# THE 'SYNCHRONIZED UNIVERSE' AND BLUE DIAMOND HEALING

For some years, I have been interested in exploring what physics and cosmology might tell us about the psyche and the subtle energy system. To this end, I have considered black holes, parallel worlds, spinning fields, higher dimensions, etc. (presented at ACEP conferences) – finding particular value in the research on subtle energy of materials scientist, William Tiller. Tiller found that meditators generate subtle energy, which can carry information and intention. This combination of energy and information can be 'stored' in simple electronic devices. When placed in a target location, these devices affect the environment in strange ways. Tiller developed a theory and mathematics to explain these phenomena. His key conclusion is that energy and matter are also affected by human consciousness. This has many profound implications for energy psychology – particularly since he also noticed that the human energy system operates with 'subtle energy'.

Whilst Tiller's own research has been extremely focused over many years, it is another physicist, Claude Swanson, who has brought a vast amount of hitherto unknown material together in a way that takes Tiller's contribution much further. Swanson does not appear to have undertaken much of his own research, but he has surveyed and synthesized the field of subtle energy, healing, and diverse anomalous phenomena, developing a theory of The Synchronized Universe. This can be extremely significant for energy psychology and energy healing.

There are several components to Swanson's theory, which I summarise (and greatly simplify) as follows.

First, there is an assumption that the total energy and information in the universe is constant – as entropy increases in one location, more order emerges in another location. One observation supporting this hypothesis is that the universe does not appear to be winding down – stars collapse and become black holes, but new stars also form.

A second assumption is that, at the level of the tiniest particles, those that comprise our universe are all 'in phase', in terms of their direction of angular rotation and frequency – they are phase-locked. All such particles register each other as part of the same universe – they 'read' and 'see' each other and are thus 'synchronized'. Particles that are not phase-locked will be 'invisible' within our

universe. There can be many different universes within the same 'space', each consisting of their own synchronized phase. Other-dimensional beings may consist of synchronised non-physical constellations of consciousness.

A third crucial component of Swanson's theory is the phenomena of 'torsion'. These are spinning or spiraling waves of energy and information – essentially subtle energy – that are emitted by a wide range of actions, geometrical shapes, chemical processes, atomic and subatomic particles, and human consciousness. At points of increasing entropy – such as evaporation of acetone – torsion waves are emitted that turn a pendulum spinning to the right. At points of decreasing entropy (negentropy), such as plant growth, torsion waves are emitted that would turn a pendulum spinning to the left. These are different from electromagnetic waves.

Swanson writes: "Torsion is produced whenever there are spins which are changing over time. Such changes produce a torsion wave which propagates in the vacuum, carrying a twisting motion. In their left and right handed forms they move through space at very high speed, interacting only with particle spins and having no mass. They can be thought of as making up the 'fabric' of space." [p 587]

Where these ideas become a little more difficult to grasp is in the claim (by Russian researchers on torsion) that torsion waves affect time, speeding it up or slowing it down. In this framework, time is seen as like a substance that can be either diluted or made more dense. When entropy is increasing, the right spinning torsion emits time, making it less dense (faster) – and where entropy decreases, time is absorbed, making it more dense (slower). These empirical observations are consistent with Einstein's theory and observation that gravity slows time down. The clocks in satellites above the earth (further from earth's gravity) run a tiny bit faster than those on earth, a factor that has to be taken account of in relation to GPS. At the edge of a black hole, a point of immense gravity, time would become very slow. Swanson does not mention this point, but we might think of the way in which our experience of time when we are young children (growing fast, increased negative entropy) is that it seems much slower than when we are old and our bodies are moving toward entropy.

Torsion waves carry time and entropy from one place to another (whilst keeping the total time and entropy constant) – traveling at the speed of light. Right spinning torsion carries the lost information from one place (where entropy is increasing) to another place where entropy is decreasing – i.e. where order, structure, and information are increasing or being absorbed (as in life forms or black holes) – whilst also causing time to become 'thin'. Left spinning torsion absorbs information and time (making time 'dense'), whilst carrying entropy away. The fabric of the universe consists of a subtle blend and balance of right and left spinning torsion, moving backwards and forwards in time.

