

JOIN US AGAIN FOR ANOTHER

# SPRING FEVER

Classes begin  
**JAN 27th**

FREE REGISTRATION till  
**DEC 1st**

**JAN 18th** (11am-2pm)  
**OPEN HOUSE**



**(920)822-7400**  
**SARAHSDANCEACADEMY.COM**



# Sarah's Dance Academy

551 State HWY 32  
Pulaski, Wisconsin 54162  
(920) 822-7400

Email: [SarahsDanceAcademy@yahoo.com](mailto:SarahsDanceAcademy@yahoo.com) Website: [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com)

**Sarah's Dance Academy** invites dancers and parents to join us **2020 Spring Dance Season**. We are delighted to begin our Fifteenth Dance Year. Spring Classes will begin on Monday, January 27, 2020 and all classes will end on Friday, May 8, 2020.

Please read the following information carefully:

- **Studio Policies and Procedures**
- **Calendar of Events**
- **Class Schedules and Tuition Chart**
- **Registration and Release Form**

**Registration information can also be found online at [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com).**

Please register early in order to reserve your place in class. Our schedules are filled on a first-come, first-serve basis. 2020 Spring Class Registrations must be received by January 18, 2020.



**Sarah L. DeGroot**  
Owner & Director of Dance  
Instruction

Mrs. Sarah has directed Sarah's Dance Academy in dance for the past 15 years. Sarah's Dance Academy believes in building strong relationships with children, families, and communities. We promise to provide a fun, healthy, and safe environment for all ages, cultures, and skill levels. As professional dance instructors, our goal is to provide high quality educational dance while at the same time providing each student with self-worth and the 'love of dance'.

**Sarah's Dance Academy** is a professional dance center located in Pulaski, Wisconsin and serving the NE Wisconsin area. We pride ourselves in not only teaching dance steps, but installing values and grace into each of our dancers. Our professional staff, along with our unique dance curriculum, is designed to bring out the best in each of our students. We offer classes in Dance, Acro-Gymnastics, and Fitness to girls and boys ages 2 through adult, in all styles and skill levels.

Our students are our future, and we are dedicated to providing them with the best possible instruction, while building relationships with each student and their family. We offer not only the best instruction, but superior customer service.

Join in the FUN this spring, where there truly is "Something for Everyone" here at **Sarah's Dance Academy**. We hope to see YOU in January!

**Mrs. Sarah L. DeGroot**

Owner & Director of Dance Instruction

*"Your revelation is the tune I dance to." - Ps. 119:77*



**Sarah's Dance Academy ~ Like us on Facebook & Twitter**

# *Sarah's Dance Academy*

## 2020 SPRING CALENDAR OF EVENTS



January 18.....	2020 Spring Open House, Shoe & Apparel Ordering (11am - 2pm)
January 18.....	All Spring Registrations are due
January 27 .....	Spring Classes Begin
February 27.....	All 2 <sup>nd</sup> Pay Plan Payments Are Due for Spring Classes
March 30 - April 3 .....	Trimester Class Observation Week - End of Trimester Classes
April 4 .....	Studio Picture Day
May 4 - 8 .....	All Spring Class Observation Week - End of Spring Classes
May 9 .....	2020 Recital "Can You Picture This"

### End of 2020 Spring Programs



# *Sarah's Dance Academy*

## 2020 STUDIO POLICIES AND PROCEDURES

### Studio Policies

Classes will begin January 27, 2020 and will continue through May 8, 2020. **Class Registration is due by January 18, 2020.** Registration will remain open through the last week in February, the exception being there is space in class, plus a *\$15 Late Registration Fee* will be charged in addition to the \$15 Registration Fee and Class Fees. All classes must be paid on the dates that they are due. Payment must be in the form of cash or check. Make checks payable to *Sarah's Dance Academy*.

