

2016 Fox Trot 5K Age Group Finish

| Position | Bib # | Name | Overall | Pace | Age | Gender | Division | City | Age Rank |
|----------|-------|------|---------|------|-----|--------|----------|------|----------|
|----------|-------|------|---------|------|-----|--------|----------|------|----------|

5 K MALE 1-19 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|-----------------|---------|-------|----|---|-----|--------------|---------------|
| 1 | 295 | ROCK, LOGAN | 26:19.1 | 8:29 | 12 | M | 5 K | HUDSON FALLS | 1st Male 1-19 |
| 2 | 294 | ROCK, FRANKIE | 34:28.3 | 11:07 | 14 | M | 5 K | HUDSON FALLS | 2nd Male 1-19 |
| 3 | 285 | RADICCHI, JACOB | 38:29.0 | 12:25 | 10 | M | 5 K | BALLSTON SPA | 3rd Male 1-19 |

5 K FEMALE 1-19 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|----------------|---------|------|----|---|-----|-------------|-----------------|
| 1 | 11 | AUBREY, AUTUMN | 27:00.6 | 8:43 | 15 | F | 5 K | ARGYLE | 1st Female 1-19 |
| 2 | 205 | LOOMIS, MEGAN | 29:49.9 | 9:37 | 7 | F | 5 K | MALTA | 2nd Female 1-19 |
| 3 | 211 | MAGGY, KIARA | 30:26.5 | 9:49 | 12 | F | 5 K | PLATTSBURGH | 3rd Female 1-19 |

5 K MALE 20-29 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|-----------------|---------|------|----|---|-----|---------|----------------|
| 1 | 402 | Tonkarade, PG | 21:14.6 | 6:51 | 27 | M | 5 K | | 1st Male 20-29 |
| 2 | 327 | TABOR, ZACH | 29:23.7 | 9:29 | 24 | M | 5 K | CONCORD | 2nd Male 20-29 |
| 3 | 215 | MAZERALL, DAVID | 29:24.7 | 9:29 | 28 | M | 5 K | NASHUA | 3rd Male 20-29 |

5 K FEMALE 20-29 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|--------------------|---------|------|----|---|-----|--------|------------------|
| 1 | 97 | EISTERTZ, PAM | 27:17.5 | 8:48 | 23 | F | 5 K | ALBANY | 1st Female 20-29 |
| 2 | 425 | Baker, Lindsey | 27:52.7 | 8:59 | 26 | F | 5 K | | 2nd Female 20-29 |
| 3 | 185 | LAFOUNTAIN, JARICA | 29:25.5 | 9:29 | 25 | F | 5 K | NASHUA | 3rd Female 20-29 |

5 K MALE 30-34 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|--------------------|---------|-------|----|---|-----|--------------|----------------|
| 1 | 73 | CRONIN, PATRICK E. | 27:02.1 | 8:43 | 34 | M | 5 K | GANSEVOORT | 1st Male 30-34 |
| 2 | 68 | CORWIN, MATT | 32:42.6 | 10:33 | 30 | M | 5 K | GLOVERSVILLE | 2nd Male 30-34 |
| 3 | 399 | Dandio, John | 34:40.3 | 11:11 | 30 | M | 5 K | | 3rd Male 30-34 |

5 K FEMALE 30-34 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|--------------------|---------|------|----|---|-----|------------|------------------|
| 1 | 389 | Natalie, Christine | 24:17.6 | 7:50 | 30 | F | 5 K | | 1st Female 30-34 |
| 2 | 103 | FILKINS, THEANE | 27:08.0 | 8:45 | 33 | F | 5 K | GANSEVOORT | 2nd Female 30-34 |

2016 Fox Trot 5K Age Group Finish

| Position | Bib # | Name | Overall | Pace | Age | Gender | Division | City | Age Rank |
|----------|-------|------|---------|------|-----|--------|----------|------|----------|
|----------|-------|------|---------|------|-----|--------|----------|------|----------|

| | | | | | | | | | |
|---|-----|-----------------|---------|------|----|---|-----|--|------------------|
| 3 | 387 | Cotter, Shannon | 27:58.4 | 9:01 | 30 | F | 5 K | | 3rd Female 30-34 |
|---|-----|-----------------|---------|------|----|---|-----|--|------------------|

