

# **U-M Celiac Disease Program**

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## U-M Celiac Disease Program

Behind the hype and rising popularity of the gluten-free diet, there is a very real and serious condition that affects about 1% of the general population. The University of Michigan Celiac Disease Program is dedicated to the diagnosis and treatment of celiac disease and non-celiac gluten/wheat sensitivity.

Our multidisciplinary team includes gastroenterologists (Adult and Pediatric), dietitians, behavioral psychologist, and subspecialists in dermatology, neurology, thyroid disease, and other disorders associated with celiac disease. Together we work to provide comprehensive patient care, raise awareness and engage in cutting-edge research for these conditions.

Most people with celiac disease remain undiagnosed. Risk factors include having family members with celiac disease, and/or having other autoimmune diseases, such as Type 1 diabetes, rheumatoid arthritis and autoimmune thyroid disease.

The current treatment for celiac disease is a strict and life-long gluten free (GF) diet. In most cases, individuals with celiac disease will have a marked improvement in their symptoms on a gluten free diet.

Reasons for referring a patient include:

- Evaluation with gastroenterologists experienced in differentiating celiac disease, gluten sensitivity and other digestive conditions
- Consultation for complications of celiac disease, including refractory celiac disease, ulcerative jejunitis, and lymphoma
- Comprehensive diagnosis Consultation for management of celiac disease

- Consultation with one of our experienced gastrointestinal disorders dietitians who can help recognize obscure sources of gluten contamination
- Consultation with our behavioral specialist to help manage psychosocial affects of celiac disease, including social isolation from following a special diet and difficulty in coping with a lifelong illness
- Diagnostic testing for first degree relatives and second degree relatives with symptoms
- Scheduling capsule endoscopy and balloon endoscopy procedures
- Consultation with our radiology department, which has specialized imaging including CT enterography and MR enterography to diagnose celiac disease complications
- Consultation with our physiology lab, which has the ability to perform breath testing for both carbohydrate intolerance and bacterial overgrowth
- Consultation with our expert GI pathologists to diagnosis refractory celiac disease or lymphoma
- Prescriptions for immunosuppressive medications for complications of celiac disease