Before purchasing a blanket for Fall however, consider this: Horse's fur coats protect their skin & keep the body warm. Horses are designed to handle cold better than heat & generally do well in temperatures that would feel frigid to us. Their core temperature is 2 degrees higher than humans. Horses begin to grow winter coat in September. Unless a horse is compromised or clipped for riding, blanketing early isn't necessary.

The best protection for horses comes with access to adequate shelter providing protection from wind & rain, and access to forage 24/7. Horses allergic to hay can be given bagged forage so they are not without food for hours. Forage digestion produces heat.

Blankets can cause horses to overheat similarly if we wore a heavy coat in warm temperatures. In addition even with a good fit, clothing can rub, restrict movement & straps can get caught. Blankets also press the fur down removing the warming effect of fur standing upright. They also must be changed & cleaned regularly.

After enduring heat & insects of summer, Fall is a time where footing is forgiving and running & rolling to relieve itchiness is pleasurable. Horse owners know Fall weather brings out the friskiness in horses- a time where they can enjoy being horses.

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## - Erika A., Kennebunk







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## **The Fabulous Find**



The Kennebunk Free Library (KFL) recently received a grant of \$11,219.73 from The Fabulous Find, a nonprofit resale boutique in Kittery, Maine.

" I am so incredibly grateful for The Fabulous Find and their overwhelming contribution of \$11,219.73 to Kennebunk Free Library. Just like KFL, The Fabulous Find is a nonprofit organization that recognizes the value of resource sharing and contributing back to their communities. Their kind donation will go right back into more services and collections for KFL patrons and our surrounding communities to utilize and share," said Michelle Conners, KFL Library Director.

Located on Main Street in Kennebunk, KFL serves more than 75,000 visitors of all ages every year. In addition to its extensive collections

and resources, KFL provides hundreds of programs and services each year, engaging community members of all ages.

Head over to KFL on the 3rd Wednesday of each month at 6:30 pm to check out one of these terrific programs... Trivia Night! Play individually or in teams of up to six people. If you come with a ready-made team - great! If not, the Trivia Night regulars are a warm and welcoming lot, happy to give newcomers a spot on a team. This program is free and wheelchair accessible. Please call 207-985-2173 or email us at kfl@ kennebunklibrary.org to RSVP. And visit www.kennebunklibrary.org anytime for more information.

The Fabulous Find, a 501(c)(3) nonprofit organization, sells designer clothing, jewelry, home accessories, furniture, music, and books to provide generous donations to fellow community non-profit organizations selected by the board of directors each month. Please show your thanks for this generous donation to our community by donating your gently used clothing and household items to The Fabulous Find or shopping their amazing selection!

For more info on The Fabulous Find, head over to http://www.thefabulousfind.org





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#### By: Shelley Wigglesworth, lead writer

A first sneak peek at a few of the many offerings taking place during Kennebunkport's 41st Annual Christmas Prelude, December 1st - 11th, 2022! We have the scoop on some new and exciting events, updated times and schedules for some of the traditional events, the return of much-loved favorites, and a bit of Pre-Prelude fun too!

#### Pre-Prelude Fun:

Kennebunk Outfitters is hosting a Pre-Prelude, Thanksgiving Day, Turkey Trot-5 K Road Race, Thursday, November 24. Race starts at 9am start at Kennebunk Outfitters and finishes at KO., 51 Western Avenue in Kennebunk. To register: runsignup.com/Race/ ME/Kennebunk/OutfittersTurkeyTrot. Kennebunk Outfitter's will also have a Black Friday Sale on select items November 25, and on Saturday, November 26 they will celebrate the Chamber's Pajama Saturday with the first 20 shoppers given a KO gift card at time of purchase, with surprise values of between \$10 - \$50 off. FMI on any of these events: Call 207-204-0499, email.info@kennebunkoutfitters.com, or visit: kennebunkoutfitters.com.

LoveLight Illuminations of Wells offers light, energy,

and healing meditations and spiritually guided work inclusive of all religions and spiritual views. LoveLight will host an online Light Mediation, Friday, November 11, from 6-6:30pm. \$11 per person. FMI: 207-216-9584, info@lovelightilluminations.com or www. lovelightilluminations.com.

**Thanksgiving at BitterEnd** the popular Wells restaurant will be serving Thanksgiving Dinner this year, 12-7pm. Guests can expect a traditional holiday meal with the delightful twists BitterEnd is known for. Reservations required. FMI and reservations: call 207-360-0904 or visit https://www.bitterend.me/

BitterEnd Christmas Trees Sale and Celebration in association with Wells Christmas Barn, BitterEnd will be selling Christmas trees beginning November 25th. Pick up a tree and kick off the season with live music by the BitterEnd firepit! FMI: call 207-360-0904 or visit www.bitterend. me.

#### 41st Annual Christmas Prelude Sneak Preview

Santa Arrives by Lobster Boat \*NEW TIME and SCHEDULE\* The tradition continues with Santa and Mrs. Claus arriving by lobster boat at the Mathew Lanigan Bridge in Dock Square on the F/V Nor'easter, Sunday December 4th, at 1pm. The boat will stop to greet



the crowd. New this year, Santa and Mrs. Claus will not be disembarking in town, instead, Santa and Mrs. Claus will be dropped off at the Nonantum Resort directly following the bridge appearance for photo- ops, crafts, games, and warm beverages for both children and adults until 3pm. These festivities are free and open to the public, no reservations required.

**Fire and Ice at the Nonantum** Enjoy award-winning food, creative craft cocktails, stunning ice sculptures, live entertainment, and a fire to turn up the heat! Three separate times/date to choose from! Fire & Ice (Friday Night) December 9,6-10pm, \$100 per person. Tickets are required, and can purchased via Eventbrite by visiting https://www.eventbrite.com/e/fire-ice-friday-night-6pm-10pm-tickets-400697526087 Fire & Ice (Saturday Afternoon),December 10,3-6pm,\$75 per person. **Tickets are required**, Fire & Ice (Saturday Night),December 10,7-10pm, \$100 per person. Tickets are required, and can purchased via Eventbrite by visiting www.eventbrite. **com. See ad below**.

#### 22 The Village NOVEMBER 2022



Live Reindeer and Mrs. Claus at Kennebunk Outfitters Back by popular demand, Santa's team of reindeer will be visiting Kennebunk Outfitters, and Mrs. Claus will be joining them! The visits will take place at Kennebunk Outfitters, both Prelude Saturdays, December 3. 10, from 2–4pm. Santa's reindeer will be visiting outside the store for petting and adorable photo-ops! Free and open to the public. FMI: kennebunkoutfitters.com.

Artisan Fair, Music, Book Signing, Ornament Making, Coffee Roasting at Coffee Roasters of the Kennebunks Both Prelude Saturdays, there will be an Artisan Craft Fair from 10-2, Book signing with Steve and Josh Hrehovcik from 10-12, a holiday sing along DJ

Continue to page 23

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# Prelude Preview

#### Continued from page 22

Bob Akers from 12-2pm at Coffee Roasters of the Kennebunks. Both Prelude Sundays from 12-1 there will be a coffee roasting demonstration with master brewer Sandra Duckett using her 100-year-old coffee roaster, followed by ornament decorating for kids from 1-3pm.

LoveLight Illuminations Sound Healing Meditation December 12, from 5:30-6:30pm online or at the LoveLight Center in Wells. \$20 per person. FMI: 207-216-9584, info@lovelightilluminations.com or https://www. lovelightilluminations.com/ LoveLight Illuminations Winter Solstice Mediation will take place December 21/22 from 5-6pm, online. \$20 per person. FMI: 207-216-9584, info@lovelightilluminations.com or https://www. lovelightilluminations.com.

