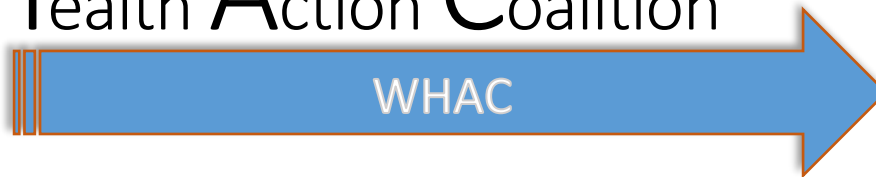


Wellness Health Action Coalition



Newsletter

January 2019

January meeting

The new executive of WHAC has set a goal to have each municipality, and First Nations community within this catchment area meet occasionally to collaborate. We feel we can be the organization would like to facilitate this.

This has been a long standing goal of past executive without much success. We feel optimistic because we have met with **Ashcroft** Councillor, Marilyn Anderson, invitations have been sent to **Cache Creek** Mayor and Council to invite them to name a participant, as well as **Bonaparte Indian Band** who have agreed to have their Health Director, Vanessa Thevarge attend, **Clinton** has named Christine Rivet, we have been in touch and hoping she will find time to come to our meeting. We are still waiting for a response from **Ashcroft Indian Band**. We have met with **MLA Tegart**, to update her on our work and she offers her support if needed. We have the Western Interior Coordinator, of the Divisions of Family Practice coming to meet with us and we hope we will have the Physician Lead join us as well.

We feel it is time to begin conversations about achieving a consistent and sustainable healthcare model for our communities (the catchment area of Ashcroft Health Site), through consultation and collaboration with Interior Health, the Ministry of Health, and the Divisions of Family Practice.

Health Fair April 15, 2019 planning is well underway for this event that we hope will be a well-attended, exceptional event, hoping to have First Nations involved, some hands on events, like blood pressure checks, blood sugar checks, hearing appointments booked, food sampling, explanations on navigating health care in our communities as we see less and less emergency room hours, shortages of staff and doctors. We are excited by the response we are getting from those invited to put in a kiosk. We are well underway with getting printed materials ready, working with Interior Health to have them participate, Krista Billy of United Way has approval to work on this project as a coordinator, we are very thankful for the help as we continue to ask others to help. We are trying to coordinate student involvement and have child minding so we can include all from young to not as young.

We should have a new **Facebook** Page up and running very soon, and we have finally gained access to the existing **website** that hasn't had any activity since March of last year, we will be working on a new version of this site very soon.

Next meeting February 19, 2019 at 2 PM in the basement of the Ashcroft Health Site. Come and see what we are doing.

Sheila Corneillie

Chair, WHAC