

# Oakland Caribbean Sounds 5k/10k Race 10k

## Overall Finish List

November 06, 2010

Results by Synergy Race Timing ([www.srtiming.com](http://www.srtiming.com))

### Female Finishers

Place	Name	City	Bib No	Age	Age Group	Time
1	Jacqueline Fix	San Francisco CA	754	29	1 F 20-29	43:43.2
2	Ama Jackson	Oakland CA	898	31	1 F 30-39	44:17.5
3	betty melero	san leandro CA	463	18	1 F 1-19	44:43.2
4	Nancy melero	san leandro CA	442	22	2 F 20-29	44:45.6
5	Sheryl Thomas	Castro Valley CA	487	31	2 F 30-39	47:10.3
6	Yvette Nout	oakland CA	464	37	3 F 30-39	49:14.4
7	Alexandria Dangerfield	Campbell CA	735	25	3 F 20-29	51:10.7
8	Melba Dangerfield	san ramon CA	734	55	1 F 50-59	51:11.1
9	Jenna Chung	Emeryville CA	34	39	4 F 30-39	51:37.6
10	Parrish Placencia	Castro Valley CA	845	34	5 F 30-39	52:26.4
11	Heather Bourne	Kensington CA	718	15	2 F 1-19	53:31.7
12	Janice Prudhomme	Kensington CA	848	50	2 F 50-59	53:34.2
13	Julie McAvoy	Lafayette CA	813	24	4 F 20-29	54:07.6
14	Stacy Baas	Oakland CA	705	35	6 F 30-39	54:17.8
15	Maria Briggs	Hercules CA	720	39	7 F 30-39	54:44.7
16	Nadezhda Lozhkina	Moraga CA	805	22	5 F 20-29	55:27.4
17	Salena Copeland	El Cerrito CA	732	32	8 F 30-39	56:38.0
18	Rachel Wong	Huntington Beach CA	881	24	6 F 20-29	57:21.9
19	Diana Romo-Nicols	Oakland CA	851	36	9 F 30-39	57:47.6
20	Jenn Schindel	Berkeley CA	480	33	10 F 30-39	57:57.8
21	Taylor Mitchell	Oakland CA	820	24	7 F 20-29	58:16.6
22	Minou Krissy Rhoades	San Jose CA	475	27	8 F 20-29	59:14.2
23	Lauren Kim	Berkeley CA	792	23	9 F 20-29	59:25.8
24	Kristi Spittle	Berkeley CA	486	27	10 F 20-29	59:28.7
25	Tabitha Paculba	San Ramon CA	838	36	11 F 30-39	59:30.5
26	Leah Newman	Oakland CA	831	24	11 F 20-29	1:00:40.0
27	Cynthia Palwick	Pinole CA	839	29	12 F 20-29	1:00:46.8
28	Jami Herbst	Oakland CA	778	26	13 F 20-29	1:01:20.1
29	Grace Fong	San Jose CA	757	40	1 F 40-49	1:01:24.7
30	Laura Mason	Oakland CA	810	31	12 F 30-39	1:01:31.6
31	Cindy San	Oakland CA	857	26	14 F 20-29	1:02:04.2
32	Tami Imai	Salinas CA	897	30	13 F 30-39	1:02:14.7

