

2 practitioner  
therapies for just  
£125.

Ear candling is thought to be centuries old, and its historical roots can indeed be found in places such as in Siberia, Asia, North and South America. It is believed that the ancient Greeks used ear candling for cleansing and spiritual practices and went on to use them for physical purposes in later years. Hopi ear candling is also known as Thermo Auricular Therapy and it is a completely natural therapy. The candles are in fact not candles, but long narrow hollow tubes which are made from organic flax which can contain extracts of honey, herbs and beeswax.

## CONTACT US

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# THE TRAINING CENTER OF WELLBEING

HOPI EAR AND FACIAL  
MASSAGE TRAINING  
BROCHURE





# CURRICULUM

Codes of conduct and the law  
History  
The candles and how they work  
Basic Body Systems  
The Anatomy of the Head and Face  
The Anatomy of the Skin  
The Anatomy of the Ear  
Benefits  
Contraindications  
Client Consultation  
Facial Massage  
The Therapy Session  
After burning  
Client Aftercare  
Health and Hygiene  
Frequently asked questions  
Case Studies

## ABOUT THE COURSE

Pre-requisite: None  
Duration of training: 1 Day  
Cost: £125  
Independent Learning Hours: 20  
Case Studies: 2

## MORE INFORMATION

Hopi Ear candling has a multitude of benefits including relaxation, balancing of ears, help with conditions such as tinnitus and spiritual cleansing. The facial massage is also a relaxing therapy and assists the bodies lymphatic drainage system.

## IS THIS COURSE FOR YOU? WHATS INCLUDED?

You can add these two practitioners therapies to your tool box for just £125. This course is also suitable for the new practitioner.

Your training includes:  
Full printed manual, classroom sessions, support with case studies, and a 2 sets of ear candles for your case studies.

Accredited by the Complementary Medicine Association