5 K MALE 35-39 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|-----------------|---------|------|----|---|-----|------------|----------------|
| 1 | 238 | MORRIS, JOSEPH | 25:11.2 | 8:07 | 38 | M | 5 K | WEVERTOWN | 1st Male 35-39 |
| 2 | 23 | BELMORE, NATHAN | 25:37.2 | 8:16 | 37 | M | 5 K | GREENWICH | 2nd Male 35-39 |
| 3 | 242 | MOSS, DAVID | 28:01.5 | 9:02 | 37 | M | 5 K | QUEENSBURY | 3rd Male 35-39 |

5 K FEMALE 35-39 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|--------------------|---------|------|----|---|-----|----------|------------------|
| 1 | 65 | CONNOR, AMANDA | 27:02.2 | 8:43 | 37 | F | 5 K | MEDWAY | 1st Female 35-39 |
| 2 | 279 | POMAINVILLE, JULIE | 28:00.0 | 9:02 | 39 | F | 5 K | FORT ANN | 2nd Female 35-39 |
| 3 | 356 | WHITNEY, DAWN | 29:49.1 | 9:37 | 37 | F | 5 K | FORT ANN | 3rd Female 35-39 |

5 K MALE 40-44 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|----------------|---------|------|----|---|-----|--------|----------------|
| 1 | 246 | MULLER, ANDREW | 20:47.9 | 6:42 | 40 | M | 5 K | WILTON | 1st Male 40-44 |
| 2 | 125 | GARBIEN, SCOTT | 25:06.6 | 8:06 | 41 | M | 5 K | COHOES | 2nd Male 40-44 |
| 3 | 206 | LOOMIS, PAUL | 29:49.8 | 9:37 | 43 | M | 5 K | MALTA | 3rd Male 40-44 |

5 K FEMALE 40-44 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|------------------|---------|-------|----|---|-----|--------------|------------------|
| 1 | 155 | HAVENS, KIM | 30:19.9 | 9:47 | 44 | F | 5 K | HUDSON FALLS | 1st Female 40-44 |
| 2 | 270 | PHILLIPS, MICKEY | 32:27.5 | 10:28 | 40 | F | 5 K | ARGYLE | 2nd Female 40-44 |
| 3 | 159 | HERBERICK, LEAH | 33:37.3 | 10:51 | 41 | F | 5 K | LAKE LUZERNE | 3rd Female 40-44 |

5 K MALE 45-49 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|---------------------|---------|-------|----|---|-----|------------------|----------------|
| 1 | 301 | SANFILIPPO, ROSARIO | 25:42.3 | 8:17 | 48 | M | 5 K | SARATOGA SPRINGS | 1st Male 45-49 |
| 2 | 271 | PHILLIPS, TODD | 32:27.9 | 10:28 | 45 | M | 5 K | ARGYLE | 2nd Male 45-49 |
| 3 | 72 | CRANDALL, DAVID | 34:58.9 | 11:17 | 46 | M | 5 K | SARATOGA SPRINGS | 3rd Male 45-49 |

5 K FEMALE 45-49 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|------------------|---------|------|----|---|-----|--------------|------------------|
| 1 | 202 | LINENDOLL, KAREN | 26:20.5 | 8:30 | 45 | F | 5 K | HUDSON FALLS | 1st Female 45-49 |
|---|-----|------------------|---------|------|----|---|-----|--------------|------------------|

2016 Fox Trot 5K Age Group Finish

| Position | Bib # | Name | Overall | Pace | Age | Gender | Division | City | Age Rank |
|----------|-------|------|---------|------|-----|--------|----------|------|----------|
|----------|-------|------|---------|------|-----|--------|----------|------|----------|

| | | | | | | | | | |
|---|-----|---------------|---------|-------|----|---|-----|-------------|------------------|
| 2 | 145 | GUY, KATHLEEN | 30:20.9 | 9:47 | 48 | F | 5 K | GLENS FALLS | 2nd Female 45-49 |
| 3 | 391 | Sexton, Jill | 31:46.1 | 10:15 | 47 | F | 5 K | | 3rd Female 45-49 |