Fundraiser Cookie Crawl through Lower Village & Kennebunkport December 6,7,8, Tuesday, Wednesday, and Thursday, from 11–4. Take a delicious tour through Dock Square and Lower Village while you collect cookies and vote for your favorite. Stop at the Nonantum Resort on Ocean Ave. for tickets and maps of participating cookie stops and make your way around town gathering treats and maybe even crossing a bit of holiday shopping off your checklist! This fundraiser gives 100% of proceeds to our community champions: Graves Library and KEMS. \$15 per participant. Tickets will be available for purchase at the Nonantum Resort on the days of the event. Please visit the Front Desk.



Maine lobster boat used to bring Santa into Kennebunkport. Santa is picked up at a secret location Breakfast with Mrs. Claus and The Elves at the Nonantum December 4, Sunday, from 7:30-11am.Enjoy breakfast with Mrs. Claus and the elves! Guests will have the opportunity to deliver their Christmas list to the North Pole, share their Christmas wishes with Mrs. Claus herself, and even receive a complimentary photo to capture the moment. Live music provided by Coverstories. \$30/adult, \$18/children 12 and under. Reservations are required, and can be made via Open Table by visiting www.opentable. com/booking/experiences-

Breakfast with Santa and Mrs. Claus at the Nonantum December 11, Sunday, from 7am-12pm. Enjoy breakfast with Santa and Mrs. Claus! Guests will have the opportunity to share their Christmas wishes with Santa and receive a complimentary commemorative photo to capture the moment. Cover Stories will provide live entertainment. \$35/adult, \$18/children 12 and under. Reservations are required, and can be made via Open Table by visiting www.opentable.com/booking/experiences Gingerbread House Making \*NEW LOCATION\*

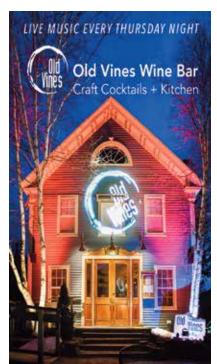
This year the kids' Gingerbread house event will take place at South Church Community House Temple St. Kennebunkport, across from the Post Office. December 10, Saturday. From 10:30am-12:30pm. A Prelude Favorite! Make your own gingerbread house and have a jolly time. All materials are provided. Cost: \$10-per person donation to the 3 Towns, 1 Community Fund. **Reservations are required, and can be made via FareHarbor by visiting: nonantumresort.com.** 

#### 7th Annual Christmas Prelude Boat Rides:

Saturdays and Sundays, both Prelude weekends,10am-4pm Join Captain Mike and Shelley for a ride up and down the Kennebunk River on the F/V Nor'easter, the same authentic Maine lobster boat used to bring Santa into Kennebunkport. Rides take place every half hour. A boatload of fun for all ages! Board the boat behind the Pilot House Restaurant, or behind the Nonantum. \$10 per person, pass is good all day! No advance purchase required, just show up. FMI: www.noreasterfishing.com

Christmas Fireworks Display is BACK! After a 2 year hiatus, the Prelude fireworks extravaganza will take place in the cove and may be viewed from the Mathew Lanigan Bridge and surrounding areas. A spectacular Christmastime show, thanks to Steve Pelkey, Atlas Pyrotechnics of Jaffrey, NH. 6:15 PM. Free and open for all to enjoy.

This is just a sampling of Prelude fun being planned now! For a complete list of official Prelude activities, please visit: christmasprelude.com.



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### Tales from the Archives



By: Leanne Hayden Collections Manager, Brick Store Museum

Mid term elections have not always seen a high voter turnout, hopefully this November is different. In almost every election since the early 19th century, political parties have worked hard to turn out voters with varying degrees of success.

The Election of 1860 demonstrated the divisions within the United States just before the Civil War. There were four main parties nationwide but only three that were of note in Kennebunk. The dominant party, the Democratic Party, had split into two factions, with each promoting its own candidate. The Republican Party was relatively new; 1860 was only the second time the party had a candidate in the presidential race. And the Whigs which became part of the Constitutional Union Party that election year.

Town Clerk and diarist Andrew Walker wrote about the impending election on September 10th 1860, "The only political issue now before the people of the U.S. during the present Presidential campaign is "Slavery". The Maine Liquor Law or temperance question has entirely died out. Although it has but little to do with the election of our State and County officers; still Slavery is the only issue talked of in our election to-day."

There was a new club in Kennebunk called the Lincoln Club which was campaigning for Lincoln's election and was inspired by the "Wide Awakes". In the years before the Civil War, the new antislavery Republican Party offered one of the earliest large-scale progressive political reform movements which energized a new youth led paramilitary movement called the Wide Awakes, so called for their anti-slavery/abolitionist beliefs.

The Wide Awakes began in 1858, as a group of young men from Hartford, Connecticut, organizing to act as bodyguards for Republican candidates campaigning through the streets of the Democratic city. In March of 1860, five young Wide Awakes went to hear Abraham Lincoln speak at Hartford City Hall. He said he opposed slavery and supported workers' rights to strike. The

# The Lincoln Club in Kennebunk



Campaign flag for Lincoln and Hamlin, 1860. Gift of Kate Lord

young men liked what they heard. The Lincoln campaign team knew a good thing when they saw it. They started to organize Wide Awake clubs for young Republican men to register and to get out the vote.

The clubs visited each other, and thousands watched the rallies, including large numbers of women, who formed groups of "Lady Wide Awakes." In Boston, Lincoln's running mate and Maine native, Hannibal Hamlin, marched through the streets with the Wide Awakes. By October 3rd, a huge torchlight procession marched through New York City with tens of thousands coming out to participate.

Political parties in Kennebunk held their own demonstrations. The Brick Store Museum has one of the Lincoln Club's taper holders they would hold in their processions.

"Each of the political parties have during the present political campaign had a new way of showing off and having a good time generally that is by torch-light processions in the evening. The idea was probably taken from city firemen carrying torches with them when they went to a fire by night. The lights are called torches; but in reality, they are lamps fastened to a stock or short pole..." Andrew Walker

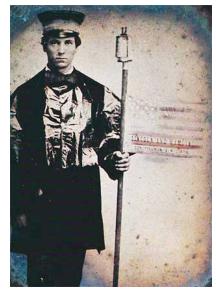
The Wide Awakes were remarkable for their youth, their avowed stance against slavery and for their uniforms. They wore military-style caps and cloaks, which were often enameled to protect them from the oil dripping from their torches. They thought the future belonged to them, not the tired and corrupt figures of the previous quarter century—during which no President survived more than one term. Mechanics, clerks, other wage laborers, and farmers predominated in the clubs.

