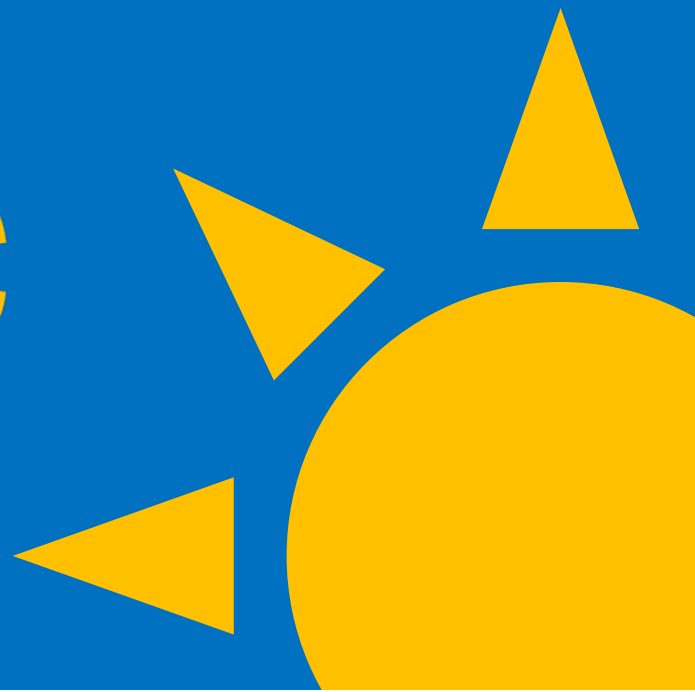


# SUMMER REC GUIDE



**LAKESHORE**  
RECREATION COMMISSION

# Lakeshore Recreation Commission

## GOALS:

***Programming***– To encourage the development of public recreation programs which will include physical recreation, social recreation, artistic and groups' recreation, intellectual recreation and audience entertainment based on identified need.

***Leadership Development***– To promote a high standard of recreation leadership in order to maintain a high quality of programs and services.

***Volunteer Development***– To encourage and promote volunteerism as an integral part of the community.

***Resource***– To facilitate the exchange of information between community groups and the government, funding bodies, regional and provincial organizations concerns with seniors, youth, volunteer and professional development.

***Public Education and Awareness***– To promote the value of recreation and the important contribution that it makes to leading a healthy lifestyle.

***Facility*** – To provide access to resources that would encourage sustainable multiuse facilities.

## Contact us

Charlene Bodnarchuk—Recreation and Wellness Coordinator

Email: [bodnarc@lakeshoresd.mb.ca](mailto:bodnarc@lakeshoresd.mb.ca)

Phone: (204) 280-0551

## Board of Directors

**Chair** . . . . . Brian Sigfusson - RM of Coldwell

**Vice Chair** . . . . . Courtney Roehl - RM of West Interlake

**Secretary Treasurer** . . Marlene Michno - Lakeshore School Division

**Commission Member** . . . . . Tom Nevakshonoff - RM of Fisher

**Commission Member** . . . . . Tera Lobay - RM of Grahamdale

**Commission Member** . . . . . Cathy Johnson - IERHA

**Commission Member** . . . . . Jim Cooper - Lakeshore School Division

## SUMMER REC CENTERS





# SUMMER CAMPS



All Mad Scientists Welcome! Come explore the exciting world of science with us. Campers will take part in crazy science experiments!



Come and travel the world this summer! Join us as we take a trip to various countries across the world! Learn about the different sports, food, and dances of each of the Countries!







**Lights! Camera! Action!**

**Campers will learn the basics of theatre and production! You don't have to be a budding actor to join this camp! At the end of each week campers will put on a play for their parents!**



**Each day focuses on a different sport. Campers will receive 1 hour of sport specific instruction. Campers will be able to embrace sports to the fullest!**

**Each camp costs \$25 per week!**

**Register at [www.lakeshorerec.ca](http://www.lakeshorerec.ca)**

**or**

**call 204-280-0551**





# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	WORLD EXPLORERS (Ashern) / LAB RATS (Lundar) / DRAMATICS (Steep Rock)					
7	8	9	10	11	12	13
	WORLD EXPLORERS (Eriksdale) / LAB RATS (Fisher Branch)					
14	15	16	17	18	19	20
	LAB RATS (Ashern) / ALL STAR (Lundar) / ALL STAR (Steep Rock)					
21	22	23	24	25	26	27
	LAB RATS (Eriksdale) / WORLD EXPLORERS (Fisher Branch)					
28	29	30	31			
	ALL STAR (Ashern) / DRAMATICS (Lundar) / LAB RATS (Steep Rock)					

