

Grace to
Love
It's a New Day!



T. Fields

Workbook

Keep putting into practice all you learned and received from me – everything you heard from me and saw me doing. Then the God of peace will be with you – Philippians 4: 9 NLT

This workbook belongs to:_____

From “The Assignment of Love” Curriculum :

*Grace To Love:
It's a New Day!
Workbook*

by T. Fields



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Introduction

The Assignment of Love Curriculum

presents

the

“Grace to Love: It’s a New Day! Workbook”

by T. Fields

Welcome! Welcome! Welcome!

We’re going to a new level in love! This workbook is based on each chapter of the book called, “Grace to Love: It’s a New Day!” by T. Fields. It is designed to help reinforce what you read about the grace God gives you to love others no matter what their differences are or their situations and the grace to receive your on-going healing from Christ which enables you to love better. An answer key is provided for you at the end of this workbook. Read the entire book and then complete your workbook. Leave blank anything you do not know at first glance. Move on to the next question until the whole book is finished. Go back and get the book. Read a chapter, put the book down, go to the lesson in the workbook. Do this until the workbook is done. Wow! You might want to keep a journal close by for the revelation God pours out on you the second time you read those chapters one by one. Write down what God tells you. Enjoy!

Requirements: Grace to Love: It’s a New Day! Book (Read It)
Pen

Lesson 1

Chapter 1 - What is Grace?

1. What is Grace?

- a) a gracious gift from God not based on your good works; it puts the super on your natural ability
- b) an undeserved, gift from God achieved because of your faith and not because of your fulfilling the law
- c) belief that you are saved because you washed Sister Marga's feet last Wednesday at the revival service
- d) belief that you are saved by faith not by your good works
- e) c only
- f) all except c

2. According to "**Grace to Love: Live a Life of Love**"

by T. Fields, being saved means you are.....

- a) delivered from judgement (sin) and given eternal life
- b) delivered from judgement and given a free dinner at the Pastor's house
- c) delivered from judgement and given a lead spot in the choir
- d) delivered from judgement and given special home visits directly from Pastor himself

3. Yes or No

- a. Is God's gift of grace for everyone? _____
- b. Does God want you to partake in the gift of grace? _____
- c. Is Satan responsible for the good things in your life? _____
- d. Is God responsible for the bad things in your life? _____
- e. Does God want you to pick and choose who you love? _____
- f. Can you incur emotional wounds from rejection, loneliness, insecurity, hate, and fear? _____
- g. Can you incur emotional wounds from racism? _____
- h. Did the devil try to get Jesus to kill himself? _____
- i. Did Jesus experience oppression? _____
- j. Did Jesus not have any temptations? _____
- k. Was hate the way Jesus handled his afflictions? _____
- l. Does Jesus expect you to drown yourself in your emotional wounds? _____
- m. Does God give you grace to receive his healing and grace to walk in love with others? _____
- n. If you encounter someone with demons, can a temptation arise from that demon? _____
- o. Was Jesus made a man (a human) in order to suffer from all our sins as a sacrifice for us so that we may live a better life and be free from all chains of the devil? _____

Lesson 2

Chapter 2 - Submitting to the Precious Holy Spirit

1. Who is your built-in helper?
 - a. Mom
 - b. Dad
 - c. The Preacher
 - d. The Holy Spirit
 - e. Grandmother or Grandfather

2. What are the **functions** of the Holy Spirit?
 - a. counselor, helper, intercessor, advocate
 - b. teaches you all things, shows you things to come
 - c. leads and guides you into all truth
 - d. brings things to your remembrance
 - e. b, c, d
 - f. a, b, c, d

3. What helps you to yield to the Holy Spirit?
 - a. listening to God and obeying what he says
 - b. first making a decision to submit to God always
 - c. God's grace; spending time with God intimately
 - d. reading, meditating and studying God's word
 - e. praying to God and asking him to teach you

f. a, b, d, e

g. a, b, c, d, e

4. List **five** advantages of walking and living in the Holy Spirit.

5. List all **nine** fruits of the spirit.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

6. What does the word say about activating the love of God when you are mistreated or how would you handle it?

- If someone is mean to you, the word of God says

- If someone speaks badly to you, the word says

- If someone wrongly accuses you, the word says

- if you are experiencing fear or panic, the word says

- If someone steals something or someone from you, the word says

- If someone comes at you angrily, the word says

- If you find out someone dislikes you, the word says

- If you are around someone who is pessimistic all the time (has a negative outlook), the word says

