



## New Moon Wishing Guide

The Earth is the place where we reap what we sow. It is where we learn and practice harnessing our unique strengths and powers in alignment with the divine cosmic forces of our universe in order to fully awaken into our highest potential. Mother Earth reminds us that who we are in this present moment in time is a direct result from a decision or series of choices we have made which has led us directly or indirectly to this exact circumstance. We are the key to our future, we have always had this power of freewill and choice but, have we been empowered, knowledgeable and FULLY conscious of the life we have been creating? To fully understand and access our divine gifts, powers and abilities is part of the human journey we are all discovering within ourselves and it is an initiatory requirement for becoming a fully sovereign cosmic being.

Because there is a greater world that extends beyond the Earth plane, the Moon guides us to remembering these divine gifts, powers and capacities hidden within the subconscious of our being. In order to become a fully conscious creator and tap into this power of manifestation we must first be fully conscious. In order to be fully conscious we must invite our heart to guide us to remembering our divine purpose for our existence, our cosmic identity and the soul agreements we have made. By remembering who we are and what we are here to learn, experience and accomplish we can then become fully conscious of what we TRULY want to harvest in our lives in divine alignment with our purpose and the cosmic forces of our universe that has created you.



It is important that our manifestations do not come from the ego but rather from the heart and in harmonic resonance with the divine forces creating our experience, this is where you will find your greatest source of power to create and manifest. Just like in nature in order for us to achieve the dreams we want to see come true and have the human experiences we would like to have we must first begin by planting the seeds at the appropriate time, i.e. the New Moon, in alignment with all of our heart and soul. This is one of the most paramount lessons we explore and practice in the Lunar Destinies Club.

New Moon wishes may not always come to complete fruition within the approximate 29.5 day cycle between New Moons, in fact, in my personal experience, manifestation on Earth is much slower and it takes an average of 1 year of conscious commitment to your dreams. This also depends on your level of expertise with the powers of creation, your capacity to manifest and how aligned it is with your divine purpose. However, always remember the power of planting a seed. Once a seed has been planted into the fertile soils of the New Moon, they will begin to grow in the months ahead. Be sure to make your wishes within 3 days of the New Moon. And for the greatest potency make your wishes within the first 8 hours and be sure to physically hand-write your wishes down on paper, read them out loud to the universe and share your deepest gratitude.

Once you start consciously creating your life in accordance to the natural rhythms and cycles of the universe and in alignment with your divine purpose you will quickly find yourself operating in a completely different dimension of reality I like to call the miracle zone. If you haven't already figured it out yet the world we live in is a truly magical place where miracles happen every single day! All you need to do is remain open to seeing the magic all around you and when you notice it be grateful and welcome more magic into your life and before you know it you will find yourself operating within the miracle zone.

New Moon wishes are a form of miracles and miracles are defined as an extraordinary event in the physical world that surpasses all known human or natural powers and is said to be the work of God. Miracles are a gift from the divine and although we may not be able to create them, we can certainly invite miracles into our life by creating the recipe of conditions needed to make some magic happen. In fact this is what we were created and destined to do!

Now in order to create the magic of miracles you have to put yourself within the vibrational frequency where miracles happen--the frequency where anything is possible. This is also the same frequency we need to be operating in when we are making our New Moon wishes. This is why it is necessary to open yourself up to your heart space also known as the seat of the soul and to follow your divine destiny. You were created to be a conscious creator and to learn the process and alchemy of creation. You deserve to create miracles because you are one! Now, it's important to remember what you are seeking is also seeking you so if we are operating and wishing from the ego we will be manifesting a human experience that is a reflection of the ego. This path will not be filled with the same magical synchronicity as when we are operating within the miracle zone of the heart and often times it results with emptiness and endless desire. So in order to experience great success with your New Moon wishes let's take a closer look at the true intentions behind your New Moon Wishes.

