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Dr. Benjamin Rojas, M.D., F.A.C.C.

Instructions for Your Nuclear Stress Test

- You may eat a light meal prior to your study. Please drink at least 6 oz. of water. You may bring a small snack, especially if you are diabetic.
- **NO** caffeine, decaf, coffee, tea, soda or pop for 12 hours prior to your test.
- Hold the following medications the day of your test unless you have a history of atrial fibrillation (if you take your medications at night, please also hold the night before your test):
 - Atenolol, Betapace, Bystolic, Calan, Cardizem, Cartia, Carvedilol, Coreg, Digoxin, Diltiazem, Idenral, Lopressor, Metoprolol, Propanolol, Sotalol, Tenormin, Timolol, Toprol, or Verapamil
- If you are not walking on the treadmill, you may take your medications as you normally do.
- You should wear comfortable clothing and proper (tennis) shoes for walking on a treadmill.
- Your test will take approximately 2 ½ - 3 hours, and you will be able to drive yourself home afterwards. Please feel free to bring a magazine or book to read while you're here.
- If your weight exceeds 250 lbs., you may be scheduled over two days to ensure accurate results.

*If you need to reschedule or cancel your test, please give **at least 24 HOURS NOTICE**. The fee for not giving **24 HOUR NOTICE** is \$200, which covers the nuclear medicine cost.*

Appointment Date / Time: _____ **In Libertyville / Gurnee**

Libertyville Office Location
1870 W. Winchester Road, Ste. 241
Libertyville, IL 60048
Ph: 847-549-0170
Fax: 847-549-0172

Gurnee Office Location
731 S. Milwaukee (Rte. 21), Ste. 110
Gurnee, IL 60031
Ph: 847-360-8440
Fax: 847-360-8468