

## THYROID ISSUES CAUSES

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| <ul style="list-style-type: none"><li>• Lack of iodine &amp; other vitamins/minerals</li><li>• Cavitations (from tooth extractions)</li><li>• Tooth and gum disease</li><li>• Root canals, mercury/gold/titanium fillings and implants</li><li>• Intracellular infections manifesting as Lyme, Alzheimer's, Parkinson's</li><li>• Candida, fungus, H. Pylori, viruses, bacteria</li><li>• Inflammation, non-alkaline environment</li><li>• Vaccines</li><li>• Covid vaccine spike protein, graphene, nano tech</li><li>• Lack of healthy fats (ie Omega 6, coconut oil, olive, organic butter, excess Omega 3)</li><li>• Consuming margarine, corn oils, canola, safflower &amp; sunflower oils, rice bran oils, Mazola, etc.</li><li>• Compromised liver/kidneys/gall bladder</li><li>• Kidney/ Gallbladder Stones</li><li>• Dairy protein (casein)</li><li>• Gluten in grains (gliaden protein)</li><li>• Growth hormones- dairy, meat</li><li>• GMO foods (BT Toxin, Glyphosate)</li><li>• Alcohol, substance use/abuse</li><li>• City water (bromine, fluoride, chlorine, medications)</li></ul> | <ul style="list-style-type: none"><li>• Microwave ovens</li><li>• Wrong salt, lack of healthy salt</li><li>• 1 bowel movement or less per day</li><li>• Leaky gut</li><li>• Poor digestion/bloating (nutrients not being absorbed well, to little stomach acid to digest foods)</li><li>• Hormone imbalances (excess estrogen)</li><li>• Parasites, flukes, worms</li><li>• Food intolerances, allergies</li><li>• Prescriptions/over the counter meds</li><li>• Heavy metals</li><li>• Processed foods, sugar, preservatives, artificial sweeteners, high fructose corn syrup</li><li>• EMF's, cell phones, WiFi, cell towers</li><li>• Geopathic stress lines through bed/work areas</li><li>• Vitamin/mineral imbalances, lack Vit C</li><li>• Lack of exercise/movement</li><li>• Dehydration</li><li>• Fatty liver</li><li>• Lack of quality whole organic foods</li><li>• Excess weight</li><li>• Chemicals, cleaners, fuel, petroleum products, personal care products, house renovations, air fresheners</li><li>• Emotions (grief, anger, resentment)</li></ul> |
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This is not a conclusive list