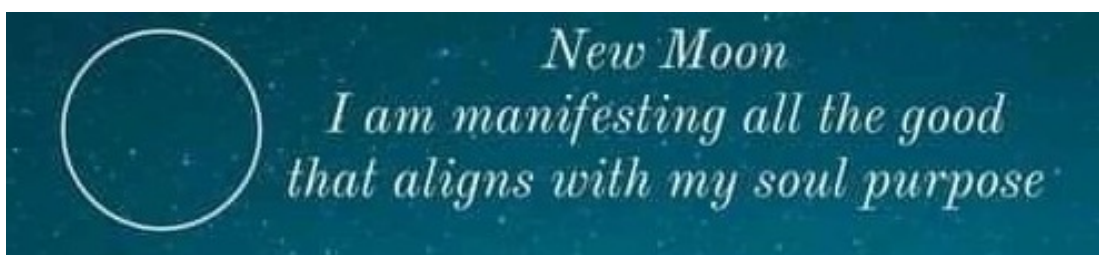


It is important to stay away from ego-based wishes like I want a million dollars or I want to lose 20lbs. Wishes that come from the voice of the ego will not be granted by the universe. This means we need to shift our wishes from an ego-based intentions to heart-based dedications because miracles exist in the realm of the soul. If you wish and wish and wish and your wish doesn't ever come true, you don't see any signs of it coming and, it doesn't actually seem to be getting any closer, then it's time to reevaluate if this is the right wish for you as well as examine the true intentions behind your wish. Because you may be wishing for a million dollars in your bank account but is that what you are really wanting or underneath that desire are you truly looking for more freedom and power in your life? If so, then your wishes should be around experiencing more freedom and sovereignty in your life. Now obviously everyone would want to have a million dollars or more in the bank but perhaps you need to become the person you were destined to become before you are granted such wealth and prosperity. So wishes around discovering your divine purpose would be more powerful than simply asking for a million dollars. Heart-based wishes feel expansive, unlimited and align with your soul purpose and True Self. Either way, instead of wishing to be rich you can wish for more abundance and prosperity to flow into your life. Now, embody the feelings of ease and freedom allowing abundance and prosperity to more easily flow to you. For a wish like this you must KNOW and OWN your self worth. If you don't fully OWN your worthiness then the universe is going to have a hard time delivering you the miracle that is also seeking you. And when abundance and prosperity arrives in your life notice it and thank it, this invites even more abundance and prosperity to be welcomed into your life.

How do you know If you have an issue with worthiness? Ask yourself the following questions: Do I have a hard time asking and accepting help from others? Do I have a hard time accepting gifts and generousities from others? Do I have a hard time accepting compliments from others? Do I feel guilty after receiving help from others? Do you feel like you have to repay someone two-fold for help? Do you down play all the goodness in your life from others because you feel bad that they aren't experiencing the same? ...These are all signs that there is a lack of worthiness within you. In this case, you first need to focus on your self-worth and self-love. One of the best ways to stay open to receiving is feeling heart-filled gratitude for all the gifts and blessings in your life such as your body, health, intelligence, emotional capacity, divine gifts, creativity, family, friends, animals possessions, etc.

Another example of an ego-based wish vs. a heart-based wish is; I want to lose 20lbs. Energetically this wish is very ego-based. Do you think you need to be thinner to be happy or attractive? Instead of wishing to loose weight, you can wish to be fit, vibrant and healthy-- in a body that reflects on the outside, the radiant being you are on the inside.

Are you beginning to see the difference ego-based intentions and heart-based wishes? The best wishes to make are feelings, emotional healing, experiences, personal growth, clarity and guidance, etc.



Every New Moon you get to make up to 10 wishes, unless it is your SUPER MANIFESTATION POWER PERIOD when your manifestation powers are amplified and you get to make 40 New Moon wishes! This is something you will also learn in the Lunar Destinies Club.

