



## Values Auction Activity

### Activity Preparation:

This activity is done in the fashion of a *Tricky Tray* so if you are familiar with that format, these instructions may be much easier to follow. You will need a table with a good amount of room to do this activity and several pairs of scissors and pens. To start, the counselor or group leader should cut out the labels below (24 total). Each one has a different subject of value on it. Then take all of the labels and spread lay them out on a table so that there is space between them. If this is a smaller group you can use cups, bowls or paper bags to hold the tokens placed for each of the labels in the next step

Then everyone in the group should get a copy of the “Name Tokens” page. Each person should clearly write their name on every one of the 20 boxes on the page and cut them out so that each person in the group has 20 tokens with their name identifying them. These tokens are the currency for the exercise.

### Performing the Values Auction –

Each everyone in the group should place their tokens on any of the labels that they want to be true in their life. The more tokens you put down on a label, the greater the chance of winning that one. Everyone should get up and do this at the same time, walking around the table and reading the different Labels to choose from

When everyone has placed all of their tokens down and no one is left holding any tokens then the group leader should begin going through each pile one by one and randomly select a winner by picking a name out of the pile for that label. When someone’s token is randomly selected from the pile for a label, they have won and now they get the label and whatever it says on it is now true for their future. Do this for all 24 labels so one person wins each one. A person can win more than once. Once a winner has selected for all of the 24 labels, then the game-play is over and the group can process what has transpired.

### Process –

**Everyone in the group should share what they have won – Talk a little about what you would do with what you have won**

**Discuss how it feels to have won what you ended up winning and also discuss what it feels to have missed out on some of the things you tried to win, but didn’t**

**What did this activity say about values and priorities?**

- **For example, think about some of the values that were represented in this exercise:**
  - **Family**
  - **Education**
  - **Money**
  - **Happiness**
  - **Fun/Recreation**
  - **Health**
  - **Power/Prestige**
  - **Love**

**What other values came up in this exercise?**

- **When you consider what areas you went after in this exercise, what kinds of values are important to you in your life today?**
- **Finally discuss as a group how your values and priorities impacts your progress – Or, discuss the “Values and Priorities” worksheet next**



Labels for this exercise – You can win any of the following if your token is picked:

<p><b>You get a PhD degree from any university in the world at no cost to you</b></p>	<p><b>You are guaranteed that your immediate family will live a long and healthy life</b></p>	<p><b>You can marry anyone you choose in the world today and they will love you for life</b></p>
<p><b>You can be the ruler of any country in the world of your choice</b></p>	<p><b>You get to be world famous in the music business, sports or acting</b></p>	<p><b>You are diplomatically immune to any arrests for the rest of your life</b></p>
<p><b>You can go back in time to the point of your choice and start over knowing what you know now about your own life</b></p>	<p><b>You become one of the most attractive people alive and you will continue to look good into your old age</b></p>	<p><b>You can be the person who cures a major disease in the world</b></p>
<p><b>You become one of the physically strongest people alive and you stay strong deep into your 70's</b></p>	<p><b>You are the President and CEO of any company in the world of your choice</b></p>	<p><b>You get free airfare, hotels and meals allowing you to travel for free anywhere for the rest of your life</b></p>



<p><b>You get to be on the guest list at every event everywhere of every kind for the rest of your life</b></p>	<p><b>Your master the secret to happiness and for the rest of your life, no matter what happens you still feel happy</b></p>	<p><b>You get to veto any law that you do not like for the rest of your life</b></p>
<p><b>You get the intelligence and wisdom equal to one of the greatest all time philosophers</b></p>	<p><b>You get amazing charisma making you able to influence large groups of people to follow your ideas</b></p>	<p><b>You invent something that makes the world a better place by solving one of its biggest problems</b></p>
<p><b>You get the skills, technology and weaponry to be an underground crime fighter</b></p>	<p><b>You get the skills and reflexes to be one of the best at video games in the world</b></p>	<p><b>Every child you have will become ultra-successful in their careers</b></p>
<p><b>You gain the ability to use drugs and alcohol without ever losing control, getting sick or otherwise overdoing it</b></p>	<p><b>You become a person who the United Nations uses as a consultant whenever making major world decisions</b></p>	<p><b>You gain lifelong complete peace of mind with no anxiety, depression or other mental struggles or symptoms</b></p>



## Name Tokens

Each person gets 20 tokens for the auction – Cut out all 20 and put your name in each one