"This being the electoral year for President, mere political excitement is expected than in other years. In this State great exertions are made by both parties, probably as great as were ever made in one year. In this town the Republicans have had three political lectures. They have a "Lincoln Club", where the leaders meet twice a week for the increase of

the party....The Toper Holder used by the Democrats have not Lincoln Club, 1860. Gift of had any political Donald L. Finlayson. lecture in town this

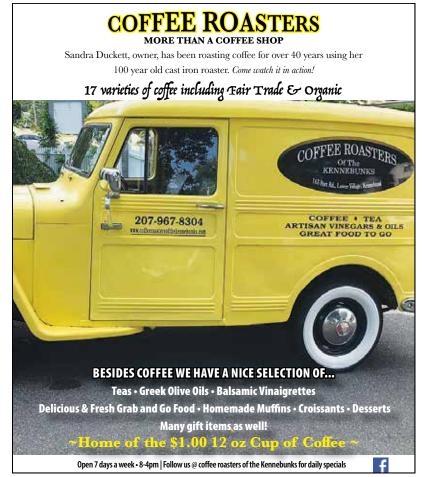
season and it is not probable they will have. As a party they do not manifest so much real zeal as their opponents..." Andrew Walker

The spectacle of large, torch-bearing paramilitary units supporting Abraham Lincoln alarmed southerners. To them, the Wide Awakes represented northern aggression. Ballots for Lincoln wouldn't even be distributed in ten Southern states. Some Southerners, and their Northern supporters, were sure the military-style Wide Awake clubs were readying an invasion. There were even anti-Wide Awake factions, like the Chloroformers,



Member of the Wide Awakes from St. Louis would have resembled this young Iowan in the Wide Awake uniform with his lantern and Lincoln-Hamlin Banner. Courtesy of the Organization of American Historians.

who would put the Wide Awakes to sleep or Minute Men militias formed in South Carolina. After Lincoln won the presidential election, many of the Wide Awake companies disbanded. However, when the Civil War broke out, many of the Wide Awakes volunteered for military service.•



## Even the Tiger Spoke French



#### By John Forssen

It was humiliating enough for my father that I was in the Drama

Club, but to invest three full credits in something as frivolous as Art —to his mind, that was the last straw.

I never saw it coming.

My transformation was managed with stealth.

Nonetheless, to this day I can picture my M.I.T-Class of 35-Engineer father marching into the high school to declare that no son of his would waste his time in an art class.

The guidance counselor sat patiently while my father vented, but when he slipped in a mention of M.I.T. ("not that I necessarily want him to go there, mind you..."), she took out my file and laid before him the meagerness of my aptitude for anything that might be of interest to that institution.

"I'm afraid," she said softly, facing the truth as only a true warrior can, "your son was born to be a poet, if not an artist."

At that revelation, he fell silent. It was as if she had just reported a death in the family.

And, in a way, she had. He had but one son and one dream:

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Business Park right off Route One. interlocking pieces in his world plan, and she had laid bare that several pieces of this dream had come from different puzzles. Neither hammer nor tong would change that.

He had no choice but to surrender. Still, art had to go.

"What else have you got?" He asked like a diner disappointed with the main menu.

"Languages?" She suggested tentatively. "Maybe French? We have an excellent French teacher...fluent, very good with students."

It was an easy sell.

A used car salesman should be so lucky. He was thinking, I suppose, that a person who actually speaks French is likely to find work more quickly than a person who has only taken art: the French Foreign Legion, for example, no shortage of jobs for French speakers there.

So off I went, my artistic heels digging deep, passive-aggressive trenches even before I spoke my first parlez-vous, which by the way did not escape my tightly pressed lips for several weeks.

From start to finish, I found French to be as slippery as algebra, but for some unaccountable reason, I kept taking it: two years in high school, another two in college, giving it up only when I transferred to another school, towing in my wake an unacceptable "D".

Mercifully, my hard time on the rock pile of broken paternal dreams was over.

Except that I had come to like French or, at least, the idea of it. It had the same romance for me as a secret code, but try as I would, while I could speak to the limits of my vocabulary, I could not understand it: the sounds to this day remain a mystery.

When, for example, my wife and I

traveled to Paris and found ourselves uncertain whether to turn right or left, forward or back, she said to me, "Just ask someone."

Clearly, she did not understand the dynamics.

It was like she didn't realize that all these people

spoke French. It was their language. And for me, far worse than fashioning a question was the inevitable need to unravel an answer, the words strung together like tiny stitches in a piece of needlepoint.

But isn't all speech like that? The native tongue is a master at elision; it presses syllables so tightly together that only the practiced ear can detect the spaces between them. A case in point: Whadyathinkweoddadotday? We think nothing of it, but a visitor with his visitorears would be flummoxed.

What to do: I could trust to luck that we would find our way if we wandered far enough—or, asking the question, I could accept my fate as a nuisance or a moron.

In the U.S., we tend to speak louder, and louder still, when a person fails to understand us. In France, however, on the one occasion that I asked asked directions, they spoke slowly, searching for simple words which they tucked into short sentences.

I was teaching at the time (high school English), and, prior to our trip, I had asked the French teacher if I could sit in on one of her classes during my daily free period. She put the idea to her students and they agreed as long as I participated in all class activities, did homework and took tests.

On the first day I found them engaged in a small theatrical production. Among the characters was a tiger caged in a corner



For information, call 502-3726."

beneath one of the desks. And, yes, the students thought I would make a fine tiger. "You must growl," they said..."in French."

"Le grrrr, le grrrr...." I was a natural.

I also bought a series of tapes which promised to make a complete Frenchman of me in about the time it takes to whip up a crêpe française.

To my consternation, however, while the practice questions were good, the French people with whom I tried to speak had their own ideas about the answers.

Many adults have have great difficulty learning languages because, unlike children, they are self-conscious...hope emerges.

Thus, I sallied forth as brash as a child, explaining in my best French to the first person I met that I was an American tourist.

"Yes," he replied in perfect English. "I saw you coming."

We spoke for some further moments in English because he wanted to practice. How could I say no?

In my next encounter, I did not disclose that I was a tourist. Rather, I attempted to make random conversation.

He listened very carefully. He watched my lips as if my words might be seen as well as heard. And then, his face flooding with resignation, he declared, "This would be so much easier if, perhaps, you spoke a little English."

I might as well have taken art, after all.•



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#### Upcoming events

Nurturing Nature's Habitats In partnership with the School Around Us, the Planeteers of Southern Maine invite you to join us for a NATIVE PLANT IMMERSION WORKSHOP SERIES engaging participants in Soil prep, Site mapping and planning, Seed Selection, Winter Sowing, Seeding, and finally, Sorting, Swapping & Sharing. Learn and do in community with others. Come propagate seeds and ideas with us! FREE & OPEN TO ALL. Kids 10 years or younger must be accompanied by an adult. First in the series, at the School Around Us in Arundel, Saturday November 12th at noon: Learn the basics of the Winter Sowing method of sowing seeds during the winter using household containers. Get a jump on starting seedlings with little effort and great results. We'll prepare containers - bring empty gallon milk jugs, plastic storage bins with clear lids, any plastic container that is at least 6" deep. Follow-up workshop in Feb. will be used for sowing seeds. Both of these workshops will be out doors with a bonfire and Hot Cider provided. Bring a Mug/thermos, and a friend! FMI: https://www.facebook.com/someplaneteers or email: someplaneteers@vahoo.com

A Creativity Circle, based in Kennebunk, is pleased to announce their upcoming Book Launch for their recently published Unleashing Creativity: An Inspirational Awakening. Authors Helen Rousseau, Mary Carol Kennedy, Hilary Zayed, Kerry Kenney and Heather Bruhl will be sharing information about creating a framework for igniting the spark of creativity. They will each be reading from their writings in the book, sharing how the Creativity Circle came about and their decision to publish their writings. Come and listen as their unique voices talk about living a creative life. The Book Launch will be held Sunday, November 6th, from 12:00 noon to 2:00 pm at the Program Center at 4 Dane St. Kennebunk. Entry to the Program Center is through the gate facing the Town Hall parking lot. Additional parking is on Maine Street, at the Library or bank across the street. There is no charge and a Q & A time after the talk will be followed by refreshments and time to speak with the authors. Signed books will be on sale for \$20.00. For more information, contact Helen Rousseau at hgrousseau42@ amail.com.