- If someone is hateful to you, the word says

- If someone tries to hurt you on purpose, the word says

- If someone discriminates against you in any way,
the word says

- If someone tries to tear you down and break you,
the word says

- If someone complains, gossips, or backbites about you, the word says

7. Why is love important to God?

Lesson 3

Chapter 3 - The Importance of Family

1. Which reason did God **not** design “**Family**” for?
 - a. so you can exercise your grace to love
 - b. to be competitive with one another
 - c. to be a strength to one another
 - d. to help one another; a support
 - e. to give you a strong foundation of love that helps prepare you before you step out into the cold world
2. List **nine** reasons why you or someone might be more open to loving and caring with your own friends or someone else, than your own family (the one you grew up with).

3. What **three** things are true about grace?

- a. It is a gift from God
- b. It is God's unmerited favor given to each of us indiscriminately
- c. When I am weak, the power of Christ from God's grace can work through me
- d. It helps me remember what I need to
- e. a, b, c
- f. a, b, c, d
- g. d only

4. Define **Love Walk**.

5. From 1 Corinthians 13: 4-8, List **eight** things about the love of God.

6. These words are the different ways that Satan, the enemy, uses to trick and deceive you into believing his lies. Fill in the blank with one of the ways.

Eavesdropping	False Images	Past
Wrong Thoughts	Rejection	Music
False Prophets	Confusion	Media
Offense	Wrong Words	Noise
Your Name	Hearing Wrong	Voices

WHAT AM I UP AGAINST?

- a. _____ The enemy says, "You are never going to amount to anything in life."
- b. _____ The enemy shows you two or even three images together or shows you a manipulative image of a food you shouldn't eat due to your health to tempt you.
- c. _____ You are so mad you can't be a leader at church or be the head singer in the choir. The enemy says, "Go on, be one anyway. Show them what they're missing since they didn't pick you." Rebellion and revenge takes over and causes a big mess. The enemy says, "Ha, Ha! Look at all this trouble you're in. They told you already that you could not be the one."

- d. _____ I think I should try this drug just once out of curiosity. Let me see what the hoopla's about.
- e. _____ How can I get back Sister Brownla for looking at my spouse?
- f. _____ The enemy says, "You don't have any friends."
- g. _____ Nobody needs to know. It will be our secret. Years go by and you haven't told anyone.
- h. _____ You are so ugly. Nobody will date or marry you or we don't want you to sit next to us or everything is your fault.
- i. _____ The prophet said, "Jesus is God's third cousin on his mother's side."
- j. _____ God says . "Ab, stay here today" and you go somewhere else instead. There you hear God say. "Ab, sell your co-op and move to Ireland", only, it's not God who told you and the instructions are for someone else with the same

name as yours. Now, you are even getting blamed for what that Ab did and don't know why his enemies are after you. You defend yourself and now you are in some big mix-up.

- k. _____ The enemy has convinced you that you found your spouse spiritually. You begin to act as such not realizing that there is no one there. It is a figment of your imagination called a manipulative image. The enemy convinces you that the wrong one is your spouse. Somehow you are now bamboozled into believing that the wrong one is your future spouse.
- l. _____ You watch the news everyday and start thinking about those things happening to you in the morning, the afternoon, at night and now in between those times. Your peace is way off.
- m. _____ Your peace is so off that you're spirit is no longer quiet. You are restless and fleshy and having trouble hearing God's instructions correctly.
- n. _____ You are God's sheep and you know God's voice, but now you are listening to cows, goats, and wolves as well.

- o. _____ You overheard while communing with the Holy Spirit that Brother Boe is sleeping with Sister Leony. You are now listening to the lie more than the truth and tune in at the same time the next day on purpose to see if you'll hear some more on the subject.
- p. _____ God says to do one thing and the enemy says to do another.
- q. _____ The song has a great beat and you are just dancing and singing away, so much so that you are playing in your car with the kids in the backseat also repeating the lyrics. The lyrics are saying, "Die! Die! Die!" or "Women or Men ain't ____!" or "Come sex me in a very explicit way."
- r. _____ You were attacked or robbed in the past and never go outside your house, even though the attacker or robber has died, You believe that he or she is waiting to do the same thing to you again.

