

Caring for the elderly at home

A great source of stress for the elderly is the thought of having to leave their homes to enter a long-term care facility. However, the Erie St. Clair Community Care Access Centre [ESC CCAC] is helping provide the solution to the dilemma of dealing with the healthcare needs of the elderly in the comfort of their own homes.

The ESC CCAC is a gateway to help individuals and families with any healthcare needs they require, 24 hours a day, 7 days a week. "The CCAC is a single point of access for healthcare services, any person requiring any healthcare information or services can contact us for assistance, we can help with anything from information and referrals to providing care in the home," said Carolyn Davies, Case Manager with two years of service with the ESC CCAC, and 35 years of experience as a Registered Nurse and 27 of those as a Nurse Practitioner.

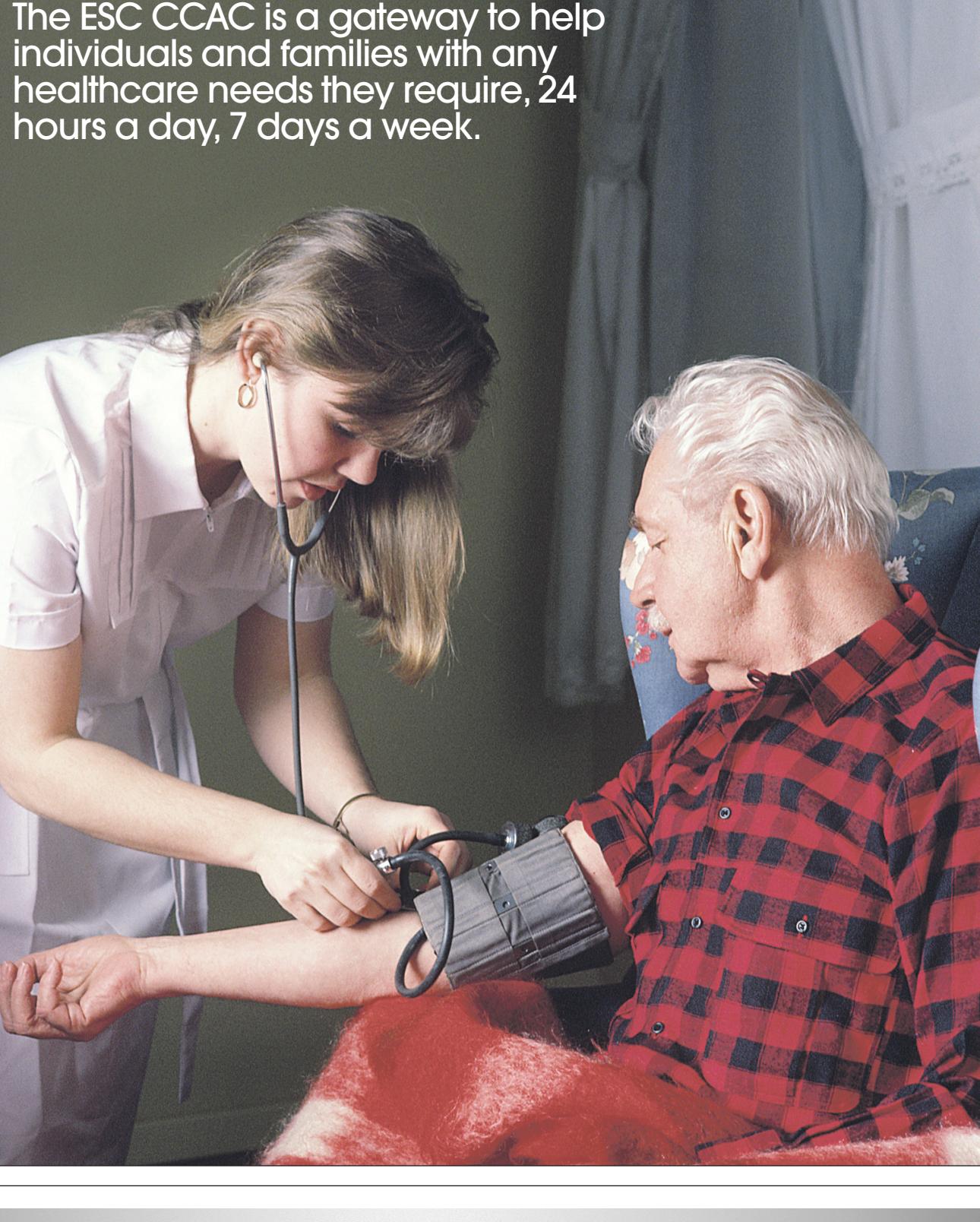
Navigating the healthcare system in Ontario can be daunting for individuals requiring care and their families who serve as caregivers in the home. The CCAC will conduct a comprehensive assessment to determine the needs of the client requiring care, and coordinate all services that are required for care in the home.

Individual needs vary, and the CCAC will evaluate those needs and ensure the proper healthcare providers can accommodate residents of Windsor-Essex with the best quality care in the home. The

CCAC coordinates personal support services, physiotherapy, nutritional counselling, services for children and youth among others. A broad range of healthcare providers works in the community to provide care in the home. The CCAC coordinates these services based on individual assessments and Case Managers monitor all cases on an ongoing basis to determine changing healthcare needs to modify care plans. "Each Case Manager at the CCAC is the person 'behind the scenes' so to speak, quietly coordinating care, unassumingly monitoring the needs of clients so that they receive the best care in the home," added Davies.

To describe the CCAC as a single access point for care in our community is most accurate, and mirrors our commitment to provide the residents of Erie St. Clair with the ability to receive care where they are most comfortable - in their home. "When the healthcare needs of an individual can be met in the home an ideal condition is created. Our client is at their most comfortable, and the Case Manager, as a caregiver, can take the opportunity to understand their patient in a holistic manner," said Betty Kuchta, Executive Director of the Erie-St. Clair Community Care Access Centre.

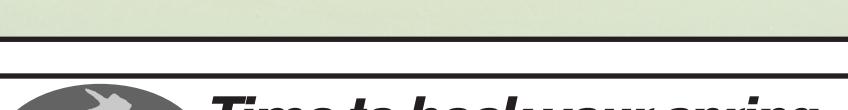
CCAC services and information can be accessed 24 hours a day, 7 days a week through www.esc.ccac.on.ca, or by calling 1-888-248-9978.



There are 140,000 registered nurses (RNs) and registered practical nurses (RPNs) in Ontario. Approximately 4 per cent of the provinces nurses live in Windsor-Essex County.

73 per cent of the registered nurses living in Essex County work in Canada. 27 per cent work in the US.

99 per cent of the registered practical nurses living in Essex County work in Canada.



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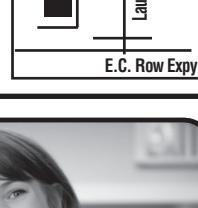
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— From the staff at Bayshore Home Health's Windsor office



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The ESC CCAC is a gateway to help individuals and families with any healthcare needs they require, 24 hours a day, 7 days a week.

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THIS NATIONAL NURSES' WEEK, we proudly recognize you, the exceptional nurses of Henry Ford Health System. Your dedication to a career of nursing touches the lives of so many people. The difference you make every day through your commitment to excellence and passion for healing is held with the utmost regard and respect. Thank you for all that you do each day to create the Henry Ford Experience for our patients, visitors and each other.