Calling all Local Veterans and Citizens who remember WW2 in the Kennebunks. Kennebunkport Historical Society partners with RSU21 for upcoming Veteran's Day Oral History: November 8, 2022 at Middle School of the Kennebunks, the Kennebunkport Historical Society will collaborate with local eighth grade students for a special oral history project featuring local Veterans as well as elders who may remember what life was like in the Kennebunks during WW2.

Each "block" of this special day will require volunteer participants to answer questions prepared by students. American history is the focus of the eighth grade curriculum, so this celebration of our local veterans and citizens will be a unique opportunity for students to have a personal encounter with the stories of history, rather than the textbook version. The earliest block will begin at 7:30am and will run for approximately 45 minutes throughout the school day. Every eighth grade student will participate through the course of the day during their regularly scheduled social studies block. "Listening to personal stories is a wonderful way to learn about history. The goal of this project is to connect generations, honor local Veterans and seniors, and deepen students' understanding of history from a human perspective," stated executive director, Kristin Lewis Haight, "We are so pleased to be partnering with the local schools for this ongoing project". Volunteers will be required to sign up in advance for security purposes. If you are interested in participating, please call the Kennebunkport Historical Society for available times and for more information, 207-967-2751.

#### **KENNEBUNKPORT CHIME CHOIR CONCERT ON**

**NOVEMBER 13** Many people know about hand bells, but few are familiar with hand chimes which have a unique mellow tone unlike any other. You can hear them in person when the Chime Choir of the Kennebunkport South Congregational Church performs on Sunday November 13, at 3 PM in the church. All of the well-loved musical selections have been arranged for chimes by the church's music director and choir conductor, David Brandes. South Congregational Church located at 2 North St., Kennebunkport.

#### Art Guild of the Kennebunks Sponsors Award Winning Artist Steve Hrehovcik



In Free Caricature Drawing Demonstration . The Art Guild of the Kennebunks (AGK) is pleased to announce artist Steve Hrehovcik will present a free caricature drawing demonstration on Sunday, November 6 at the Dane Street Program Center, 4 Dane Street, Kennebunk. The demonstration takes place from 2 to 4 PM. Kennebunk resident, Hrehovcik is a recent awards winner in the annual Art Awards Exhibit in the multimedia category.

He has been drawing caricature for many years, along with illustrating more than a dozen children's books and business publications. He works in acrylics, pastel and Pen & Ink. In addition to caricatures, subjects Hrehovcik enjoys creating include portraits, homes and buildings, equestrian and pet art, scenic views, lighthouses and boats.

Hrehovcik said, "Caricatures are fun to draw. The secret is to capture the likeness of the 'victim' – model and find playful ways to exaggerate their features. I also like to depict jobs, hobbies and other points of interest in the drawings. I've found caricatures have made wonderful birthday and holiday gifts."

In addition to his artwork, Hrehovcik is a freelance writer, with more than 900 feature articles in newspapers, magazine and business publications. He has written his book Rebel Without A Clue – A Way-Off Broadway Memoir, worked as a ghostwriter, edited memoirs and newsletters, created marketing, advertising and public relations materials. He has also taught drawing and writing classes.

Linda Van Tassell, president of the AGK, said, "Steve's caricature drawing demonstration is just one of the many programs the Art Guild of the Kennebunks offers. The guild is made up of professional artists who display their work in a number of exhibits throughout the year." Also, on display will be Spring Surprise a watercolor by Peter Hoff, which is the prize of the guild's annual scholarship raffle. The raffle benefits a talented, deserving art student at Kennebunk High School with a \$500 scholarship." Raffle tickets can be purchased at any of the Guild events throughout the year. The winning raffle ticket will be drawn at the end of the Guild's Prelude exhibit in December. For more information check the AGK website www.artguildofthekennebunks.com or call (207) 324-0527.

#### Wells Reserve

Wednesday, November 2, 10:30am-12pm Wednesday Walk. The natural world has long been a muse for poets, writers, and other artists. Meet on the Wells Reserve's Laudholm campus to explore nature through a poetic lens with guide Norma Fox. Ages 12 and up. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar.

**Tuesday, November 15, 8-9:15am Morning Yoga.** Begin your day with a gentle Hatha yoga class designed for people who need to stretch, strengthen, tone, and relax on a regular basis. This is the first in a series of seven weekly virtual sessions led by Leslie Fiore, founder of Port Yoga in Kennebunk, who has been practicing and teaching yoga for 20 years. \$84/\$70. Registration required at suzanne@wellsnerr.org or 207-646-1555 ext 116. FMI wellsreserve.org/calendar.

Wednesday, November 16, 10:30am-12pm Wednesday Walk. The natural world has long been a muse for poets, writers, and other artists. Meet on the Wells Reserve's Laudholm campus to explore nature through a poetic lens with guide Norma Fox. Ages 12 and up. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar.

Friday, November 18, 12:30pm-2:45pm Art in Nature: Block Printing Workshop. Discover your inner artist by creating your own make-and-take block print at the Wells Reserve. Block printing is a fun and easy way to create unique cards and decorate other paper goods. No experience required. All materials provided. Families with interested and patient kids ages 12 and up are welcome. \$16/\$12. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar.

Saturday, November 19, 10-11:30am Fall Frolic.

Join Maine Master Naturalist Linda Littlefield Grenfell for a brisk walk at the Wells Reserve to explore autumn. We will find beauty in late-autumn browns and grays, look for brighter colors along the way, and find out what stays green. We will discuss animals preparing for winter, look for wildlife signs, learn to identify a few trees by their bark, and search for late berries. \$8/\$6. Registration required at linda@wellsnerr.org or 207-646-1555 x128.

Wednesday, Nov 30, 10:30am-12pm Wed Walk. The natural world has long been a muse for poets, writers, and other artists. Meet on the Wells Reserve's Laudholm campus to explore nature through a poetic lens with guide Norma Fox. Ages 12 and up. Free. Registration required at caryn@wellsnerr.org or 207-646-1555 ext 110. FMI wellsreserve.org/calendar.

Wednesday, Nov 30, 12-1:15pm Maine Wonders. Take a journey into the natural world to discover mind-boggling animals and fungi, explore creature love, and, while witnessing transformation, be transformed yourself into someone who wonders about Maine's natural wonders as you never have before. This virtual presentation, hosted by Wells Reserve, is divided into four sections: sex and reproduction, metamorphosis and transformation, iconic Maine beauty, and the weird and the wild. We'll visit tide pools and vernal pools, forests and lakes, and animals who will astonish you. Our speaker, Zoe Weil, is president of the Institute for Humane Education and author of seven books, including The World Becomes What We Teach, an Amazon #1 Best Seller, and Most Good, Least Harm, a Nautilus silver medal winner. Zoe was named one of Maine Magazine's 50 independent leaders transforming their communities and the state. She has received the Unity College "Women in Environmental Leadership" award and was a subject of Robert Shetterly's "Americans Who Tell the Truth" portrait series. Free. Registration required at wellsreserve.org/calendar.



#### 28 The Village NOVEMBER 2022

Empowering Youth to Become Environmental Leaders: The Climate Initiative announces donation from Tom's of Maine



— The Climate Initiative (TCI), a national, nonpartisan and science-based organization based out of Kennebunkport, Maine that empowers youth for climate action, is proud to announce a generous donation from Tom's of Maine. Tom's of Maine, a Certified B Corporation, is a committed, purpose-driven business and each year gives 10% of its profits to nonprofits addressing issues facing our health, our environment, and our kids.