**REGISTER AT [WWW.LAKESHOREREC.CA](http://WWW.LAKESHOREREC.CA)**

**OR CALL 204-280-0551**



# 2019

## AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	ALL STAR (Eriksdale) / DRAMATICS (Fisher Branch)					
11	12	13	14	15	16	17
	DRAMATICS (Ashern) / WORLD EXPLORERS (Lundar) / WORLD EXPLORERS (Steep Rock)					
18	19	20	21	22	23	24
	DRAMATICS (Eriksdale) / ALL STAR (Fisher Branch)					
25	26	27	28	29	30	31



**LAKE SHORE**  
RECREATION COMMISSION



### HOW TO REGISTER

Visit [Lakeshorerec.ca](http://Lakeshorerec.ca) to fill out our online form.

OR call (204)-280-0551 to reserve your spot

### EVENT LOCATIONS

- ASHERN CENTRAL SCHOOL
- FISHER BRANCH COLLEGIATE
- ERIKSDALE SCHOOL
- LUNDAR SCHOOL
- STEEP ROCK COMMUNITY CENTER

### STAY IN TOUCH!

Never miss another great event. Follow us on Facebook



@lakeshorerec

### KIDS IN THE KITCHEN • FREE

Designed for children 6 to 11 years of age. Nutrition activities included with each session, kids will learn cooking skills by preparing a selected meal each session!

*Ages 6 to 13*

### MPI BIKE RODEO • FREE

Fun, early riding lesson for young children. Youngsters are instructed on the rules of the road, traffic signs and bicycle safety.

*Ages 6-13*

### REC FEST • FREE

Come and jump on our 20 x 40 foot, 6 in 1 bouncer. Play our carnival games and enjoy some fun in the sun!

*All ages welcome!*



### TEEN DROP IN • FREE

Gym nights: come and grab a ball and shoot around in this Teen only night!

Kickball, volleyball, basketball games: Organized and facilitated by the staff come and play some fun sports with your friends!

Tech night: We have the Kinect, the Wii or just come and chill with our TEEN ONLY tech night!

*Ages 14-18*



### CREATE A HEALTHY YOU • FREE

An interactive and fun way to learn about physical activity and healthy eating.

*Ages 50+*



### **GEO CACHE NIGHT • FREE**

Use a Global Positioning System (GPS) receiver seek containers, called "geocaches" or "caches", at specific locations marked by coordinates all over town.

Find fun prizes!

*ALL AGES WELCOME!*

### **FAMILY FEUD • FREE**

Go head to head against other families in this fun family quiz night! Everyone wins a prize here!

*ALL AGES WELCOME!*

### **DARTPOCALYPSE • \$10 PER PLAYER**

Engage in a full on NERF GUN WAR! Navigate the field and take down the opposition before they take you down!

*Ages 12-18*

### **BASIC KAYAK SKILLS • \$10**

Paddle Canada Sea Kayak Intro course. Learn for fun, or start your kayak training here! This course will teach you the basics and all the knowledge necessary for safe kayaking!