A fourth component of Swanson's model is that what we experience as our current physical reality is a hologram, or a standing scalar wave pattern, created by the equilibrium of past and future matter. Here is how it works. Any change in the "local angular momentum" of a particle (in our present reality) sends a torsion wave traveling at the speed of light to distant matter in the future and back in time to the past. The future and past matter then also send signals back which meet in the present. Thus we might say that our present reality is sustained by informational signals and torsion waves from our past and our future. Although torsion waves travel at the speed of light (i.e. a finite speed), because our perceived reality is a result of two waves, one flowing forward in time and one flowing backward) the net effect is a wave traveling at infinite speed. Because of this infinite speed, the informational torsion waves can spread across the universe in a persisting form — and may thus provide a basis for the 'Akashic records'.

The fifth crucial component of Swanson's framework is that human consciousness generates torsion waves. Swanson does not quite say this, but it seems plausible that consciousness and thought processes actually consist of informational torsion waves. In states of meditation, coherent patterns of torsion waves are generated. These coherent torsion waves can then alter the holographic patterns of reality, and can also shift to synchronize with other universes and other-dimensional beings. Thus, in Swanson's model of the synchronized universe, the human mind can potentially have a significant effect on physical reality through its generation of torsion waves.

Here is a summary of the main points of Swanson's theory:

- [1] The total energy and information in the universe is constant as entropy increases in one location, more order emerges in another location.
- [2] Our perceived universe consists of particles that are synchronized in terms of their angular momentum and direction of spin. Other universes may coexist, synchronized on different angular momentum and direction.
- [3] The basic fabric of the universes consists of torsion waves right and left spinning fields generated whenever particles or bodies spin. These carry information and time. Both time and information can become more or less dense. Torsion waves carry time and information from one place to another place.
- [4] Our perceived reality is a hologram resulting from the interaction of informational waves from both past and future.
- [5] Human consciousness generates torsion waves. Coherent torsion waves affect physical reality and can also synchronize to other dimensions and realities.

# Implications for energy psychology – and the application in Blue Diamond Healing

As William Tiller observed, the human energy system operates with subtle energy. We might presume then that it consists of torsion waves – the combination of energy and information that Roger Callahan emphasized in his development of 'Thought Field Therapy'. Thus an alternative name for such work might be Torsion Field Therapy. When we stimulate or tap on acupressure points, we may be disrupting the informational torsion field, allowing the unwanted pattern of information to disperse.

In those forms of EP that make use of consciousness and intention, it seems likely that the directed action of coherent torsion fields is the vehicle.

We might postulate that all forms of mental and physical distress and illness are expressions of dysfunctional torsion fields – held in place as a hologram created by signals from past and future. This synchronized pattern will tend to be self-sustaining – but can be disrupted by additional directed torsion fields.

In order to free a person from a persisting condition, the torsion fields of its synchronized particles needs to be dispersed. The order and information needs to be expelled, resulting in complete entropy where previously there was an informational pattern. Right spinning torsion waves will carry the information away.

However, where will the dysfunctional or harmful information then be transferred? To someone else? To the therapist or healer? How can we facilitate removal of harmful informational patterns safely?

In Blue Diamond Healing, we make use of the 'blue' point (a diamond or a flame) just under the collar bones in the centre of the upper chest, as an access point to our own higher dimensions – and indeed ultimately to Source.

Here is how I currently work with the 'synchronized universe' concept within Blue Diamond Healing. Having clarified a key dysfunctional pattern, and having worked through all the normal basic EP procedures in relation to systemic energetic interferences, psychological reversals, energy parasites, merkaba disruptions etc. etc., and having tapped through relevant core experiences, we then address the dysfunctional pattern of information itself.

This involves the 'command' to go back in time to heal the origins of the pattern – and then to go forward in time to heal the future of the pattern – and then to heal the present hologram of the pattern.

Next we 'command' the particles making up the pattern to desynchronize, to go out of phase – so that the pattern becomes complete entropy as all information and order is carried away BACK TO SOURCE. This last point is important so that the information is not carried to another person.