TCI and Tom's of Maine believe in empowering the next generation to become environmental leaders in their communities, and understand the importance of centering climate equity in climate education. The \$100,000 funding provided by Tom's of Maine will support TCI's direct-toyouth climate action toolkits and the expansion of TCI's core climate change educational programming, Learning Lab, to teachers and students across the country, especially in areas more vulnerable to climate change impacts. This experiential learning program results in youth-led climate action within

communities and has proven to be a catalyst for community leaders working towards climate change resiliency in towns, cities and states across the country. "In just two years, TCI's Learning Lab programming has reached all 50 states and our youth ambassador program continues to expand nationally, representing the diverse populations we engage in. Support from an iconic brand like Tom's of Maine is a dream for our staff and we can't wait to see how this donation impacts even more youth climate leaders across the country," said TCI Executive Director Jono Anzalone. "Tom's of Maine is excited to support TCI in furthering their programmatic reach and expansion especially in the communities most affected by climate change impacts. We believe in the power of meaningful action and storytelling in mobilizing communities towards living more sustainably and believe that youth are a key in unlocking these conversations," added Michelle (Theodat) Waring, Steward for Sustainability and Everyday Good at Tom's of Maine.

Follow @the\_climateinitiative on Instagram to see this work in action!

#### Brick Store Museum

**Saturday, November 12:** Gelli Plate Fun, 9:30AM-12:00PM. Brick Store Museum, 117 Main Street, Kennebunk. Have fun making colorful prints on a gelli plate, with Teaching Artist Christine Burgess! The process is similar to the mono printing technique. In this workshop you will have a chance to experiment making designs with stencils and other household items. Materials will be provided, no experience necessary. \$45 per person/\$40 for Members. Please register in advance by calling 985-4802 or visit www. brickstoremuseum.org.

**Saturday, Nov 26:** "Dasher" Book Reading with Illustrator Matt Tavares, 10:00AM. Brick Store Museum, 117 Main Street, Kennebunk. Meet local author and illustrator Matt Tavares of the popular holiday book "Dasher"! Matt will be doing a reading, drawing, question and answer session and a book signing. This event kicks off our Open House. Free admission. FMI call 985-4802 or visit www. brickstoremuseum.org.

**Saturday, Nov 26:** Tree Lighting Open House, 10:00AM – 5:00PM. Brick Store Museum, 117 Main Street, Kennebunk. Free admission all day to the Museum to explore current exhibits and the expanded Holiday Showcase featuring local artists. Supported by H.M. Payson. Free admission. FMI call 985-4802 or visit www.brickstoremuseum.org.

Sunday, Nov 28: Museum Store Sunday, 12:00PM – 4:00PM. Brick Store Museum, 117 Main Street, Kennebunk. Be a Patron of the Museum Store! This special Sunday event celebrates how museum stores foster an appreciation of local art, history and culture. Free admission all day to the Museum to explore current exhibits and the expanded Holiday Showcase featuring local artists, plus a raffle for anyone who visits! Supported by H.M. Payson. FMI call 985-4802 or visit www.brickstoremuseum.org. Museum Presents Workshop on Scandinavian Traditions The Brick Store Museum is offering a new four-week workshop celebrating Scandinavian holiday folklore. Starting on November 22, participants will meet at the Museum weekly to create their own Tomten. Registration for the month-long class is \$150 per person, and the deadline for registration is November 11th, Please



register online at brickstoremuseum.org or by contacting the Museum's Educator, Mary Delehanty, at mdelehanty@brickstoremuseum.org. A Tomten are an essential part of Scandinavian folklore. They are a sort of gnome who live on the farm and look after

the children and animals. More recently, our Tomtens are handmade dolls. They represent the simplest form of doll making. Participants in the class will make a unique little wool doll from recycled materials while we explore the history of the various little folk of the season. Gift someone special or if you can't bear to let them go keep it for yourself! The ONLY experience necessary is a willingness to let your imagination lead the way.

The class is a four week session and will meet once a week on Tuesdays from 10:00am – noon starting Nov 22nd. For more information on how to register please email museum educator, Mary Delehanty, at mdelehanty@brickstoremuseum.org.

#### Louis T. Graves Library

Mondays @ 7:00 pm. What's Your Story? Have you heard about our Interview Show? Each week, our Library Director, Mary-Lou Boucouvalas, sits down with a community member and talks to them about where they came from, what they do, interests, etc. A great way to get to know who lives in your neighborhood, attends your church, or waits on you at a local business. You never know who you might see on What's Your Story? Tune in Monday evenings at 7pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301.

Wednesdays @ 7:00 pm. Portside Readers. Who does not like to be read a story? Listen to stories, poems, tales, essays, drama, songs and more by the Portside Readers, a small group of local actors, writers, book club members and a musician who love the written word and want to share the joys of reading and listening. Tune in Wednesday evenings at 7pm on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channel 1301. Please call the Library for more information on this creative collaboration of friends and neighbors!

**Thursday, Nov 10** @ **9:45 am. Morning Book Group.** This group meets the second Thursday of every month. This month, the group is reading The Last Bookshop in London by Madeline Martin. New members are always welcome. The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 or visit our website at http:// www.graveslibrary.org.

**Thursday, Nov 10** @ **5:30 pm. Wine On-Line.** Join us on Thursday, November 10th @ 5:30 pm for a fun hour of tasting, information, and trivia right on Zoom. For November, we will be tasting wines to make your holidays merry and bright. Our two experts, Lani Dietz and Betsy Ross, will be on hand to guide us through the program. Please call the Library (967-2778) to be added to the Zoom List!

Wednesday, Nov 16 @ 9:30. Your Health Matters. Please join us and staff from the Kennebunkport Health Department to identify ways to improve healthy choices and overall well-being. Copies of the book Keep the Memories, Lose the Stuff: Declutter, Downsize, and Move Forward with Your Life by Matt Paxton with Jordan Michael Smith are available at the Library. Not able to read the book before the discussion? Please feel free to join us and learn more about this month's book pick. Help set the course for a healthy you! Graves Library is located at 18 Maine Street, Kennebunkport, Maine. Please give us a call for further details about this healthy monthly program. (967-2778). Sat, Nov 19 @ 3:30 pm. In honor of Veteran's Day, New York Times best-selling author William Martin will join us for a special author talk on Saturday. November 19th at 3:30 pm to discuss his newest title, December '41, released earlier this year. About December '41: "From New York Times bestselling author William Martin comes a WWII thriller as intense as The Day of the Jackal and as gripping as The Eye of the Needle. In December '41, Martin takes us on the ultimate manhunt, a desperate chase from Los Angeles to Washington, D. C., in the first weeks of the Second World War.

On the day after Pearl Harbor, shocked Americans gather around their radios to hear Franklin Roosevelt declare war. In Los Angeles, a German agent named Martin Browning is planning to kill FDR on the night he lights the National Christmas Tree. Who will stop him? Relentless FBI Agent Frank Carter? Kevin Cusack, a Hollywood script reader who also spies on the German Bund of Los Angeles, and becomes a suspect himself? Or Vivian Hopewell, the aspiring actress who signs on to play Martin Browning's wife and cannot help but fall in love with him? The clock is ticking. The tracks are laid. The train of narrow escapes, mistaken identities, and shocking deaths is right on schedule. It's a thrilling ride that will sweep you from the back lots of Hollywood to the speeding Super Chief to that solemn Christmas Eve, when twenty thousand people gather on the South Lawn of the White House and the lives of Franklin Roosevelt and his surprise guest, Winston Churchill, hang in the balance" [MACMILLAN]. Tickets for this very special Veteran's Day author event are available on Eventbrite for \$10. The ticket price includes the author discussion and a wine and cheese reception. All proceeds benefit the Graves Library — we thank you for your support! Please call (207) 967-2778 for more information.