*AGES 12+*

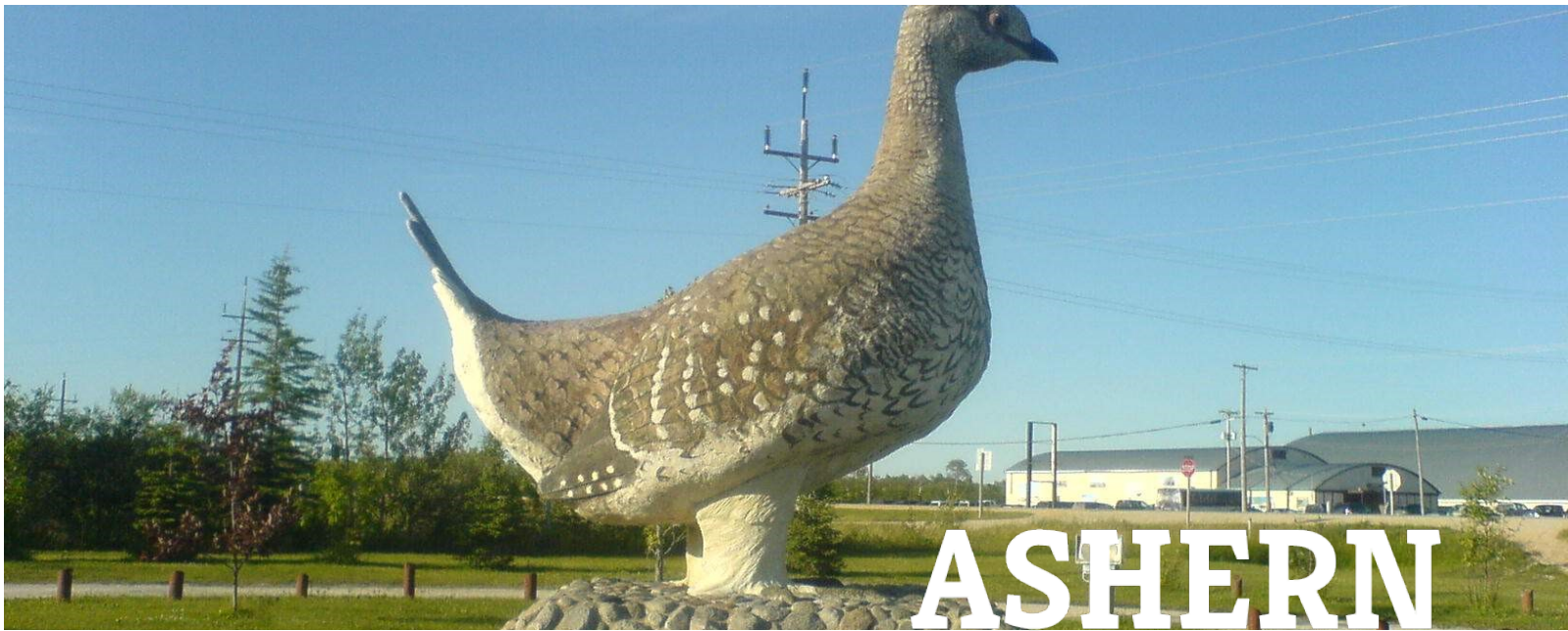
### **COLOUR WARS • \$10.00**

Brought to you by Partilfe. Plan on getting colorful! Colour packs fill the sky in this all out war!

*ALL AGES WELCOME!*

**EVENT DATES ARE LISTED ON  
FOLLOWING SERVICE CENTER PAGES**





### HOW TO REGISTER

Visit [Lakeshorerec.ca](http://Lakeshorerec.ca) to fill out our online form.

OR call (204)-280-0551 to reserve your spot

### ASHERN LOCATIONS

- **ASHERN CENTRAL SCHOOL**



### STAY IN TOUCH!

Never miss another great event.  
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### JULY 10 & 24 • KIDS IN THE KITCHEN

1:00pm

Ashern Central School

Ages 6-13 | Free

### JULY 11 • CREATE A HEALTHY YOU

2:00pm

Ashern Central School

Ages 50+ | Free

### JULY 23 • GEO CACHE NIGHT

7:00pm

Ashern Central School

All Ages | Free

### JULY 11 & 25 • TEEN DROP IN

3:30pm - 6:00pm

Ashern Central School

Ages 14-18 | Free

### JULY 23 • DARTPOCALYPSE

11:00am

Ashern Central School Gym

Ages 12 -18 | \$10.00

### AUGUST 7 • MPI BIKE RODEO

1:00pm

Ashern Central School parking lot

Ages 6-13 | Free





## ASHERN • SUMMER CALENDAR 2019

### AUGUST 7 & 21 • KIDS IN THE KITCHEN

---

1:00pm

Ashern Central School

Ages 6-13 | Free

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### AUGUST 1 & 15 • TEEN DROP IN

---

1:00pm

Ashern Central School

Ages 6-13 | Free

---

### AUGUST 14 • FAMILY FEUD

---

7:00pm

Ashern Central School

All Ages | Free

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# STEEP ROCK

## HOW TO REGISTER

Visit [Lakeshorerec.ca](http://Lakeshorerec.ca) to fill out our online form.  
OR call (204)-280-0551 to reserve your spot

