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Improvised Personal Protection Equipment (PPE) Cleaning and Containment (Less than \$50.00 at Dollar Tree or 99 Cent Store)



Items purchased at a dollar store



Place 1 trash bag on floor:
aka "Staging area"



Use bags as "booties"



Use rubber bands to secure
booties; make sure not to stop
circulation



Both booties in place



Cut a trash bag in half



These will be sleeves



Wrap one half bag on arm



Secure sleeves with rubber bands;
make sure not to stop circulation



Do both arms



Take another trash bag



Make a 3-inch slit at the bottom of
bag (opposite of opening)

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Using Vaseline on mask may help catch and stick some virus from a sneeze blast



Pull your head through the slit



Pull the bag all the way down



Poke a hole where the arms will come out



Pull both arms out



If you have a mask, please follow the instructions on how to use it.



Make sure straps are correctly in place.



If you do not have a mask, a night mask is better than nothing.



Around



Get shower cap



Put on shower cap



Get rubber gloves



Put on rubber gloves and begin contact with infirmed.

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**After contact, you must
Decontaminate yourself &
Dispose of used PPE**



Items needed for D-CON



Using wipes, start wiping from the top down.



Rip the bag away from you



Place cleaning wipes in a zip lock storage bag.



Wipe down as much of the liner as possible.



Remove sleeves



Fill bag with alcohol or a **antiseptic** mouthwash



Wipe both arms



Place all items in a separate and unused bag



Remove booties

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Place booties in trash bag



Remove Shower cap



Remove gloves



Get another wipe from ziplock bag



THOROUGHLY WIPE HANDS for at least 20 SECONDS



Remove mask. THOROUGHLY WASH YOUR FACE



Remove clothing (turning all clothes inside out to trap any virus on inside of garment) and launder clothes or place in an unused plastic bag until washing.



Shower before interacting with other people



Wipe neck and all around mask BEFORE REMOVING

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PREPARING BED FOR INFIRMED-



Unprepared bed



Get shower curtain



Place washed pillows in new trash bags.



Bed prep items, shower curtain, trash bag & spray disinfectant.



Place shower curtain on mattress



Place pillows in pillowcase



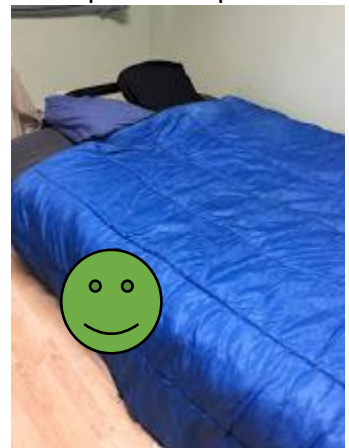
Remove and wash bedding



Put fitted sheet over shower curtain and mattress



Flip mattress and spray mattress and pillows with disinfectant



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Infirm Person Quarantined Area (IPQA)

(Plastic wall barrier)



Push pins, tape and plastic tablecloth



Cut tape in tabs & push in pins

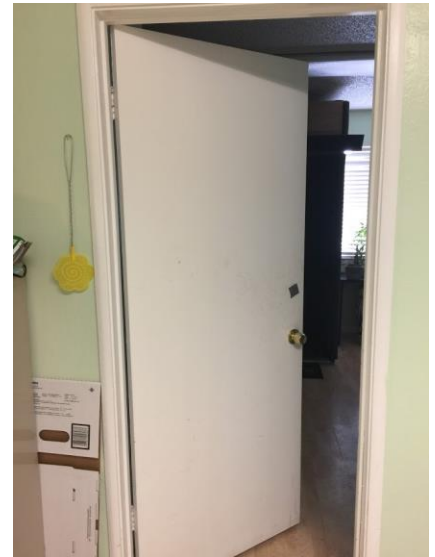


Unfold tablecloth, stick pins in ceiling.



Use a broom to pull tablecloth evenly.

(DOOR Barrier)



Plastic goes around outside door.



Unfold tablecloth to fit doorway and push pin or tape at the top.

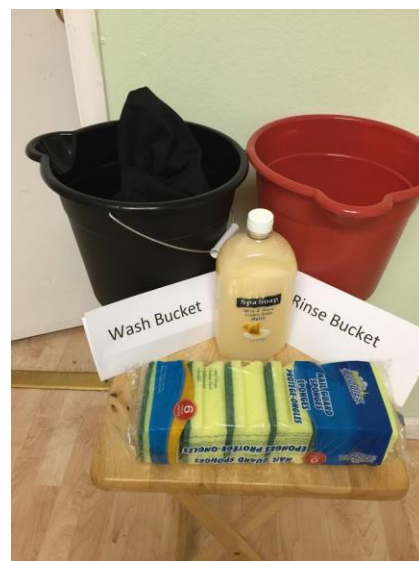


Put tape on top and tape the side where doorknob is.