**Thursday, Nov17** @ **5:00 pm. Evening Book Group.** Join us on Thursday, November 17th for this month's book group. For this session, we will be discussing The Friend by Sigrid Nunez. All are welcome to attend. Please give us a call if you are interested or need a copy. (967-2778).

**Thur, Nov 17** @ **6:45 pm. Monthly Movie Night.** Join us on Thursday, November 17th for our monthly movie night. All are welcome to attend. Light refreshments will be served. For this month, you will be seeing some old friends from a wonderful PBS series!

**LIBRARY CLOSURES:** The Graves Library will be closed November 24, 25, and 26 for the holiday weekend. We hope you all enjoy time with family and friends. Stay safe!

#### Ongoing:

**Our Fabulous Friday Family Readings every Fri at 10:00 am** on the Louis T. Graves Memorial Public Library Facebook Page (www.Facebook.com//GravesLibrary) on YouTube (www.YouTube.com) and local channel 1301. This program includes stories, finger plays, and songs. The Library is located at 18 Maine Street, Kennebunkport. For further information, please call 967-2778 and ask for the Junior Room or visit our website at http://www.graveslibrary.org.

**Graves Library Community Art Show.** A variety of pieces created by staff, volunteers, and patrons will be on exhibit and sale at Graves Library through next May, 2023. Fifty-percent of all proceeds benefit Graves Library. The Library is located at 18 Maine Street, Kennebunkport. As items sell, new ones are added. We invite you to take a look in the Business Center whenever you get the chance.

**Ongoing Book Sale** at the Louis T. Graves Memorial Public Library. Visit the Book Cellar for what's in the store. Thousands of books to choose from – during Library hours. We also have notecards, journals, special books, ball caps, special gift books, coffee mugs, tote bags, bookmarks, and more. If you are unable to make it in, you can call us with your genre requests and we will fill a bag for \$10.00 (10 for \$10). For information, please call 967-2778 or our website at http://www.graveslibrary. org. Cookbooks, sports, religion, fiction, biography, history, children's, classics, health, and a whole lot more!

**Caps for Sale.** We just got a new shipment in just in time for the holidays. Give a Graves Library ball cap to someone on your list. All proceeds benefit the Library. A win-win for everyone.

**Special Offer** – Not Many Remaining — Please call us to order your History Book Set, Kennebunkport : the Evolution of an American Town, researched and written by local historian Joyce Butler. This 400 year history includes people, places, and events that have shaped our lovely village over time. Hundreds of images, maps, photos, charts, and stories are included in this two-volume set. Please call the Graves Memorial Library at 967-2778 for more details. \$50 per set.

**Meet Us** @ the Museum — The Graves Memorial Public Library has passes to six different Museums throughout Maine for all Kennebunkport residents and patrons to visit for free. Brick Store Museum, Ogunquit Museum of Art, Seashore Trolley Museum, Children's Museum of Maine, Portland Museum of Art, and Coastal Botanical Gardens. Please give us a call at (207) 967-2778 to reserve a pass for a particular day.

#### Kennebunk Free Library



KFL Wreath Fundraiser Returns KFLis now accepting orders from individuals and businesses for wreaths which will be delivered to the library for pick up on Saturday, November 19. Wreaths can also be shipped to friends and family around the country for an additional fee. Made at Wreaths of Maine in Waldoboro, these beautifully handmade, double-sided 23" Balsam wreaths, centerpieces and sprays will adorn your front door and make excellent gifts. There are multiple options to choose from ranging from \$32-\$45 as well as a 33" wreath suitable for larger windows and doors for \$63. Every wreath is hand made by a skilled wreath-maker and decorated. All proceeds benefit the Library. Orders are accepted through November 8 at 8:00 p.m. Order at our online store (kennebunkfreelibrary.square.site) or pick up a form in the library. Kennebunk Free Library is located at 112 Main Street in Kennebunk, Maine. For more information please call 207-985-2173 or visit kennebunklibrary.org.

Virtual Holiday Wine Tasting Get a jump start on your holiday entertaining plans and support your library at the same time. Kennebunk Free library is sponsoring a Virtual Holiday Wine Tasting on Tuesday, Nov. 15 from 6:30 to 7:30 p.m. Lani Dietz, owner of Kennebunk's Maine and Vine (13 Western Ave.), will tell us about three wines that are perfect for the holiday season. We will have time for discussion and questions, and trivia prizes will be awarded. Come to listen and learn or purchase the wines to sip along. Mention this KFL fundraiser to receive a 10 percent discount at Maine and Vine on the three selected wines. The first ten folks who register will be entered in a drawing to win a luxury charcuterie box for four from Kennebunkport's The Port Box Co. as a gift certificate or that will be delivered to you on Nov. 15. Suggested donation is \$10. Purchase tickets at https://kennebunkfreelibrary.square.site/ to receive descriptions of the three chosen wines along with pairing suggestions. The KFL is located at 112 Main Street in Kennebunk, Maine. For more information please call 207-985-2173 or email us at kfl@kennebunklibrary.org.

**Kindness Club at KFL** In a world where you can be anything, be kind! Kennebunk Free Library is launching a brand-new Kindness Club on Tuesday, November 15, at 3:45 pm. At our first meeting, we'll get to know each other by talking about ways we can be kind and ideas we have for our club. We'll also share a story about kindness and do a coloring activity. This program is open to ages 6 and up; registration is appreciated but not required! Kindness has no age requirement — if a friend younger than 6 would like to join in, please reach out to Miss Maria at mrichardson@kennebunklibrary.org, or 985–2173 x 105. Masks are required at library programming. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information and to register, please call 985-2173 or visit the website www. KennebunkLibrary.org.

**Beadcraft at Kennebunk Free Library** Beadcraft is back! Perler Beads – tiny plastic beads that can melt – were first introduced as a craft in Sweden in the 1950's, and we still love them! Children ages 6 and up, or age 5 with a caregiver, are invited to join us for an afternoon of beading fun on Wednesday, November 2 at 1 p.m. Design suggestions will be offered, but creativity is encouraged! All craft materials will be provided. Registration is recommended but not required. Masks are required for indoor programming. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173 or visit the website www. KennebunkLibrary.org.

**Drop-In Crafts at KFL** Are you ready to get crafty? Come to Kennebunk Free Library on Friday, November 11 between 2:30 and 4:30 to make a craft or two celebrating Fall and gratitude! All ages are welcome to attend. No registration required. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173 or visit the website www.KennebunkLibrary.org.

Junior Science at KFL Do you love dinosaurs? Want to learn more about fossils? Come and join us for Jr. Science on November 14 at 3:45p.m.! We will be digging for fossils and maybe even making our own! This program is open to ages 7 and up; registration is required! Masks are required at library programming. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information and to register, please call 985-2173 or visit the website www.KennebunkLibrary.org. Leqo Club at Kennebunk Free Library

**Ready to get building?** KFL is offering a Lego Club for children ages 4 and older. Lego Club will meet on Friday, November 18, from 4:00-4:45 p.m. Come and build new and imaginative creations or ask the librarian for a challenge to complete. All Lego blocks will be supplied; please leave yours at home. Registration is appreciated. Masks are required when attending programming. Lego Club is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information or to register, please call 985-2173 x-108 or visit the website www. KennebunkLibrary.org.