**NEW:** If making multiple payments, please write out separate checks, dated for each payment due. There is a \$35 charge for returned checks, followed by payment in cash. *There will not be any payment invoices sent out for Tuition Fees.* Please watch the Dance Studio Bulletin Board, monthly Dance Newsletter, or refer to this Schedule for all payment dates. All classes must be paid for on the dates that they are due. **Please note:** If a payment is 1 to 30 days late, there will be a *\$15 Late Fee* charged monthly, per-student, per-class in addition to the designated Tuition Charge. If your account is LATE 60 days or more, your child will be suspended from *Sarah's Dance Academy* until all Tuition and Late Fees are paid in full. Payment for dance classes must be made as listed on the **2020 Spring Tuition Schedule**. *There are no refunds or adjustments for missed classes or for dropping out of class.*

### Studio Procedure

All dancers, parents, and family members are expected to conduct themselves with self-control and with the utmost respect for others. If a student, parent, or family member acts in a manner that would put themselves or anyone else at the Studio at harm, that person will be promptly dismissed. Listening and following directions in class is a very important part of dance. We are always open to positive comments and suggestions. Please feel free to ask us questions and express your concerns as long as it does not interrupt class time. *Sarah's Dance Academy* reserves the right to stop, refuse instruction, or dismiss a student or family for any reason, at any time, with NO REFUNDS or ADJUSTMENTS.

### Dance Shoes and Attire

**Combination Class Shoes – Tap & Ballet (ages 3 to 6):** Black tap and black ballet shoes.

**Combination Class Shoes – Hip-Hop, Jazz, Lyrical & Pom-Pon (ages 3+):** Black stretch jazz boots.

**Combination Class attire for girls:** Any color leotards, tights, skirt (optional), unitards, or dance pants/shorts, hair must be up and out of face.

**Combination/Acro Class attire for boys:** Dance pants and a tight fitting solid color tee shirt.

**Private Lessons or Hip-Hop Class:** Leotard, dance pants/shorts (no baggy clothing or jeans), hair out of face, boys will wear the same attire as the Boys Combination Class.

**Two-Year-Old Movement Class:** Black ballet shoes, leotard, and tights (a skirt is optional.)

**Fairy Tale Dance Class:** Black ballet shoes, leotard, and tights (a skirt is optional.)

**Ballet Class:** Black leotards, pink tights, skirts of any color or pattern, and pink leather or canvas ballet shoes. "Dance Paws" are not allowed in Ballet Class. Hair must be pulled away from face and in a tight bun.

**Gymnastics ACRO for Dance Class:** Any color leotard/unitard (optional pants, shorts). No shoes.

*Please remember that proper dance attire, along with hair being away from your face (Ballet hair must be in a tight bun), will be strictly enforced beginning the first day of class and continuing through the end of the dance season. Also, you may purchase shoes and attire from our Dance-N-It Apparel Store before or at our Open House held on Saturday, January 18. Your order will be ready to pick up by the first day of class.*

# *Sarah's Dance Academy*

## 2020 STUDIO POLICIES AND PROCEDURES (Continued)

### Class Requirements

All September through May Combination, ACRO for Dance, Hip-Hop, Private Lessons, Pointe and/or Ballet Classes are considered Recital Classes. A Combination Class and/or Ballet Class must be taken along with a Solo or Duet/Trio Class. A Ballet Class must be taken along with a Pre-Pointe/ Pointe Class.

### Attendance, Absences, and Miscellaneous

*Please call the Dance Studio at (920) 822-7400 if you will not be at class.*

Attendance is critical for all dancers. If you must miss a class due to sickness or a family obligation, please contact the Studio as soon as possible. If a student misses more than half of their lessons, they will not be able to perform at the Dance Recital unless private lessons are taken to catch them up in class. Please be prompt for class and properly attired. All classes will begin and end at their scheduled times. If you are not in proper attire you will be asked to sit out, and, if you are late for class you must ask the instructor for permission to attend class. *There is no reimbursement or class time made up due to your absence or for weather conditions.* The Dance Studio may be entered coming from our Karcz Drive driveway through the front East entrance.

### Semester & Trimester Class Observation

All 10-week and Semester Class Observations will be on their last day of class. Class Observation is not permitted at any other times, thank you. Photographic and/or video cameras will be allowed during Observation Week.

### Open Studio Time

Open Studio Time is for any student of *Sarah's Dance Academy* that wishes to work on their dance material on his or her own time. You may use the Studio at the rates listed below. The Studio may be shared with up to 6 persons at per person rates. There will NOT be an instructor available during these times. You may use *Sarah's Dance Academy* stereo equipment, but you must bring your own music. Any students under 13 years old must have an adult with them. Please sign up at the Studio Front Desk or call the Studio for openings. School Dance Teams may also check out the Studio for open studio time. Please call the Studio Front Desk for rates and other amazing opportunities for School Dance Teams!

