



## **LEARNING MODULE I-IV**

### **Family Intervention, Stages of Change**

**Location:** Address or Room Number

**Date:** Date

**Point of Contact:** Name(s) number or email address.

**Time:** Time

#### **I. Week One Meeting:**

Family Solution Finder Learning Series, Study Guidebook Seminar # 12 Family Intervention, Stages of Change. (Learn the issue).

Seminar # 12 Power Point Presentation (download) Family Intervention, Stages of Change.

#### **II. Week Two Meeting:**

Invited local professional speaker, (topic: Enabling in SUD's)

Family Solution Finder Learning Series, Workbook Seminar # 12 Family Intervention, Stages of Change. (Apply lesson to the family life situations).

#### **III. Week Three Meeting**

The Family Solution Finder Learning Series, Family Coping Skill Set, The 3-D's Workbook, Seminar # 12 Family Intervention, Stages of Change. (Solution, Decision, Family Plan of Action).

#### **IV. Week Four Meeting**

The Family Solution Finder Learning Series, Resource Connections workbook, Seminar #12 Family Intervention, Stages of Change. (Find local community resources).



## LEARNING MODULE I

### MEETING AGENDA Week One Meeting Seminar # 12 Family Intervention, Stages of Change

1. Pre-Meeting Reading Assignment Family Solution Finder Learning Series review **"Study Guidebook"**, Seminar #12 Family Intervention, Stages of Change.
2. Presentation Power Point Seminar #10 Enabling vs Consequences, be sure to click the "enable content" button on the power point screen to load the video.
3. Open support group discussions

Learn about the issue



## LEARNING MODULE II

### MEETING AGENDA Week Two Meeting Seminar # 12 Family Intervention, Stages of Change

1. Pre-Meeting Reading Assignment Family Solution Finder Learning Series review "Workbook", Seminar #12 Family Intervention, Stages of Change.
2. Invited profession speaker with Q&A,
3. Complete Practical Life Exercise in worksheet Seminar #12 Family Intervention, Stages of Change.
4. Open Support Group Discussion

Apply the issue to a real-life family situation



## LEARNING MODULE III

### MEETING AGENDA Week Three Meeting Seminar # 12 Family Intervention, Stages of Change

1. Pre-Meeting Reading Assignment Family Solution Finder Learning Series review "**Family Coping Skill Set**" **Workbook**, Seminar #12 Family Intervention Stages of Change.
2. Invited Personal Testimony, with Q&A (optional)
3. Complete F.T.R. in worksheet for Seminar #12 Family Intervention Stages of Change. **Determine** the solution.
4. Complete Value Based Family Decision Making Model in Family Coping Skills worksheet for Seminar #12 Family Intervention Stages of Change. **Develop** a family decision.
5. Complete Family Plan of Action in Family Coping Skills worksheet for Seminar #12 Family Intervention, Stages of Change. **Design** a family plan of action.

#### The above 3-D's:

- Determine** the solution
- Develop** a family decision
- Design** a family plan of action



## LEARNING MODULE IV

### MEETING AGENDA Week Four Meeting Seminar # 12 Family Intervention, Stages of Change

1. Pre-Meeting Reading Assignment Family Solution Finder Learning Series review "**Resource Connections Workbook**", Seminar #12 Family Intervention, Stages of Change.
2. Invited profession speaker with Q&A,
3. Complete Practical Life Exercise in worksheet Seminar #12 Family Intervention, Stages of Change.
4. Open Support Group Discussion

Find a local provider to assist the family with this issue.