Lesson 4

Chapter 4 - The Importance of Family

1. True or False

- a. God gives you his grace to help you fight the evil tendencies of this world_____
- b. Strife is the root cause of every argument

- c. When families practice walking in love with one another, it pleases God
- d. The enemy uses love to destroy relationships

- e. Strife and Division do not work hand in hand

- f. Strife destroys relationships in hopes of dividing and separating you from each other_____
- g. The spirit of strife is a hindrance to your love walk _____
- h. You can watch the way you speak and speak the truth in love without being strifeful_____
- i. Responding or commenting on something

rudely, offensively, and with profanity is not
strifeful_____

j. You include Jesus in your situation when you
give in to revenge_____

2. Did You Handle This Well?

Read each scenario and label it with “**Handled**” or
“**Mishandled**”.

a. Monday you went to a meeting and saw three
of your friends talking nicely about how to bake
cakes. You walked over with one of your friends
and you all began to participate in the
conversation as well, only one of your friends
kept making wise cracks and coarse jokes.
Soon after, the others became uncomfortable
and displeased that the pleasant conversation
stopped. You and some others began to
remember that they do this all the time. You
make up an excuse to leave the conversation.
He calls you at home later and you explain that
you got to show some respect when speaking
to others. He received what you said and

vowed to be more respectful when speaking. _____

b. You told your friend you are going to pursue this guy you saw in church that you like. She said she told you before that she's interested in him. You too go back and forth arguing and don't even care if he's interested in any one of you. You discover that he likes someone else. You call up your friend to say it's her fault and she starts following the guy around. The guy doesn't even know why the girl he like is no longer showing an interest in him. _____

c. You and a friend of yours (or relative) have a discussion about the truth it says about homosexuals and lesbians in Romans 1 in the bible. The conversation gets really heated. One of you picks up a piece of furniture and slams it on the floor really hard and it breaks. You forgive him and it happens again about a different topic. You forgive him and warn him

again. The third time it happens, you distance yourself from him and explain to him that he becomes too angry about serious topics and tries to debate the truth, and break his furniture. He disagrees with what you said and you both part ways for now _____

d. You heard about the new virus going around. Even though you are born-again and know what to do when the enemy comes, you start to break out in a sweat. Your peace goes out the window and fear steps in. You start to watch the news twice a day and discuss your worry with your friends. They remind you of what Psalms 91 says and you reject it by saying, “Yeah but this is a new virus.”

e. You been trying to lose some weight for some time now. Your spouse comes in and sees that you are discouraged and begins to make some suggestions. He suggested that you buy a more accurate scale, read the fine print on the food

labels, and that you both exercise together more often. He also, in his prayer time, is speaking to God about how to help you.

f. Your spouse cheats on you. You then go and cheat on her. You both decide to stay together. One year later you have a child. You find out the child has HIV. You blame yourself for it and your wife leaves you and your child. She says it's all your fault. You didn't remember that God's word says "Vengeance is mine," saith the Lord.

g. Your three girls and your son have a chore day. Each is designated a chore to help clean the house. For the past two weeks, you took your son off duty to go shopping and let the girls do his portion. The children start arguing with one another and resenting each other and leaving him out of their play times. You did not explain to the girls why you took

him out twice. It was because
he got one hundred on three of his exams.

h. On Monday, you were bored and started to watch movies. Tuesday you watched more. Thursday you watched more. Friday and Saturday you also watched some more of the same type of movies. You noticed that as you went to sleep, you would dream more about or recall the things you saw in the movies. You started to think during the day about the things you saw in the movies. It started to sway and consume your thinking. You could not understand why your thinking started being that way. Before it was easier to contain yourself. Now, it seems to be most of what you think about, even your speech started to change. You said to yourself, "Hey, what did I change?" You remembered those movies. The ones you started watching were filled with lusts. You stopped watching those types of movies. and prayed for God's help about what to do.

3. Why is it not a good idea to have sexual intercourse before marriage?

- a. You sin against your own body
- b. You create untimely soul ties
- c. It goes against God's word which says to flee fornication in word, thoughts, images, or deeds
- d. You risk becoming pregnant and having a child on your own
- e. You risk getting a disease
- f. It opens the door to a demonic spirit of lust
- g. all of the above

4. Practicing sexual vice is a form of_____.

- a. pottery
- b. idolatry
- c. cooking
- d. sedition

5. A man full of strife is **not**_____.

a. quarrelsome

b. angry

c. greedy

d. peaceful

Lesson 5

Loving in the Church

Fill in the blanks with the words provided below.

spirit	controlled	God	led
division	respect	revenge	envy
blessed	return	order	sheep
Jesus	believer	church	hate
offense	strife	boundaries	
unconditional			

1. Love without expecting anything in
_____.

2. Strife and _____ has no place in
the church.

3. _____, _____ and
_____ are friends of strife.