# *Sarah's Dance Academy*

## 2020 Spring Class Offerings

**Competitive Troupe Team** is a dance team that was developed for dancers who desire to perform more often and take their dance to the next level. Please contact the Studio for more information on our Competitive Troupe Teams. Our teams for 2019 – 2020 have been determined. If you are interested in joining one of our Competitive Troupe Teams, the following classes are highly recommended: Ballet I, II, III and/or Technique Leaps and Turns, Conditioning class. Auditions for 2020-2021 will be held in April or May.

**Combination Class** meets for 60 minutes per week for 30 weeks. This class is for ages 3 years old through adult. Combination Classes for students ages 3 to 5 years old will consist of 30 minutes of Tap and 30 minutes of Ballet or 30 minutes of Jazz, Pom-Pom and 30 minutes of Hip-Hop; ages 7 and above, 30 minutes of Hip-Hop and 30 minutes of Jazz, Contemporary, and/or Lyrical. This class is perfect for the beginner to advanced dancer. Classes are split by age and skill level.

**Fairy Tale Dance Class** will be offered in 10-week segments and meets for 40 minutes each week. This is a pre-ballet class for students that are preschool age (3 to 5 years old). During the initial week a fairy tale story is read to them, and then students learn Pre-Ballet dance movements with music pertaining to the story. The following week the students put on costumes over their leotard/tights and then perform their routine. This class is an excellent dance class for beginning little dancers. It is a fun and rewarding experience for the children to dress up and perform! The Fairy Tale costumes are provided for each student at each performance.

**Two-Year-Old Movement Class** will be offered in 10-week segments and meets for 30 minutes each week. A parent attends this class with their child. This fast paced, fun filled class introduces your child to easy dance movements and gives students the opportunity to be a part of a dance class with the help of Mom or Dad.

**Ballet I, II, III, IV, and V**. Classical Ballet is fundamental for all dance classes. Ballet provides the basis for all forms of dance and should be taken first, or concurrently, with Tap or Jazz classes. Ballet teaches proper technique, posture and terminology. Students are grouped together by skill level and experience. Classes labeled Ballet incorporate technical skills and performance skills.

**Pointe and Pre-Pointe** This class is only open to dancers who have instructor approval. Pre-Pointe and Pointe are similar to a regular ballet class in terms of focus and discipline. The difference, however, is student's wear pointe shoes (ballet shoes with a hard, full-soled shank and a boxed toe) so that the ballerina may go fully onto pointe while in releve. This class is for the more advanced ballet dancer; an additional Ballet Class must be taken along with any Pointe class. As our young dancers grow, we emphasize the importance of making decisions that will ensure our dancers' future health. Not everyone is made for pointe class, so ankle and foot bone structure, stage of growth, and strength must all be considered.

**Tap Class** will be offered by semester and will meet once a week for 30 minutes. Tap class is offered to students ages 7 and up and focuses on rhythm, musicality, and timing. All classes begin with an energetic warm-up, across the floor exercises, and combinations. Students explore the fundamental steps of tap dance, learn tap terminology, and develop the ability to maintain correct body placement.

**Boys Hip-Hop Dance** is a structured form of street dance designed to teach coordination, strength, quickness, agility, and endurance. Some tricks may be added. This class is for ages 5 to adult.

**Gymnastics ACRO for Dance** meets for 45 minutes each week. This class develops courage, strength, stamina, coordination, flexibility, and jumping abilities. Gymnastics ACRO for Dance unites power and poise with grace and beauty, to create an intriguing Dance. This class is for ages 3 and up.

# *Sarah's Dance Academy*

## 2020 Spring Class Offerings (Continued)

**Technique Leaps, Turns & Flex** is geared to build the dancer's flexibility and skills, such as turns, leaps, and jumps, while perfecting skills and building their core, arms, shoulders, and legs. This is a must class for dancers that want to advance to the next level in dance, or for those dancers with the goal of making one of our Performance Troupe Teams and/or their high school dance team. This class is offered per semester and meets for 40 minutes each week.

**Conditioning** provides a regimen of exercise for the development of a dancer's endurance, strength, flexibility and coordination.

**Private Lessons** will be offered by as weekly 30 or 60-minute lessons. You may choose from one of the following types of dance: Tap, Jazz, Lyrical, Modern, Ballet, Pointe, and Hip-Hop. Mrs. Sarah will make final approval of the type of dance. Prerequisite: One Combination Class or Ballet Class must be taken in addition to Private Lesson.

**Adult Fitness** will be offered by semester and meets for 30 minutes per week per class. Classes are offered in Pilates and Zumba.

