

2022 Suggested Book List



Living Everyday Wonder – Suggested Book List

Ordinary Wonder by Charlotte Joko Beck

January: *What's in the Way is the Way* by Mary O'Malley

February: *Radical Forgiveness* by Colin Tipping

March: *Happy for No Reason* by Marci Shimoff

April: *Divine Audacity* by Linda Martella-Whitsette

May: *Fear: Essential Wisdom in Getting Through the Storm* by Thich Nhat Hanh

June: *The Body Keeps the Score* by Bessel van der Kolk

July: *How to be an Adult in Relationships* by David Richo

August: *The Secret Wisdom of Nature: Trees, Animals and the Extraordinary Balance of all Living Things* by Peter Wohlleben

September: *Seeing Good at Work: 52 Weekly steps to Transform Your Workplace Experience* by Edward Viljoen

October: *The Wisdom of Money: Listening to the Spiritual Message of Your Finances* by Alice Bandy

November: *What Happened to You?* by Bruce D. Perry and Oprah Winfrey

December: *Community: The Structure of Belonging* by Peter Block