**Bella Capelli Salon & Spa**

**200 Liberty St.**

**Warren, PA 16365**

**814.723.5527**

**MASSAGE THERAPY**

**Swedish Massage-** A full body deeply relaxing massage that relieves muscle tension, breaks up muscle knots & leaves you feeling calm & relaxed. Recommended for first time clients.

30 min - $40

60 min - $60

90 min - $90

**Deep Tissue Massage-** Deep Tissue focuses on realigning deeper layers of muscles & connective tissue. The pressure is deeper & concentrated on areas of tension & pain.

30 min - $45

60 min - $65

90 min - $95

**Hot Stone Massage-** Heated smooth basalts stones are placed in stationary positions along the spine. Others are gently glided over the body exerting light to medium pressure on the stones to “melt” away tension.

30 min - $60

60 min - $80

**Pregnancy Massage**- A relaxing and soothing massage given after the 1st trimester. Relieves chronic back pain, tension, and improves circulation & anxiety.

30 min - $45

60 min - $65

**Aromatherapy Massage**- Designed to stimulate or calm the circulatory system. A relaxing massage using essential oils to bring balance back to the mind & body.

30 min - $45

60 min - $65

90 min - $95

**Salt Scrubs**- Dead sea salt is used to slough off dead skin cells, leaving a glow & beauty to the skin. Removed with warm towels & finishing with moisture lotion.

60 min - $70

**Mud Wraps**- Detoxifies by clearing pores. Decreases muscle stiffness. Choose from hydrating, anti-oxidant & anti-aging formulas leaving skin soft & re-mineralized. Removed with warm towels finishing with a soothing lotion to moisturize the skin.

60 min - $70

**Specialty Massage**

**Myofascial Release Massage**-(Founder Howard Rontel) This massage can be intense at times but comes with great results. It was designed to loosen restricted fascial tissue due to disease, age or injury. Great for people with Fibromyalgia, Plantar Fasciitis, & Athletes.

60 min - $70

**Cupping**- Coming soon!