33	Becky Frank	Oakland CA	760	27	15 F 20-29	1:02:49.3
34	Abigail Goetz	Oakland CA	764	27	16 F 20-29	1:02:59.1
35	Sandy Tsang	Oakland CA	871	26	17 F 20-29	1:03:25.6
36	Vien Truong		209	0	1 F 0- 0	1:03:47.6
37	Nyaradzo Kundidzora	Oakland CA	794	34	14 F 30-39	1:03:50.0
38	Anna Clayton	Oakland CA	893	29	18 F 20-29	1:03:50.5
39	Tahl Sendowski		98	24	19 F 20-29	1:04:26.1
40	Amber Miller	San Francisco CA	819	25	20 F 20-29	1:04:26.1
41	Hali Richardson	San Francisco CA	122	22	21 F 20-29	1:04:52.4
42	Marty Williams	Oakland CA	879	66	1 F 60-99	1:05:06.4
43	Jenny Tasoulinh	Berkeley CA	864	28	22 F 20-29	1:05:22.7
44	Phuong Vuong	Oakland CA	874	23	23 F 20-29	1:05:31.2
45	Noel McArdell	Oakland CA	812	34	15 F 30-39	1:05:42.1
46	Stace Clause	San Leandro CA	129	37	16 F 30-39	1:05:42.1
47	Samantha Bagwell	Fremont CA	707	29	24 F 20-29	1:05:53.2
48	Danika Wong	san francisco CA	93	26	25 F 20-29	1:06:32.6
49	jennifer Wu		110	26	26 F 20-29	1:06:37.8
50	Sarai Williams	Walnut Creek CA	880	26	27 F 20-29	1:06:39.6
51	Jessica Celovsky	Walnut Creek CA	730	27	28 F 20-29	1:06:40.2
52	Melissa Palwick	Fairfield CA	840	31	17 F 30-39	1:07:17.3
53	Rebecca Schultz	San Francisco CA	860	28	29 F 20-29	1:07:52.8
54	Catherine Jones	Oakland CA	791	28	30 F 20-29	1:08:24.3
55	Janeen Jackson	Oakland CA	787	42	2 F 40-49	1:08:28.0
56	Maggie Taylor	Berkeley CA	865	23	31 F 20-29	1:08:29.2
57	Jamie Manalang	Oakland CA	808	32	18 F 30-39	1:08:29.7
58	Sirena Wong	Emeryville CA	468	30	19 F 30-39	1:08:33.3
59	Linny Le	CA CA	899	24	32 F 20-29	1:08:59.8
60	Sarah Strand	Sacramento CA	863	33	20 F 30-39	1:09:00.1
61	Myrna Delgadillo	San Lorenzo CA	741	34	21 F 30-39	1:09:12.1
62	Jennette Sison	Oakland CA	861	28	33 F 20-29	1:10:07.6
63	Karen Beato	Alameda CA	710	46	3 F 40-49	1:10:30.7
64	Ginnie Iletto	Pacific Grove CA	785	27	34 F 20-29	1:10:33.6
65	Cynthia Gong	San Mateo CA	766	32	22 F 30-39	1:10:45.8
66	Minh-Giang Nguyen	San Jose CA	835	23	35 F 20-29	1:10:48.5
67	Janice Yenpasook	Oakland CA	886	34	23 F 30-39	1:10:50.7
68	Rachel Gregg	Oakland CA	895	29	36 F 20-29	1:11:14.8
69	Krystle Lynne Tianero	San Jose CA	867	25	37 F 20-29	1:11:47.6
70	Nicole Gonzalez	colma CA	767	22	38 F 20-29	1:12:09.4
71	Cathy Ongiri	Oakland CA	465	30	24 F 30-39	1:12:33.9
72	tina nguyen	oakland CA	832	27	39 F 20-29	1:13:11.8
73	Manuela Saftoiu-Kumar	Union City CA	855	25	40 F 20-29	1:13:55.5
74	Dena Cook-Milligan	San Francisco CA	903	24	41 F 20-29	1:14:00.8
75	Kellyn Foxman	Oakland CA	759	23	42 F 20-29	1:14:18.5
76	paula luu	san francisco CA	806	22	43 F 20-29	1:14:19.3
77	Debra Wong	San Jose CA	883	26	44 F 20-29	1:14:26.6

78	Beatriz Perez	Oakland CA	466	28	45 F 20-29	1:15:03.6
79	Stacy Miller	Sacramento CA	818	34	25 F 30-39	1:16:15.8
80	Leslie Neugebauer	El Sobrante CA	828	30	26 F 30-39	1:16:16.4
81	Jenny McGinnis	Belmont CA	814	31	27 F 30-39	1:17:05.3
82	Laura Righetti	Santa Clara CA	477	26	46 F 20-29	1:17:50.6
83	Bonnie Yu	Berkeley CA	887	32	28 F 30-39	1:17:51.4
84	Maya Bueno	San Leandro CA	723	27	47 F 20-29	1:18:34.6
85	Anne DeJesus	San Leandro CA	739	27	48 F 20-29	1:18:34.8
86	Kelly Hoeschen	San Lorenzo CA	781	23	49 F 20-29	1:20:29.8
87	selene vazquez	san leandro CA	488	22	50 F 20-29	1:20:34.8
88	Antoinette Lee	San Francisco CA	796	32	29 F 30-39	1:21:57.8
89	Tracy Doo	Daly City CA	747	29	51 F 20-29	1:24:21.1
90	Cathy Au	San Francisco CA	704	26	52 F 20-29	1:24:26.3
91	Amy Hutton	Oakland CA	784	40	4 F 40-49	1:25:44.5
92	Anushree Dekhane	San Jose CA	740	29	53 F 20-29	1:25:51.9
93	Leah Mize	Alameda CA	821	33	30 F 30-39	1:26:22.9
94	Venette Cook	Pacifica CA	902	56	3 F 50-59	1:27:16.5
95	Alexandra Cook	San Bruno CA	138	27	54 F 20-29	1:27:18.9
96	Sylvia Redweykies	Oakland CA	469	45	5 F 40-49	1:27:49.8
97	Jennifer Leung	Fremont CA	799	38	31 F 30-39	1:27:50.2
98	Larissa Pico	Berkeley CA	844	38	32 F 30-39	1:29:39.3
99	Emily Plug	Saratoga CA	846	23	55 F 20-29	1:30:39.2
100	Melissa Krein	Hayward CA	793	30	33 F 30-39	1:30:40.4

<u>Place Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	
101	rebecca Brown	fremont CA	721	35	34 F 30-39	1:30:40.5
102	Sandra Robinson	San Leandro CA	850	59	4 F 50-59	1:34:00.6
103	Kristine Smith	Richmond CA	101	44	6 F 40-49	1:34:01.1
104	Wendy Patterson	Novato CA	842	38	35 F 30-39	1:35:05.9
105	Yvette Gamble	San Lorenzo CA	161	0	2 F 0- 0	1:41:14.1
106	Azuka Nwigwe	Oakland CA	127	0	3 F 0- 0	1:44:44.9
107	suzanne harris	oakland CA	775	53	5 F 50-59	1:44:46.6
108	Mary Ann Anders Anderson	Alameda CA	703	46	7 F 40-49	1:44:47.4

