November 2016 *St. Augustine Shores St. Augustine South St. Augustine South* 



St. Augustine Sertoma, helping community members with a life threatening medical crisis and pet rescue for abused and abandoned animals, presents the Tenth Annual Compassion 5K Run/Walk and K9 Miler Fun Run in St. Augustine, Florida. The event will be held Saturday, November 12th @ 8:00 A.M. – Next to 49 Shore Blvd. in the Shores Community.

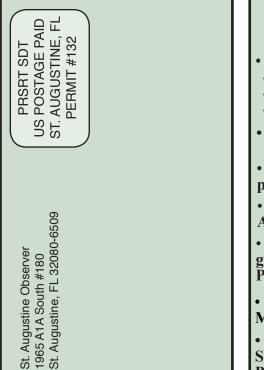
Pre-Registration fee includes race T-shirt. Late registration is \$25 and same day registration is \$30 and T-shirts not guaranteed. Entry fees are non refundable. Prised

include \$100 cash award for 1st place male and female 5K finisher. 3 deep hand chafted awars for 5K. Only hand crafted finishers awards for K-9 miler. Post race prize drawing for all registrants.

Vendors on site for this year's event are Cold Cow, Papa Johns Pizza, Smoothie King, Starbucks.

Results for the 5K will be timed and scored by Jaguar Timing Systems electronic bib tags which will be posted near the finish line and at www.milestoneauthority.com. For more information contact Debbie Bowe at 904-826-3228 or Julie@Compassion5k.org.





### What's Inside The Observer This Month...

- News From St. Augustine Shores - Board Update
- Message from President - Craft Fair Nov. 13th
- Crait Fair Nov. 15t
- Area Event & Entertinment Guide
- Health Update: Lymphedema
- post Lumpectomy/Mastectomy
- *Financial Focus:* Guard Against Idenity Theft

• Computer Corner: Why do I get "Hacked" if I have good Protection Software?

• *Art Studio:* Kathe Kokohas & Marilyn Terry Featured Artists

• *Civic Association:* Holiday Fun Set for November 18th at Pier Park Christmas Market at Shores United Methodist Church



The United Methodist Women will hold their annual Christmas Market Sale on Saturday, November 12th from 8 a.m. to noon. Shoppers can stop by the Bookstore for books, puzzles, games and toys for kids. The Crafters' Showcase will feature handmade items done by church members and friends of church members. The Christmas Shop will feature handmade and commercial Christmas decorations and items sure to enhance any home. The Bakery will have yummy baked goods and treats. The Chili Stop will have hot chili and accompaniments to eat on site. The This & That Thrift Shop will feature gently used items for the home. The Christmas Market will be held in the newly renovated Christian Education Building on the church's campus. It is accessible and there is plenty of free parking. Proceeds from the UMW sale benefit local charities.

Shores United Methodist Church is located at 724 Shores Blvd, between the golf course and Hartley Elementary. Rev. Randy Strickland is pastor. More information at www.shoresumc.org or check them out of Facebook.

#### Wild Flower Meadow Group by Cindy Taylor In September Tropical Storm Julia broke some branches in the salt myrtle trees and we learned

In September Tropical Storm Julia broke some branches in the salt myrtle trees and we learned something about the tree's characteristics (sometimes called limitations). Usually they're bushes

and there's a reason they don't often grow into trees. High winds break the branches. The taller it grows with age, the weaker it becomes (I'm sorry to say it but some of us can relate to that). Late this winter we plan to prune the tree back to see if that will give what's left more life. In the meantime we'll let some of its offspring (the younger generation) do what comes naturally – and become like its parent. (Update: Hurricane Matthew just left and proves my theory about high winds breaking the branches. It did the pruning and we have only to remove the branches that broke.)

The flowers that bloomed in September were golden aster, coreopsis, swamp sunflower, rattle box, Spanish needle, a few day flowers and butterfly peas. There were also beauty berry, dog fennel, elephant foot, frog fruit, golden rod, flat top goldenrod, painted leaf, and a lesser partridge pea. After many years of futile efforts to plant partridge peas, this one came by itself and is doing well on its own.

At this time of year the grasses show their inflorescence and we have Elliot Love grasses and Muhly grasses. There are also many blue stem grasses

Our group meets the first Saturday of each month at 8:30 by the Riverview Club House. Our goal is to preserve the wild flower meedow learn about native plants a

flower meadow, learn about native plants, and those that grow in this location. We occasionally visit state and county parks and welcome newcomers, even if you want only to come on the outings. We're an informal group without officers or dues and hope you will join us. Call Claire at 904-826-5366 for more information.





#### The St. Augustine Observer Published monthly for residents and visitors of St. Augustine, FL. 1965 A1A South #180 St. Augustine, FL 32080-6509 www.observer.vpweb.com Cliff Logsdon, Publisher/Editor (904) 607-1410 clifflogsdon@att.net

The function of the St. Augustine Observer is to serve residents of St. Augustine areas Communities. First priority will be given to reporting news and activities of the residents of the St. Augustine local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest as space permits. Information should be received by the 15th of

#### **St. Augustine Shores Community Calendar**

#### **The Shores Service Corporation Shores Homeowners Association** (904) 794-2000 www.staugshores.org

• Shores Service Corporation monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.

• Conquistador Condominium Board meetings are held on the fourth Monday

#### **St. Augustine South Community Calendar**

The St. Augustine South **Improvement Association** (904) 794-5129 www.staugsouth.com

• **SASIA Board Meeting** - 2nd Wednesday of the month is the SASIA Board meeting at 7pm.

• SASIA Member Meeting - 3rd Wednesday of the month is SASIA

wonthly meeting.
Women of the Moose-1101 - 2nd and 4th Thursdays "Women of the

the month in order to appear in the following month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All material submitted to the Observer is subject to editing. Publishing of submitted letters and infor-mation is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

The Observer's acceptance of advertising does not constitute an endorsement or approval of any prod-uct or services by the Observer or its staff. It is agreed that the Observer and its staff will not be held liable for information provided herein by submitters, including pictures, graphics, websites and/or emails listed, that may have the potential to constitue fraud or other violation of law including copywriting infringements. The publisher reserves the right to refuse advertising that does not meet the publication's standards

of each month at 6 p.m. at the Riverview Club.

• Fairview Condominium Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.

 Greens Condominium Board meetings will vary. Contact Steven Sheremeta at Sovereign-Jacobs at 904-461-5556.

• Casa Bella Condominium Board 2016 meetings- March 14th (Annual Meeting) - 6:30 pm, April 11th, 6:30 pm, May 9th, - 6:30 pm, September 12 - 6:30 pm, October 10th, - 6:30 pm, November 11th - 6:30 pm, December 12th - 6:30 pm

Moose-1101" meet at 7pm. • DAV Meeting -3rd Tuesday of the

Month DAV monthly meeting at 7pm.
Vietnam Vets Meeting - 4th Tuesday of the month Vietnam Vets meet at 7pm.

**Bingo** - Every Thursday at 1pm except Holidays with a light lunch is available from 11:30 to 12:30.

Officers Theresa Nizza – Acting President Louis Zimmer – Vice President Ed Olsen - Treasurer Jenna Cuzick - Secretary **Board Members** Lynn Rowland Travis Cuzick

## FRIENDLY AIRPORT TRANSPORTATION Serving Jacksonville, Daytona, Orlando 904 347-9878 Service with a Smile" FULLY INSURED



## **Community Classifieds**

The Observer offers free individual community classified ads to Shores and South residents. Classifed ads will not be printed without a name, address and phone number included with the request. Free ads Are Not to Promote a Business or Personal Service.

Business, Services, seeking work and others may be placed in the classified section according to the following rate schedule: 1/2" (4 lines) \$5, 1" (8 lines) \$10, 1 1/2" (12 lines) \$15, 2" (16 lines) \$20. These Ads are to be paid in advance before running in the Observer.

Send your ad and payment if required to Observer, 1965 A1A South #180, St. Augustine, 32080-6509. Or you may email your ad to clifflogsdon@att.net. Deadline for all ads is the 15th of every month for the next month's issue.

**FOR SALE:** 71/2 Foot Pre Lit Hartford Christmas Tree - Multi Colored Lights (only used one year) in original box Beautiful Tree \$65.00 Call 904-501-4969.

FOR SALE: (1) Beige Power Lift Chair \$165 works perfectly! (2) Small gasoline push lawn mower that runs great! \$25. (3) 27 inch white bathroom vanity with sink and faucet \$20. 904-687-9028.

FOR SALE: Yard Sale for Tools,

Ladders, mowers, electrical & plumbing supplies, and more! Friday November 25th and Saturday 26th, 8:00 am to 2:00 pm at 381 Travino Avenue.

FOR SALE: 80x52" Brazilian Oak curio/ bookcase, removable opaque doors \$200; Rattan dinette set, 4 upholstered chairs, inlaid glass top \$200; Toro electric blower/vacuum, variable speed, up to 235 mph \$25; Computer table, metal/glass \$25 Cell: 904-333-4460



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## (904) 827-0078

2720 U.S. HWY 1 SOUTH, STE B ST. AUGUSTINE, FL 32086



National Catholic Church (PNCC)

Mass Time - 10:00 Sundays

All are welcome!!

Worship with us in the Historic Moultrie Chapel 480 Wildwood Drive 32086 • 904-392-9840 • Stmarysbts.org



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## St. Augustine Shores Club News **November 2016 Riverview Club Calendar**

November Dances:

Bridge

Bridge

Chicago

Chair Y

Dance

Exercis

St. Augustine Shores Activities Club EARLY SOCIAL Sunday, November 6th - Entertainment by Ernie Chairpersons: Phil & Darlene van Tiem 6:00pm to 9:00pm \*BYOB\* Dance Club Members: FREE, Activity Members and Guests: \$15.00/pp RSVP at <u>www.staugshores.org</u> Friday, November 18<sup>st</sup> - Entertainment by Tim Rippey MAIN SOCIAL 7:00pm to 10:00pm \*BYOB\* Chairpersons: Sam & Diane Phillips Dance Club Members: FREE, Activity Members and Guests: \$15.00/pp RSVP at www.staugsh res.org

FREE for Activity Members, guests are \$5.00/pp/class.

