

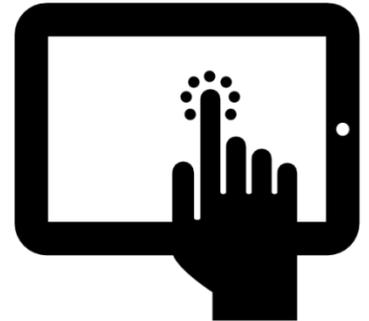
CHANGES TO CHOIR

NEW MEASURES ADDED!

In the latest CHOIR update, some questions were removed, and a few new ones have been added. The new questions are about expectations of treatment, positive outlook, views of Integrative Medicine, and patient-provider connection.

At INTAKE, patients will see:

1. Two questions about what they expect of their pain clinic treatment: 1) the pain relief they expect, and 2) whether they believe the treatment will help them
2. Two questions about how they feel about CAM (Complementary and Alternative Medicine), now known as Integrative Medicine
3. Four to six questions about their outlook on life



At FOLLOW-UP, patients will see:

1. Two to six questions about their treatment expectations
- OR**
1. Four to six questions about their outlook on life (ONLY Visit 3)
 2. Four to six questions about their relationship with their provider (ONLY Visit 3)

FAQ's from PATIENTS

Q. "What treatment should I answer about? I have multiple providers."

A. Please think about the treatment you are currently receiving (today) at this pain clinic.

Q. "Why are you asking about my outlook on life? It's the same as the depression questions."

A. These questions focus more on the positive side of your mental health. Your outlook on life may be related to how you respond to pain treatment.

Q. "What is 'CAM'?"

A. CAM stands for Complementary and Alternative Medicine, now known as Integrative Medicine. This is a non-conventional, holistic, or natural approach to healthcare. Common CAM treatments may include acupuncture, massage therapy, meditation, or herbal remedies.

Q. "I don't have the best connection with my provider so far. Will they be able to see my answers?"

A: To help you feel more comfortable, your responses will not be included with the reports that your pain management specialist views for your appointment. In other words, your provider will not see your answers. It is up to you to decide if you would like to talk about the connection.

Thank you for your help! Please contact Andrea Gillman (gillmanag@upmc.edu) and Mike Lann (lannmf2@upmc.edu) with any questions.