## Male Finishers

<u>Place Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	
1	Derek Turbin	San Francisco CA	124	26	1 M 20-29	42:59.8
2	Alonso Davila Lourenco	San Bruno CA	737	21	2 M 20-29	43:03.0
3	Giancarlo Leonio	San Bruno CA	798	21	3 M 20-29	43:16.0
4	Charlie Rockman	Berkeley CA	479	33	1 M 30-39	46:54.6
5	Robert Altmiller		148	27	4 M 20-29	48:20.2
6	Steve Burion	San Francisco CA	725	29	5 M 20-29	49:22.5

7	Alex Merchant	Oakland CA	816	32	2 M 30-39	49:30.6
8	Will Schramm	Castro Valley CA	859	34	3 M 30-39	50:58.4
9	Brendan Lo	San Francisco CA	802	25	6 M 20-29	51:51.6
10	Chris Conroy	Berkeley CA	894	41	1 M 40-49	52:26.5
11	Glenn Goldbeck	Moraga CA	87	46	2 M 40-49	52:26.8
12	Scott Polston	Oakland CA	847	43	3 M 40-49	52:37.3
13	Jonathan vazquez	san leandro CA	497	26	7 M 20-29	53:33.5
14	Daniel marquez	san leandro CA	431	22	8 M 20-29	53:34.6
15	Daniel Hill	Kirkland WA	779	25	9 M 20-29	54:05.5
16	Adam Yamaguchi		119	26	10 M 20-29	54:05.6
17	Mathew Lomas	Oakland CA	803	46	4 M 40-49	55:02.2
18	Doug Dormandy	Fremont CA	748	36	4 M 30-39	55:10.4
19	Dip Ghuman		121	28	11 M 20-29	56:27.1
20	vay hoang	Oakland CA	780	27	12 M 20-29	57:57.0
21	Michael Tran	Concord CA	869	22	13 M 20-29	58:08.5
22	Kevin Tsou	Richmond CA	872	27	14 M 20-29	58:40.1
23	Jonathan Fong	San Leandro CA	756	26	15 M 20-29	59:14.7
24	Victor Cardenas	berkeley CA	889	27	16 M 20-29	59:42.2
25	John Yamane	San Francisco CA	885	25	17 M 20-29	59:57.3
26	Samneil Samson	San Jose CA	856	28	18 M 20-29	1:03:17.4
27	Praveen Neppalli	San Jose CA	130	0	1 M 0- 0	1:03:37.4
28	SenthilKumar Gunasekaran	Union City CA	771	28	19 M 20-29	1:03:39.6
29	Lalindro Wickrcmasiyhr	San Francisco CA	123	0	2 M 0- 0	1:04:01.2
30	Clint McArdell	Oakland CA	811	37	5 M 30-39	1:04:16.1
31	Yee-min Lin	Oakland CA	801	32	6 M 30-39	1:04:20.0
32	George Hauser	Oakland CA	776	62	1 M 60-99	1:04:44.2
33	Amol Neurgaonkar	SAN JOSE CA	829	28	20 M 20-29	1:05:00.4
34	Spencer Williams	Fremont CA	418	24	21 M 20-29	1:05:17.8
35	Glenn Howe	CA CA	782	29	22 M 20-29	1:05:21.4
36	Ravi Billa	Newark CA	713	29	23 M 20-29	1:05:38.0
37	Josh Weber	Fremont CA	876	26	24 M 20-29	1:05:52.5
38	Matthew Liebman	El Cerrito CA	800	31	7 M 30-39	1:06:02.0
39	Jason V lleto	Pacific Grove CA	786	29	25 M 20-29	1:10:33.0
40	Paul Buckley	San Francisco CA	722	29	26 M 20-29	1:10:51.1
41	Jason Toovey	Lafayette CA	868	23	27 M 20-29	1:12:08.4
42	Simon Kang	Brentwood CA	132	27	28 M 20-29	1:13:09.0
43	victor Cruz	oakland CA	733	27	29 M 20-29	1:13:11.4
44	ki chung	oakland CA	131	31	8 M 30-39	1:16:31.2
45	Kevin Mah	Piedmont CA	807	29	30 M 20-29	1:17:44.4
46	Chrstopher Calvert	Berkeley CA	726	32	9 M 30-39	1:17:51.5
47	Francisco vazquez	san leandro CA	407	52	1 M 50-59	1:20:36.1
48	Ashwin Neurgaonkar	SAN JOSE CA	830	24	31 M 20-29	1:20:47.5
49	tim yu	davis CA	888	25	32 M 20-29	1:21:04.7
50	timothy hamp	pinole CA	773	41	5 M 40-49	1:22:57.3

51	Chris Palwick	Fairfield CA	841	31	10 M 30-39	1:23:07.9
52	George Perry	San Mateo CA	843	37	11 M 30-39	1:24:04.1

---