	Fridays 1:00pm	website: www.staugshores.org
Lesson	The class is geared to all levels. Thursdays at 10:00 am.	
Bridge	Must have a partner to play, Mondays at 12:30 and Thursdays at 12:30pm	
oga	Monday, Wednesdays & Fridays at 10:45am. A gentler form of yoga for those for whom balance is an issue.	
Class	Ballroom dance with Dennis! Thursdays at 2:00pm. Free for Dance & Activities Members!	
e Class	Tuesdays and Thursdays at 10:00am.	

Check out the latest events in our

Line Dancing Every Monday at 6:30 pm and Wednesday at 10:00am

Tuesdays at 1:00pm & Wednesday at 10:30 am Mah Jongg

Mondays, Wednesdays and Fridays at 9:00am. Bring a non-skid mat & wear comfortable clothing Yoga (no belts or anything tight around your waist). The class is geared to all levels.

- Tuesdays at 5:30pm. Low-impact Zumba to protect joints. Come sweat, lose weight, meet people, Zumba and have a blast!
- Tuesday November 8<sup>th</sup> at 1:00 pm in the Library. Since there is only one meeting, this month's topic is "Living Vicariously." There are no officers, dues or requirements. For information call Donna at 794-0789 Writers in the Sh

#### Upcoming Events at the Riverview Club

Christmas Social: Saturday, December 3rd (6pm to 10pm) – Entertainment by Nostalgia

New Year's Social: Friday, December 30th (8pm to 11pm) – Entertainment Frank Saffi

## **Shores Riverview Club Committee Activities**

#### **Intorductory Fitness Pole Walking Clinic**

FREE Introductory Fitness Pole Walking Clinic for Residents of St. Augustine Shores! Wednesday, November 9th, at 12:30 p.m. in the Ballroom of the Riverview Club, 790 Christina Drive, St. Augustine FL.

· Pole Walking is a fun and easy way to get a very effective and efficient total body aerobic workout!

Please wear comfortable walking shoes - demo Walking Poles will be provided.

This Free Clinic has limited space, pre-registration is required, please contact Sheila Vidamour, Certified Pole Walking Instructor: Tel: 904-540-1067.

#### Fall Yard Sale

Fall Yard Sale will be held Saturday, November 5th, from 8:00am to 1:00pm, St. Augustine Shores' residents, call the office at 904-797-6441 to reserve your free spot! (Rain date: 11/12/16).

#### **Craft Fair**

CRAFT FAIR is Sunday, November 13, 2016 at the Riverview Club from 1pm - 4 pm.

Come and visit us at our unique waterfront property and rent our spacious & elegant ballroom space for your next event!

- Weddings Reunions
- Birthdays
- Meetings Anniversaries
- Rehearsals Receptions
- Engagement Party Baby Shower
  - Dinner Dances Office & Holiday Party

Graduation Partv

• Retirement Party

• Memorial Service



• Fund Raisers

Main Hall 5,520 sq. ft. & Commercial Grade Kitchen Seating capacity: 350 people Game Room 1,440 sq. ft. Seating capacity: 70 people Card Room 825 sa. ft. Seating capacity: 40 people



**RIVERVIEW CLU** 

790 Christina Drive

St. Augustine, FL 32086

904.794.2000

## **Message from President Jim**

Thanksgiving Greetings! I think it's safe to say we all have a new prospective on "Giving Thanks" this year. What a month it's been. Who would have thought this time last month we would all be reeling from a Cat 4 Hurricane named Matthew!

Our community suffered some fairly bad damage the biggest being the total loss of the pier. The second being all the downed trees all over the community. Much progress has been made in getting most of the tree damage cleaned up but there are still many trees still needing removal. This will be an ongoing project for the next 30 days at least. That being said we have plenty to be greatful for. Taking into consideration all the heavy damage to homes along the coast, downtown and on Anastasia Island. We faired pretty well in comparison. As we continue the clean up and replacement of the pier in the coming months ahead we are also moving along with our newly formed committees.

Covenants & Deed Restrictions - Charles Bouton - Chairperson Email boot807@gmail.com, Meets November 1st, 7PM @ The Shores Clubhouse. This committee is reviewing our existing Covenants & Restrictions, updating, looking for changes and consolidation.

Riverview Building & Grounds – Judy Vershave – Chairperson Cell - 248-719-0865, Meets November 7th, 6PM @ The Shores Clubhouse. This committee is looking at bringing our Clubhouse into the 21st Century with remodeling, updating and expansion. Working closely with the Board and Budget.

Parks, Trails & Open Spaces – John Myers – Chairperson, Email – Johnm280@outlook.com, Meets November 30, 7PM @ The Shores Clubhouse. This Committee is looking at our existing parks and will be reviewing their current use as well as ideas to improve, renew and develop new themes for unused parcels we currently own.

Deed and Covenant Restriction Violations are currently being addressed. The Covenant and Restriction letter and fining procedure will be going out in the next 30-45 days. Please to go to the www.staugshores.org web site look up your Unit and review your Deed and Covenant Restrictions. We are need resident volunteers to sit on the Fining Committee. This Committee will confirm or deny an action that might be under consideration by the Board to correct a violation. It's a perfect opportunity to be involved in seeing how your Association is working for you. Well maintained communities and homes equals Higher Property Values for everyone. Come get involved in a Committee of your choice and help St Augustine Shores shine

Jim Priester, President to the Board, St Augustine Shores, president@ staugshores.net





## News Around South St. Augustine

Writers In The Shores By Donna Johnson

The November meeting for Writers in the Shores will be on Tuesday the 8th. The second meeting has been canceled due to the Thanksgiving holiday. Since there is only one meeting, it was decided to write about this month's topic "Living Vicariously" on the 8th.

Come join us, you just might like us ! Everyone is welcome and we would like to invite anyone who loves to write. You do not have to be a member. We meet here at 1pm at the Riverview Club Library. We are a casual group who enjoy sharing their work and related discussion with each other. There are no officers, dues or requirements. All genres are encompassed. For information call Donna at 794-0789.

## November Orchid Society Monthly Meeting Bulbophyllums

Orchid hobbyist John Budree will talk about Bulbophyllums at the November meeting. Bulbophyllums are the largest genus within the orchid family tree, with over 2000 species. The flowers are very unique and generally have strong odors which are made to attract their main pollinators, flies. Some produce single blooms which last only a few days and others have sequential stems with an ongoing show of blooms.

John was born in Trinidad and moved to Florida about fifteen years ago. In Trinidad, he grew many different types of orchids and took part in collecting and displaying them at many shows. When he came to Florida, he was able o grow all of those plants he could read about and even meet growers and experts who wrote the articles that he read in AOS magazines. Orchids will be available on the sales and raffle tables.

DATE: Tuesday, November 1, 7 pm to 9 pm.

SPEAKER: John Burdee, Orchid Hobbyist

WHERE: Watson Realty Rear Conference Room, 3505 US 1 South St.Augustine

## COA presents "Christmas on the River"

Dress in your festive best and join your friends on Sunday, November 20 from 5-8 pm at River House, 179 Marine St.! You'll find treasures at our Silent Auction, shop for wreaths, centerpieces and small, beautifully decorated trees at the fabulous Festival of Wreaths and enjoy hearty hors d'oeuvres, beer and wine – even a wine tasting! All proceeds from this event go to support elder services through COA's Care Connection program. The focus of Care Connection is on supportive services that allow elders to continue living independently and in their own homes for as long as possible. This can include help with lawn care and assistance installing safety mechanisms like wheelchair ramps, grab bars and handrails.

Calling all interested vendors who would like to participate in the Annual River House Christmas Extravaganza! This arts and crafts event will be held Thursday, December 1, 9:30 a.m.-3:30 p.m., at River House, 179 Marine Street. Please call Martha at 209-3643 or Tiffany at 209-3646 to register and for more information.

Tickets to COA's "Christmas on the River" are just \$45. For more information, contact Jane Faybik at 904-209-3687 or email jfaybik@stjohnscoa.com. And remember to visit our website at www.coasjc.com.

## **Renovations at Shores United Methodist**

Travelers and walkers along Shores Boulevard near the Golf Course may notice construction activities at Shores United Methodist Church. In late May, a major renovation of the Christian Education Building (CEB) began. Although the church recently celebrated its 35th anniversary, the CEB was built in 1991 as a daycare building. Since the daycare closed, the building has been used for meetings and

Sunday School classes for children and adults. It is also used by the Council on Aging for memory enhancement classes twice a week.

The current renovation will convert the western half the building (pictured) into a Fellowship Hall and warming kitchen. The Church Council approved the renovation plans in January and engaged Mike Pierce of Pierce & Sons to complete the work. During the 60 day



renovation, all church activities will be held within the church sanctuary. Preliminary plans are to have the renovations completed before the start of Vacation Bible School on July 25th.

The renovation of the CEB will result in consolidation of the kitchens in the church sanctuary and the CEB and the provision of one additional meeting room. The new Fellowship Hall and kitchen will provide a space for meals, social activities, parties, and small wedding receptions, as well as the church's Fall Festival and fundraisers. It will also be used for Sunday School classes and meetings.

classes and meetings.
Shores United Methodist Church is located at 724 Shores Blvd. Sunday Worship Services are at 9 a.m. (Traditional) and 11 a.m. (Contemporary). Information about the church is available at www.shoresumc.org or on the church's Facebook page. Rev. Randy Strickland is the pastor.

## News Around South St. Augustine

### **Fitness Pole Walking in The Shores!**

What if you could strengthen and tone over 90% of your body's major muscle mass while you get an aerobic workout by just taking a walk? With Fitness Poles you walk smart" and turn a simple walk into an efficient, effective, and aerobic, total-body workout!

And now this fun way to workout is offered to all residents in The Shores! The second Wednesday of every month, a Free Introductory Pole Walking Clinic is offered at the Riverview Club at 12:30 p.m. where you will learn about the history of Pole Walking along with all of the benefits it offers and you will have actual handson experience walking with Fitness Poles, which will be provided. This hour-long Clinic is a pre-requisite for the fee-based Instructor-led Pole Walking Classes held every Wednesday at 11:00 a.m. Space is limited in the Introductory Clinics, so preregistration is required.

The Clinics and Classes are taught by Sheila Vidamour, a Certified Pole Walking Instructor with KeenFit Poles. She has been teaching Pole Walking all over northeast Florida for the past 7+ years and has a strong following here in St. Johns County. Her youngest student to date is 8 years old and she walks with a 99 years young woman in Flagler County every week. All "ages and stages" can benefit from Fitness Pole Walking. To contact Sheila, you can call or text 904-540-1067 or email her at walkyourpath406@ aol.com.