Outdoor Storytime at KFL It's time for Storytime! On Mondays at 10:00 a.m., join Miss Maria for songs, stories, and fun! It's starting to get chillier, but we'll have Storytime outside near the Faerie Garden as long as we can. Bring a blanket or towel to sit on, and don't forget to bundle up if it's chilly! No worries if it's too cold -- in the event of rain or inclement weather, storytime will be held indoors. Masks are required when attending library programs. These events are free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173. Upcoming storytime dates include: • November 7 • November 14 • November 21 • November 28

**Tech Time - Tuesdays and Wednesdays** Are you stuck on a technology question that might need some extra help to be solved? While technology is advertised to be simple and easy, sometimes it can be anything but that. Whether it be trying to use one of the library's digital services, making heads or tails of a new device, or just having a second pair of eyes help troubleshoot a piece of software, don't worry, the library is here to help!

To sign-up for one of our Tech Time appointments, please visit the front desk to be placed on our scheduling sheet. Appointments to meet one-on-one with a librarian can be

scheduled Tuesdays and Wednesdays from 2:00-4:00 P.M.. Appointments are only 45 minutes long, but there is always an opportunity to schedule a follow-up appointment if we run over our time limit. When setting up the appointment, help us to better assist you by describing the issue you want to discuss. If possible, also make sure to bring your device with you along with any needed usernames and passwords. If you have any questions or concerns, please feel free to visit us at the desk, call (207) 985-2173, or email our technology educator at kfl@kennebunklibrary.org so we can help you further.

The Dragon Hunters and Treasure Seekers Guild (D&D) Welcome young adventurers! Come and join in on an exciting quest in the world of Dungeons and Dragons. Open to new and experienced players alike. Because of the holiday break, we will meet on Monday November 7 and 21 from 3:30-4:30 P.M. You're welcome to bring in a character from a previous game, to make a new one, or to use one of the pre-made characters provided in the starter set. All other supplies will be provided, just bring your imagination! This event is free, wheelchair accessible, and open to Teens ages 10 and up. New players are encouraged to join in on the adventure. If you have any questions, see Miss Emmaline downstairs in the children's room, or call at (207) 985-2173. Chill Gaming Ready to chill, eat snacks, and play some games? Come hang out with friends, test out your gaming card decks, play on our Nintendo Switch, try out new RPG board games, or anything else in between for our event, Chill Gaming! Basically anything that relaxes you is welcome and encouraged! Because of the holiday break, we will meet on Thursday, November 10 from 3:30 -4:30 P.M. There will be games provided by the library, but players are free to bring their own games, learn new games at their own pace, or you can just come to hang out and have a good time listening to some lofi beats! This event is free, wheelchair accessible, and open to Teens ages 10 and up. If you have any guestions, see Miss Emmaline in the Children's Room, or call at (207) 985-2173.

#### AWS

Thursdays, Nov 3, 10, 17 @3:30 and 4: Rescue Readers [no session Thanksgiving afternoon] AWS Adoption Center 46 Holland Road, Kennebunk Open to students in grades K-8. Rescue Readers brings together elementary/middle school students and AWS resident pets for a half hour of reading aloud. Students have access to special reading materials and receive reading comprehension guidance from our Humane Educator, as needed. Students are also welcome to bring their own reading materials. FREE, registration is required for each participating student. Weekly registration opens by noon on Mondays at https:// animalwelfaresociety.org/youth/rescue-readers/

#### **River Tree Art**

Artists Open Studio at River Tree Arts Tuesdays, 9:30am-11:30am Dates: 11/1, 11/15, 11/29, 12/6 Location: River Tree Arts, 35 Western Ave, Kennebunk Open Studio for Artists is a new initiative to promote sharing, exploring, and community building among artists, working in all mediums. This is a bring-your-own project and supplies format and participants will direct the plan/exercise for each session. Free for members. Suggested donation of \$5 per session for non-members. No Registration is Required. Rivertreearts.org Metalsmithing Workshop at River Tree Arts Saturday, November 5 (9am-12pm) Location: River Tree Arts Gallery, 35 Western Ave, Kennebunk This is a beginner workshop where we will be making earrings. We will learn the basic techniques by using most of the tools in the studio. We will learn how to add texture to a piece, we will use the torch to solder pieces and we will learn how to clean and polish a The Village NOVEMBER 2022 29

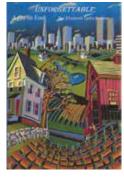
piece. Each participant will go home with a finished product. Members: \$55 / Non-Members: \$65. Registration Required. Rivertreearts.org

Watercolor Workshop at River Tree Arts Tuesday, November 15 (5:30–7:30pm) Location: River Tree Arts Gallery, 35 Western Ave, Kennebunk It's Fall Y'all! Let's celebrate by creating fresh, colorful watercolor paintings inspired by nature and the season. You will learn tips and tricks to creating beautiful watercolor art, while learning how to paint seasonal botanicals. This is a hands on class, you will learn color mixing, wet into wet, dry brushing and brush strokes. All materials are provided. This workshop is perfect for all levels of experience. Come relax and create! Members: \$35 / Non-Members: \$42. Registration Required. Rivertreearts.org

Driftwood Christmas Tree Workshop at River Tree Arts Friday, November 18 (5:30-7:30pm) Location: River Tree Arts Gallery, 35 Western Ave, Kennebunk Driftwood Christmas Trees! Make your own 2 or 3 FT driftwood Christmas tree! Join driftwood artist Cherie Herne and her assistant Salty Gals for this special day of creativity and fun. We'll supply instruction and everything you'll need to create a tabletop driftwood tree including pre-drilled driftwood branches, a driftwood tree stand, a steel pole, supplies to make a starfish or natural tree topper and acrylic paint to add an accent to your base and topper. Driftwood trees can be taken apart and put together year, after year, making them a lasting item to add to your holiday decor. Workshop Price: \$100 for a 2 foot tall tree / \$165 for a 3 foot tall tree / Registration includes all supplies and lite refreshments. Registration Required. Rivertreearts.org

#### Kennebunk author Releases new book: Unforgettable: Ages on End

The author of Seven Women in Maine, Equilibrium, and Uncompromising: Family Style, in her latest



book, Elizabeth Lydia Bodner takes her readers through "Unforgettable" decades of challenges and blessings in the last half of the 20th century. This is a story of the hardworking Corrigan family: three generations whose lives changed dramatically from the family

farm, war, and political upheaval to dreams and opportunities, along with a long-kept secret.

Books are \$17.95 and are available at select bookstores. You may also purchase online or request an order from your local bookstore, or from the author at: EBW Associates. FMI: EBW@gwi.net Elizabeth Lydia Bodner was born and raised within a loving large family of six "by two selfless parents, who taught us that material goods were second to all the spiritual ones which last forever. Having fun together was paramount, and I have to say that those endearing qualities inspired throughout my writing." She and her husband Jim moved to Maine in 1995.



# The Arundel Market

#### Steven Burr, Guest writer

The area where Limerick Road, River Road, Route One, and Old Post Road meet in Arundel might be considered the Arundel town center. Many businesses have been located here and on the banks of the Kennebunk River over the last two hundred and fifty years. One of these businesses is The Arundel Market property beginning in 1840.

In late seventeenth century this area was then part of Kennebunkport. The Nason house, (1024 Portland Road) built by Daniel Nason, provided the area with a carding mill, saw mill, blacksmith shop, store, and several small homes. The Old Post Road, then the Saco Road, was the main road from Kennebunk to Portland. Samuel Gilpatrick built his house above Limerick Road, now Bandaloop Restaurant. Oliver Goodwin built his house in 1825. This was moved when V. I. P. Auto was built (The Talbot House).

Another house that's important to mention is the William Smith home still standing but heavily remodeled. It sits next to the Arundel Market, on the right, and was built in 1845. Samuel Gilpatrick sold William Smith five acres of land, with no buildings in 1844. In 1849 Smith sold William Thompson the same land only with buildings. In 1939, owner Rolland Hill remodeled the house, adding a dormer and a wing on the left. On the Kennebunk River the Daniel Nason house was sold to Charles H. Walker in 1872. He ran a saw mill on the river until 1900 when he retired.