4. Spreading gossip about your fellow
_____ is strife.

5. Taking _____ against our Brother or Sister in Christ is vindictive and planned evil.
6. Practicing strife will make it harder to become one with _____.
7. _____ is Lord over the spiritual gifts in you.
8. We are _____ to have Pastors who love God, study God's word, pray on your behalf, and submit to God and resist the devil.
9. God expects us to show a level of _____ to our authorities.
10. Our spirits are to be _____ and _____ by the spirit of God in us.
11. A person's _____ is to be respected.
12. Remember the _____ for a spirit where privacy and respect is concerned.

13. God's _____ know his voice and can hear him.

14. The _____ must be about Jesus and his _____ love.

15. _____s not welcome in church because we serve a God of peace and _____.

16. Which two of these are **not** true about the thief who steals?

- a. He must teach about theft in bible study
- b. He must work with his hands to help those in need
- c. His partner who sees what he does and tells no one, partakes in the same consequences
- d. He must pay back seven times what he stole even if he has to sell everything in his house
- e. He has to work in a retirement home every Wednesday, Friday and Saturday until the debt is payed off
- f. it starts in your heart

17. If you had a church now or are a Pastor now, What **five** or **ten** statements would you like to confess over your church?

Lesson 6

Chapter 6 - A Call to the Nations

1. What does God have to say about the nations of this earth?

- a. the nation whose God is the Lord is blessed
- b. strife between the nations is not God's will
- c. we must love and respect God and our neighbor no matter what our differences; it is the first and second commandment to love
- d. God expects nations to acknowledge him
- e. all of the above

2. Which of these spirits derive from "**hate**"? Circle each one.

- a. love
- b. peace
- c. kindness
- d. selfishness
- e. offense
- f. happiness
- g. racism
- h. discrimination
- i. comfort
- j. humble
- k. revenge
- l. respect

3. Describe Fear.

4. God has given us the spirit of _____

- a. power, love, and a calm mind
- b. power, food, and a calm mind
- c. power, food, and a spa day
- d. power, love, and strife rebuttals

3. What demonic spirits encourage discrimination?

Circle each one.

- a. fear
- b. hate
- c. love
- d. peace
- e. envy
- f. pride
- g. offense

Lesson 7

Chapter 7 - Developing a Love for the Word of God

1. List **three** dangers of neglecting the word of God.

2. List **ten** or more benefits or facts about the word of God.

Benefits:

Lesson 8

Chapter 8 - Loving with Your Thoughts

1. Wrong thinking can develop from____?
 - a. past experience
 - b. bad company
 - c. emotional wounds
 - d. insecurities
 - e. the way you grew up
 - f. all of the above

2. **Checkmark** which ones help you to **guard your gates**?
 - a.____study and meditate on God's word
 - b.____confessions of faith from God's word
 - c.____late night parties
 - d.____family cook-outs
 - e.____stop worrying
 - f.____ice cream after midnight
 - g.____staying away from corrupt speech
 - h.____prayer
 - i.____profanity
 - j.____music with explicit lyrics or negative lyrics
 - k____praise and worship to God

l. _____paying attention and policing what you watch and read

m. _____conforming to God's will and his love.

3. Every time that you get hurt, it is God's on-going healing that heals you. Do you receive that Jesus can heal and deliver you from all your physical and emotional wounds? _____

If your answer is **no**, go back and read this book again because the devil is a liar. God is the truth and God can do anything. It's all in your faith.

If your answer is **yes**, I call you healed from the top of your head to the soles of your feet, inside and out in Jesus' name. Amen.

Congratulations! Rejoice 'cause

It's a New Day!!!

Answer Key
for
Grace to Love:
It's a New Day!
Workbook

Lesson 1 - What is Grace?

