

## FINDING YOUR VOICE THROUGH THERAPY

- ◇ *Compassion*
- ◇ *Acceptance*
- ◇ *Mindfulness*
- ◇ *Peace*

***“Promoting growth,  
change, wellness,  
recovery, and healing  
through therapy.*”**



Jose Morell, LMHC, LADC I

6 Lynde Street,  
Suite LLF  
Salem, MA 01970

800 Hingham Street,  
Suite 202 S  
Rockland, MA 02370

Phone: (781) 277-3300  
Fax: 781-205-1877  
www.campsych.net  
E-mail: JoseMorell\_  
Psychotherapist@hotmail.com



Jose Morell, M.Ed.,  
CAGS LMHC, LADC I

Licensed  
Psychotherapist

Javier Morell,  
Administrative Assistant





## Counseling Services

The decision to seek counseling is often a huge step. Although it is a great choice, it can stir up a range of emotions. You may feel relieved that you are finally seeking help and support to get through a rough transition in your life. You might feel afraid and anxious of the unknown. Many may have encountered past unpleasant feelings from previous treatment. It is normal to be apprehensive, skeptical, or nervous about the process, but remember you are the driving force for promoting growth and change within yourself.

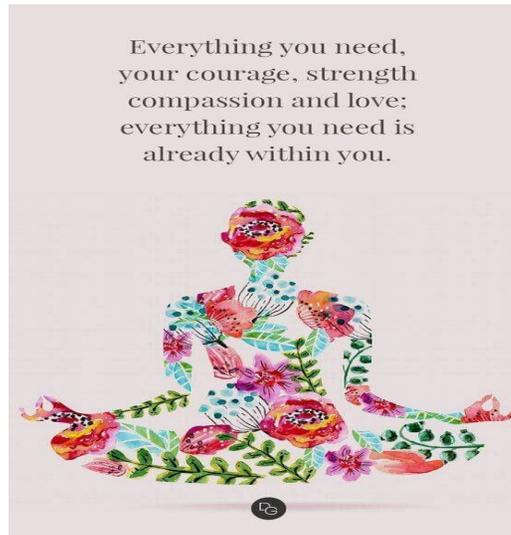
I realize that taking the first steps to getting the help you need is not easy. Your willingness to embark on this journey demonstrates courage, strength, commitment, and resilience towards positive change. My mission is to partner with you to help you through the process of healing, growth, recovery, wellness, but more importantly your life goals.

Life presents with difficult challenges at times. Therefore, seeking the help of a professional means you've decided to place your well-being in the forefront of your life. I also understand that finding a therapist that you connect with could be challenging. My goal is to foster an environment that exudes warmth, comfort and empathy. My goal is to provide my clients with a safe, comfortable, supportive, and non-judgmental environment.

My goal is to work in partnership with my clients to bring about positive changes and growth. I bring 15 years of clinical experience as a psychotherapist in community health and most recently as a private practitioner. I received both my Master's degree and Continued Advanced Graduate Study Degree in Counseling Psychology from Cambridge College. I am also certified as a cognitive behavioral therapist from Boston University School of Social work and Continuing Education.

My clinical experience includes working with individuals through their life span. A large emphasis has been working with a diverse community. I am a bilingual and bicultural therapist offering cultural competent treatment to clients. I embrace an eclectic approach to different treatment modalities to promote mental health wellness and growth. As a clinician, I am committed to diversity, evidenced-based practice, and encouraging empowerment among my clients.

I provide a strength based holistic approach to behavioral healthcare and health coaching that is affordable, accessible and results-oriented. I specialize in anxiety disorder, depressive/mood disorder, addiction, anger, trauma, LGBTQ concern and cultural issues.



## INSURANCE

Insurance typically cover services for psychotherapy. However, I strongly encourage you to check with your insurance provider to ensure that your specific plan provides coverage. It will also be helpful to find out if your insurance has a copayment, deductible, or coinsurance.

You will be required to pay your co-payment at each session. I ask that on your first initial appointment you provide a copy of the front and back of your insurance card(s). Please keep in mind that it is important that you keep me informed of any changes in coverage. I make every effort to inform you of your benefits, but you are responsible for understanding how your insurance works and any amounts that are not covered. If you have any questions, please feel free to contact the office.



*"Together we can work towards your path to wellness".*