### **St. Augustine Travel Club**

#### by Peter Dytrych

**St. Augustine Travel Club Cruise** The St. Augustine Travel Club will again be sailing the seas on Sunday, March 26 to Sunday, April 2, 2017 on one of the largest ships in the world, the magnificent Royal Caribbean Oasis of the Seas out of Port Canaveral to the ports of Labadee, Falmouth and Cozumel for a 7-day cruise. Prices start from \$906.54 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Oceanview and balcony cabins are available at higher cost. Book now with a \$250 pp deposit and receive \$25 per stateroom On Board Credit. Call Peter, St. Augustine Travel Club at (904) 797-3736 for more information and reservations.

### **Flagler Hospital Cancer Education and Support Event**

It is a Shine a Light event being held at the Flagler Hospital Cancer Education and Support Center. It will be on November 17 at 6pm. Dr. Neenad Shah will be giving a talk and we will focus on emphasizing hope for the lung cancer patient and their families. Please call Susan Hession at 904-819-4742 for any questions.



## News From Around St. Johns County

### St. Johns County Beach Debris Clean-up after Hurricane Matthew

St. Johns County has begun clean-up on the County's 42 miles of coastline in the wake of Hurricane Matthew. Debris removal crews began on Vilano Beach and will move north along the coast to Ponte Vedra Beach. Crews will then begin cleaning the south beaches at Summer Haven and proceed north to St. Augustine Beach until all beaches have been cleaned. The County is attaining additional resources to expedite the beach debris clean-up process. For more information, please call the St. Johns County Emergency Management Citizen Information Line at 904.824.5550.

### **Florida Tiny House Festival**

The Tiny House movement is coming to the St. Augustine area with the 2016 Florida Tiny House Festival, which is being held November 18-20, 2016, at the St. John's County Fairgrounds in Elkton, Florida.

Television personalities, leaders, and experts from around the nation will be presenting during this highly anticipated 3-day event, which will also feature dozens of tiny houses and micro homes - all will be available for touring and viewing.

This event is expected to have at least 10K attendees from around the world, including: tiny house owners, tiny house enthusiasts, curiosity seekers, and those interested in living a tiny house lifestyle. Also available will be businesses and individuals displaying products and services supportive of the tiny house movement, food trucks, lectures/ workshops, on-site camping for non-tiny house owners, lots of live entertainment, and much more!

The Florida Tiny House Festival is being hosted by the United Tiny House Association (originally the Georgia Tiny House Association), which organizes state-level, charitable Tiny House Festivals throughout the Southern and Eastern United States.

For more information about the 2016 Florida Tiny House Festival, the United Tiny House Association, or any of the other upcoming Tiny House Festivals in Georgia, New Jersey and Tennessee, please contact Chairman, John Kernohan, at 706-623-4332 (office), 954-558-3619 (cell), or by email at johnk@unitedtinyhouse.com. Also, information is available online at www.unitedtinyhouse.com.

### **KLEZMER IS COMING TO** TEMPLE BET YAM!







Joseph & Lynn Goldovitz

Jacob Goldberger

Ray Guiser

Date: November 5, 2016. Time: 7 p.m. Where: Temple Bet Yam 2055 Wildwood Drive, St. Augustine, FL. Tickets: \$25 per person- contact Carol Levy 954-895-7732 for information

Klezmer originated in the shtetles and ghettos of Eastern Europe where it was performed at weddings (think Fiddler on the Roof) and holiday celebrations. Today's klezmer, influenced early on by its Eastern European roots, gypsy, and Balkan music, now also reflects American jazz and Israeli sounds and uses a variety of musical instruments. The music continues to not only elicit a whole gamut of emotions but reminds many of their Jewish history.

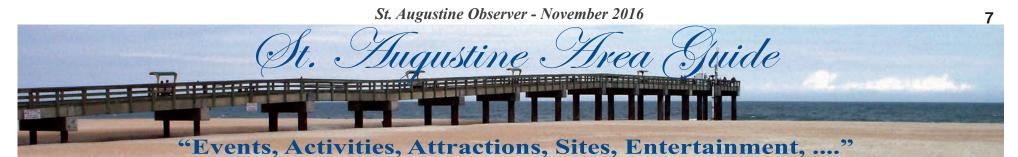
Bringing this wonderful music to us are four very talented klezmorim, Joseph and Lynn Goldovitz, Jacob Goldberger, and Ray Guiser.

Joseph and Lynn, whose greatest influence has been the music and teachings of Rabbi Shlomo Carlebach, have played at Klezmer Festivals in Safed, Israel, at the Jewish Renaissance Foundation in Princeton, NJ, as well as locally and around the US. Their repertoire includes numerous traditional klezmer pieces, and its fusion with other forms of music including jazz and popular. While continuing as performers, they are also Cantorial Soloists for Congregation Sinai in Clermont/ Minneola, Fl.

Jacob has been a musician since his early years in Israel. He's performed in New York, with the Gulf Coast Symphony, and with a quartet at the International Klezmer Festival in Safed, Israel. Throughout his life Jacob has had a lifelong enjoyment of classic Klezmer music styles and has developed an extensive repertoire of traditional melodies combined with a fluid ability to utilize improvisation. He continues to perform regularly with the Gulf Coast Symphony and as the clarinetist for a Klezmer ensemble throughout Florida.

Ray, a renowned saxophonist, reflects the influence of American jazz on klezmer. He began his professional life performing with elite jazz ensembles and other bands of note in Washington, D.C. In addition to teaching woodwinds, he's recorded with many top performers in the musical venues of jazz, classical, pop, and blues. We look forwarded to seeing you on November 5th to share with us this fabulous

musical experience! For information contact Jacqueline Witte at 904-679-4058.



### November 2016

#### **ONGOING EVENTS BY DATES** November 1-December 31

Dressing of the Palms in Vilano Beach: The Dressing of the Palms along Vilano Beach streets features palm trees decorated in holiday finery, a celebration of coastal living. The trees showcase the creative talents of residents, artists, businesses, clubs, schools and organizations, Vilano Beach Main, St., St. Augustine 904-540-0402 www.vilanobeachfl.com

#### November 4-December 31

Florida Forever! Exhibition: The St. Augustine Art Association presents Florida Forever!, a popular, juried exhibition featuring Florida's flora and fauna, history and happenings, people and places from past and present. The exhibition is free and open to the public. The gallery is open Tuesday to Saturday noon-4 p.m. and Sunday 2-5 p.m. 22 Marine St., St. Augustine 904-824-2310 www.staaa.org

#### ONGOING

Second and Fourth Saturday - Family Seining at the GTM Research Reserve: Join GTM Research Reserve docents from 8:30-10:30 a.m. to learn how to pull a seine net collecting species of fish, crabs and more. Waders and boots will be provided. The program is included with regular admission to the reserve and takes place in the Environmental Education Center. 505 Guana River Rd., Ponte Vedra Beach 904-823-4500 www.gtmnerr.org Third Tuesday - GTM Research Reserve Marineland Lecture: This lecture series

is held on the third Tuesday of the month from 10-11 a.m. at the GTM Research Reserve Marineland Field Office. The series is designed to inform the public about their coastal natural world. Tickets must be purchased online. Please bring ticket to the Marineland gift shop on the day of the scheduled presentation to gain entry. Please arrive by 9:45 a.m. at the gift shop to be escorted to the classroom. 9741 N. Oceanshore Blvd., Marineland 904-823-4500 www. gtmnerr.org

Third Friday - VIP Gallery Art Stroll & Tasting Tour: Enjoy St. Augustine's art and history with a professional tour guide on this intimate, entertaining VIP walking tour through the ancient streets of St Augustine's historic district. You will learn how St. Augustine's art, architecture and culture create one of the most unique old world cities in the United States today. You'll also enjoy culinary tasting stops for wine and light tapas that will be relevant to St Augustine's art scene. The tour departs at 4:30 p.m. from Tour Saint Augustine. Tickets are \$25 per person. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.vipartwalk.com

Third Saturday - Photography Challenge Event: Photographers, from beginners to professionals, compete to take the best photo at three designated locations within Washington Oaks Gardens State Park. Maps to the featured locations can be obtained from the Ranger Station or from volunteers in the main parking lot. Park admission is \$5 per vehicle; \$2 per pedestrian/bicyclist. The park is open from 8 a.m.-sunset. 6400 N. Oceanshore Blvd., Palm Coast 609-247-8146 www.floridastateparks.org/park/washington-oaks

Guided Beach Exploration Guana South Beach: Join GTM Research Reserve docents from 8:30-10:30 a.m. for a beach walk at the Guana South beach location on A1A, South Ponte Vedra Beach. Learn about the animals that call the beach home as well as seashells and other interesting facts. There is a \$3/per vehicle parking fee. 1798 Ponte Vedra Blvd., Ponte Vedra Beach 904-823-4500 www.gtmnerr.org

**Tolomato Cemetery Guided Tour:** Tour the oldest extant planned cemetery in Florida with burials from the First Spanish Period, 1565-1763. Admission is free; donations are encouraged. Tours are from 11 a.m.-3 p.m. 14 Cordova St., St. Augustine 904-257-3273 www. tolomatocemetery.com

Free Black Heritage & Civil Rights Walking Tour: Join St. Augustine Black Heritage Tours for a walking tour of historical sites in St. Augustine where more than 400 years of African American History lives. Visit locations that were significant to the Civil Rights Movement of St. Augustine, hear stories and see history come alive as you follow in the footsteps of Dr. Martin Luther King and Andrew Young. Visit Lincolnville, established by freedmen following the American Civil War, which is now on the National Register of Historic Places. This 1.5-hour tour departs from Tour Saint Augustine at 4 p.m. Advance reservations required; individual bookings only. 4 Granada St., St. Augustine 904-825-0087 www.staugustineblackheritagetours. com

Third Saturday - Nocatee Farmer's Market: Nocatee Farmer's Market takes place from 10 a.m.-2 p.m. every third Saturday. This free, family-friendly event has more than 80 local vendors selling everything from produce, crafts, jewelry, herbs, unique foods and more. Free face painting is available for the little ones, along with a bounce house. 245 Little River Rd., Ponte Vedra 904-924-6863 www.nocatee.com