In 1926, Martin Murtaugh purchased the property now located on the Atlantic Highway #1 and Limerick Road. It's possible Murtaugh moved the house to another location on the property. He also built cabins to rent to tourist and opened a seasonal roadside stand. He operated this business for ten years before selling to Bugbee & Brown Co. in May of 1936. They then sold to Rolland Hill in 1937.

Rolland Hill was a local business man who ran Hill's News Agency on Main Street in Kennebunk with his wife Lena. They had previously operated a cottagerental business in Moody Beach for several years. They took over the News



#### In 1937 they opened The Arundel Market. Pat Arsenault Ownen photo.

agency in 1936 and they sold newspapers, periodicals, guns, fishing, and hunting supplies. They also operated a popular soda fountain there. In 1937 they opened The Arundel Market and ran both businesses until their retirement in 1957. Hill was also a guide and expert fisherman. They lived in the Smith house next to the market with their family. Other buildings were added to accommodate the tourist trade.

At the Arundel Market the Hills sold beer which was legal in North Kennebunkport at that time but not in Kennebunk or Kennebunkport. After 1933 and the repeal of Prohibition beer and alcohol were in the markets again. However, towns could control what was sold within their town lines. Kennebunk and Kennebunkport remained dry towns so it was common to go to Hills to purchase beer.

The Hills ran the Arundel Market for almost twenty years becoming a town landmark in the process. In 1959 Roland Hill leased the market to Donald Stevens and Edward Arsenault. By then it had become a Nation-Wide Market serving the people and tourist of Arundel and nearby communities. In 1963 Arsenault and his wife, Pauline, purchased the market continuing it as a grocery store. Pauline was from Kennebunk and grew up in the area. Arsenault's family were hard working Canadians who had emigrated to Maine around 1900. They worked in shoe factories in Sanford, Lewiston, and Massachusetts. Eddie was born in Sanford in 1915 and followed his father into the shoe mills. He grew up in Massachusetts coming to Kennebunk in 1931 when his father joined Kesslen Shoes. There he met Pauline Wyman marrying in 1937. Together they had four daughters between 1938 and 1954.

Arsenault worked with Hill for seven years before buying the building. Once purchased he began expanding as he was financially able. Things were going well for the couple until Valentine's Day 1966; Pauline and her twelve year old daughter Shelia were returning home from shopping in Kennebunk early in the evening just before seven. Pauline was driving north



Arundel Market in 1954. Joanne Dewitt photo

just past "Bartlett's Mills" when two cars filled the roadway, racing at great speeds. Pauline pulled her car over, but one of the racing cars hit her head on. Both Pauline and her daughter died in the accident. The driver of one of the other cars was also killed. Racing was a popular thing at that time and fortunately was a passing fad.

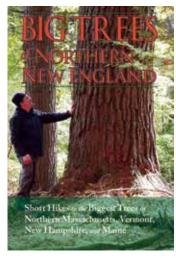
Two of Pauline and Eddie's daughters were already married and the family were devastated by their loss. Eddie closed the market for the rest of the winter. In the spring he finished the new addition and reopened the store. Being back in the market he found it too difficult to continue running the business and providing the customer service he'd always had before the accident. He decided to sell the market. Gerald Rooney Jr. was the next owner. An enterprising self-made man he had previously owned part of the I. G. A. on Green Street in Kennebunk. Rooney brought many years of retail grocery experience with him. He continued the grocery store adding a meat counter. He moved his family into the Smith house next door and changed the name of the Market to: "Jerry's Arundel Market". He was a success and continued to operate the market until 1978.

When Jerry sold the market in June of 1978, he retained the gas station and the cottages. Jerry was always coming with business ideas and he was never still for long. The new owner was Wayne Edes who took over and continued the market as it had always been run. Edes too had been in the grocery business for all of his life and wanted to on his own market. His two year search for the "right" market ended at the doors of "Jerry's Arundel Market".

Within a couple of years Jerry Rooney had moved the cottages to the front of the property and added a kitchen, and dining room. There he and his wife Irma opened "Papa Joes" an Italian take out and pizza place. Today "Mike's American Diner" is located there. The Arundel Market changed from a full time grocery store to a convenience store selling breakfast and deli sandwiches. For the first time since 1938 the Arundel Market is currently closed.



## **Big Trees of Northern New England**



Short hikes, bikes, and paddles to the biggest trees in Maine, NH, Vermont, and Northern Massachusetts.

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chestnut in Portsmouth NH that was planted by a signer of the Declaration of Independence in 1776. Northern NE has several national champion Big Trees and some of those are also shown.

"Kevin's guide offers a fun way to track down some of northern New England's most impressive – and hard to find – big trees."

Greg Jordan, County Forester Chair, NH Tree Farm Committee

Big Trees inspire an unparalleled sense of awe and wonder. Kevin Martin leads us to many of the champions of Northern New England so you can enjoy their majesty yourself, in person, or vicariously through his descriptions and photographs". -Sara Lourie PhD, Cambridge Vermont, Conservation Commission

Big Trees of Northern NE directs you on 66 trips to find over 160 of the largest trees that are on public land or in the cities where the public can see them up close. 4th generation NH native and outdoorsman Kevin Martin shares stories of big trees around the region, along with information about their history, management, and caretaking. Kevin lives in Epping, NH. He can be reached at kevinmartin16@ comcast.net, or 603-679-5153. To order see website at www.kevinmartin.wcha.org/bigtrees.

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**19 WINDSOR COMMONS, KENNEBUNK (Coventry Woods)** - Welcome to this beautifully sited end-unit with 3 bedrooms/3 baths, sunroom, full basement, and lots of storage. The first level offers a vaulted ceiling living room with hardwood floors and propane fireplace. Just one-mile from Main Street, 5 minutes from I-95 and 10 minutes from the Ocean. \$429,000



**53 CLARK ROAD, ALFRED** - Lovely 3 bedrooms/2.5 baths home sited on a private 2+ acre parcel featuring vaulted ceilings, 4-season sunroom, large deck, and hardwood floors. \$535,000



**698 OCEAN AVENUE, WELLS** - Location, Location, Location. Moody Point is a very sought-after area in Wells, and homes in this area do not come on the market often. This is one of two free standing homes that were converted into condos. No condo fees! This home looks at the Atlantic Ocean on a corner lot with magnificent views of the ocean from many rooms. \$895,000



**59 NEW BIDDEFORD ROAD | KENNEBUNKPORT** - Just one-half mile from beautiful GOOSE ROCKS BEACH! This house offers 3,908 sq. ft. consisting of 12 rooms plus a 3 car-garage and an enclosed (screened) in-ground swimming pool. The eye catching 1.5-acre lot offers mature landscaping and a scenic spring-fed pond. This one-of-a-kind FURNISHED home has so much to offer. \$1,295,000



**12 DANE STREET | KENNEBUNK** - This quintessential classic New Englander is tucked away on a quiet side street just a short stroll to all that downtown Kennebunk offers. Offering 3 bedrooms and 2.5 baths the home is very livable before any chosen updating is decided on. The furnace and roof have recently been updated! \$549,000



**24 NORWOOD LANE, UNIT #4, KENNEBUNKPORT-** It does not get much better than this! A private setting at Goose Rocks Beach with a Dock on the river and sunsets beyond belief! This is the last of a small 4-unit condo project offered for sale. It has shared river frontage and a deeded ROW; just a minute or two walk to the beach. There is 1/4-mile walking path on an island adjacent to the property. \$785,000