CLEANING AND DISINFECTION SUPPLIES



SPONGE BATH SUPPLIES



LAUNDERING SUPPLIES

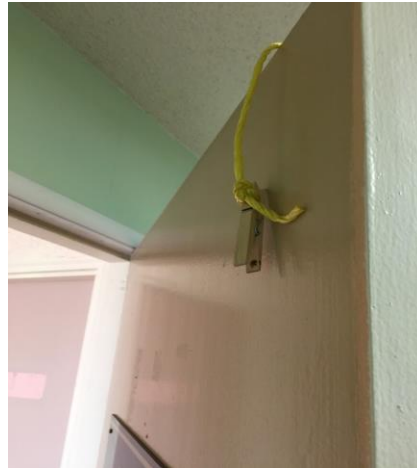
MAKING AN INDOOR CLOTHSLINE



Supplies for clothesline



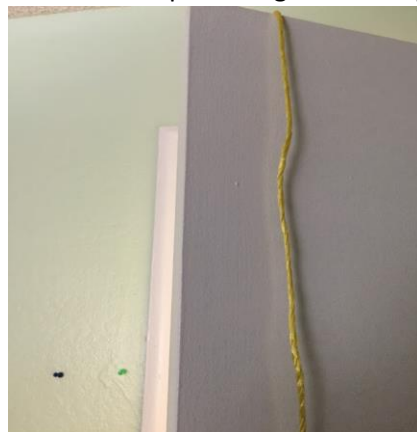
Take one of rope and tie a knot around clothespin



Open a door and hang rope and clothespin on outside.

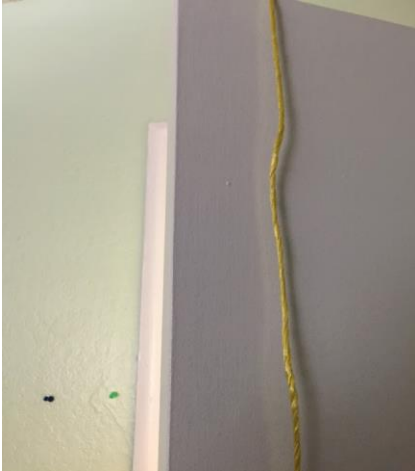


Close door and pull string until it stops.



Run rope to another door and run the rope over the top.

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Run rope down to doorknob



Pull rope tight and wrap remainder around the door handle



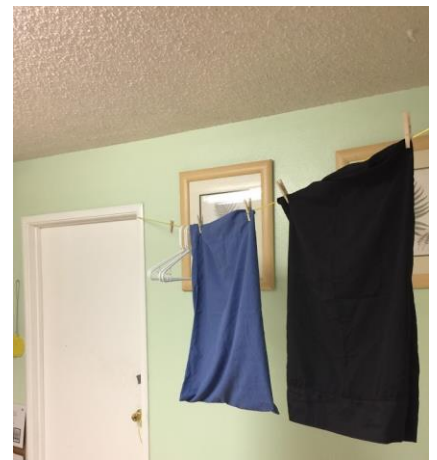
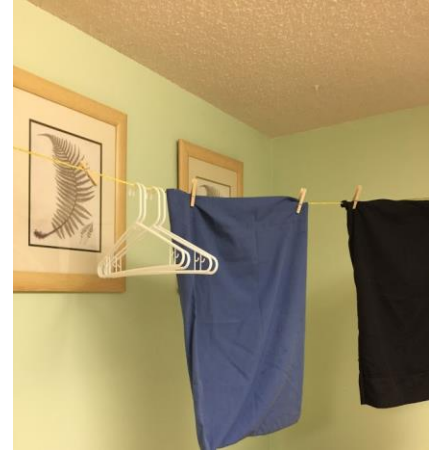
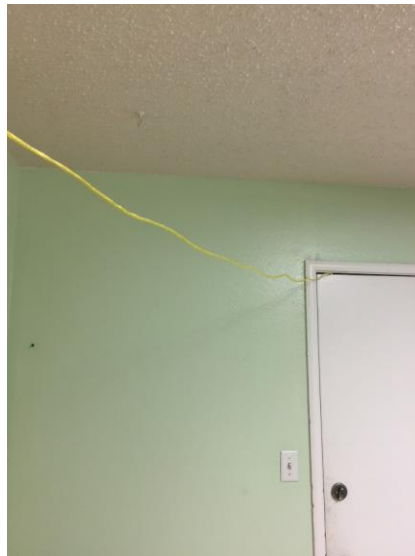
Wrap rope around doorknob



Pull Rope and slowly close the door at same time.



It should look like this.



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