Fourth Saturday - Free Historic Walking Tour: History comes alive on this tour through the narrow brick streets of our nation's oldest city. A professional guide will relate more than 400 years of St. Augustine's past during this 1.5-hour history lesson with tales from the Colonial Exploration Period, the opulent Henry Flagler Development Period, and the modern Civil Rights Movement. Departs from Tour Saint Augustine at 4 p.m. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

Fourth Sunday - Pet-Friendly Food Tours: This special pet-friendly tour is also a fundraiser for the local Humane Society. To help support this wonderful cause, City Walks Food and Wine Tasting Tours will donate \$20 directly to the Humane Society for every furry friend that joins the St. Augustine Pet-Friendly Food Tour. The walking tour departs at 2 p.m. from Tour Saint Augustine. Tickets are \$59 per human and, of course, free for their furry companions. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

Last Saturday - Uptown Saturday: Uptown Saturday is the perfect event for fashionistas, art lovers and antique shoppers from 11 a.m.-8 p.m. on the last Saturday of each month. Uptown Saturday takes place year-round and combines a festive party atmosphere with hospitality and special deals in the unique shops on St. Augustine's San Marco Avenue, concentrated between

Ripley's Museum and the Mission Nombre de Dios. The Mission Nombre de Dios provides free parking most months. 904-829-6831 www.facebook.com/uptownstaugustine

Last Sunday - Music in the Box: On the last Sunday of the month, enjoy live acoustic music by some of the area's best up-and-coming bands and musicians from 6-9 p.m. on stage at the Limelight Theatre. Admission is \$5. Refreshments available for purchase. 11 Old Mission Ave., St. Augustine 904-825-1164 www.limelight-theatre.org NIGHTS OF LIGHTS TOURS

Nights of Lights Tour by St. Augustine Gold Tours (weekend only private tours): St. Augustine Gold Tours provides an option for small groups of people to take a private Nights of Lights tour aboard a quiet electric vehicle. The electric car allows guests to get closer to some of the Nights of Lights displays, especially those located on narrow or lesstraveled streets. The tours are 45 minutes long and must be booked in advance. The cost for a private group tour is \$100. Individual bookings are \$20 Monday-Thursday. 6 Cordova St., St. Augustine 904-325-0547 www.staugustinegoldtours.com

#### November 19-January 31

Nights of Lights Boat Tours by Atlantic Water Tours: Step aboard the Sand Dollar and get ready to feast your eyes on one of the most breathtaking holiday visions you will ever see. Voted as one of the 10 best holiday lighting displays in the world by National Geographic, St. Augustine is a city alive with the magic that only lights can bring. Departure times are 5:30 p.m., 7:30 p.m. and 9:30 p.m. from the Usina Public Boat Ramp. The cost is \$39 per person. 603 Euclid Ave., St. Augustine 844-426-2628 www.atlanticwatertours.com

Nights of Lights Special Cruise by Florida Water Tours: Three tours are offered each evening during Nights of Lights. Tours depart at 6 p.m., 7:45 p.m. and 9:30 p.m. Admission is \$59.99 per person, ages three and up. Guests can use code NOL23 for a 50% off discount. The tours depart from Camachee Cove Marina. 282 Yacht Club Dr., Dock A-19, St. Augustine 904-827-7728 www.floridawatertour.com

Nights of Lights Harbor Tour by St. Augustine Eco Tours: Join St. Augustine Eco Tours for a harbor tour of the Nights of Lights. This one-hour experience is offered on stable and comfortable six or 12-passenger boats. No crowds and an expert captain make this the ideal trip to experience the illuminated city. Trips are offered nightly at 6 p.m. and 7:30 p.m. by advance reservation. Tickets are \$35 per passenger. Reservations can be made online or by phone. 111 Avenida Menendez, St. Augustine 904-377-7245 www.staugustineecotours.com VIP Nights of Lights Historic Walking Tour (Friday & Saturday only): Enjoy St.

Augustine's sparkling history up close and personal with a licensed tour guide and avoid the crowds. Learn about unique colonial folklore and holiday traditions as you take in sights like the opulent Lightner Museum courtyard, the Plaza de la Constitución, and the enchanting Bayfront - all amid the backdrop of more than two million dazzling white lights. This 1.5-hour tour departs from Tour Saint Augustine at 6:30 p.m. on select Fridays and Saturdays through January, and begins with homemade hot chocolate or ice cream. Tickets are \$18 per person; advance reservations are required. 4 Granada St., St. Augustine 904-825-0087 www.tourstaug. com

The Tasting Tours Holiday Carriage Tours: Enjoy a 45-minute tour of the Ancient City's Nights of Light aboard a horse-drawn carriage as you sip on a lovely boutique wine. The tours depart between 6 and 10 p.m. and cost \$49 per person, includes a souvenir wine glass (\$149 for a private couple tour). The tour departs from 59 Cuna St. 904-325-3911 www. thetastingtours.com/holiday-tours

Rockin' Red Roadster Tour: Take the family for a fun 45-minute tour of the amazing lights in St. Augustine's historic district. The Tasting Tour's Red Roadster will be playing holiday music for passengers to sing along. This tour is offered at 6:30 and 7:30p.m. Tickets are \$25 per adult and \$10 per child (under 12). Reservations Required. 59 Cuna St., St. Augustine 904-325-3911 www.thetastingtours.com/holiday-tours.html

#### November 20-January 1

Nights of Lights Sunset Sail on the Schooner Freedom: Selected by National Geographic as one of the 10 best holiday lighting displays in the world, St. Augustine's Nights of Lights features millions of tiny white lights that create a magical atmosphere. View it from the best seat in the house, on board the Schooner Freedom. Seating is limited. The cost is \$50 per



person. Departs from the City Marina at 4:15 p.m. 111 Avenida Menendez, St. Augustine 904-810-1010 www.schoonerfreedom.com

#### November 20-January 28

Old Town Trolley's Famous Nights of Lights Tour: Explore St. Augustine's famous Nights of Lights in the cozy comfort of an Old Town Trolley Tour. This 30-minute tour is an annual tradition, and it is sure to be a favorite holiday outing. Enjoy complimentary hot apple cider, homemade cookies and magical viewing glasses. The tour leaves from the Visitor Information Center and operates nightly through January 4th, then Friday & Saturday only January 6-28, providing continuous departures every 10-15 minutes from 6-9 p.m. The cost is \$12.99 for adults, \$5.99 for children 6-12 and free for children 6 and under. 10 W. Castillo Dr., St. Augustine 844-388-6452 www.trolleytours.com/st-augustine/nights-of-lights

#### November 20-January 4

Ripley's Red Trains Nights of Lights Tours: Ripley's Believe It or Not! and Red Train Tours are teaming up to bring you Christmas Magic this holiday season. The Nights of Lights tours run nightly at Ripley's Believe It or Not! starting at 6 p.m. until January 4, excluding Christmas Day. Tours are 6-8 p.m. Sunday through Thursday and 6-10 p.m. on Friday and Saturday. Every Friday and Saturday night, enjoy old-fashioned Christmas Magic with a giant marshmallow roasting pit, face painting, balloon twisters, stage shows, story time with Mrs. Claus, a visit with Santa and more. Tickets can be purchased in advance by visiting the website. 19 San Marco Ave., St. Augustine 904-824-1606 www.ripleys.com/redtrains

#### November 28-January 1

Tour of Trees: Experience the self-guided tour of the TPC Sawgrass Clubhouse to view the spectacular decorations in each room. The tour is free and open to the public from 9 a.m.-5 p.m. daily. 110 Championship Way, Ponte Vedra Beach 904-543-5105 www.tpc.com/ sawgrassevents

#### **NOVEMBER** November 1

Community Lecture Series - Raising the Mathematical Bar at Flagler College to Address Both Community and Student Needs: The guest speaker for this Community Lecture Series presented by Flagler College is Dr. Kurt Sebastian. The lecture will take place at 10 a.m. in the Flagler College Solarium. Tickets are \$5. 74 King St., St. Augustine 904-826-8617 www.flagler.edu/communitylectures

#### November 1-11

Splashes of a Colorful Life and Shadows Exhibition: The Cultural Center at Ponte Vedra Beach presents this exhibition in the Main Gallery, Scene Gallery, and Community Gallery. Splashes of a Colorful Life features abstract works by Dottie Dorion and curated by Paul Ladnier. Shadows features turned wood works by Ed Malesky. Admission to the gallery is free. Hours are Monday to Friday, 9 a.m.-5 p.m.; Saturdays 10 a.m.-4 p.m. 50 Executive Way, Ponte Vedra Beach 904-280-0614 www.ccpvb.org

#### November 1-22

Sound: An Exhibition of Sound Art at Crisp-Ellert Art Museum: Seventeen artists from around the world elevate the sensory medium of sound to an art form as part of this exhibition at the Crisp-Ellert Art Museum. The artists use sound in diverse ways, from manipulating field recordings and found sound, to creating sound through data-based, analogue to digital means, to using the environment or architecture to create sound sculptures. Admission is free. The museum's hours are Monday-Friday 10 a.m-4 p.m. and Saturday noon-4 p.m. 48 Sevilla St., St. Augustine 904-826-8530 www.flagler.edu/crispellert

#### November 3

NF Performs at the Ponte Vedra Concert Hall: The Ponte Vedra Concert Hall welcomes rising alternative rap artist NF. The story that NF captures in his music proves deeply personal and compelling; that's why he titled his second album Therapy Session. Doors open at 7 p.m.; performance at 8 p.m. Tickets are \$27 and \$22. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com

#### November 3-5

**Other Words Literary Conference:** This year's conference theme is Writing Funny: The Literary Art of Humor. The conference, held at Flagler College, brings together writers, editors, agents, publishers, book sellers, grant administrators, directors of writers' colonies and retreats, and other interested people in one place. The conference speakers will share the how to of the literary arts: how to write it, make it, sell it, fund it and nurture it. Registration ranges from \$25-\$80. 74 King St., St. Augustine www.floridarts.org/other-words-conference

#### November 4-6

St. Augustine Pirate Gathering: The St. Augustine Pirate Gathering is coordinated by the Ancient City Privateers and features a pirate mutiny, weapons demonstrations, sailor's encampment, Thieves Market, stories of the high seas, shanties and a wee matey's play area. All pirates welcome, so come ashore dressed in your best piratical pirattitude and enjoy a weekend of fun. The event is from 1-10 p.m. on Friday, 10 a.m.-10 p.m. on Saturday and 10 a.m.-5 p.m. on Sunday. Admission is \$5 per person per day; \$2 for children 5-12; children under 5 free.



