

# RECOMMENDED VISITING HOURS

Dads, siblings, grandparents:  
Other family, friends:

Anytime  
Daily 5-8 PM

## FIVE TOP REASONS For limited visiting

Our families tell us.....



New parents are happy that you want to celebrate their birth. They would however enjoy a longer visit at home.

**Please keep your hospital visits short....30 minutes or less.**

### Breastfeeding



Privacy is preferred by new moms as they learn how to breastfeed. It's harder when everyone is watching.

### REST, REST, REST



New moms need to rest during the day as baby sleeps. Caring for baby is tiring work....especially at night!

### Baby's health



Baby's immune system is immature. Fewer visitors mean less chance of baby getting sick.

### Time to learn

Parents have just a few days to learn how to care for themselves and baby before going home.

