



Intuitive Counselling www.intuitivecounselling.com **April 2009**

**SPRING IS
HERE! Well
we made it
through the
winter and
now is a time
for renewal!**

Quote: "We can never obtain peace in the outer world until we make peace with ourselves" Dalai Lama (he will be in Calgary in Sept. 2009!)

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If you are feeling overwhelmed and stressed about the economy, you are not alone. I am seeing many people stressed out and not knowing what direction to turn to. It is very important to deal with issues as they come up and support each other. What are the lessons you are to learn? I can take you through a process to get in touch with these emotions and clear them so you feel more balanced.

WORKSHOPS IN SUMMER:

Are you interested in having a fun workshop with your friends to learn about intuition and energy fields (auras). I have put together a class designed to teach you more about:

- what auras look like and how energy works.
- how others energy affects you and how to shield yourself.
- how to recognize signs and synchronicities.
- how to change your thoughts and vibration.
- finding your life purpose.

I am offering a fun 2 hour workshop in your home for \$20.00 per person. Host is free. I will bring any books of interest, my aura rods and animal cards