## STEEP ROCK LOCATIONS

- **STEEP ROCK TOWN GAZEBO**



## STAY IN TOUCH!

Never miss another great event.  
Follow us on Facebook



@lakeshorerec

## JULY 10 & 24 • KIDS IN THE KITCHEN

1:00pm  
Steep Rock Town Gazebo  
Ages 6-13 | Free

## JULY 3 • GEO CACHE NIGHT

7:00pm  
Steep Rock Town Gazebo  
All Ages | Free

## JULY 17 • CREATE A HEALTHY YOU

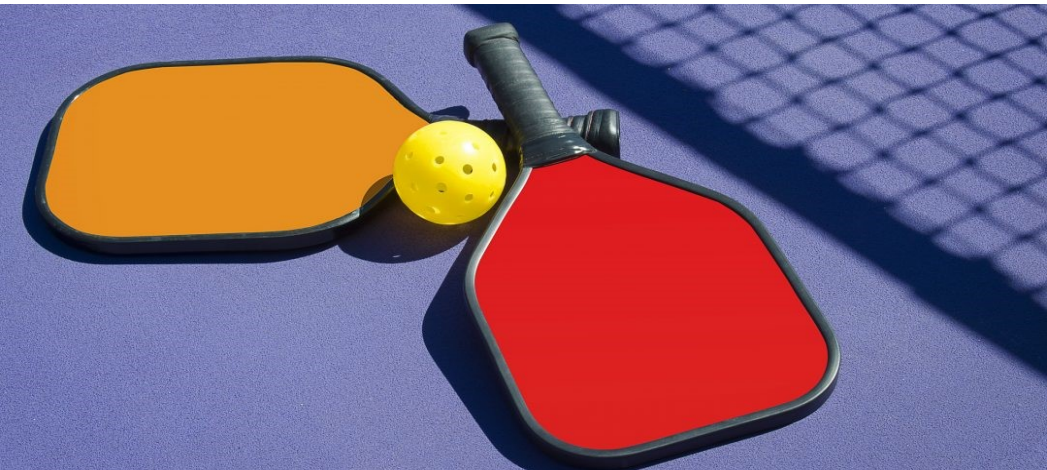
2:00pm  
Steep Rock Town Gazebo  
Ages 50+ | Free

## JULY 4 & 18 • TEEN DROP IN

3:00pm - 6:00pm  
Steep Rock Town Gazebo  
Ages 14-18 | Free

## JULY 29 • COLOUR WARS

11:00am  
Steep Rock Town Gazebo  
  
All Ages | \$10.00





# STEEP ROCK • SUMMER CALENDAR 2019

## AUGUST 7 & 21 • KIDS IN THE KITCHEN

---

1:00pm

Steep Rock Town Gazebo

Ages 6-13 | Free

---

## AUGUST 13 • MPI BIKE RODEO

---

1:00pm

Community Club Parking lot

Ages 6-13 | Free

---

## AUGUST 22 • FAMILY FEUD

---

7:00pm

Steep Rock Town Gazebo

All Ages | Free

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## AUGUST 8 • TEEN DROP IN

---

1:00pm

Steep Rock Town Gazebo

Ages 6-13 | Free

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FULL LIST OF PARK EVENTS AT!

[WWW.STEEPROCKBEACHPARK.CA](http://WWW.STEEPROCKBEACHPARK.CA)



**STEEP ROCK**  
Kayak & Canoe

[WWW.THESTEEPROCK.COM](http://WWW.THESTEEPROCK.COM)





# FISHER BRANCH

## HOW TO REGISTER

Visit [Lakeshorerec.ca](http://Lakeshorerec.ca) to fill out our online form.