This year's event will be held at the crossroads of I-95 and State Road 207 in St. Augustine,

behind the St. Augustine Marketplace. 386-972-9496 www.2016.thepirategathering.com School of Rock Theatre: This exciting musical follows Dewey Finn, a failed wannabe rock star who decides to earn a few extra bucks by posing as a substitute teacher at a prestigious prep school. Performances are 7:30 p.m. Friday, 2 p.m. and 7:30 p.m. Saturday, and 2 p.m. Sunday. Tickets are \$15 adults; \$10 youth. 11 Old Mission Ave., St. Augustine 904-825-1164 www.limelight-theatre.org

#### November 4-17

IMAX 3D - Doctor Strange: After a tragic accident, world-renowned neurosurgeon Doctor Stephen Strange must put ego aside and learn the secrets of a hidden world of mysticism and alternate dimensions in order to defeat dark forces beyond reality as we know it. Admission is \$13 adults; \$12 students/seniors/military; \$10 children ages 3-12; free for children under 3. All dates are subject to change if additional films are added or removed. Visit the website for show times and the most up-to-date schedule. One World Golf Pl., St. Augustine 904-940-4123 www.worldgolfimax.com

#### November 5

Riverdale Community United Methodist Church Fall Arts and Crafts Festival: This festival takes place 10 a.m.-4 p.m. at Riverdale Community United Methodist Church and features games for kids, live music, silent auction, arts and crafts and baked goods. Also, a barbeque dinner can be purchased. Parking and admission are free. 1028 CR 13 South, St. Augustine 904-477-8759 www.facebook.com/riverdaleunitedmethodistchurch

Taste of Chocolate Tour: Experience an indulgent walking tour of St. Augustine's historic district and enjoy the most unique chocolate selections that our nation's oldest city has to offer. Guests will explore unique culinary venues and foodie hotspots to sample delicious chocolate in all forms, including wine, sauces, toppings, dips, desserts and much more. The cost is \$59 per person. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

ZZ Top Performs at the St. Augustine Amphitheatre: ZZ Top lays undisputed claim to being the longest-running major rock band with original personnel intact and, in 2004, was inducted into the Rock and Roll Hall of Fame. Doors open at 6 p.m.; show starts at 7:30 p.m. Tickets are \$94, \$69 and \$54. 1340 A1A South, St. Augustine 904-209-0367 www. staugamphitheatre.com

#### November 6

Spoonbills and Sprockets Cycling Tour: Experience the beautiful A1A Scenic Byway by bike. The tour consists of cycling routes highlighting famous landmarks and locations such as the Marineland Dolphin Adventure, St. Augustine Lighthouse, Gamble Rogers State Park and Historic Downtown St. Augustine to complete 36, 72 or 100 mile routes from 6 a.m.-4 p.m. A lunch awaits riders upon their return to beautiful Marineland. The cost is \$60 day of event; \$40 early registration. 9500 N. Oceanshore Blvd., St. Augustine 386-503-5197 www. scenica1a.org

Great Chowder Debate: More than 30 area restaurants compete for top honors in this tasty fundraiser for Big Brothers Big Sisters of St. Johns County from noon-4 p.m. Tastes are \$1 each and winners are selected in New England, Minorcan, conch and/or seafood categories. Sponsored by and held at The Conch House Marina Resort. 57 Comares Ave., St. Augustine 904-829-8646 www.conch-house.com

#### November 9

Daryl Hall and John Oates Perform at the St. Augustine Amphitheatre: The St. Augustine Amphitheatre is pleased to announce that the number-one selling duo in music Augustine Amplitulearte is pleased to announce that the number one seming due in maste history, Daryl Hall and John Oates, returns to perform with special guest Trombone Shorty & Orleans Avenue. Doors open at 5:30 p.m.; performance at 7 p.m. Admission ranges from \$149.50 to \$64. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com **November 10** 

Evanescence Performs at the St. Augustine Amphitheatre: The St. Augustine Amphitheatre is pleased to welcome GRAMMYwinning rock group Evanescence with guest Sick Puppies. Evanescence's third album is self-titled for a reason: 15 years after its formation, the multiplatinum band has made the most collaborative, united album of its career. And it rocks. Doors open at 6 p.m.; performance at 7 p.m. Admission ranges from \$74 to \$39.50. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com

#### November 10-12

Holiday Shoppes Boutiques at the Cultural Center at Ponte Vedra: The Cultural Center at Ponte Vedra will host the 26th Annual Holiday Shoppes Boutiques with lots of crafts, and art works and many other unique gift items on sale. More than 15 boutiques from across the country will participate. The hours are 10 a.m.-5 p.m. on Friday and Saturday and 11 a.m.-3 p.m. on Sunday. Admission is \$5 donation at the door. It all takes place at the Ponte Vedra Concert Hall 1050 A1A North, Ponte Vedra Beach, 904-280-0614 x205 www.ccpvb.org

The Maids: This dark play by Jean Genet and produced by Flagler College's Theatre Productions Department features two maids who are sisters, Solange and Claire, engaged in sado-masochistic exercises, with each taking a turn in acting the role of madame in an exploration of class, power and domination. Mature audiences only. Performance times are Thursday and Friday at 7:30 p.m. and Saturday at noon and 7:30 p.m. Tickets are \$10.14 Granada St., St. Augustine 904-826-8600 www.flagler.edu/news-events/community-events/ theatre-productions



#### November 10-13

Veterans Day at the Hall of Fame: To honor Veterans Day, the World Golf Hall of Fame & Museum will celebrate by providing all active-duty military, veterans and their dependents free admission for the weekend. The museum is open Monday to Saturday 10 a.m.-6 p.m. and Sunday noon-6 p.m. One World Golf Pl., St. Augustine 904-940-4123 www. worldgolfhalloffame.org

#### November 11

Veterans Day Parade: The Military Officers Association of America - Ancient City Chapter and the Veterans Council of St. Johns County are coordinating a very special Veterans Day parade to honor the men and women of our Armed Forces. The parade begins at 10:45 a.m. on Orange St. in St. Augustine. Units from all the military services, Army and Navy Field Bands, and re-enactor units represents every period from the founding of St. Augustine. 904-495-6111 www.veteranscouncilofstjohns.org

Veterans Day at Castillo de San Marcos: Join park staff and volunteers to commemorate Veterans Day by highlighting the citizen soldiers of St. Augustine. Informal activities will be ongoing from 11 a.m.-3 p.m. Admission is free. 1 S. Castillo Dr., St. Augustine 904-829-6506 www.nps.gov/casa

**Veterans Day Memorial Ceremony:** The City of St. Augustine Beach is hosting a Veterans Day Memorial Ceremony on Friday from 3-4 p.m. at Lakeside Veterans Memorial Park. The ceremony will include an honor guard, bagpipers, Veterans groups, and special guest speakers. 2300 A1A South, St. Augustine Beach 904-669-5670 www.sabevents.com

The Doobie Brothers Perform at the St. Augustine Amphitheatre: GRAMMY-winning rock and roll favorites The Doobie Brothersreturn to the St. Augustine Amphitheatre with special guests The Fabulous Thunderbirds. Doors open at 5:30 p.m.; performance at 7 p.m. Tickets are \$94, \$76 and \$54. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com November 11-13

Military Film Festival: The Military Film Festival at the Corazon Cinema and Cafe is a three-day event featuring locally produced documentaries telling the stories of Northeast Florida veterans who served in WW II, Korea and Vietnam. Additional documentaries are about four ex-POWs from three wars describing their captivity and freedom and the story of rescued dogs trained by K9s For Warriors in Ponte Vedra Beach. The event is from 1-5 p.m. on Friday, noon-8 p.m. on Saturday and 1-4 p.m. on Sunday. Admission is free. 36 Granada St., St. Augustine 904-829-0381 www.veteranscouncilofstjohns.org

#### November 12

Harvest Time at Fort Mose: Florida Living History in partnership with Fort Mose Historic State Park and the Fort Mose Historical Society will present an 18thcentury historical interpretation that focuses on harvest time and food ways in Colonial Spanish Florida. Children's activities will include tri-corn hat making, cornhusk doll making, leather working and more. The event takes place 10 a.m.-3 p.m. Admission to the event is free. Admission to the museum is \$2 per adult; youth ages 5 and under are free. 15 Fort Mose Trl, St. Augustine 877-352-4478 www.floridalivinghistory.org

Lincolnville Porch Fest: This free event includes six beautiful porches in the Lincolnville section of St. Augustine as stages where nearly 40 local bands will perform noon-9 p.m. It's the first Lincolnville Porch Fest, a grassroots music festival set in beautiful Lincolnville and featuring the best local music, including Chelsea Saddler, Telepathic Lines, Rivernecks, Wobbly Toms, Amy Hendrickson, Ghost Tropic, Sand Fleas, Early Disclaimers, Lonesome Bert & the Skinny Lizards, Kensley Stewart, WillowWacks, Aslyn & the Naysayers and so many more! Visit the Facebook page for porch locations in Lincolnville. www.facebook.com/ lincolnvilleporchfest

Chris Young Performs at the St. Augustine Amphitheatre: With five albums to his credit, Chris Young has amassed eight No. 1 singles, fourteen Gold/Platinum certifications and performed for audiences ranging from Australia and Japan to Jimmy Kimmel Live and Good & Morning America. Doors open at 6 p.m.; show starts at 7 p.m. Admission is \$59.50 and \$49.50. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com

Torchlight Tour at Fort Matanzas: Take a nighttime ferry ride to Fort Matanzas and discover the past. Upon arrival at Fort Matanzas, visitors will step back in time and meet the men who kept watch to defend the southern approach to St. Augustine. Each tour will include an 18th century cannon firing demonstration. Tours depart at 6 p.m., 6:45 p.m., 7:30 p.m. and 8:15 p.m. Tickets are \$10 for adults; \$5 for youth ages 15 and under. Tickets will be available starting two weeks prior to the event and can be purchased by phone or at the ticket booth at the Castillo de San Marcos. 8635 A1A South, St. Augustine 904-829-6505 Ext. 232 www. nps.gov/foma