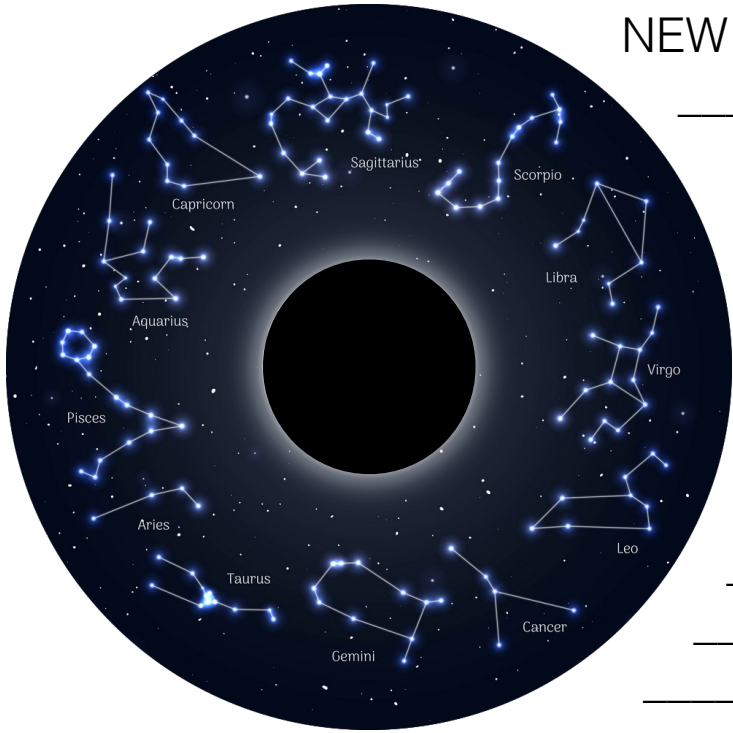
After writing all of your wishes check to see if any are written from the ego, if so, rewrite them from the heart and soul.

#### NEW MOON WISHING DO's & DON'Ts

DO Physically write you wishes by hand, voice them out loud to the universe and express your gratitude. DO NOT write more than 10 wishes unless it is your Super Manifestation Power Period. DO date and sign your wishlist making it official! Do make sure you wishes are heart-based. DO trust the process that everything happens in divine timing. If a wish doesn't come true immediately, keep repeating it, or watch to see what unexpected benefit arises instead. DO NOT make wishes for other people. It won't work. DO believe in and pursue your dreams! Trust your ability to go through the tests of character that pave the way to creating your own true inner happiness. DO make more than one wish around an area that is important to you. DO NOT let yourself get stuck in the same habitual wishes and responses! DO keep wishes separate from one another (ex: "I am cleared of the desire of smoking." and "I am cleared of the desire to drink alcohol."are two separate wishes). Do stay operating within the high-frequency Miracle Zone of the heart, soul and gratitude.

And, that's it in a powerful little nutshell! The quote, "The creation of a thousand forests is in one acorn." (Ralph Waldo Emerson) rings true for the miraculous power of one wish. Be clear, be conscious and be the divine creator you were born to be!!!  
Happy New Moon Wishing!





NEW MOON LOCATION:

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NEW MOON ENERGIES:

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HOW DO I FEEL IN THIS MOMENT?

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WHAT AM I GRATEFUL FOR?

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WHAT CAN I INVITE MORE OF INTO MY LIFE?

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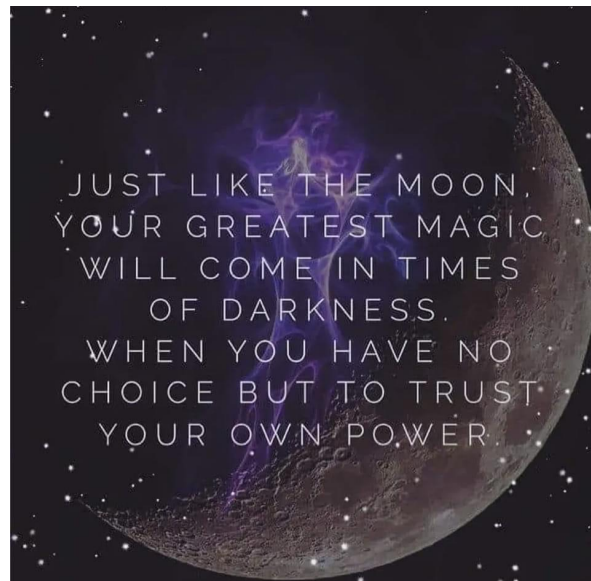
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DATE: \_\_\_\_\_

I declare these New Moon wishes to the universe

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2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

And I am grateful for the power I have to conscious create my life  
and for the abundance of gifts and blessings I have all around me.

With lots of love,



WHICH WISHES FROM LAST CYCLE CAME TRUE?

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WHICH WISHES FROM LAST CYCLE ARE STILL 'IN THE WORKS'?

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THOUGHTS, FEELINGS & OBSERVATIONS:

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