**\*NEW\*** **SDA Birthday Party**. Please contact the Studio for more information.

# Sarah's Dance Academy

## 2020 SPRING CLASS SCHEDULES

All dance classes that will be offered for the **2020 Spring Dance Season** are listed below by category. Mrs. Sarah will determine student's placement in class according to student's ability. Choose classes by the time preferred. A place in a dance class will not be reserved without a completed Registration Form and the accompanying Registration Fee. Please contact the **Sarah's Dance Academy Dance Studio** for openings for Private/Semi-Private Lessons, or, if you cannot find a time that works for you. Register online link is on our website at [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com).

15-WEEK SEMESTER CLASSES	DAY	TIME
<b>COMBINATION (AGES 3-6)</b>		
Tap and Ballet	Monday	5:45 – 6:45 pm
Tap and Ballet	Wednesday	5:00 – 6:00 pm
Hip-Hop and Jazz/Pom-Pon	Monday	5:00 – 6:00 pm
<b>COMBINATION (AGES 7-11)</b>		
Hip-Hop and Jazz	Monday	6:45 – 7:45 pm
<b>COMBINATION (AGES 12+)</b>		
Hip-Hop and Jazz/Lyrical	Monday	7:40 – 8:40 pm
<b>BALLET CLASS</b>		
Ballet I	Monday	6:00 – 7:00 pm
Ballet II/III	Wednesday	6:00 – 7:00 pm
Ballet IV	Wednesday	7:45 – 8:45 pm
Pointe	Thursday	8:00 – 8:30 pm
<b>GYMNASTICS ACRO/TUMBLING FOR DANCE</b>		
Level I/II	Monday	7:00 – 7:45 pm
Level II/ III	Wednesday	7:00 – 7:45 pm
<b>TECHNIQUE LEAPS &amp; TURNS</b>		
Technique	Thursday	4:15 – 5:00 pm
10-WEEK TRIMESTER CLASSES	DAY	TIME
<b>ADULT CLASSES</b>		
Pilates	Thursday	8:15 – 8:45 pm
Total Barre	Thursday	3:45 – 4:15 pm
Zumba	Monday	4:00 – 4:30 pm
<b>TWO-YEAR-OLD MOVEMENT (PRE-SCHOOL)</b>		
Two-Year-Old Movement	Tuesday	6:30 – 7:00 pm
<b>FAIRY TALE DANCE (PRE-SCHOOL) (AGES 3-5)</b>		
Fairy Tale Dance	Tuesday	7:00 – 7:40 pm



# Sarah's Dance Academy

## 2020 SPRING TUITION SCHEDULE

15-WEEK SEMESTER CLASSES	DURATION	TYPE	FULL	2-PAY PLAN
All Combination Classes	60 minutes	Semester	\$196	\$103
Ballet I II III IV	60 minutes	Semester	\$196	\$103
Pointe	30 minutes	Semester	\$130	\$70
Gymnastics ACRO II for Dance	45 minutes	Semester	\$158	\$84
<b>TECHNIQUE LEAPS &amp; TURNS</b>				
Technique	45 minutes	Semester	\$148	
10-WEEK CLASSES	DURATION	TYPE	FULL	2-PAY PLAN
Fairy Tale	40 minutes	10 weeks	\$135	\$73
2-Year-Old Movement	30 minutes	10 weeks	\$75	---
ADULT CLASSES / 10-WEEK CLASSES	DURATION	TYPE	FULL	2-PAY PLAN
Pilates	30 minutes	10 weeks	\$75	---
Zumba	30 minutes	10 weeks	\$75	---
Total Barre	30 minutes	10 weeks	\$75	---
OTHER	DURATION	TYPE	FULL	2-PAY PLAN
Private Lessons	30 minutes	15 weeks	\$20 per hour	---
Private Lessons	60 minutes	15 weeks	\$40 per hour	---
Open Studio Time	30 minutes	---	\$15	---
Open Studio Time	60 minutes	---	\$25	---

*Discounts apply ONLY to accounts PAID IN FULL on or before the students first day of class.*

**Refer-a-Friend Discount:** \$15 discount applied to your account when they enroll

**Multiple Class Discount:** 5% applied to the second class taken, 10% applied to the third class taken

**Or**  
**Family Discount:** *Second Child:* 5% discount on the second child's tuition  
*Third Child:* 10% discount on the third (or more) child's tuition

Classes are listed per Semester at 15-weeks, or Trimester at 10-weeks

# Sarah's Dance Academy

## 2020 SPRING REGISTRATION, TUITION and RELEASE FORMS

Please fill out both pages of this form, sign and date, and return with your \$15 Registration Fee, due by January 18, 2020 to reserve your place in class. Class schedules will be filled on a first-come first-serve basis. Please choose the class(es) and time(s) you are interested in. You will be notified with your exact class times one week before your class begins.