#### November 12-13

St. Augustine Half Marathon Weekend: Put on your running shoes and participate in a foot race that suits your running level. On Saturday there will be a 10K run; a family 5K run and the St. Augustine's kid's race. On Sunday the St. Augustine Half Marathon begins. The events expo is located at Francis Field where each race starts and ends. Registration costs are: half marathon \$80 before June 30 and \$100 after June 30; 10K \$40 before June 30 and \$50 after June 30; 5K \$25 before June 30; \$30 after June 30; kids race \$15. W. Castillo Dr., St. Augustine 305-716-1111 www.staugustinemarathon.com

#### November 13

EMMA Concert Association Presents: 2016 Cleveland International Piano Competition The world-renowned Cleveland International Piano Competition is held every three years for artists ages 18 to 30. It culminates in two sold-out performances in Severance Hall that feature the four finalists performing with The Cleveland Orchestra. Throughout this period, solo, chamber music and concerto performances by the contestants, guest artist recitals, films, discussion groups and social events provide multiple opportunities for patrons to engage in a fullimmersion experience of music, learning and entertainment. The performance of the competition takes place at the Lewis Auditorium at Flagler College from 2-4:30 p.m. Admission is \$30. 14 Granada St., St. Augustine 904-797-2800 www.emmaconcerts.com

Lee Greenwood Performs at the St. Augustine Amphitheatre: The Military Officers Association of America, Ancient City Chapter and the Veterans Council of St. Johns County are pleased to announce "top of the country charts" performer Lee Greenwood will perform a patriotic, family-oriented benefit concert on Sunday. Lee Greenwood is an icon in country music, with more than 30 albums to his credit. Doors open at 3 p.m.; performance at 4 p.m. Admission ranges from \$75-\$35. 1340 A1A South, St. Augustine 904-495-6111 www. staugamphitheatre.com

**Dating Horror Stories with 3 Blind Dates - An Unscripted Romantic Comedy:** This unscripted romantic comedy, follows 3 single ladies through a round of speed dating and the dates that occur as a result. The twist? The audience selects which speed dater goes on a date with each of the ladies! The show starts at 6:30 p.m. at Limelight Theater. Tickets are

\$13 in advance, \$15 at the door. 11 Old Mission Avenue, St. Augustine 904-825-1164 www. adventure-project.com/calendar/

WAR Performs at Ponte Vedra Concert Hall: An American Original; WAR will perform at 8 p.m.; gates open at 7 p.m. at the Ponte Vedra Concert Hall. WAR was the first and most successful musical crossover phenomenon that forever fused rock, jazz, Latin and R&B, while transcending racial and cultural barriers with a multi-ethnic line-up; a musical melting pot and an enduring influence. Tickets are \$43.50. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com

#### November 14

Sunset/Moonrise at St. Augustine Lighthouse & Maritime Museum: Enjoy the sunset and moonrise from the top of the Lighthouse at 5 p.m. The \$30 admission includes a champagne toast, provided by San Sebastian Winery, hors d'oeuvres from The Reef and an informative overview of the history of the St. Augustine Light Station. 81 Lighthouse Ave., St. Augustine 904-829-0745 www.staugustinelighthouse.org

Full Moon Sail Aboard the Schooner Freedom: Go on a 75-minute sail aboard the Schooner Freedom and enjoy the sound of the wind and waves beneath the magical glow of the full moon on St. Augustine's Matanzas Bay. Bring along a picnic basket - the crew provides complimentary soda, water, beer and wine. This special full moon sail features live music by a local musician. Tickets are \$40 per person; reservations highly recommended. Departs from the City Marina at 6:45 p.m. 111 Avenida Menendez, St. Augustine 904-810-1010 www.schoonerfreedom.com

Novelist Marcia Fine to describe "A Sephardic Journey": Sponsored by the St. Augustine Jewish Historical Society as part of the quest to understand the behaviors of Converso Jews in hiding during the Spanish Inquisition, Marcia Fine, award-winning author of seven novels, will speak about a "Sephardic Journey". Admission is free and the talk begins at 6:45 p.m. in Flagler College's Ponce Hall. 74 King St., St. Augustine 904-829-6481 www. facebook.com/StAugustineJewishHistoricalSociety

#### November 15

Ideas & Images at Flagler College - Hemingway in Havana: Of all the places Ernest Hemingway lived, worked and played, none had the attraction nor hold on him than his home outside of Havana, Cuba. This was the place where he crafted some of his greatest works. Since 2005, restoration of his beloved Finca Vigia, Overlook Farm, began to manifest itself with the unlikely alliance of Cubans and Americans. Ideas and Images guest speaker, Mary Werner DeNadai, an American Historic Preservation Architect, has been on the professional team that was formed to advise on the restoration, preservation and conservation of Hemingway's home. The free event is at Lewis Auditorium at Flagler College at 7 p.m. 14 Granada St., St. Augustine 904-819-6443 www.flagler.edu

#### November 16

Eric Johnson Performs at the Ponte Vedra Concert Hall: Eric Johnson has been long hailed as one of the world's preeminent electric guitarists. For Johnson, the creation of sublime music has always been about the journey inward. Over the years, his unwavering devotion to perfecting his art has become as legendary as his attention to the instruments he plays. Doors open at 7 p.m.; performance at 8 p.m. Admission is \$53 and \$43. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com

#### November 17

Lightner After Hours: Kick off the weekend in style in the Lightner Museum's Grand Ballroom Gallery for this monthly social held the last Thursday of every month from 6-8 p.m.

## **Pre-Construction Pricing Now Available! 16 New Homes Under Construction!**

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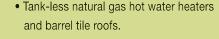
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• Coming Soon! Private elevators in 2nd story one level floor plans



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This event is free and open to the public. Music and refreshments are provided. A \$5 donation

per drink is suggested. 75 King St., St. Augustine 904-824-2874 www.lightnermuseum.org Evenings at Whitney Lecture: Presented by Whitney Laboratory for Marine Bioscience, this lecture is titled Consequences of Climate Change for the Temperate - Tropical Ecotone. Dr. Candy Feller, senior scientist at the Smithsonian Environmental Research Center, will talk about leveraging history to understand the present and predict the future for mangroves and salt marshes along the coast of Florida. The lecture starts at 7 p.m. at Lohman Auditorium on the Whitney Laboratory campus. 9505 Oceanshore Blvd., St. Augustine 904-461-4000 www.whitney.ufl.edu November 18

Surf Illumination: This free holiday event takes place 4-8 p.m. at the St. Johns County Pier Park and features a ceremonial lighting of the holiday tree, pictures with Santa, live entertainment and many children's activities, including face painting, balloon animals a bounce house and more. 350 A1A Beach Blvd., St. Augustine Beach 904-347-8007 www.sabca.org

#### November 18-20

Florida Tiny House Festival: The United Tiny House Association and Shorty Robbins, tiny house owner and enthusiast, are excited to announce the 2016 Florida Tiny House Festival from 5 p.m. Friday to 5 p.m. Sunday at the St. Johns County Fairgrounds. There will be a large assortment of tiny houses and micro homes, workshops, presentations, vendors, entertainment, children's activities and much more. On-site camping will be available. Admission is \$20 for a one-day pass ages 13 and older; \$35 for a two-day pass ages 13 and older. Camping packages ranging in price from \$55-\$115 are available, which include admission into the festival. 5840 S.R. 207, Elkton 904-471-1965 www.georgiatinyhouse.com

Voices of the Dark and Classic: A Classic Theatre presents a new theatrical experience where the audience can savor the elegant language of some of the world's most renowned authors including Shelley, Shakespeare, Dante ... and Edgar Allan Poe. Admission to the show is \$20 per person. Show times are Friday and Saturday at 7:30 p.m. and Sunday at 2 p.m. at the Pioneer Barn at Fort Menendez. 259 San Marco Ave., St. Augustine 904-501-5093 www. aclassictheatre.org

#### November 19

Holly Jolly Shopping Spree: The sixth annual Holly Jolly Shopping Spree, organized by the Colonial St. Augustine Foundation, will be held on Saturday 9 a.m.-3 p.m. and begins at the Old Jail. For those savvy planners who want a head start on holiday shopping, here is a chance to find thoughtful gifts and seasonal clothing. You'll catch a sightseeing trolley for a whirlwind shopa-thon along San Marco Avenue with lots of stops along the way. The \$50 ticket price includes a trolley ride, lunch, shopping bag, samples, silent auction and special offers from community retailers. 167 San Marco Ave., St. Augustine 904-824-8053 www.colonialstaugustine.org Super Scenic 72-Mile Garage Sale: Shop 'til you drop 8 a.m.-2 p.m. during the Super

Scenic 72-Mile Garage Sale. The event offers shoppers an experience like no other. Starting in Ponte Vedra and ending in Flagler Beach, it features 10 community sites and more than 100 other stops that have bargains galore. 904-377-7813 www.scenica1a.org

Ancient City 32nd Annual Auto Club Annual Car Show: The Ancient City Auto Club of St. Augustine will once again host its annual car show at the beautiful, tree-shaded campus of the Florida School for The Deaf and The Blind. The show takes place 11 a.m.- 3 p.m. All vehicles are welcome and first through third trophies will be awarded in 36 classes. Vehicle preregistration is \$20 in advance; \$25 day of show. Spectator admission is free. 207 N. San Marco Ave., St. Augustine 904-814-3011 www.local.aaca.org/ancientcity

**Light Up! Night Light Up!** Night is the start of Nights of Lights which begins with a concert in the Plaza de la Constitución gazebo at 5:30 p.m. The Light up! Night ceremony begins at 6:30 p.m., and the switch to the Nights of Lights is flipped at 6:45 p.m. to illuminate the city. The concert continues after the ceremony until 8 p.m. King St. and Cathedral Pl., St. Augustine 904-825-1004 www.nightsoflights.com

Light Up! Night Special Cruise by Florida Water Tours: On Saturday, when the Light Up! Night ceremony takes place downtown and the lights are first turned on at 6:30 p.m., Florida Water Tours is offering a special two-hour tour from 5:30-7:30 p.m. There will also be two later tours that night at 7:45 p.m. and 9:30 p.m. Admission is \$59.99 per person, ages three and up. The tours depart from Camachee Cove Marina. 282 Yacht Club Dr., Dock A-19, St. Augustine 904-827-7728 www.floridawatertour.com

