

# Chia Breakfast Pudding



## Ingredients

- ½ cup coconut, almond or macadamia milk
- 1 Tbsp chia seeds
- ¼ tsp vanilla
- 1 tsp agave or real honey
- 1 ½ tsp Zint Nutrition protein collagen gelatin

Topping Combination Suggestions:

Slivered almonds and raspberries

Shredded coconut and blueberries

Cacao nibs and banana

Add ingredients to a mason jar and shake to mix.

Layer desired topping and refrigerate overnight.