### REGISTRATION

Student Name \_\_\_\_\_ Student Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Mailing Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_ @ \_\_\_\_\_

Parent Name(s) \_\_\_\_\_ School Name & Grade \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Primary Physician or Clinic Name \_\_\_\_\_

Known allergies and other pertinent medical information \_\_\_\_\_

☐ Returning Student OR Previous Dance Experience \_\_\_\_\_

How did you hear about our Dance Studio? \_\_\_\_\_

How do you wish to be contacted? Please check one: Phone \_\_\_\_\_ Email \_\_\_\_\_

Class Name	1st Choice Day/Time	2nd Choice Day/Time

**Please read over carefully.**

\*I understand that **Sarah's Dance Academy** reserves the right to refuse instruction to anyone for any reason, at any time.

\*I understand that **Sarah's Dance Academy** reserves the right to cancel a class if enrollment falls below three students per class.

\*I understand that **Sarah's Dance Academy** is not responsible for lost items, stolen items, or unclaimed merchandise.

\*I understand that **Sarah's Dance Academy** performances are videotaped and may be used for archival and/or promotional purposes.

\*I understand that participation in a dance program involves risk and possible injury.

\*I understand that **Sarah's Dance Academy** and its staff will not be responsible for injuries sustained in class, while performing, or traveling to or from its facilities.

\*I validate that my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program.

\*I authorize **Sarah's Dance Academy** to give medical attention to my child in case of an injury or illness if a parent or emergency contact cannot be reached.

\*I allow **Sarah's Dance Academy** to use my child's name or photographic likeness in all forms and media for advertising, trade, or any other lawful purpose.

## TUITION

**Sarah's Dance Academy** offers payment plans in 2 installments, as a convenience. Your full total tuition is still due. Tuition is non-refundable. There are no refunds or adjustments for missed classes, for dropping out of class or dismissal from class during the term. There will not be any payment invoices sent out for tuition fees. Please watch the Studio Bulletin Board, monthly Newsletter, or refer to this 2020 Spring Packet for payment dates.

CLASS PAYMENTS	DATE DUE	Second Payment
Full Payment Option	First day of class	
Two Payment Option	First day of class	02/27/2020

## STUDIO PAYMENTS

**PAYMENTS:** Tuition payments may be made by **cash or check**.

Make checks payable to **Sarah's Dance Academy**.

**NEW:** If making multiple payments, please write out separate checks, dated for each payment due.

### Please Choose the Payment Plan of Your Choice:

☐ **Full Payment**

☐ **Two-Pay Plan**

Registration Fee in the amount of \$15 per student  
must accompany your Registration Form ..... \$ \_\_\_\_\_

Total of first tuition payment  
(1st payment is due on or before the first day of class)..... \$ \_\_\_\_\_

See chart above for 2<sup>nd</sup> payment dates.

Total payment enclosed..... \$ \_\_\_\_\_

## RELEASE

Recognizing the possibility of physical injury that is associated with dance, I hereby release, discharge, and/or otherwise indemnify **Sarah's Dance Academy** and its associated personnel, against any claim by or on behalf of the registrant's participation in this program. Further, my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program. In case of an injury or illness and a parent cannot be reached, the staff of **Sarah's Dance Academy** may authorize medical attention be given to the student listed above.

Tuition is non-refundable. There are no refunds or adjustments for missed classes, for dropping out of class or dismissal from class during the term. I agree to pay the student's tuition in full with the Payment Plan that I have chosen above.

I have read and agree to abide by **Sarah's Dance Academy's** policies regarding medical release, tuition, late fees, attendance, and dance attire.

Please initial: Yes, I accept \_\_\_\_\_ No, I decline \_\_\_\_\_ Circle: Parent / Guardian

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Use	Office Use
Date Rec'd ____/____/20____	Entered ____/____/20____
Amount Paid \$ _____	Entered By _____
Check # _____ Cash / Card	Confirmation? Y / N
Received By _____	