Nights of Lights Grand Illumination Sail on the Schooner Freedom: Selected by National Geographic as one of the 10 best holiday lighting displays in the world, St. Augustine's Nights of Lights features millions of tiny white lights that create a magical atmosphere in the nation's oldest city. The annual celebration sparkles to life at 6:30 p.m. in St. Augustine's Plaza de la Constitución. View it from the best seat in the house, on board the Schooner Freedom, 5:15-7:15 p.m. Seating is limited; reservations recommended. The cost is \$60 per person. Departs from the City Marina. 111 Avenida Menendez, St. Augustine 904-810-1010 www.schoonerfreedom.com

Nights of Lights at Lightner Museum: The Lightner Museum will extend its hours to be open, free to the public, from 6-9 p.m. during Nights of Lights Light up Night! 75 King St.,

St. Augustine 904-824-2874 www.lightnermuseum.org Swamp Radio Presents Early Thanks: The St. Augustine Amphitheatre and Swamp Radio proudly announce the return of the wildly popular Early Thanks event. This year's Early Thanks features a southern-style Thanksgiving dinner followed by a radio show live from the St. Augustine Amphitheatre. Enjoy a down-home, three-course Southern Thanksgiving meal. Dinner will be followed by an 80-minute Swamp Radio show, which will celebrate the Ancient City in all its autumnal glory. Special musical guests include Duffy Bishop and the Unnamed Trio and singer Katherine Archer. Doors open at 6 p.m.; dinner at 7 p.m.; performance at 8 p.m. Admission is \$88. 1340 A1A South, St. Augustine 904-209-0367 www. staugamphitheatre.com

#### November 19-January 31

Nights of Lights: During Nights of Lights, St. Augustine glows with holiday magic - from the ground to the rooftops. Selected by National Geographic in 2011 and 2012 as one of the 10 best holiday lighting displays in the world, St. Augustine's Night of Lights features millions of tiny white lights that create a magical atmosphere in the Nation's oldest city. Tracing its origins to the Spanish tradition of displaying a white candle in the window during the Christmas holidays, the spectacular lighting reflects the city's 451-year history and illuminates the beautiful setting for lasting holiday memories. www.nightsoflights.com

#### November 20

Victorian Crafting and Tree Trimming with the Garden Club: Infuse yourself with the joy of the season at the Lightner Museum. Make memories and keepsakes with friends and family while experiencing the holidays the Victorian Way! The Victorian era tree trimming and ornament crafting will be masterfully instructed by member of the St. Augustine Garden Club. The Lightner Museum's very own authentic, Victorian Santa Claus will be on hand for photographs. The event takes place from 3 p.m. in the pool area. Enter through Café Alcazar on Granada Street. 75 King St., St. Augustine www.lightnermuseum.org

#### November 21

David Crosby and Friends Perform at the Ponte Vedra Concert Hall: Two-time Rock and Roll Hall of Famer and co-founder of the Byrds and Crosby, Stills & Nash, David Crosby is going on tour with a new group, performing music from his incredible new album Lighthouse. Crosby leads the Lighthouse tour down a new four-way street that brings old classics to life with new spirits. Doors open at 7 p.m.; performance at 8 p.m. Admission range \$103-\$64. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.

#### November 24

Shut Up and Run 5K Race: This running event is scheduled for Thanksgiving Day at 8 a.m. It benefits the St. Francis House. The event takes place at Treaty Park. Registration is \$80 for family of four or \$25 per person. 1595 Wildwood Dr., St. Augustine 904-436-6621 www. ancientcityroadrunners.org

#### November 26

Breakfast with Santa & Mrs. Claus: Enjoy a breakfast spread and fun activities during a visit with Santa and Mrs. Claus at the Renaissance Resort. 500 S. Legacy Trl., St. Augustine 800-948-4653 www.worldgolfvillage.com

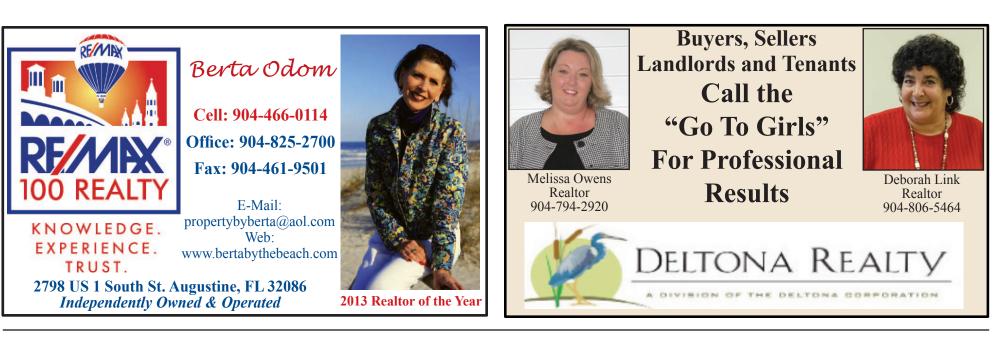
Villa Zorayda's Candlelight Tour with Refreshments: Join the Villa Zorayda this holiday season for its annual Candlelight Tour. The museum is beautifully decorated for the holidays with a spectacular Christmas tree decorated in the colors of the Zorayda, red and gold. More than 100 candles are aglow throughout the museum as docents lead the tour by candlelight. Refreshments are served at 6 p.m.; tour begins at 6:30 p.m. Tours last approximately 1 hour and 30 minutes. Refreshments include homemade cookies, holiday punch and coffee. Admission is \$18 adults; \$8 children 7-12; free for children 4-6. This tour is not recommended for children 3 and under. Reservations required. 83 King St., St. Augustine 904-829-9887 www.villazorayda.com

#### November 26-27

St. Augustine Art & Craft Festival: See art created from lace to limestone and crayons to crystal. More than 125 artists from around the United States are juried into this Thanksgiving weekend art festival at Francis Field behind the St. Augustine Downtown Historic Parking Facility. The festival is sponsored by the St. Augustine Art Association and takes place Saturday from 10 a.m.-5 p.m. and Sunday from 10 a.m.-4:30 p.m. Admission is a \$1 donation. W. Castillo Dr., St. Augustine 904-824-2310 www.staugustineartfestival.com

#### November 30

Villa Zorayda's Candlelight Tour: Join the Villa Zorayda this holiday season for its annual Candlelight Tour. The museum is beautifully decorated for the holidays with a spectacular Christmas tree decorated in the colors of the Zorayda, red and gold. More than 100 candles are aglow throughout the museum as docents lead the tour by candlelight. The tour begins at 6 p.m. Tours last approximately 1 hour and 30 minutes. Admission is \$15 adults; \$7 children 7-12; free for children 4-6. This tour is not recommended for children 3 and under. Reservations required. 83 King St., St. Augustine 904-829-9887 www.villazorayda.com





**The Art Studio** 

of St. Augustine Beach by Susan Stone www.beachartsstudio.com

### Kathe Kokohas & Marilyn Terry Featured Artist

We are delighted to have Art Studio members Kathe Kokolias and Marilyn Terry as simultaneous featured artist's for the month of November. Due to Hurricane Matthew, Kathe Kokolias was not given the opportunity to show her work as the October First Friday Art Walk was cancelled. Marilyn Terry was scheduled for November and only felt



portunity to show her work as the October First in Terry was scheduled for November and only felt it was fair to "share the walls" with her fellow Art Studio member. This will provide visitors with a fantastic opportunity to meet both artists and see their unique styles.

Kathe strives for a feeling of balance, harmony, and spontaneity in her work-the same elements that guide her life. She has been a photographer for over 30 years and apublished author for the past 10, documenting her travels throughout Mexico, the United States, South America, the Caribbean, and Europe. Kathe began to paint about 10 years ago after a brief exposure to watercolor. She was introduced to experimental water media by Karen Rosasco, a gifted artist and teacher who conducts workshops around the country. She has found her passion with this technique, and the final result is always a surprise! From 2001 to 2015, while living upstate New York she was involved in the Broadway Art Center in Albany, the Niche Gallery in Saratoga Springs, and The Arts Center in Troy, NY. She moved to St. Augustine in the summer of 2015 and was delighted to find an

active artists' community. She is a member of both the Art Association of St. Augustine and The Art Studio at St. Augustine Beach with its dramatic view of the Atlantic Ocean. You may visit her website at: www.kathekokolias.com.

Marylin is an award-winning artist which enjoys bringing her photographs of unusual and historic locations to life on canvas. Her scenes are of the sea, marshes, Florida's state parks, and wildlife as well as many photographed scenes of the Caribbean taken during trips with husband, Lindsay. Her work has been purchased by Flagler Hospital to decorate rooms and over 400 copies of her painting of the St. Augustine Lighthouse have been sold in the lighthouse gift shop. Marilyn taught art for 18 years, both at school (1st-12th grade) as well as adult classes. She has developed art programs in two major private academies in Charlotte, NC and in Garland, TX, and has seen her students compete on local, district, state, and national levels-winning outstanding awards on each level. She has an Associates Degree from Central Piedmont Community College in Chartlotte, NC and a Bachelor's from Tennessee Temple University in Chattanooga, TN. Marilyn accepts commissions



and her work can be seen at: www. lindsayandmarilynterry.com.

A reception at The Art Studio of St. Augustine Beach is planned during the First Friday Art Walk, November 4th, from 5:00pm-9:00pm. Please plan to visit The Art Studio to meet Kathe and Marilyn and see their work! The Art Studio is available to rent for classes or as meeting space upon board approval. Membership is offered at just \$20.00/year although it is not necessary to become a member to participate in any of the variety of classes offered. Our regular studio hours are Monday-Friday from 12:00 pm-4:00 pm. Also, it's never too soon to start thinking of the Beach Blast Off! on New Year's Eve at the Pier. We will be open all night and rent VIP seating to view the fireworks display. Please visit our website at: www.beachartstudio. com to view our gallery and instructors.

For more information, contact Nancy Willoughby at 703-399-9816. The Art Studio is located in the Cultural Arts Center Building at St. Johns County Pier Park 370 A1A Beach Blvd. St. Augustine Beach, Florida.

### St. Augustine Beach Civic Association by Bill Jones, President www.thecivicassociation.com

Holiday Fun Set for November 18th at Pier Park



The Nights of Lights now starts in Saint Augustine Beach! Friday November 18th our City will light up our Christmas Tree at dusk in Pier Park. As usual we'll have live music, children's activities including face painting, balloon twisting and a bounce house and of course a visit from Santa. You'll also be able to do a little shopping as some of our local arts, crafts and jewelry vendors will be on hand with unique holiday gifts. The event will start at 4 pm and will last until 7 pm. Pier Park is located at 350 A1A Beach Blvd in Saint Augustine Beach. Learn more by visiting our website at ww.sabca.org

Matthew brings out the best...