OR call (204)-280-0551 to reserve your spot

## ERIKSDALE LOCATIONS

- ERIKSDALE SCHOOL
- ERIKSDALE SCHOOL GYM
- PAVLLION, RAILWAY PARK



Rural Municipality of  
**FISHER**

## STAY IN TOUCH!

Never miss another great event.  
Follow us on Facebook



@lakeshorerec

## JULY 2 & 16 • KIDS IN THE KITCHEN

1:00pm

Fisher Branch Collegiate

Ages 6-13 | Free

## JULY 17 • GEO CACHE NIGHT

7:00pm

Fisher Branch Collegiate

All Ages | Free

## JULY 23 • MPI BIKE RODEO

2:00pm

Fisher Branch Collegiate Parking Lot

Ages 6-13 | Free

## JULY 4 & 18 • TEEN DROP IN

3:00pm - 6:00pm

Fisher Branch Collegiate

Ages 14-18 | Free

## JULY 29 • DARTPOCALYPSE

11:00am

Fisher Branch Collegiate

Ages 12-18 | \$10.00





## FISHER BRANCH • SUMMER CALENDAR 2019

### AUGUST 13 & 27 • KIDS IN THE KITCHEN

---

1:00pm

Fisher Branch Collegiate

Ages 6-13 | Free

---

### AUGUST 15 • INTRO TO EXERCISE

---

1:00pm

Fisher Branch Collegiate

Ages 50+ | Free

---

### AUGUST 14 • FAMILY FEUD

---

7:00pm

Steep Rock Town Gazebo

All Ages | Free

---

### AUGUST 1 & 15 • TEEN DROP IN

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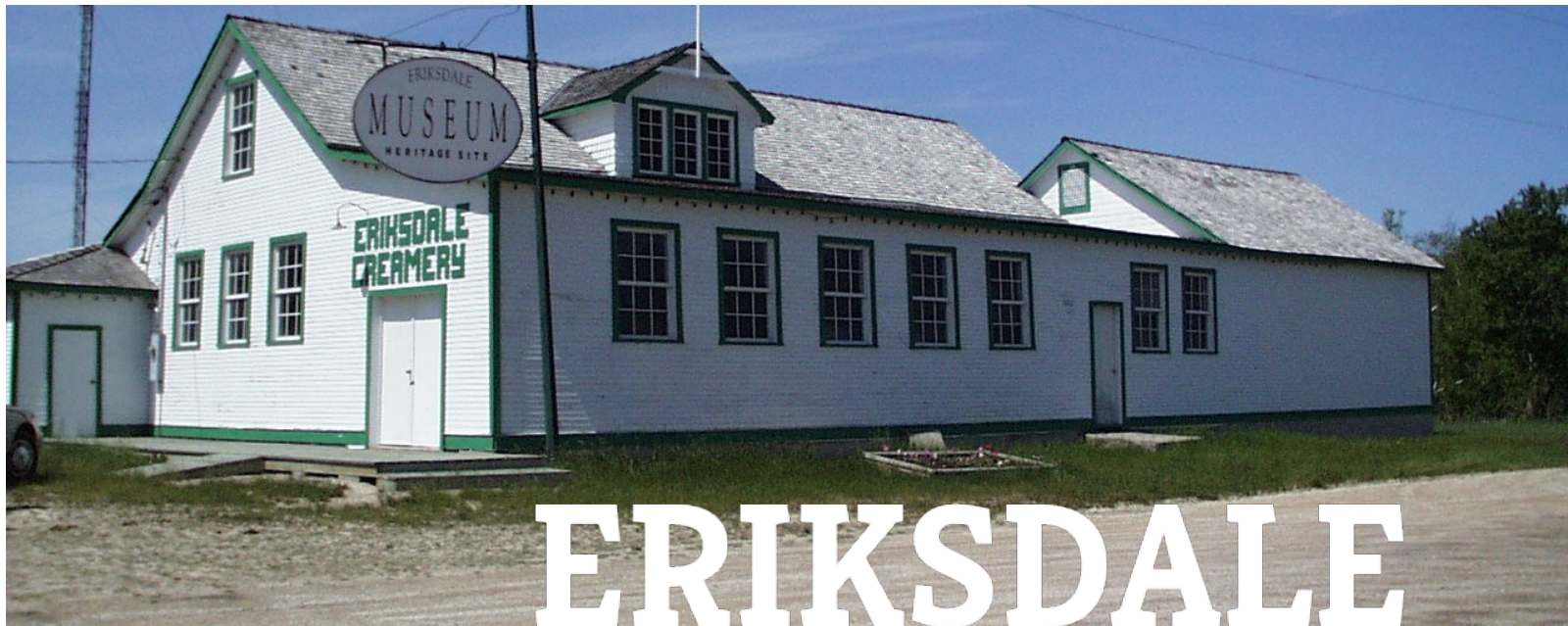
1:00pm

Fisher Branch Collegiate

Ages 14-18 | Free

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# ERIKSDALE

## HOW TO REGISTER

Visit [Lakeshorerec.ca](http://Lakeshorerec.ca) to fill out our online form.