5 K MALE 50-59 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|-----------------------|---------|-------|----|---|-----|------------------|----------------|
| 1 | 280 | PROULX, DON | 25:25.1 | 8:12 | 54 | M | 5 K | SARATOGA SPRINGS | 1st Male 50-59 |
| 2 | 55 | CAMPBELL, CHRISTOPHER | 27:06.1 | 8:45 | 53 | M | 5 K | CLIFTON PARK | 2nd Male 50-59 |
| 3 | 3 | ABRAHAMSON, JOHN | 39:30.6 | 12:45 | 55 | M | 5 K | ARGYLE | 3rd Male 50-59 |

5 K FEMALE 50-59 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|------------------|---------|------|----|---|-----|------------------|------------------|
| 1 | 62 | CLAGGETT, HILARY | 24:59.9 | 8:04 | 52 | F | 5 K | SARATOGA SPRINGS | 1st Female 50-59 |
| 2 | 210 | MACURA, MARYANN | 27:17.0 | 8:48 | 56 | F | 5 K | GRANVILLE | 2nd Female 50-59 |
| 3 | 144 | GREGOIRE, KATHY | 28:02.6 | 9:03 | 55 | F | 5 K | ELIZABETHTOWN | 3rd Female 50-59 |

5 K MALE 60-69 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|-----------------|---------|-------|----|---|-----|--------------|----------------|
| 1 | 368 | YEATON, DONALD | 28:00.6 | 9:02 | 64 | M | 5 K | HUDSON FALLS | 1st Male 60-69 |
| 2 | 400 | D'Agostino, Joe | 33:23.5 | 10:46 | 66 | M | 5 K | | 2nd Male 60-69 |
| 3 | 37 | BRAINARD, MARK | 34:56.0 | 11:16 | 60 | M | 5 K | FORT EDWARD | 3rd Male 60-69 |

5 K FEMALE 60-69 - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|------------------|---------|-------|----|---|-----|------------|------------------|
| 1 | 43 | BRENNAN, KATHRYN | 31:27.9 | 10:09 | 63 | F | 5 K | QUEENSBURY | 1st Female 60-69 |
| 2 | 269 | PFEIFFER, KATHY | 36:40.3 | 11:50 | 61 | F | 5 K | QUEENSBURY | 2nd Female 60-69 |
| 3 | 404 | Gae, Susan | 37:54.8 | 12:14 | 69 | F | 5 K | | 3rd Female 60-69 |

5 K MALE 70 + - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|-------------------|---------|-------|----|---|-----|-------------------|---------------|
| 1 | 325 | STEVENS, NORMAN | 31:41.8 | 10:13 | 74 | M | 5 K | FORT EDWARD | 1st Male 70 + |
| 2 | 116 | FOSMIRE, GEORGE | 57:41.8 | 18:36 | 71 | M | 5 K | FORT EDWARD | 2nd Male 70 + |
| 3 | 53 | BUTTERFIELD, JOHN | 59:49.0 | 19:18 | 70 | M | 5 K | SOUTH GLENS FALLS | 3rd Male 70 + |

5 K FEMALE 70 + - based on Gun Elapsed time

2016 Fox Trot 5K Age Group Finish

| Position | Bib # | Name | Overall | Pace | Age | Gender | Division | City | Age Rank |
|----------|-------|------------------|-----------|-------|-----|--------|----------|-------------|-----------------|
| 1 | 118 | FOSMIRE, SHERRY | 57:42.0 | 18:37 | 70 | F | 5 K | FORT EDWARD | 1st Female 70 + |
| 2 | 411 | Cooper, Regina | 58:57.5 | 19:01 | 72 | F | 5 K | | 2nd Female 70 + |
| 3 | 255 | ONEIL, ELIZABETH | 1:03:54.0 | 20:37 | 74 | F | 5 K | QUEENSBURY | 3rd Female 70 + |

5 K NO AGE - based on Gun Elapsed time

5 K NO AGE - based on Gun Elapsed time

| | | | | | | | | | |
|---|-----|----------------|-----------|-------|----|---|-----|--|------------|
| 1 | 375 | Gibbs, Jane | 1:08:31.0 | 22:06 | 99 | F | 5 K | | 1st No Age |
| 2 | 376 | Clements, Rene | 1:10:11.3 | 22:38 | 99 | F | 5 K | | 2nd No Age |