Hurricane Matthew actually only brushed our community and still brought devastation to many of our friends and neighbors. If you were lucky like us I hope you made time to help someone who was less fortunate. I saw a remarkable spirit in many of you and remain extremely proud to be a resident of this community. Here are a few observations;

Millennials – Too many to mention but my wife and I got to work side by side with a couple of groups we'll never forget. First were members of the Flagler College Women's softball team and the other were students from Ancient City Gymnastics and their coaching staff. If your school or church group was out there helping like these young people I say thank you for restoring my faith in the next generation.

these young people I say thank you for restoring my faith in the next generation. Law Enforcement & Other First Responders – While I know that Chief Hardwick from the Beach, Sheriff Shoar, SAPD Chief Loran Lueders and his assistant, incoming Chief Barry Fox will be the first to give credit to their people, all of these leaders were focused on insuring our safety. They did this in the face of criticism from impatient people wanting to get back into areas that were dangerous. Thanks to all of you for going above and beyond in a very difficult moment.

Emergency Management, City & County Staff – All hands were on deck and providing exceptional leadership was Emergency Management Director Linda Stoughton and her team. The EOC staff was organized, prepared and communicated effectively throughout. Locally our Mayor Rich O'Brien, City Manager Max Royle, Public Works Director Joe Howell, Chief Hardwick and County Administrator Mike Wanchick were also on their A game. And I cannot say enough about our Public Works employees. These folks do the grunt work every day and have demonstrated an amazing resiliency as they help put our City back together. Community Leaders - There are so many that jumped in to help and I may miss

Community Leaders - There are so many that jumped in to help and I may miss a few people but here are some that immediately come to mind. First Dr. Joe and Carol Saviak who lost most of their lives as water filled their Davis Shores home. They both used their connections and resources to bring attention to our need for assistance including visits from the Governor and Senator Marco Rubio. No matter your political affiliation you have to credit Governor Rick Scott as he showed exceptional strength and focus. Doing amazing things were Heather and Todd Neville

as they organized aid and volunteers. Retired Nurse, Commissioner Andrea Samuels was at the Emergency Relief Center at 5 Arrendondo Ave handing out medical supplies and members of the St Augustine STAR group were busy helping too. Kudos to all of these great people and to the many others this column is too short to mention.

In closing I want to remind you that recovery is going to take a while for some. We are happy for the VCB team reminding people we are open for business but normal is a long way down the road for some. Don't forget about these friends and neighbors. See you at the beach!







**Financial Focus** 

**Information Provided by** 

**Edward Jones** 

## **Guard Against Idenity Theft and Protect Your Finances**

In 2015 alone, more than 13 million Americans were victimized by identity theft, according to the U.S. Department of Justice. What can you do to guard your identity and protect yourself from potential financial losses?

Here are some ideas to consider:

• Review your statements. Closely review the monthly statements from your checking and other financial accounts. If you find any unfamiliar charges, contact your bank or other financial services provider immediately.

• Order your credit reports. The three credit reporting agencies – TransUnion, Equifax and Experian – are each required by law to provide you one free credit report a year. Make sure your name, address and other information are correct on your credit report, and if you find old or inaccurate information, have it removed.

• Place a fraud alert. If you suspect you have become a victim of Identity theft, place a "fraud alert" on your credit reports by contacting any of the three credit reporting agencies. You can choose a short-term or long-term alert. And if you're an active member of the military, you can request a special, one-year alert.

• Feed your shredder. Shred all old bank and investment statements, applications for new credit cards and any other documents that contain personal information.

• Destroy digital data. If you have a variety of financial accounts, you're not just creating a paper trail – you're also establishing a digital "footprint." So, when you sell or otherwise dispose of a computer system or hard drive, you may want to take steps to destroy personal data. You might think that simply deleting it would be sufficient, but tech-savvy identity thieves can "undelete" files or recover information

from a formatted drive. However, products are available that allow you to completely wipe out data on hard drives.

• Change passwords. It's a good idea to change your Internet passwords every so often – especially those passwords that provide access to financial accounts.

• Leave your Social Security card home. Snagging someone's Social Security number is a real "catch" for identity thieves, so do everything you can to thwart them. And you can start by leaving your Social Security card safely at home – after all, there's probably never a good reason to bring it out, anyway. In fact, be wary of anyone, or any business, that asks for your Social Security number, either in person or online. Except for a few obvious exceptions, such as your tax preparer, most reputable businesses don't need to know anything about your Social Security information.

• Watch for "phishers." If you've ever gotten an e-mail, supposedly from your bank, advising you that your account will be "frozen" unless you provide personal details about your account, it's a good bet that someone is "phishing" for this information – and they're using the "freezing" threat as bait. What's particularly alarming is that these "phishers" have gotten quite good at duplicating logos and using officialsounding language. However, a legitimate bank would never threaten you this way with an e-mail, so, if you get such a message, contact the bank's fraud department.

You can go a long way toward protecting yourself against identity theft by following these suggestions — so put them to work soon.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Computer Corner By Gary Herrick, Computer Professor 904-377-6785 mainely2@bellsouth.net Why do I still get "Hacked" if I have good Protection Software?

Greetings from Compute Professor.

In plain language - Why does your computer still get infected or "hacked" if you have good protection software? First you need to understand how the anti-virus and anti-malware work. For anti-viruses, they monitor your system for "unauthorized actions". This is a program that runs or makes changes on its own without YOU telling it to do it. Most anti-malware, they work off a list of known "bad programs" because malware doesn't change or destroy things, just mostly floods you with advertisements. Both of these requires your protection programs to be running and be able to stay updated. This has been the case for many years; now comes the "new" approach to infections - you give your computer permission to get infected. The delivery of most "bad things"

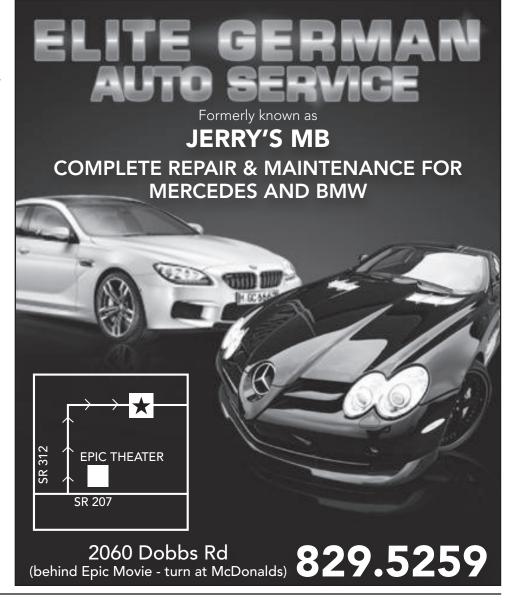
The delivery of most "bad things" today comes from email messages, pop-ups from internet pages or the entire internet page itself. All the bad guy/gal has to do is talk you into pointing at, clicking on, opening something, or calling a phone number. That action tells your protection software that you are giving this action permission to happen. They are good at it. It will come at you as a



Computer Hurricane relief form, UPS delivery, a bank urgent warning message, a message from the computer or Microsoft (fake) that your computer is infected and you need to call this number. They even call you on the phone and say your infected – Do you think Microsoft is monitoring everything you do on your computer? They do not, they leave that to the government.

Companies, banks, and other agencies do NOT send you email to follow any link (click on something), or enter name and password anywhere than their own website. Do NOT look at any form from anyone that you are not absolutely sure who it is and you are expecting it. The bad guys and gals are praying on your "what if" fear. Please do not worry about what is said, use your instinct, resist cons.

If you are on the web, a page can be changed and you end up at a website that "looks" like a warning, look at the address bar and you will see it is some strange address – then ignore the warning and get off that pageeven if you have to shut down. If any infection gets in or repeats then YOU call you favorite repair person – they should know how to fix it without a reinstall.







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### Lymphedema post Lumpectomy or Mastectomy

by Paige Scheiner DPT, CLT, MTC

Although there may be a difference in the procedure of lumpectomy vs mastectomy, there is little difference in the potential postsurgical consequences. And based on this, prehab or "pre-rehab" is critical.

The term prehab is a term often used in the sports and orthopaedic circles when referring to pre-surgery or pre-season physical therapy. The idea is to get a head start on the surgery or season by preparing, maybe even preventing or minimizing secondary consequences. If this is so common place in sports/orthoapedic, the question has to be asked, "why not for lumpectomy or mastectomy?" Albeit, these women may not be

competing for a medal or trophy but they are competing in life. Many are working, taking care of families or even themselves. Women who are going to have either a lumpectomy, mastectomy, which may or may not include radiation, would benefit from a physical therapy, pre-surgical consultation. After receiving her diagnosis they are often numb, yet inundated with information about their diagnosis, surgical procedure, outcomes, upcoming appointments and on-going treatment. During a PT consultation they can slow down and ask the many questions circling in their heads about healing and function, such as, "Will I be able to pick up my children?" "Will I be able to do stuff around the house?" "Will I be able to resume my work?" "Will I be able to resume relations with my partner?" Will I be able to exercise? What about scars?" 'Will I be in pain?"

Physical therapists who are certified lymphedema therapists are qualified meet many of these issues and questions headon. They are able to perform pre-surgical girth measurements on the patient's limbs, check and document skin integrity, range of motion and strength. Having such pre-op measurements will help determine if a patient has normal post-operative swelling or if they



could be developing lymphedema, which is vastly different. They can also use handson techniques to minimize scar tissue and increase mobility.

Physical therapists are a key part of the rehabilitation team. If you do not have one, you should. Many of my patients have expressed how necessary it has been, whether I saw them pre-/post-surgery or just post-. Together, we've been able to get their lives back on track and restore their ability to return to the normal things of life.

If you or someone you know has just been given the "C" word and learned a lumpectomy or mastectomy is in your future, give me (us) a call (We have several CLT's). Give yourself a head start, call us at First Coast Rehabilitation and let's get started with your prehab now.

Paige Schreiner is a physical therapist and certified lymphedema specialist. She is also certified in complimentary treatment such as manual therapy. For information or a complete listing of our therapists and their specialties, please call (904) 829-3411 or visit our website at www.firstcoastrehab.com. First Coast Rehabilitation can also be found on Facebook.

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