OR call (204)-280-0551 to reserve your spot

## ERIKSDALE LOCATIONS

- ERIKSDALE SCHOOL
- ERIKSDALE SCHOOL GYM
- PAVLLION, RAILWAY PARK



## STAY IN TOUCH!

Never miss another great event.  
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## JULY 2, 16 & 30 • KIDS IN THE

### KITCHEN

1:00pm

Eriksdale School

Ages 6-13 | Free

## JULY 3 • GEO CACHE NIGHT

7:00pm

Pavillion, Railway Park

All Ages | Free

## JULY 17 • CREATE A HEALTHY YOU

2:00pm

Eriksdale School Gym

Ages 50+ | Free

## JULY 4 & 18 • TEEN DROP IN

3:00pm - 6:00pm

Eriksdale School Gym

Ages 14-18 | Free

## JULY 29 • DARTPOCALYPSE

11:00am

Eriksdale School Gym

Ages 12 -18 | \$10.00



# ERIKSDALE • SUMMER CALENDAR 2019

## AUGUST 13 & 27 • KIDS IN THE KITCHEN

1:00pm

Eriksdale School

Ages 6-13 | Free

## AUGUST 7 • MPI BIKE RODEO

1:00pm

Eriksdale school parking lot

Ages 6-13 | Free

## AUGUST 14 • FAMILY FEUD

7:00pm

Eriksdale School

All Ages | Free

## AUGUST 1 & 15 • TEEN DROP IN

1:00pm

Eriksdale School

Ages 6-13 | Free



**AUGUST 16, 17 & 18**





### HOW TO REGISTER

Visit [Lakeshorerec.ca](http://Lakeshorerec.ca) to fill out our online form.

OR call (204)-739-3459 to reserve your spot

### PROGRAMMER:

BREANNA RAE

### STAY IN TOUCH!

Never miss another great event.  
Follow us on Facebook



@lakeshorerec

### SENIORS REC AFTERNOON JULY 8 & 22 AUG 19

1-4pm  
LUNDAR ARENA  
(Walking track, pickleball)

### KIDS IN THE KITCHEN JULY 9 & 23 AUG 6 & 20

12 -2PM  
Lundar School  
Ages 6-13 | \$50 (4 sessions)

### ART CLASSES JULY 9 & 23 AUG 6 & 20

3-4PM | ages 4-8  
4:15-5:15pm | Ages 9-12  
5:30-6:30pm | ages 13+  
**\$10 per class**

### SENIORS HORSESHOES

JULY 10 & 24 AUG 7 & 21

### OPEN GYM

JULY 10 & 24 AUG 7 & 21

Ages 4-12 | 3:00pm  
Ages 13-17 | 4:30pm - 6:00pm

### ADULT VOLLEYBALL

JULY 10 & 24 AUG 7 & 21

LUNDAR SCHOOL GYM  
6:30-8:00PM

### JULY 11 - CREATE A HEALTHY YOU

1:30PM  
LUNDAR SCHOOL GYM

### JULY 12 - WATER DAY/SUN SAFETY

LUNDAR SCHOOL

### JULY 25 - LUNDAR ROCKS

10AM



## LUNDAR• SUMMER CALENDAR 2019

**AUG 8 - MPI BIKE RODEO**

10:00AM

LUNDAR LEGION PARKING LOT

**AUG 23 - ART DAY**

**AUG 27 - REC DAY**

# LUNDAR POOL

### LESSONS:

JULY 1-12 | MORNINGS

AUGUST 5-16 | EVENINGS

BRONZE CLASSES | JULY 15 -19 OR

JULY 29—AUGUST 2

(MINIMUM OF 3 KIDS REGISTERED FOR IT TO BE OFFERED)

### PRICES:

REGULAR LESSON: \$100, \$65 IF REGISTERED AND PAID BY THE CUT OFF DATE.

July lesson cut off date—June 25th

August lesson cut off date—August 1

ROOKIE, RANGER, STAR: \$100

BRONZE STAR, MEDALLION, CROSS  
& DISTINCTION: \$225

### MEMBERSHIP PRICES:

SINGLE | \$115

FAMILY | \$230, PARENTS & CHILDREN UNDER 17YRS

### ADMISSION FEES:

3YRS & UNDER | FREE, BUT MUST BE ACCOMPANIED BY 12 YRS+

4-17 & SENIORS | \$5

18YRS + | \$7

AFTER 6PM | \$2

FAMILY DAY PASS | \$20

### POOL DAY CAMP

JULY 22 -26

AUGUST 19 -23

\$80/ WEEK

OR

\$20/DAY

### PARENT & TOT

JULY 15,22,25 &29

AUGUST 1, 19, 22, 26

\$7 DROP IN FEE

5:30PM - 6:30PM

GREAT FOR INTRODUCING BABIES & TODDLERS INTO THE WATER!

WATER DIAPERS ARE AVAILABLE FOR \$2