Next we command that a new pattern, consisting of new information and coherence (e.g. of health and well-being) FROM SOURCE replaces the old pattern. Again it seems important the old information (now lost) is replaced with new information of a benign nature. Some additional tapping on acupoints may help to clear residues.

If the person is 'ready, willing, and able' to release the dysfunctional pattern, then this seems to work well. It cannot, however, be used to short-circuit the necessary prior work.

One surprising indicator of the effect is that after this procedure the person may no longer register as ever having had the problem (with energy signaling). Normally (prior to this procedure) I would find that after healing/resolving a problem in the present, the person would still register as having the problem when a time marker is attached to the muscle test - e.g. "one hour ago... " or "yesterday ....". With the new procedure, consistent with its focus on healing the past and future, as well as the present, the dysfunctional pattern no longer registers as ever having been present.

The idea of the 'command' does not involve bossing the universe, but is best understood as a cooperative and co-creative working with Source for the best outcome for the highest good.

[The ideas presented here are for information only. No claim is made that any procedure based on these ideas will be of any benefit whatsoever to anyone. A person with a medical or psychological condition should consult their qualified health practitioner.]

## Reference:

Swanson, C. 2010. Life Force. The Scientific Basis. Volume II of The Synchronized Universe. Poseida Press. Tucson AZ.

#### **Footnotes**

## 1.Merkaba spins.

In other contexts, I have taught that the top merkaba field should spin clockwise (a clock facing upwards) and the lower should spin counter-clockwise — and these are reversed in the parallel self. How do these relate to torsion spin? If we think of the sun radiating energy towards us, it is streaming right spinning torsion waves carrying information, time, and order to life forms here, as its own entropy increases (until it eventually becomes a black hole, when this pattern reverses and it absorbs information). The upper right spinning (clockwise) merkaba field is like this, carrying information and order from Source. As we absorb information and order, we also emit entropy via the left spinning (counter-clockwise) lower merkaba, carrying this into the earth.

## 2.Links to Kathara material

It is of particular interest to me that Swanson's model of the synchronized universe, in which the fundamental particles are phase-locked to each other (in terms of their angular direction of rotational spin) is very close to the account of the multiple dimensions presented in the manual for Kathara Healing (no longer available anywhere, due to a copyright dispute) – our own higher dimensions reside within our own space, but at different frequencies and angular direction of rotational spin. The Kathara manual also described our 'reality' as a hologram, consisting of standing scalar waves – very close to Swanson's description of the hologram, a pattern of particles and waves from both past and future. The Kathara information on esoteric physics was provided by other-dimensional intelligences.

# 4. The predatory search for order and information – stealing negentropy

Oscar Wilde's story of *The Portrait of Dorian Grey* describes a narcissistic man who preserves his own youth and beauty through the presence of a secret portrait of himself in the attic. His own internal structure (negentropy) is preserved, whilst the entropy is carried to the hideously deteriorating portrait in the attic. It is an apt account of the idea of preservation of information and entropy inherent in Swanson's model. As information and order are absorbed (preserving youth), entropy (which normally increases during the process of ageing) is carried away by left spinning torsion waves, to be deposited at a suitable target (the portrait in the attic). The torsion model of taking and emitting information and order (and time) suggests novel ways of viewing aspects of predatory human behaviors. The aging person, whose entropy is increasing, may be attracted to the negentropy, information absorbing, life energy of a younger person. This can take benign forms – a pleasure in supporting and protecting the younger life. Some forms of behavior appear, by contrast, to be an attempt at predatory stealing of life energy. By destroying (physically or psychologically) another living being – especially a young one who is still in an 'information-absorbing' phase – entropy is created and the lost order (negentropy) is transferred to the predator. This may be a hidden factor driving many forms of destructive behavior where one person (or group) harms another - including warfare, sexual abuse of children, and promotion of anarchy. These may all be ways in which 'information, time, and order' (life energy, in the form of torsion waves) are stolen from others. Sexual energies may sometimes be harnessed to these malign ends.