



B.P.R. Therapy, Mediation & Coaching Services

Family History

Instructions: Place a check in the box as it applies to you and your family members.

Mental Health History

	Child	Sibling	Mother	Father	Grand P.	Uncle	Aunt	Cousin	You
Substance Abuse									
ADHD/ADD									
OCD									
Depression									
Anxiety									
Schizophrenia									
Bipolar									
Eating Disorder									
Gambling									
Sex Addiction									
Pornography Addiction									
Sexual Dysfunction									
Suicide Attempt									
Suicide Completed									
Learning Disability									

Medical History

	Child	Sibling	Mother	Father	Grand P.	Uncle	Aunt	Cousin	You
Diabetes									
High Cholesterol									
High Blood Pressure									
Arthritis									
Asthma									
Hearth Disease									
Stroke									
Heart Attack									
Cancer									
COPD									
STI/STD									
Somatic Problems									
Sleep Problems									

Abuse History

	Child	Sibling	Mother	Father	Grand P.	Uncle	Aunt	Cousin	You
Emotional									
Psychological									
Physical									
Sexual									
Neglect									

Military History

	Child	Sibling	Mother	Father	Grand P.	Uncle	Aunt	Cousin	You
Navy									
Marines Corps									
Airforce									
Army									
Coast Guard									
National Guard									
ROTC									

Legal History

	Child	Sibling	Mother	Father	Grand P.	Uncle	Aunt	Cousin	You
Felony									
Misdemeanors									
Petty Crime									
Arrests									
Tickets									
Fines									

Education

	Child	Sibling	Mother	Father	Grand P.	Uncle	Aunt	Cousin	You
No HS Diploma									
GED									
HS Diploma									
Associates									
Bachelors									
Masters									
Ph.D.									
Post Ph.D.									

Significant Events

	Child	Sibling	Mother	Father	Grand P.	Uncle	Aunt	Cousin	You
Death									
Divorce									
Marriage									
Moves/Relocation									

Holidays Celebrated

	X		X
New Years		Cinco de Mayo	
MLK Day		Flag Day	
Memorial Day		Passover	
Independence Day		Jewish Heritage Month	
Labor Day		Hispanic Heritage Month	
Columbus Day		Jewish Heritage Month	
Veterans Day		Asian American Month	
Thanksgiving		Hispanic Heritage Month	
Christmas		Indian Heritage Month	

Others

	X
Easter	
Valentines	
Sweetest Day	
G. W. Birthday	
Black History Month	
Kwanza	
Good Friday	
Lent	

Where are your parents from? _____

Where were you born? _____

Where were you raised? _____