1. f
2. a
3. Yes - a, b, f, g, h, i, m, n, o
No - c, d, e, j, k, l

Lesson 2 - Submitting to the Precious Holy Spirit

1. d
2. f
3. g
4. You become closer to God; you become peace-filled; you learn how to be less emotional and avoid strife; you gain supernatural assistance and wisdom; you become more submissive; you avoid pitfalls and traps from the enemy; you stay in the will of God
5. love
peace
kindness
faithfulness

joy (gladness)

patience (even temper, forbearance)

goodness (benevolence)

gentleness (meekness, hostility)

self-control (self-restraint, continence)

6.mean - you are nice to them; 1 Cor. 13: 1

**speak badly - speak nicely; Colossians 4:
6**

**wrongly accused - acknowledge God and
pray for help; John 14: 16**

**fear or panic - you are not moved off your
faith; 2 Timothy 1: 7**

**steals something - pray to God for help to
forgive; Zechariah 9: 12**

**comes at you angrily - maintain your joy
and patience; James 1: 2 - 4**

**dislikes you - don't take offense and
maintain lovewalk**

**pessimistic - be optimistic; 1 Corinthians
13: 7**

hateful - walk in love

hurt you on purpose - remain in peace

**discriminate - maintain self-control;
Zechariah 9: 12**

**tear you down - remain strong; 1
Corinthians 13: 7**

**complains, gossips, backbites - talk well
of them and remain genuinely kind to
them; 1 Corinthians 13: 4**

**7. It's how we will accomplish much on
earth and help bring souls to Christ**

Lesson 3 - The Importance of Family

1. b

2. deception

negativity

envy

fear

resentment/unforgiveness

generational curses

rejection

love

strife

3. e

4. the state of practicing how to care, respect, and be kind to one another in our actions, thoughts, and with our words

5. Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable and it keeps no record of being wronged. It does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.

6. a. rejection

b. false image

c. offense

d. wrong thoughts

e. offense

f. rejection

g. past

h. rejection

i. false prophet

j. your name

k. false images

l. media

m. noise

n. hearing wrong voices

o. eavesdropping, nosey

p. hearing wrong voices

q. music

r. fear

Lesson 4 - The Spirit of Strife

1. True - a, b, c, f, g, h

False - d, e, i, j

2. handled - a, c, e, h

mis-handled - b, d, f, g

3. g

4. b

5. d

Lesson 5 - Loving in the Church

1. return

2. division

3. hate, envy, offense

4. believer

5. revenge
6. God
7. Jesus
8. blessed
9. respect
10. led, controlled
11. spirit
12. boundaries
13. sheep
14. church, unconditional
15. strife, order
16. a, e
17. These are suggestions

ephesians 5:1 galatians 5: 16

Joshua 1: 8 proverbs 3: 5 - 7

John 10: 10 psalms 23: 1

James 4: 7, 8 hebrews 13: 17

hebrews 13: 1 matthew 22: 37 - 39

Lesson 6 - A Call to the Nations

1. e
2. d, e, g, h, k
3. a demonic spirit that inhibits you and
tries to paralyze you so you will not move

forward; it preys on your confidence and hinders your spiritual, mental, and physical abilities. It lies to you and tricks you so will be afraid of anything and everything. It makes you worry and be afraid of trying or stepping out on something new or different

4. a

5. a, b, e, f, g

Lesson 7 - Developing a Love for the Word of God

- 1. no word, no faith**
- 2. you will be ignorant of the truth**
- 3. your flesh and emotions will take over your reactions and your soul will be quite noisy, loud, and will not be peaceful**

Ten Things

- 1. It's a manual for life**
- 2. It is truth**
- 3. It leads to favor, success, and prosperity**
- 4. It is my seed**
- 5. It's so insightful**

- 6. It helps me become a discerner of the spirit**
- 7. It helps you fight the battle in your mind**
- 8. It has the power to save any soul**
- 9. The angels of heaven hearken to God's word**
- 10. It is the sword of the spirit**
- 11. The word of God heals and delivers**
- 12. It makes me wiser than my enemies**
- 13. The word of God protects you**
- 14. The word of God is powerful**
- 15. It keeps you filled with peace**
- 16. It helps you gain the mind of Christ**
- 17. it helps you be more spiritually alert**
- 18. You learn how to use your authority in Christ**
- 19. The word of God changes you**
- 20. The word of God helps you minister to someone**

Lesson 8 - Loving with Your Thoughts

- 1. f**
- 2. a, b, e, g, h, k, l, m**
- 3. yes - congratulations**
no - get your faith up, go back and read the book

Other Books by T. Fields

Grace to Love: It's a New Day!

Let Your Light So Shine: Live a Life of Love

Let Your Light So Shine: Live a Life of Love

Workbook

Crossroads: One Conversation (Free eBook)

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My Day

I AM TWO!

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Fantastic Job!

*Remember to practice
the grace you
have to love!*

