

Merkaba Center for Healing, LLC. *Structural Integration of Mind.Body.Spirit.*

*Kendra Bratherton- OTA, PBP, Reiki Master
and Tensegrity Medicine specialist*

www.merkabacenterforhealing.com

Client Information, Acknowledgement and Consent Agreement

Before your session with Kendra Bratherton please read over the following information and initial each paragraph, indicating your full understanding and consent.

_____ Client Contract & Consent

You understand that Kendra Bratherton is a Certified OT Assistant but is not running this Clinic as an OT practice, therefore will not be accepting insurance at this time. Her License to touch in the State of Oregon is through her Professional Bowenwork Practitioner certification. She is also a Level 2 Tensegrity Medicine™ Practitioner, Level 1 Illuminated Healer™ and Reiki Master.

Merkaba Center for Healing, LLC and Kendra Bratherton have General Liability Insurance through ABMP (Associated Bodywork and Massage Professionals).

Payment is to be completed at time of service via cash, check or major credit card. Cancellations need to be made 24 hours prior to appt. or a \$25.00 fee will be applied. Returned Check fee \$25.00.

_____ Bowenwork™ Theory and Nature of Session

Bowenwork™ is a very effective bodywork therapy, where very gentle moves are performed over muscles and soft tissue, stimulating the nervous system to reset and heal. Frequent pauses in between moves allow the body to process the messages and initiate the healing process. Wear or bring lightweight, loose fitting clothing or you may choose to wear your underclothes and be professionally draped for modesty and comfort. You may notice changes over the next several days as your body continues the process. The process can continue up to 10 days after the session. It is important to follow closely to any 'homework' provided, like the three "W's". Water. Walk. Wait. 'Wait' meaning you agree to hold off on other modalities (ie: acupuncture, massage, chiropractic etc.) for 7-10 days after first session. This is an essential part of your care and will improve your results. Bowenwork™ does not diagnose or cure health issues, it simply is a profound tool to assist the body's own healing process.

_____ Tensegrity Medicine™ Theory and Nature of Session

Tensegrity Medicine™ addresses chronic conditions and movement dysfunctions by evaluating postural patterns and lifestyle strategies through a whole body approach. Myofascial Length testing is used to determine the GREATEST fascial restrictions throughout the body. With this information, we are able to address the most restricted area using different types of light manual therapies. This form of evaluation will be done before and after each session. You agree to have your postural assessment picture taken for chart reference and height documented before and after session. You agree to verbal dialogue around core belief patterns, attitudes, and emotions that may be contributing to our physiology and chronic pain.

_____ REIKI Theory and Nature of Session

Stress, trauma and illness may restrict the natural flow of energy through the body. REIKI is a form of energy healing that often involves hands-on healing to help the body's ability to relax, improve energy flow and therefore improve the body's ability to heal itself. This touch, as prescribed by Reiki practitioner standards, is gentle, non-invasive and non-manipulative. Disrobing for Reiki is never necessary and Kendra will ask you first if you are comfortable with and will allow hands-on touch. Energy healing can also be accomplished without touch of any kind. It is believed that the energy is guided by God/Source/Spirit for the physical, mental, emotional and/or spiritual well-being of the client. Therefore, a specific outcome cannot be guaranteed.

_____ Sound Healing and Essential Oils

Tuning forks and high quality essential oils may be used during your session to complement your healing experience. Most tuning forks are used only in your etheric field and involve no touch. Body tuners are placed lightly on your vital body points, along spine and the feet or where needed. Essential oils may be applied to your hands, feet or forehead. No massage is used as you are purely breathing and soaking in the many benefits of plant medicine.

_____ Confidentiality and Responsibility

Kendra respects and adheres to strict professional and ethical guidelines in terms of confidentiality and responsibility which prohibit her from disclosing client confidences to any third party, with legal exception involving harm to oneself or others, child abuse, homicide or suicidal intent or as required by court action. This confidentiality goes both ways as Kendra may share her own personal life experiences during a session if she deems it appropriate during dialogue. Kendra reserves the right to decline service and to stop a session at anytime. Any sexually inappropriate innuendos, touch or looks will immediately end the session.

_____ Pre-existing Conditions

Kendra does not diagnose on a physical, emotional or mental level. Kendra does not dispense any medications and does not prescribe medical treatment or perform surgery in any way. You, the client, are in complete control of your healing. It is not within Kendra's purview to "heal" you. There may be times when you will not notice positive effects from Reiki, Tensegrity Medicine, Bowenwork or other services.

_____ Client Responsibility

I have read and discussed the above information and agree with it completely. I understand that I should continue to see any medical doctors whose care I am currently under and that any prescription medication should not be altered without first consulting a qualified physician. If I am uncomfortable, it is my responsibility to state so and discuss my preferences and comfort level. I also agree to remain calm and manage my behaviors appropriately during sessions, I will not exhibit any form of sexually inappropriate behaviors, and understand that the session will terminate immediately if I do so.